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## Reviving ophelia play summary

In *Revival Of Ophelia*, clinical psychologist Dr. Mary Pipher discusses the social and cultural pressures faced by today's teenage girls. She analyses the history of cases of her young patients in an attempt to understand them and make recommendations for change. She explains why girls suffer from eating disorders, a desire to hurt themselves or even commit suicide, frictions with their parents, and problems in school. Dr. Pipher discusses the changes that occur when girls enter adolescence. Her observations provide valuable insight into why many confident and well-adapted girls suddenly become sad and angry. Dr. Pipher relies on her years of teaching experience and counseling young women in order to show how each girl is uniquely affected by the changes taking place. It compares the theories of many psychologists and philosophers. Girls today are achieving goals that many of their mothers find impossible. However, many of these girls are still tripped up. They cannot reach their full potential unless serious changes are made in the way young women are educated and treated in America. Dr. Pipher also points out that boys need to learn to treat young girls fairly. Young girls should not be downplayed and objectified. Their achievements and goals should not be pushed aside. As thriving young women, they deserve to be respected as much more than decorative sexual objects. Dr. Pipher also discusses the cult of thinness and its impact on young women. Dr. Pipher lists many ways parents can help their daughters during this difficult time. She points out the difference between dangerous behaviour and typical teenage behaviour as teenagers test new limits. It encourages healthy exploration and autonomy, but reminds parents to listen to their daughters and maintain supportive relationships with them. She explains the delicate balance parents must find while encouraging their daughters to be independent and autonomous, but cautious and aware of the danger. Dr. Pipher fears that women are now much more oppressed than previous years. She is concerned about the influence that the mainstream media has on American culture. Girls now face increased pressure to use drugs and become sexually active since high school. The influences of popular music, television and film, together with sexist advertising, affect their delicate psyche. Dr. Pipher writes *Revival of Ophelia* to share her thoughts and suggestions for cultural change with parents and others who play an influential role in the lives of these girls. For the film, see *Revival of Ophelia* (film). Ophelia AuthorMary PipherSubjectAdolescentAdolescentpublished1994ISBN978-0-345-39282-4OCLC670317168 *Revival of Ophelia: Saving The Selves of Teenage Girls* is a 1994 book written by Mary Pipher. This book examines the effects of societal pressures on teenage girls, and uses many case studies from the author's experience as a therapist. [1] The book was described as a call to arms and highlights the increased levels of sexism and violence affecting young women. Pipher says that while the feminist movement has helped adult women become empowered, adolescents have been neglected and need intensive support because of their undeveloped maturity. [2] A television film of the same name, sown Nick Thurston and Rebecca Williams, was broadcast on the Lifetime network. [3] The revival of the 25th Anniversary of Ophelia: Saving the Teenage Self is a revised and updated book written with Dr. Pipher's daughter Sara Gilliam. Summary and case studies *Revival of Ophelia* is divided into sections according to the theme and the summary on this page is organized similarly (figures in parentheses the following girls' names represent the age of individuals). Introduction This section introduces Pipher's theory that a big, and often negative, change influences girls during adolescence. Cayenne (15): The case study summarizes cayenne's shift from an athletic, self-conscious teenager who, at fifteen, contracted Herpes Charlotte (15): The daughter of divorced parents, Charlotte is in a relationship with a friend of twenty-two years and participated in under-drinking age. Lori (12): From a family considered stable, Lori is presented as a well-adapted girl, unlike other case studies contained in the book. Families This section examines the role of families in the development of teenage girls. Francesca (14): A Lakota girl adopted by Caucasian parents and in search of a cultural identity. Lucy (15): In order to recover from leukemia, Lucy deferred to the decisions of doctors and her parents. After her recovery, Lucy tried to rediscover her personal identity. Leah (18) and Jody (16 years): Two girls from a disciplinary house, whom Pipher considers to be successful but lacking in individuality. Abby and Elizabeth: Two sisters who were raised in a more liberal household, but seem to struggle in adolescence. Abby graduated from high school with difficulty, and Elizabeth was pregnant in her first year of high school. Rosemary (14): Raised in a liberal household that encouraged individuality, Rosemary became rebellious and self-aware during her teenage years. Women who rejected compliance during adolescence are the ones who end up finding a protected space in adulthood. Through this they could develop uniqueness (266). Mothers This section focuses specifically on mother-daughter relationships during adolescence. Jessica (15) and her mother Brenda: Jessica's mother was worried about her daughter's absenteeism. Pipher encourages Jessica to form goals and Sorrel (16) and her mother, Fay: When went out to her mother as a lesbian, Fay arranges a meeting with both Pipher and her daughter to check if Sorrel was adjusting properly. Whitney (16 years) and mother Evelyn: Whitney initiated the therapy application. The relationship between mother and daughter was strained because Evelyn did not agree to Whitney being sexually active with her boyfriend. Whitney also feels that Evelyn resents her relationship with her father. [1] Parents This section focuses on relationships between fathers and their teenage daughters. Katie (16) and her father, Pete: Kate was the main carer of her father, who was a single parent with muscular dystrophy. The two were close; however, Peter feared that Katie was losing her adolescence taking care of her sick father. Holly (14) and her father, Dale, Holly and Dale had a distant relationship. Dale was a single father and Holly was a teenager obsessed with Prince. The two came to therapy after Holly tried to kill herself after her boyfriend, Lyle, broke up with her. Pipher encouraged the two to develop their father-daughter relationship. Klara (15) and her father Kurt: Kurt expected his daughter to conform to a feminine ideal, as did Klara's boyfriend, Phil. Pipher encouraged Klara and Kurt to work on the emotions they shared about losing Klara's mother from cancer. Divorce Section of the book focuses on the effect that parental divorce can have on their teenage daughters. Julia (14) She was a member of a mixed family and came to see Pipher after Julia's arrest because she was a minor in possession. Pipher encouraged Julia to cope with the stress of her mother's remarriage without alcohol consumption. Myra (14) Myra lived with her mother, Lois, who had divorced Myra's father after having an affair. Myra upset her mother for the divorce, but her father was unable to take care of her. Amy (12) Amy was the subject of a custody battle while her parents were divorcing. Pipher encouraged the parents to let Amy stay with her grandparents while they finalised the terms of the divorce. Jasmin (13) Her parents were going through an amicable divorce and wanted to minimize any negative impact the divorce had on their daughter. Depression This section analyzes the onset of depression during girls' adolescence. Monica (15) She became depressed about bullying at school about her weight. Pipher encouraged Monica to join the clubs, start exercising in a healthy way and find a way to adapt to adolescence while maintaining her true self. [1] Cindy (14) Cindy did not grow physically, socially, emotionally or intellectually. After her parent, she responded positively to the attention she received during the therapy sessions. [1] Penelope (15) She was the daughter of wealthy parents. She She took pills after her parents refused to buy her a car. Penelope has agreed to meet with Pipher, however, after her session, Penelope tried to kill himself again. He didn't go back to therapy with Pipher. Self-mutilation This section focuses on cases where, in depression, teenage girls have turned into self-mutilation. Tammy (17) She came to therapy after her mother discovered her cutting her breasts with a razor. Tammy began to cut as a result of her abusive relationship with her boyfriend. Pipher encouraged Tammy's parents to explore their daughter's relationship with her boyfriend and continued to work with Tammy one-on-one. Gail (15) She had a habit of burning herself with cigarettes, which was the result of feeling helpless and upset about social problems, including HIV and the rape of women in Bosnia. Pipher encouraged Gail to volunteer in her community and her self-harm behavior was subsequently overcome. Eating Disorders This section focuses on eating disorders and the problems from which they arise. The expectation of beauty for American women is also being examined. Heidi (16) Heidi was a bulimic gymnast. Her eating disorder arose from pressure to stay slim for gymnastics and appearance. She came to therapy because her bingeing and purging was interfering with her relationships with her boyfriend and her family. Prudence (16) She was plump and bulimic. Her brother, Greg, had died three years earlier in a car accident. Pipher encouraged Prudence to use her brother's memory as a way to motivate himself during her recovery from bulimia. Samantha (16) She was an anorexic who prided herself on her thinning and self-discipline. Pipher worked with Samantha to make her realize that her anorexia was a problem instead of a virtue. Violet (18) Lived in a homeless shelter after leaving foster care. Violet was a compulsive eater. The food gave her comfort in foster care, and her fat felt like a defense mechanism against men who would be sexually interested in her. He met Pipher for a while, but he went to California a few months later. Drugs and Alcohol This section focuses on the culture of substance use and its effect of teenage girls. Tracy (13) She was expelled from school because she had alcohol in her backpack, and her parents had discovered cigarettes in her closet. Pipher encouraged parents to give Tracy more privacy and encouraged Tracy to channel her energy into non-chemical activities. Rita (16) Entered after being arrested for driving under the influence of alcohol. She grew up with an alcoholic father and wanted to avoid alcoholism herself. He was dating a 19-year-old alcoholic boy. encouraged Rita to seek out and create healthy relationships. Casey's (18) Casey's parents brought her in to see Pipher after the discovery of diet pills justified her parents' suspicion that Casey was using drugs. Casey told Pipher that started drinking so she could have sex with boys in order to win their approval. Pipher encouraged Casey to take control of her sexuality. Kelli (15) She went into therapy after her parents found marijuana in her bedroom. Kelli also admitted to Pipher that he used LSD and hallucinogenic mushrooms. Pipher encouraged Kelli to explore non-chemical ways to change her consciousness. Sex This section focuses on the effect of gender and gender roles on teenage lives. Christy (14) She was the child of Catholic parents. She expressed frustration with the pressures she felt to have sex. Lizzie (17) She had problems at school for cheating on her boyfriend while in summer camp. Pipher helped Lizzie through her emotional situation and gradually things improved for Lizzie at school. Angela (16) Her family disowned her after she became pregnant. The baby's father, Todd, didn't help her with the pregnancy, nor did the baby. Pipher helped Angela define what she wanted in a relationship. Sexual Violence This section focuses on the effect of sexual violence on the lives of teenage girls and their families. Ellie (15) Three men raped Ellie after following her from a bowling alley. Pipher helped Ellie and her family cope emotionally with the event. Terra (15) She was involved in an abusive relationship with her lover. She was also sexually abused by her step-grandfather as a child. Pipher asked Earth to see her current abusive relationship with the sexual abuse she suffered as a child. [1] What we learned from listening This section summarizes Pipher's case studies and the conclusions she has drawn from her professional experiences. The critical and public reception of the *Revival of Ophelia* was first published in 1994 and was well received by the public, as demonstrated by a three-year stretch on *The New York Times*' Best Seller list, including a period at the top of the list. [4] The book also received positive reviews. [5] However, studies, such as the Gender Similarity Hypothesis, dispute the claim that girls' self-esteem is significantly lower in early adolescence than for boys. [7] Related works *The Film Lifetime Reviving Ophelia* is based on the book. [8] *Revival of Ophelia* influenced other works, including *Surviving Ophelia* by Cheryl Dellasega, *Ophelia's Mom* by Nina Sheller, and *Ophelia* by Mary M. (June 30, 1995). *Revival of Ophelia*: A book review. *Hera*: 6. ^ Bartholomew, Cheryl. Mary Pipher, *Revival of Ophelia*: Saving the Teenage Self. *Women and language*. 19 (2): 53. ^ Hyde, Janet Sherbly (January 1, 2005). Hypothesis of similarities of the kind. *American psychologist*. 60 (6): 581–592. CiteSeerX 10.1.1.374.1723. two:10.1037/0003-066X.60.6.581. PMID 16173891. ^ *Revival of Ophelia* Film - Official Website - MyLifetime.com. Archived from the original on August 18, 2012. November 29, 2011. ^ Gonick, M. (2006). *Between Girl Power and Reviving Ophelia: The Constitution of the neoliberal girl subject*. *NWSA Journal*. 18 (2): 1–23. two:10.1353/nwsa.2006.0031. Taken from

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