



almost as important as budgeting for housing. Depending on your life expectancy, transportation costs may include monthly metro card, car payment, fuel or car rental costs. When budgeting for transportation costs Americans an average of about \$9,000 each year, equivalent to \$750 each month. Related: Different from fixed expenses, variable components of your budget vary from month to month depending on your lifestyle. Some conditions are strictly necessary, such as food costs. Groceries accounting is an important part of the budgeting process and should also include package and restaurant visits. Don't forget about these food expenses that slip outside of you - like lattes paid in cash; they can work out a large amount of spending over the course of a year. Gen Xers and early baby because they have larger household family sizes than millennials. People between the ages of 35 and 54 spend more than \$8,000 a year on food, which averages \$667 a month. Find out: Insider Grocery Shopping Hacks That'll Save You have planting to the intervent and cable bill - are fixed, with many shifts depending on the month-to-month season. Gas and electricity bills, for example, will fluctuate in summer as air conditioning or heater crank in winter. Other utilities to consider include water and garbage services. The BLS reported that utilities cost Americans an average of about \$4,000 per year or \$333 per month. Entertainment and Other Extras don't mean you're not allowed to enjoy yourself living on a budget, so add entertainment expenses to your budget template so you can maintain balanced spending habits. The average Americans are an expense, such as hair care and clothing, On average, clothing Personal care expenses, such as hair care and clothing. On average, clothing personal care expenses, such as hair care and clothing, On average, clothing of membership because staying healthy can save you money over time. Building Savings and Eliminating Debt One of the biggest benefits of meanaging money is gaining overall financial health

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