

Maine Center for Vital Living 200-hour Teacher Training @ Chill Yoga Application

Thank you in your interest in the Chill Yoga MCVL 200 hour Yoga Alliance teacher training certification. The course is over an 10-month period. Students are expected to remain disciplined in their practice and involved with their studies.

Payment Information

Enrollment will be limited. A deposit of \$1000 (**check to Maine Center for Vital Living**) is required at the time of your submitted application. If accepted into the training, your check will be deposited. Otherwise, you will not be charged the \$1000. The total cost of the course is \$2900. Please refer to the Information Page for information about payment plans. Information is also detailed below in the Training Participant Agreement Section.

* Please refer to the list of required text books outlined in the Information page. These will need to be purchased by the teacher trainee; they are not included in your tuition. If you would like to apply for the Maine Center for Vital Living 200-hour teacher training, please print out and fill in the information below. The application and check may be mailed or hand-delivered to:

MCVL c/o Chill Yoga
182 Lisbon St.
Lewiston, Maine 04240

Personal Information

Date: _____ Name: _____ Date of Birth: _____

Address: _____

Occupation: _____

Home Phone: _____ Cell: _____ E-mail: _____

Emergency Contact: _____ Phone: _____

Relationship to applicant: _____

I am applying for (please check one:)

200 hour Yoga Immersion study

200 hour Yoga Teacher Training

Medical History

Do you have any current injuries?

|

Do you have any medical conditions that may affect your ability to fully participate in the training?

List all injuries, past and present and describe your physical health (major illnesses, surgeries, physical conditions).

|

|

|

|

Anything else you would like to mention about your medical history?

|

|

About You

This program requires a dedicated time commitment. Do you have any other major commitments (school, more than one job, etc?) that would prevent you from participating fully?

|

Why do you want to take the MCVL 200-hour Teacher Training (or Immersion) program at Chill Yoga?
What are your expectations for the training? What do you hope to gain, learn, or improve?

How long have you been practicing yoga? How many times per week do you practice yoga?

Do you practice mostly at a studio or at home?

|

What do you find most challenging in your yoga practice?

|

Do you meditate?

|

How do you feel about meditation?

|

What style of yoga do you practice most often? Who have been your primary teachers? Please list past and present teachers.

|

|

Why do you practice yoga, and (if your plan is to teach,) why do you want to teach yoga?

|

Is this your first teacher training? If no, please specify.

|

List any relevant yoga education, trainings or workshops you may have taken along with teacher names and dates.

Do you currently teach yoga?

Training Participant Agreement

I understand that if I fulfill the requirements of the Maine Center for Vital Living 200-hour Yoga Teacher training, in-class hours, quizzes, homework and passing both the written and in-class final exams, I will receive a certificate of completion. This certificate can be submitted to the Yoga Alliance or an employer as evidence that I have completed a 200-hour teacher training program. Paying for the program and completing the hours alone does not mean that I will pass the program. I understand that if I miss over 40 hours I will receive a non-passing status and will be asked to leave the training. I understand that the training manual and documents pertaining to the training cannot be reproduced by me without the permission from the author.

Tuition:

Cost: \$2900

- A. Early Bird Tuition: \$2800 pd in full with application no later than Feb. 1st, 2020
- B. Regular Tuition: \$1000 pd with application and balance of \$1900 paid by March 18th.
- C. Payment Plan Option: 3 Month payment plan: \$2950
- D. (\$500 deposit March 18; \$850 due April 17; \$800 due May 15; \$800 due June 12)
- E. **We will be accepting YTT applications for review from January 1st to March 18th.**

Checks can be made out to Maine Center for Vital Living, a service fee will be assessed if paying by credit card.

- For those applying for consideration of payment plans or payment in full discounts, your applications **must be received no later than March 18th.**
- If applying **after March 18th, 2020 and applicant is accepted into the program, the remaining balance of \$1900 is required no later April 1st in order to hold the space.** No exceptions.

Cancellation Policy:

Notice of cancellation must be made in writing. Cancellations made before March 18th will receive a refund minus a \$250 processing fee. **NO REFUNDS OR CANCELLATIONS AFTER March 18th, 2019.**

I would like to do the payment plan, please check corresponding box:

Yes

No

I hereby declare the information in this application is true and complete. I understand that providing false information is grounds for rejection of this application. I have read and understand all of the policies with respect to the training including program requirements and the cancellation and refund policy.

Yes

No

Print Name:

Signature:

Date: