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February 11, 2020. Received on April 12, 2020. External Commons links have media related to Nira Usha. Nila Usha at IMDb Nyla Usha's Box Office Noon extracted from Thanks to her exuberant voice filled with joie de vivre, Niila Usha has become an integral part of expatriate life in Dubai. They wake up and go to work listening to her voice as she educates and entertains them as the host of the Big Breakfast Club (BBC) programme. After working as a RJ with Hit 96.7 in Dubai for nearly a decade, she joined Mollywood in 2013 with a Mammootty starrer Kada. Although she she she In order not to quit her job and still continues to work as RJ, Neil ensures that her film commitments and work as a TV presenter are posted to accommodate her busy schedule. Neil's performance as the shrewd Alappattu Mariam, a village money lender, in the recent issue of Porinju Mariyam Jose earned her praise from fans and critics alike. Wearing chatta and mundu, a traditional costume of Christian women in Kerala, she breathed life in Mariam - a cheerful, brave, independent and strong woman who lives alone but has several deep emotional layers to her. Joju George, Neela Usha and Chemban Vinod Jose in Porinju Mariam Jose It was her co-star Joju George who paved the way for Nila's move to Mariam. The friendship between Neel and Joju dates back several years. She says: He came to my office after Joseph's success and told me that he had sent my photos to Mr. Joshia. Later, the filmmakers contacted me and told me the script. I was completely floored by history and my character! Here I played the titular role in the film directed by Joshia and what was there for me not to say yes! Nalila says that even when the script told her, she could visualize the church, set the band and feather the holidays with song and dance as it unfolded before her eyes. But, there was a lingering fear - a reputation that preceded director Joshy. The veteran director is known to stickler for perfection and is known to get angry and share hot words with his actors. Taking on the role was good, but what if I messed it up, she asks. Ryla met the famous director just a day before the shooting, and this interaction drove away all her fears. Mine was the first shot to be taken. The way Sir explained the scenes and gave me acting advice made me confident in playing Mariam. There were many emotional moments and solo scenes for her to perform, which she could pull off largely thanks to the experience of the director. Neela also divulges that she is an actor director - listen and follow the instructions given to her. Neil's many Instagram followers are familiar with her world, where she dresses stylishly and thinks nothing of bungee jumping, paragliding or lightning. It would be, admittedly, difficult to slip into the chut and mouth dialect Thrissur. I had the fantasy of putting on a traditional chutta and mundu and curled up with my hair, which I understood through Mariam,' she gleefully reveals. Nela is one of the few female actors whose acting career has taken off since marriage. Stigma against married female actors is well known, and Neyla is one exception. It's all about managing your time. I have a family in Dubai and I have to fly to Kerala for my projects, she says, sharing the biggest advantage that gives her her career in Setting. Setting. Setting. Setting. Setting. Setting. my homework or attend parent and teacher meetings. But he understands my lifestyle and says that his mother is a celebrity and that other children don't have star mothers, she laughs. As an afterthought, Neil adds: I think it's important for sons to grow up thinking that their mothers are able to travel and work outside their home, so he respects the choices that other women make in their careers. I also think that nothing should prevent a woman from doing whatever she wants. It is this family-family balance that does not give Neal the luxury of accepting every project that comes in her way. When she signs on the dotted line, it's after ensuring that the director, hero, and team are good. I'm taking a 30-day vacation from my RJ job to work on the project and I'll be spending the next couple of weeks with the team, so I need to know that I'm comfortable with them. If the director is capable, I can be sure that all other parameters will be realized. She wants her characters, regardless of screen space, to be an integral part of the film, like the one in Mohanlal starrer Lucifer, where she played the role of an award-winning TV journalist. I wanted to be part of the first director's Pritvirai, so I made Lucifer, she says. Fifteen years on the air have already made her a celebrity in Dubai. So, her role is RJ to bestow on her extra benefits? She says frankly: The perspective of people changes when you become an actor and they see you on another pedestal. I get requests for my films, co-stars and projects from listeners. My job as RJ is to ensure that I keep my viewers entertained and happy until they reach the office. I work from 6am to 11am, and at these five o'clock, it's up to me to keep them smiling through my interaction, though I have to share information about the disasters that are happening. On the air, I'm just Nyla RJ and actor Illa kept aside. Of course, she's human and, like most people, casual truant thoughts really cross her mind. Sometimes I feel like sleeping a little longer and wondering if I should call in sick, but the next moment that thought goes poof! I have listeners waiting to hear from me and I'd better go! Illa says she can drive blindfolded to her office, so familiar to her RJ watch routine. Enough career talk, it's time to get personal. How does Neale look so slender and beautiful? She laughts full of laughter. My diet has gone on a suspension since I landed in Kerala! Kappa-fish curry combo is a huge temptation. On a serious note, I spend an hour and a half in the gym. I have heavy training which originally me, but once you get used to the routine, there's nothing better. I also avoid carbohydrates, cut sugar and eat in small portions. Before she signs, she reveals that she hasn't signed on to any project so far. ... ...

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