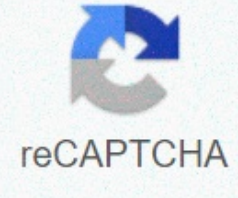




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## Dirty text messages while he's at work

There is nothing new about children overturning new technology, and here they are doing it again. According to a recent report, a whole new language is coming around the predictive text. This is the function on mobile phones that determines the most likely word you might try to text from a single keyboard entry. And now, whatever word seems most likely, whether it's the one they wanted or not is becoming a joke to communicate between children. For example, as the linked article states, when something is cool now, it is a book because a book is a word that comes up when you try to write cool in predictive text. And the bartender reads the massacre and mom becomes a nun. I realized it was like drawing a spelling checker and getting weird suggestions for exchanges. And then I realized that this could lead to revolutionary inter-office memos that could definitely lighten things up and maybe even put a little work-life humor balance on a busy day. For this purpose, I wrote a fake memo with every other word or so intentionally misspelled so that I could then replace it with one predictive word invented by the spelling checker. This was the real result: Dear Heavenly... My point is that all employees pay for and do not repair the toilets of monks and women. Take a memento to look at you before you love felicity and make it sick you don't leave the key outside or you've put it on strike and forget all about it. The third charming profiteroles are also down and we needed to add this at moonfish's mourning meeting, a pimp at 9am.m. Oddly enough, my daughter fully understood this. I say that the sooner we bring unforeseen predictive text messages into the business world, the less seriously we take ourselves. If the experimental memo above is an indication, the built-in word analysis software can really shake up the workplace. Why don't you taste one of your own? Last updated 20.10.2020 You have a deadline looming. However, instead of doing your job, you fiddled with mixed things like email, social media, video viewing, blogs and forums. You're supposed to be working, but you don't want to do anything. We all know the phenomenon of procrastination. When we delay, we waste our free time and postpone important tasks that we should do until it is too late. And when it really is too late, we panic and hope to start earlier. The chronic procrastinators I know have spent years of their lives in this cycle. Procrastination, postponing things, lazing, hiding from work, facing work only when it is and then repeat this loop again. It is a bad habit that eats us away and prevents us from achieving greater results in life. Don't let procrastination take over your life. Here I share my personal steps to put an end to procrastination. These 11 steps definitely apply to you too: 1. Break down your work into small phases Part of the reason we procrastinate is because subconsciously we find the work too overwhelming for us. Divide it into small parts, then focus on one part at a time. If in procrastination after it is broken, scatter it even further. Soon your task will be so simple that you think gee, this is so simple that I might as well do it now! For example, I am currently writing a new book (how to achieve anything in life). Writing books on a full scale is a huge project and can be overwhelming. However, when I share it in stages, such as – (1) Research (2) Finishing a topic (3) Creating an outline (4) Creating content (5) Entering chapters #1-#10, (6) Review (7), etc. Suddenly it feels very manageable. So I focus on the immediate phase and get it done to the best of my ability without thinking about the other steps. When it's done, I'll move on to the next. 2. Change your environment Different environments have a different impact on our productivity. Look at your desk and your room. Do they make you want to work, or do they make you want to curl up and sleep? If it is the latter, you should look at changing the workspace. One noteworthy thing is that an environment that makes us feel inspired in the past can lose its impact after a certain period of time. If that's the case, it's time to change things. For more #2 and #3 and phases of the 13 productivity start-up strategies, which talk about environmental and workspace renewal. 3. Create a detailed timeline at specific deadlines Work only 1 deadline is like a prompt to delay. That's because we get the impression that we have time and keep pushing everything back until it's too late. Share the project (see #1) and then create a global timeline with specific deadlines for each small task. This way, you know that each task must be completed by a specific date. Your timeline needs to be solid too – that is, if you don't finish this to this day, it'll jeopardize everything else you've planned since then. In this way, it creates a sense of urgency to act. My goals are broken down monthly, weekly up to daily to-do lists, and the list is a call for action that I must achieve by the specified date, otherwise my goal will be blessed. Here are more tips for setting deadlines: 22 tips valid for 22 deadlines 4. Remove your procrastination pit If the procrastination is a little too much, maybe it's because you're going to make it. I procrastinated. Identify bookmarks in your browser that take a lot of time and move them to a separate folder that is unavailable. Turn off the automatic notification option in your e-mail program. Get rid of distractions around you. I know that some people get out of the way and disable or disable their Facebook account. I think it's a little rough and extreme because tackling procrastination is more about being conscious of our actions than fighting self-help methods, but if you feel it's needed, go ahead. 5. Hang out with people who inspire you to take action I'm pretty sure if you only spend 10 minutes talking to Steve Jobs or Bill Gates, you'll inspire more action than if you spend 10 minutes with nothing. The people we're with influence our behavior. Of course, spending time with Steve Jobs or Bill Gates every day is probably not a viable method, but the principle applies - the hidden power of every person around you To identify the people, friends or colleagues who trigger you – most likely go-getters and hard workers – and hang out with them more often. Soon you too will be incensed by their inspire and spirit. As a personal development blogger, I hang out with inspiring personal development experts by reading their blogs and responding with them regularly via email and social media. It is communication through new media and works anyway. 6. Acquiring a Buddy Having partner makes the whole process much more fun. Ideally, your friend should be someone with his own goals. You both hold each other accountable for your goals and plans. Although you both do not have the same objectives, it is even better if that is the case so that you can learn from each other. I have a good friend with whom I talk regularly and we always ask each other about our goals and progress towards these goals. Needless to say, it is important that it encourages us to act. 7. Tell others about your goals This serves the same #6, on a larger scale. Tell all your friends, colleagues, acquaintances, and family about your projects. Now that you see them, I'm sure they'll ask you about your status on these projects. Sometimes I report my projects on blogs like Personal Excellence, Twitter and Facebook, and my readers keep asking about them. It's a great way to hold myself accountable for my plans. 8. Find someone who has already achieved the result What do you want to achieve here, and which people have already achieved this? Find them and contact them. Seeing live proof that your goals are highly achievable if you take action is one of the best to do so Re-clarifying your goals If you've been stalling for a long time, it may reflect an incorrect focus on the focus What you want and what you're doing right now. Often we increase our goals when we perceive more about ourselves, but we do not change our goals to reflect it. Away from your job (a short holiday is good, otherwise just a weekend break or stay will do too) and it will take some time to regroup. What exactly do you want to achieve? What do you have to do to get there? What measures must be taken? Does your current job match that? If not, what can you do about it? 10. Stop over-commenting on things Do you expect the perfect time to do this? Maybe this isn't the best time for X, Y and Z reasons? Forget that thought, because there's never a perfect time. If you expect that, you'll never accomplish anything. Perfectionism is one of the main reasons for procrastination. Learn more about why perfectionist tendencies can be bane as a blessing: Why being a perfectionist might not be so perfect. 11. Take a grip and do it to the end, it will end in action. You can do all the planning, planning and hypothesis, but if you don't take action, nothing will happen. Sometimes I get readers and customers who constantly complain about their situations but still refuse to take action at the end of the day. Reality Check! I have never heard of anyone delaying success before, and I doubt that will change in the near future. Whatever you delay, if you want to get it done, you need to get yourself under control and do it. Bonus: Think Like a Rhino More Tips for procrastinators to get started Featured photo credit: Malvestida Magazine unsplash.com unsplash.com

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