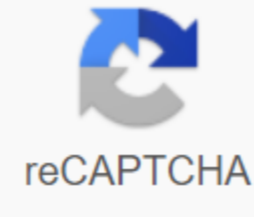




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Essentisl oils for bed bugs

What Are Bed Bugs and What Is Their FREAKING Problem?! Just after a pesky bed bug infestation came off, the frustrating anger and anguish that caused their bad bites is still fresh in my mind. How can I occupy my premises – I am proud to keep my house clean and guests ready every day! (I later learned that one of my guests was actually a serious bed bug infestation and probably carried a few of the creatures to my place. Bed bugs only need a few days to reproduce and reproduce before taking over the whole house). I'm sure you know what bed bugs are. Six-legged, almost microscopic wingless insects are parasites, meaning they feed by sucking on the blood of their hosts. They can incubator in and around the bed area, so the name is bed bugs. Every night they have the power to ruin a peaceful sleep by biting mercilessly without the hassly. They love sticking to dark clothes, cushions and furniture, where the point is hard. But they can also be found hiding metal and plastic items and appliances, so no point in the house is safe! How To Successfully Bed Bugs Natural Two Words – Essential, freed from oils. It is possible to use completely natural methods to get rid of living spaces and bed bug items, all require a lot of patience, cleanliness and complete, complete dedication. You need to clean all your clothes by washing them with natural insecticides, washing them in hot water or steam cleaning them. You must vacuum every corner of your house, furniture and carpets. And along with some powerful essential oils for bed bugs you can potentially destroy pesky parasites forever. List of Essential Oils for Bed Bugs 1. Lavender (where to get it) has a nice strong scent of this flower, a little herby and fragrant oil that everyone loves but hates bed bugs! Many people testify to the repulsive effects of lavender's bed bugs, including me. You can use lavender essential oil during the bed bug screening phase, as well as then as a way of preventing re-infestation. Read more: Lavender Oil for Bed Bugs 2. Tea tree (where to get it) Tea tree oil, also known as melaleuca, is native to Australia where aborigines used them for a variety of health and skin-related issues, including treating insect bites. Tea tree oil is highly antimicrobial and antibacterial that kills bed bugs and eggs. It also has a strong disinfectant smell that helps deter insects. 3. Thyme (where to buy) Care should be applied with some essential oils such as thyme as it is not safe for pregnant ladies and young children. Otherwise, thyme is another powerful essential oil with natural insecticide qualities that can help repel, kill and prevent beggar insects. 4. Lemongrass features Lemongrass (where to get it) Rich is rich Compounds that repel many bugs, including bed bugs. Lemongrass can also kill insects and prevent them from hatching. A strong but pleasant smell cannot be bared by bed bugs and prevents access to areas where lemongrass has been applied. 5. Cloves (where to get it) Clove bed has a strong smell of sharp that can help deter insects. It is also rich in a compound called eugenol, which can be toxic to insects and kills them. Douse all the dark corners that can be hiding for bed bugs with clove oil to prevent them from breeding and proliferation. A few years ago, on a long weekend, I was extremely bored and literally no one was spending time around. I got tired of watching binge-watching for more than 12 hours, and going out alone was equally boring. I decided to get rid of this monotony and called a friend a few miles away. She was in a similar situation and we decided to invite the other girls in town to a crazy slumber party. How exciting does that sound? You meet old friends who have a long boring weekend and plan not only to party together, but also to have a girls' night together. Ages later, it's definitely happiness. We decided to meet at a friend's house and spend the rest of the weekend there. Everything was ready, we went to his house four hours away from our house. The weekend was unexpectedly exciting and we enjoyed ourselves like crazy during the day. At 2:00 a.m., a few of us started to fall asleep. Then I hit the bed. Within an hour we were all running all over the room for ointments. Apparently, the bed was loaded with insect (read highly loaded) beds. I'm not kidding, for all weekend (it took more than 48 hours) none of us fell asleep. Every time bed bugs tried to get rid of them, they tortured us and sucked blood every minute. Chances are, you must have heard of someone who uses professional pest control services to eliminate bed bugs from their bed. This day has become a common problem, and since 2000, there has been an 81% increase in searches of pest control companies. A recently published piece by the U.S. today showcases America's top 50 cities prone to an attack by these bloodsucking creatures. You can read the full article and find out if your city is full of bed bugs. If you're in a similar situation, or if you already have bed bugs in your beds, you should definitely read this piece. I repeat – absolutely. That night he taught me two things - a) Bed bugs can happen anywhere: on your sofa, in your bed, in your friend's bed, in your hotel room, in the hostel - literally, everywhere. b) I needed a permanent solution to get rid of bedbugs. I'll never take them home. I didn't carry it to make sure. There's a lot of man-made pesticides you can use or rent. Have. to use. However, this can easily damage flooring, clothes, sheets and can even be harmful to your own health. What I need is to find a natural way to get rid of these pesky pests. That's when I stumbled upon the best essential oils for bed bugs. What are bed bugs? Bed bugs are small pet vampires who live on the head of the bed or in the bed bed. These parasitic creatures feed on blood and can leave red, itchy, painful blisters on your skin. These small organisms only occur when the lights go out and a person is most vulnerable. And don't let your size fool you. They're extremely fast. It is difficult to find them in bed for the first few hours or perhaps days. Also, they are durable creatures and work them with all kinds of chemicals or pest control sprays. And it's a crazy fact - they can live without food for more than a year. How and why would they crawl into your bed? Bed bugs like to travel from one place to another. No matter how dirty your bed or bed is, you can get a bed bug just managed to hide travel bags, suitcases, clothes, or any other item you've recently added to your home. These are not the result of microbial invasion and multiply at a rapid rate. Typically, bed bugs hide in areas where they can easily attack their prey and hide quickly if necessary. It may include, but will not be limited to, such spots in your home, clothing rack, closet, laundry basket, bed, curtain, luggage, sports bags, backpacks, bags, rugs, carpets, coffee tables and sofas. How can you prevent bed bugs from nesting in your bed? Rule #1: Bed bugs can't stand the temperature rise, we're not kidding. This bed is one of the best and most effective strategies for insect removal. The best way to try this technique is to make it harder for insects to find a colder place to hide using a dry steam on the sofa, bed, pillow, bed, carpet, rug, curtain, etc. Rule #2: Yet all germs that wash travel gears and other flooring that you always think are infected with hot water, another way to kill dust mites, and bed bugs to wash flooring, travel bags, bed linen, pillows and pillow covers in hot water. This will kill all kinds of germs and pests in and around your beds. Rule #3: Use a vacuum cleaner Yes, this magical device not only absorbs dirt off the carpet but can suck these little vampires too. Use a vacuum cleaner regularly to keep your living space clean and make sure these little parasites don't have the opportunity to build their nests. Rule #4: If you have access to a large window and can manage a lot of sun in your room, allow this technique to be used. Sunlight is uncomfortable for insects to survive on mats, rugs or carpets creates the environment creates other types of upholstered furniture. Let there be enough air flow and warmth in the room to convince them to leave. Heat can help reduce bed moisture - the main reason why insects and mites act as a breeding ground. Rule #5: Use Essential Oils Yes. It is natural, safe, effective and affordable. If used correctly, they will not harm your health as opposed to pesticides nor will they spoil linen. The reason these essential oils are so effective is because let's take a look at some of the most popular essential oils for bed bugs. The best essential oils for bed bugs: 1. Tea tree essential oil for bed bugs from fighting acne to treating head lice, tea tree oil has been a popular choice among most of us looking for an essential oil for bed bugs. You may already know that fat is a powerful insect repellent and germ killer, making it one of the best essential oils for bed bugs. Oil can also be used to disinfect your home. To get rid of bed bugs using tea tree essential oil, you need a spray bottle, a few ounces of warm water and 100% pure tea tree oil. Mix them all up and spritz them on linen, curtains, sofas, carpets and rugs. Bed bugs should start to run away within minutes thanks to their strong smell. Alternatively, you can add a few drops of oil to your laundry. It will smell fresh and keep away infections and insects. 2. Lavender essential oil for bed bugs Oh, this oil smells celestial. Spritz allows you to linger in the air with a few drops and aroma all over your bed. Insects will leave your comfort area and the aroma will make you sleep abrasively. In southern France, oil has been used to keep scorpions away - I'm sure you will definitely erase those mistakes. Oil is also believed to be effective against eggs. 3. Lemon essential oil for bed bugs The smell of lemon essential oil is refreshing. A powerful antiseptic, antimicrobial natural agent, lemon essential oil is another great essential oil to kill bed bugs that also give your home a fresh scent. Mix a few drops with laundry or diluted water to spray all over your bed or anywhere in your home. Let the oil work its magic. 4. Mint essential oil for bed bugs Mint essential oil is revered for its antimicrobial and insect repellent properties. Removing all other types of organisms such as spiders and rats can help fight all of the mint essential oil, killing bed bugs. Oil will keep all kinds of insects at bay and can be used with other essential oils. However, always remember that it is a strong oil and should not be applied directly to the skin or used in a child's bedroom. Also read: Heal Thyself: 11 Uses and Benefits of Magical Mint Essential Oil 5. Eucalyptus essential oil for bed bugs is a popular oil among essential oil users and for its integrity healing properties and energizing smell. It is effective in killing insects and their eggs due to their antiseptic properties. Spray a few drops all over the bed and around it. 6. Clove essential oil for bed bugs this sharply scented essential oil can be overpowering for pests. It is rebels in nature and is just the right choice for these insects. Just rest assured, you can withstand the smell. 7. Lemongrass essential oil for bed bugs Another highly rebell oil lemongrass oil that bed bugs just can't stand. It can destroy your eggs, prevent them from reproduction, and the aroma will only please your senses. Note: It is too strong to apply directly to the skin. Be careful when using when children are around. 8. Neem essential oil neem oil for bed bugs has been used for thousands of years in India as a natural pesticide. The tree alone acts as a deterrent to mosquitoes and flies. If you press the oil from the cold leaves, you have yourself a completely natural bed bug killer. This may not be the most pleasant aroma, but it is probably the most effective essential oil to kill bed bugs. However, like lemongrass and mint, neem essential oil is not the first carrier to be used on the skin without diluting oil or water. What not to do when you find bed bugs in your home? After learning of the interesting hack on the bed bug shoeing away, I'm sure soon these annoying parasites will be free. However, here are a few important points you need to know for you to plan instead of taking responsibility for your home to steer your bug away so that things don't suck: a) don't use pesticide spray all over, rugs, carpets or anywhere else and expect to eliminate bugs. Bed bugs are often resistant to such sprays and can leave behind the disturbing smell of spray that can spoil the action linen and linger for days. b) Always use dry steam when trying the heat technique. The water will only act like a spoiler and when it turns cool, it starts providing so that it provides deer to the environment, transforming the insect spot into their breeding ground. c) Do not use strong essential oils such as tea trees in your child's room. d) Always keep the living space clean. Remove any kind of clutter from the room and make sure you don't give them room to hide or breed. e) Do not rely only on essential oils. Seek professional help, especially if you or someone in your home is allergic to bed bugs. While essential oils are powerful insect repellents, you can manage to get rid of many bugs if you have too much. In such cases, do not try home remedies and quickly resort to professional help. Once the insect is killed and leave your home, you can spritz essential oils once a week to ensure you never use them back. f) Before using any of the essential oils, Sure neither you nor your family members are allergic to the fat you use. g) Always use the pure form of essential oil to combat these errors. It may not be as effective as a diluted oil. However, if you plan on using these oils on your hair or skin, you should always make sure that the oil is diluted with either a carrier oil, another product like shampoo, or water. I hope this blog appeared to be some great help to you. After trying one of these drugs, we look forward to your comments below. Also, if you know better hacks, share them with us and your readers. Good night, sleep tight, don't let the bed bugs bite! ☺ ☺

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