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This love that feels right pdf

Picture: PeopleImages/E+/Getty Images Relationships take a lot of work, and infatuation is a whole new level of work that many are not used to. This is because love is an intense emotion that makes you feel strong, even if you do not realize that you are completely weak and vulnerable. This vulnerability makes many uncomfortable, but if love returns, that discomfort seems to fade. Whether you've just started a relationship or been in a relationship for years (or somewhere in between), you might be thinking about how you actually feel about your significant other. Do not worry, this study is very normal at almost every stage of the relationship. Fortunately, there are many ways you can understand how much you are in love with your partner (if at all). Remember that love basically looks at the little things that have great meanings for you and your partner. While you may have looked into you and your partner's love languages, there are a few other things to focus on, like how you interact with each other, how you work through great things, and how you value the little things. If you're still wondering how much you're in love, answer these questions, and we'll let you know. PERSONALITY If you answer half of these questions You may have found true love 5 Minutes Quiz 5 Min PERSONALITY We will guess your love life in three years from now 6 Minute Quiz 6 Min PERSONALITY Can we guess if your love is healthy for you? 6-minute quiz 6 min PERSONALITY Can we guess how long you've been married? 5 Minutes Quiz 5 Min PERSONALITY What ice cream dressing describes your love life? 6-minute quiz 6 min PERSONALITY Which quirk does your partner like best about you? 5-minute quiz 5 min PERSONALITY Which crystal resonates best with your love life? 5 Minutes Quiz 5 Min PERSONALITY Can we guess if you believe in love at first sight? 6 Minute Quiz 6 Min PERSONALITY What are you famous literary couple and your love? 6 Minute Quiz 6 Min PERSONALITY Answer these difficult love questions and we'll guess your personality type 6 minute quiz 6 Min How much do you know about dinosaurs? What is an octane rating? And how do you use the right noun? Lucky for you, HowStuffWorks Play is here to help. Our award-winning website offers reliable, easily understood explanations about how the world works. From fun quizzes that bring joy to your day, to compelling photography and fascinating lists, HowStuffWorks Play offers something for everyone. Sometimes we explain how things work, other times, we ask you, but we always explore in the name of fun! Because learning is fun, so stay tuned! Playing quizzes is free! We send trivial questions and personality tests every week to your inbox. By clicking Sign in, you agree to our privacy policy and confirm that you are 13 years of age or older. Image copyright © 2020 InfoSpace Holdings, LLC, and The Love Society is a magical, mysterious thing. It fills your interior with sequins and butterflies. You feel like life is worth living. And then the honeymoon period ends. And that doesn't mean you don't love your partner anymore. You absolutely know. But sequins fade into the warm, less shimmering light of reality, and that consuming love should eventually take a back seat to some other essential characteristics of a healthy relationship. And these essential characteristics are just as important, if not more important, than that chemical feeling of drunken love you get at the beginning of a relationship. When I worked with couples who fight as domestic violence victims advocates and Planned Parenthood certified responsible sexuality educators, I often taught couples who wanted to stay together, that even when they had trouble conjure up those loving feelings, they can always rely on other things that love is really about, that have nothing (or much less) to do with feelings. Focusing on them and getting them under control often lead to love feelings, because the relationship was much healthier. You may feel like all you need is love, but I'm here to tell you that you need the following equally, if not more, than love.1. ChoiceSometimes love is not about infatuation, in a chemical, butterfly sense. Sometimes it's about choosing a partner. Choosing to be with them when times are tough. I've decided to commit and honor that. Choosing to see well in your partner. Choosing to give them the benefit of the doubt. Love is a feeling triggered by brain chemistry, and it's not something you'll feel consistently about. But choosing someone is the thing you can always do.2. CommitmentCommitment means you're in it for the long haul. This means that you will do your best to stay together, and to support and love each other, even if you would rather flee the country than listen to another thing they have to say. Commitment is a pact and you can honor it no matter what you feel, because you have confidence that life is a collection of ups and downs. When you are in a healthy relationship, knowing that you are both strongly committed to being together, regardless of any temporary feelings, gives you the freedom to try, fail, and be emotionally honest.3. Support You are a team relationship in good and bad. So even if you're angry with your partner, or you're in a heavy chassis, you can still be supportive. You can cheer them on, hope they succeed, defend them to critics and help them achieve their goals. Of course, this is easier to do when you are happy and in love, but this is something that helps make the relationship strong, regardless of the current emotional climate.4. TrustIt say trust has nothing to do with your feelings is incorrect. To say you need trust, no matter what your feelings, is better. You need trust during time to feel safe and provide deeper intimacy. You need to lean heavily on that trust in bad times, feel safe in knowing that you are both working hard to get over bad patches, and staying honest and faithful. No matter how much you love someone, you will never have a healthy relationship without trust.5. CompromiseGood relationships are based on the right amount of day and day. It has to be the middle, the sense of righteousness and the fundamental truth that says that you both sometimes get what you want and support each other even when you don't get your way. These are part boundaries, part patience, part sacrifice, and none of it has to do with love. Of course, you may be doing it for love, but you must do it no matter how you feel.6 CommunicationD made those ridiculous honest relationship ads, one of them would totally be like: Do you enjoy communicating about everything, always, including communication about communication and occasional communication about how you communicate about communication? Then a relationship could be just what you need! Communication is a fact of life. That's the difference between sinking and swimming. You need it no matter how you feel or why you feel it.7. Patience If you do not have patience, you will fight in any relationship, regardless of your feelings. You have to let others say theirs, wait until your partner talks to some random friend at the mall for an hour, pretend to be interested while telling you the most boring work story ever, and give you time and space to be yourself. There is nothing you can do without patience.8. Kindness You don't want to be with someone who's not nice to you, and who can't be nice, no matter what the feeling. In fact, the real test of a person's kindness is how they treat people in tense times, and if they are able to be kind when they do not feel particularly in love with you, for whatever reason. Kindness, however you define it in your relationship, is something more important than the occasional flood of oxytocin. It's the kind of respect you can rely on, even when anger or jealousy, or even boredom overshadow your love.9 PlanningNothing is more romantic than a solid financial plan, or a day at the grocery store, or a reshooting of health insurance forms, am I right? But these things are critical to people in long-term relationships. It's just bricks that make up everyday life, and while they're not really love or romantic, they make your relationship stronger. They have nothing to do with feelings, but they can make you feel like you have your sh*t together, which is a great way to live. If you can master these things, then you have created something that can stand the test of time, no matter where you are on the life roller coaster feels. Pictures: Pexels (10) VIEW PHOTOS Gary King first discovered the rural island of Steamboat 25 years ago when an associate told him about a cottage being sold on its east coast. Bucolic, a prowshaped landmass, rising from Puget Sound about 20 miles north of Olympia, Washington, is home to about 75 people and scores of cormorants, herons, and eagles, who glide along the breeze that sweeps the Sylvan coast. The house was dark and cramped, typical of places that weekend carpenters stoned after World War II, but for the King it was love at first sight. Set in a 5,200-square-foot parking lot with a 50-foot waterfront, a communal pier and starry views of Mount Rainier, the five-bedroom home could be the perfect weekend retreat — it just took some TLC — so he went for it. A former teacher who was then employed as a union organizer, King began remodeling the 900-square-foot residence in 1987. Working from his own designs, he first built a 250-square-metre accessory, consisting of an east-facing rear deck (to better enjoy the sound view) and, on the north side of the building, an extended master suite. Where once stood a damp, perplexed fireplace in the living room, he installed an angular bay with bookcases and a TV, taking a few more yards for the master bedroom behind her. To heat the space, he put a wood-burning stove near the kitchen, which, along with a new siding and windows, helped make the place comfortable enough to live all year round. The original owner of the apartment covered the walls and ceiling with cottonwood sheets salvaged from old ship's crates. But time darkened the plates, making the interior muffled and compressed. In 2001, King installed drywall, painted the ceilings white and ogued the burnt-orange carpet, replacing it with shiny bamboo floors. After all his tampering, King began to regret his inaudent approach to home improvement. I should have made a plan where I wanted to end up, he says. The mammoth shower of the main bath (added in '87) swallowed precious floor space, as well as a claw bath and toilet compartment. King reworked the look into a more compact design that provided a laundry room/wardrobe - as well as a new guest bath, where he moved the bath. Around 2001, King asked decorator Jerry West-Sanders - a neighbor on the island - to help update the interiors. The northwest can be very dark in winter, so I wanted a lot of light, the homeowner recalled. Sanders painted the walls and woodwork white, then brought white upholstery covered in sliding, white-painted tables, coordinating accessories and matching merchandise for the case. After a year or two, we both agreed it was time to put on some color, King says, so Sanders applied color with shades to several accent walls and painted slipcovers dining chairs graceful Now retired, King vows his rebuilding days are behind him. Of course, he admits, the front. Part. He'd need a little grooming, and the basement is pretty gloomy. When it comes to remodeling, he remembered, you should never say never. Floor plan Here are the highlights of a 20-year-old, multifase makeover that turned a cottage into this muted primary residence. Owner 1) removed the fireplace in the living room and installed the built-ins, enlarged the master suite and added a rear deck; 2) replaced the front entrance with mud and a new porch, also updating the kitchen; and 3) lowered the previously refurbished master bath to make way for a laundry room/dressing room and guest bath. This content is created and maintained by a third party and is imported to this page to help users order their e-mail addresses. You may be able to find more information about this and similar content in piano.io piano.io

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