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Armitron manual md11239

FUNCTIONS • Time-zoom mode (hours, minutes, seconds, date and day of the week) • Calendar mode (month, Date and day of the week) • 24 Hour alarms • Clock bell: One 'Beep' sound every full hour • Chronograph mode: Hours, Minutes, seconds and 1/100 seconds with lap operation • Countdown timer • Time Zone • 12/24 Hour (Military Time) • Pacer • Water resistance as indicated on the watch • INSTALITE - Electro Luminescent Display SELECTING 1 The time-zoom mode shows the hours, minutes, seconds, date, and day of the week. 2. In time-telling mode, press the A button once. Press the

'A' button five times to return to sagging mode. 3. In the time-zoom mode, press the 'B' button twice. Countdown Time mode ap- pear. To return to T zoom mode, press the 'B' button four times. 4. In the time-in mode, press the button B three times. 5. In the time-ining mode, press the 'B' button four times. Alarm mode appears. Press the A button twice to return to time-sagging mode. 6. In the time-zoom mode, press the 'B' button five times. Paceer mode appears. Press the 'B' button once to return to increased time mode. SET TIME AND CALENDAR 1. In time-telling mode, press and hold the A key. Press C to zero seconds. 2. Press B. The clocks flash. Press C to advance the clock. NOTE: Compression and C-holding will progress rapidly. When the 12-hour format is selected, P indicates .m times; no indicator for a.m. 3. Press B. Minutes flash. Press C to advance the minute. 4. Press B. The year flashes. Press C to advance the flight. 5. Press B. The moon flashes. Press C to advance the month. 6. Press B. The date blinks. Press C to advance the date. 7. Press the A button to end the sequence setting and return to the time escalation mode. 8. Press 'C' to select a time format of 12/24 hours or 24 hours (military) time. NOTE: AM or PM indicates a 12-hour format. Setting the 24-hour alarm 1. In zoom mode, press 'B' three to enter alarm mode 2. Press the 'D' button to select an alarm number (alarm 1 to 5). 3. Press A. Alarm clocks flash. Press 'C' to advance the alarm clock. NOTE: Compression and C-holding will progress rapidly. 4. Press B. The minute alarm flashes. Press C to advance the alarm minute. 5. Press A to end the set sequence. 6. Press the 'B' button three times to return to increased time mode. ACTIVATION OF THE ALARM + HOURLY RINGING 1. While you are in alarm mode, press 'C' to activate the hourly ringtone. The Hourly Chime symbol indicates that the clock bell will sound every hour of the hour. 2. Press 'C' again to deactivate the clock bell. 3. 'D' button to select an alarm number (Alarm 1 to 5). 4. Press the 'C' button again to activate the selected alarm. The ap-pear alarm symbol indicating the selected alarm will be answered for approximately 60 seconds in the current alarm time, or until any button 5. Press the 'C' button again to deactivate the selected alarm. 6. Press the 'B' button three times to return to increased time mode. INSTRUCTIONS MANUAL PACER 1. In time-zoom mode, press the 'B' button five times to enter Pacer mode. The pace number is blinking. 2. Press the A button to select the pace. The pace can be chosen below: 10, 20, 30, 40, 60, 80, 120, 160, 240 and 320. 3. Press 'C' to start the pace 4. Press 'C' again to stop the pace. 5. Press 'B' to return to increased time mode. TIME IS 1. While you're in time-lapsed mode, press 'C' to start the schedule. 2. Press 'A' to measure and display Split Times. 3. Press 'C' to stop the schedule at the end of the event and reveal the final split time. 4. Press the A button again to reset to zero. 5. Press the 'B' button five times to return to increased time mode. Countdown timer 1. In time-zoom mode, press the 'B' button twice to enter the timer mode. 2. Press A. The clocks flash. Press C to advance the clock. 3. Press B. Blink minutes. Press 'C' to adjust the minutes. 4. Press B. Seconds are blinking. Press the C button to adjust the seconds. 5. When the countdown timer is set, press A to end the set sequence and return to timer mode. 6. Press 'C' to start the countdown timer. 7. If you want, press 'C' again to stop the countdown timer. Press C again to continue the countdown timer. NOTE: The countdown time will continue in each mode until you press the C key. 8. Press C to stop the timer. 9. Press the 'B' button twice to return to increased time mode. DOUBLE TIME ZONE 1. In time-enlarging mode, press the 'B' button four times to enter the mode of the different time zone. 2. Press A. The clocks flash. Press C to advance the clock. 3. Press B. Blink minutes. Press 'C' to adjust the minutes. 4. Press A to end the set sequence. 5. Press 'B' to return to increased time mode. NOTE: A double-time clock (Second Time Zone) can be used to monitor a foreign time. EL LIGHT FUNCTION 1. Press the 'D' button in each mode to illuminate the face of the watch. The backlight will remain on for 2 to 3 seconds. NOTE: Excessive use of light will shorten battery life.

User manuals, guides and specifications for armitron MD11239. The database contains 1 Manuals for Armitron MD11239 (available for free online viewing or download to PDF): Instruction Manual . MD11239INSTRUCTIONS MANUALFEATURESELECTING FEATURESSETTING THE TIME AND CALENDARACTIVATING ALARM + HOURLY CHIME• Time Telling Mode (Hours, Minutes, Seconds, Date Date Day of the week)• Calendar mode (month, Date and day of the week•24 hour alarms• Clock bell: One Beep sound every full hour• Chronograph mode: Hours, Minutes, Seconds and 1/100 sec-ond with Lap Operation• Countdown Timer• Dual Time Zone• 12/24 Hour (Military Time)• Pacer• Water Resistant as indicated on the watch• INSTALITE - Electro Luminescent Display1. The time-zoom mode shows the hours, minutes, seconds, date, and day of the week.2. In time-telling mode, press the A button once. Press the 'A' button five times to return to sagging mode.3. In time-enlarging mode, press the 'B' button twice. Countdown timer mode ap-pear. Press the 'B' button four times to return to connect mode T.4. In time-enlarging mode, press the 'B' button three times. Press the 'A' button three times to return to sagging mode5. In zoom mode, press the 'B' button four times. Alarm mode appears. Press the 'A' button twice to return to sagging mode.6. In zoom mode, press the 'B' button five times. Paceer mode appears. Press the 'B' button once to return to time-zoom mode.1. In time-telling mode, press and hold the A key. Press the C button to extract the second.2. Press B. The clocks are blinking. Press 'C' to advance the clock. NOTE: Compression and holding 'C' will progress rapidly. When the 12-hour format is selected, P indicates .m times; no indicator for a.m. time.3. Press B. Minutes flash. Press C to advance minute.4. Press B. The year is blinking. Press C to progress to the year.5. Press B. The moon is blinking. Press C to advance the month.6. Press B. The date blinks. Press C to advance the date.7. Press the 'A' button to end the sequence setting and return to the time-zoom mode.8. Press 'C' to select a time format of 12/24 hours or 24 hours (military) time. NOTE: AM or PM indicates 12 Hour Format.1. While you are in alarm mode, press 'C' to activate the hourly ringtone. The hourly bell symbol seems to indicate that the clock bell will sound every hour on the hour.2. Press 'C' again to deactivate the clock bell.3. Press the 'D' button to select the alarm number (Alarm 1 to 5).4. Press the 'C' button again to activate the selected alarm. The ap-pear alarm symbol to mark the selected Alarm will be answered for about 60 seconds at the current alarm time or until you press any button. 5. Press the 'C' button again to unplug the selected alarm.6. Press the 'B' button three times to return to the time-zoom mode. COUNTDOWN TIMER1. In time-enlarging mode, press the 'B' button twice to enter the timer mode.2. Press A. The clocks are blinking. Press 'C' to advance the clock.3. Press B. Minutes flash. Press 'C' to Press B. Seconds flash. Press 'C' to adjust the second.5. When the countdown timer is set, press the A button to finish and return to timer mode.6. Press C to start the countdown timer.7. If you want, press 'C' again to stop the countdown timer. Press 'C' again to continue with the countdown timer. NOTE: The countdown time will continue in each mode until you press the 'C' button. When the timer has expired, the alarm will sound for about 10 seconds or until you press the button.8. Press C to stop the timer.9. Press the 'B' button twice to return to the time-zoom mode. DUAL TIME ZONESPLIT TIMEPACERSETTING THE 24 HOUR ALARMEL LIGHT FEATURE1. In time-enlarging mode, press the 'B' button four times to enter the mode of the second time zone.2. Press A. The clocks are blinking. Press 'C' to advance the clock.3. Press B. Minutes flash. Press 'C' to adjust the minutes.4. Press 'A' to end the set sequence.5. Press 'B' to return to time zoom mode. NOTE: A double-time clock (second time zone) can be used to track foreign time.1. While you're in time-lapsed mode, press 'C' to start with time.2. Press A to measure and display Split Times.3. Press 'C' to stop time at the end of the event and reveal the final Split Time. 4. Press the A button again to reset to zero.5. Press the 'B' button five times to return to increased time mode.1. In time-zoom mode, press the 'B' button five times to enter Pacer mode. The pace number is blinking. 2. Press the A button to select the pace. The pace can be selected in the following sequence:10, 20, 30, 40, 60, 80, 120, 160, 240 and 320.3. Press C to start tempo4. Press 'C' again to stop the pace.5. Press the 'B' button to return to time-lapsed mode.1. In zoom mode, press 'B' three to enter alarm mode2. Press the 'D' button to select an alarm number (Alarm 1 to 5).3. Press A. Alarm clocks are flashing. Press 'C' to advance the alarm clock. NOTE: Compression and holding 'C' will progress rapidly.4. Press B. The minute alarm is blinking. Press 'C' to advance the alarm minute.5. Press A to end the set sequence.6. Press the 'B' button three times to return to increased time mode.1. Press the 'D' button in each mode to illuminate the face of the watch. The backlight will remain on for 2 to 3 seconds. NOTE: Excessive use of light will shorten battery life. Life.