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## Body champ deluxe multifunctional power tower

Ah! I think you've landed on my review because you're interested to see if Body Champ Power Tower is the right choice for your home gym. Well, you landed in the right place. I was lucky enough to review this beauty in one of the local gyms. While Body Champ officially states that this particular power tower should not be used commercially, at least the owner of the gym will find out what he can handle. I'm kind of, too, because this is the first time I'm reviewing a piece of fitness equipment made by Champ. So body, to dive right into features and specifications. The dimensions of the assembled product are 84 x 43 x 48 (213 x 109 x 121cm), and the weight is 84 lbs (38.1 kg). The power tower includes all the basics plus something not so common among power towers: Dip station with 7 height options Pull-up with 2 options - narrow and wide 2 Abs straps 2 inverted pull-up straps sling Built-in sit-up bar Supports up to 300 lbs of weight (dip and chin station up bar) Sturdy steel reinforced frame 1 year frame guarantee, 90 days for other parties When I asked the owner about the package, he told me that Body Champ had done an excellent job in terms of packaging; everything was well secured in a flat box. Although personally, I pity the courier because the weight of the box was about 90 pounds. According to him, the gathering was quite easy and should not take a person more than an hour. This is good news, given the difficulties users have had with some competing power towers. Some of my readers already know that I am a callistic amateur so naturally, the dip station came first. The dip bars are quite standard, robust, but the handles could be a little thicker. 7 different adjustable positions will come in handy if more people/family members will be using it. Then pull up the handles. Personally, I like power towers with both wide and narrow options. Unfortunately, Body Champ power tower has no right chin up bar, but most of the exercises can be done with wide and narrow pull-ups. If you prefer the power tower with a bar pull up, take a look at the Lx Free tower. I was also please to see that the power tower has a large base, does not wobble at all. Note: the power tower was placed on a carpet. Then back-pad. It was used as a support for my back during knee-lift. While the job has done, it is certainly quite smaller compared to similar towers. The older guys might not feel much support there. Great plus uncommon - abs straps - were near to test. to tell you right away that they're of high quality. While I wouldn't personally recommend them to a beginner, they are a great addition indeed. Last but not least is the sit-up bar. It's small but robust and does the job, even if you have bigger legs. Stay-up bars are not so common among power towers, so definitely a one what I personally miss are push-up bars. They are not included in this particular power tower. Robust, stable construction Adjustable height (7 positions) for the dip Wished station and narrow pull-up grips Sit-up bar included 2 Abs included belts 2 Inverted Pull-up strings included Do not have shoot-bar, only handles Missing push-bar handles at the bottom Short warranty period Noavanta Rating: 4.5 /5!m not going to stretch here - depends. If you don't mind missing the pull-bar and handles are enough for you and you meet weight support, then this particular power tower is definitely worth getting. Don't forget to check out other power tower reviews as well. Go to content In the main start here. FREE SHIPPING ON \$25+ WITH SIGN-IN. SEE DETAILS. FREE CURBSIDE OR IN-STORE PICK UP At Select a store Get the strength of the training equipment you need to achieve your goals using Olympic weights or your own body weight. Many power shelves and power towers give you the opportunity to perform a variety of exercises under one frame, such as pull-ups, squats, bench presses, tilting/declining push-ups and more. If you don't have much space, a thin power tower with a few different bars and handles can be just the tool you need to tone yourself out. For people with more space looking for plenty of options, power cages or power shelves may be more suitable, as they often provide extra space for weights and bench weight. Power Racks and cages built for power from bench presses to pull-ups, you can equip your home gym with power towers that can handle personal circuit training. Robust frames made of metals, such as powder-coated steel, provide strong support for you and weight training accessories. Many even boast the weight capacities in the hundreds that are great for seasoned people who are looking to bulk up. For added safety, look for power cages and shelves that are mounted directly on the floor. Train in comfort While challenging your body is not always comfortable, the tools you use should not be the cause of discomfort. Look for power towers and power cages with built-in padding to comfortably support your body during vertical knee lifts and nonslip hand handles for those declining push-ups and dips. Many sales power shelves offer numerous chin-up and bar weight positions, so you can work at an ideal angle. When it's time to hit showers, power cages and shelves that are easy to clean will help you maintain a sanitary workout area. Go to content In the main start here. FREE TRANSPORT ON 25 + WITH SIGN-IN. SEE DETAILS. 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