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Dua for anxiety

Life is full of twists and turns, and every step of the way and every step of your life are welcome and undesirable surprises. May God save us from trials and tribulations, but we should not despair when someone faces difficulties and challenges in life. Actually! More often than not, even trials and anguy are a source of knowledge, strength, and reward from God if you continue to seek His mercy and guidance. Islam provides us with guidance for every aspect of life, and certainly provides the seeker with islamic duas armor for every occasion. The 21st century was supposed to bring ease to humanity; reducing the daily burden by facilitating implementation. But, maybe more can be done with powerful gadgets just brings more work to do in the time saved. Whatever the reason, whether it's related to work, home, family, children, friends, or for any personal reason, whether it develops slowly or suddenly, you can come face to face with darkness of confusion, anxiety, horror, depression, anxiety, frustration and pessimism at any point in your life. The Islamic way to remove fear and depression is to seek the face of the Lord's worlds, because God has stated in the Qur'an that all ease and all difficulties are from Him, and only He can remove difficulties and give ease. Actually! Only He has power over all things and every thing in the universe. What could be a better balm for the suffering heart and healers of anxiety and sorrow for a Muslim than the following seven Islamic Duas, some of which were recommended by the Prophet, the peace and blessings of God to be upon him, yourself: (1) حُكْمُكَ، عَدْلٌ ق اِبْنُ عَبْدِكَ اِبْنُ عَبْدِكَ، أَمَةٌ بِيَدِكَ، مَاضٍ فِيَّ حُكْمُكَ، عَدْلٌ قَضَاؤُكَ أَسْأَلُكَ بِكُلِّ اسْمٍ هُوَ لَكَ سَمَّيْتَ بِهِ نَفْسَكَ أَوْ أَنْزَلْتَهُ فِي كِتَابِكَ، أَوْ عَلَّمْتَهُ أَحَداً مِنْ خَلْقِكَ أَوِ اسْتَأْثَرْتَ بِهِ فِي عِلْمِ الْغَيْبِ عِنْدَكَ أَنْ تَجْعَلَ الْقُرْآنَ رَبِيعَ قَلْبِي، وَنُورَ صَدْرِي وَجَلَاءَ حُزْنِي وَذَهَابَ هَمِّي مقققي. English versionAllahhumma innee 'abduka, ibnu 'abdika, ibnu amatika, nasiyatee biyadik, madhin fiyya bangmuka, 'adlun fiyya qada-ok, as-aluka bikulli ismin huwa lak, sammayta bihi nafsak, aw anzaltahu fee kitabik, aw AAallamtahu ahadan min khalqik awis-ta/tharta bihi fee AAilmil-ghaybi AAindak, an tajAAalal-Qurana rabeeAAa qalbee, wanoora sadree, wajalaa huznee wathahaba hammee. O God, I am your Servant, son of The Servant of She, son of Your maid, my merit is in your hand (i.e. you have total mastery over me), your command over me is forever exercised, and your decree over me is simply. I ask you for every name belonging to you that you have called yourself or revealed in your Book, either you have taught any of your creatures, or you have kept in your acquaintances invisible to you, to make the Qur'an the life of my heart and the light of my breast, as well as to depart for my sorrow and release my anxiety. (2) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ، وَالْعَجْزِ وَالْكَسَلِ وَالْبُخْلِ وَالْجُبْنِ، وَضَلَعِ الدَّيْنِ وَغَلَبَةِ الرِّجَالِ. Allahhumma innee aaoothu bika minal-hammi wal huzni, wal 'ajzi wal kasali wal bukhli wal jubni, wa zalaid-dayni wa ghalabatir-rijaal'O Allah, I take refuge in you from anxiety and sorrow, weakness and laziness, miserliness and cowardice, the burden of debt and from being overpowered by people. (3) لَا إِلَهَ إِلَّا اللَّهُ الْعَظِيمُ الْحَلِيمُ، لَا إِلَهَ إِلَّا اللَّهُ رَبُّ الْعَرْشِ الْعَظِيمِ، لَا إِلَهَ إِلَّا اللَّهُ رَبُّ السَّمَوَاتِ وَرَبُّ الْأَرْضِ وَرَبُّ الْعَرْشِ الْكَرِيمِ . La ilaha illal-lahul-'atheemul-haleem, la ilaha illal-lahu rabbul-'arshil-'atheem, la ilaha illal-lahu rabbus-samawati wa rabbul-ardi wa rabbul-'arshil-kareem. No one has the right to be worshipped except Allah Forbearing. No one has the right to be worshipped except God, the Lord of the great throne. No one has the right to be worshipped except God, the Lord of heaven, the Lord of the Earth, and the Lord of the noble throne. (4) اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلاً، وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلاً Allahumma la sahla illa ma ja'altahu sahlan, wa anta taj'alul-hazana idha shi'ta sahlan. Oh God, there is no ease except what you have facilitated, and you make it difficult, if you want, to be easy. (5) اللَّهُمَّ رَحْمَتَكَ أَرْجُو فَلَا تَكِلْنِي إِلَى نَفْسِي طَرْفَةَ عَيْنٍ، وَأَصْلِحْ لِي شَأْنِي كُلَّهُ لَا إِلَهَ إِلَّا أَنْتَ. Allahumma rahmataka arjoo fala takilnee ila nafsee tarfata Aaayn, wa-aslih lee shanee kullah, la ilaha illa ant'O Allah, this is your mercy that I hope so don't leave me behind my affairs even on the blink of an eye and fix all my affairs for me. No one has the right to be worshipped except you. (6) لَا إِلَهَ إِلَّا أَنْتَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ. La ilaha illa anta subhanak, innee kuntu minath-thalimeenNone has the right to be worshipped except you, How perfect are you; Verily, I was among the wrong do-doers(7) اللهم رقبقق لا أُشْرِكُ بِهِ شَيْئاً اللهِ. Allahu Rabbi, La ushriku bihi shaiAllah! God is my Lord! I don't associate anything with Him! You still want to teach the Quran online Tajweed then the Quran Institute is the best source for you and your KidsOriginally published in branded.me.Page 2Life is full of twists and turns and there are welcome and unwanted surprises on every turn and turn of your life. May God save us from trials and tribulations, but we should not despair when someone faces difficulties and challenges in life. Actually! More often than not, even trials and anguy are a source of knowledge, strength, and reward from God if you continue to seek His mercy and guidance. Islam provides us with guidance for every aspect of life, and certainly provides the seeker with islamic duas armor for every occasion. 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What could be a better balm for the suffering heart and healers of anxiety and sorrow for a Muslim than the following seven Islamic Duas, some of which were recommended by the Prophet, the peace and blessings of Allah to be upon him, self, myself: (1) اللهمققمق قققققي عَبْدُكَ اِبْنُ عَبْدِكَ اِبْنُ ق قمت ن تَفْسَكَ أَوْ أَنْزَلْتَهُ فِي كِتَابِكَ، أَوْ عَلَّمْتَهُ أَحَداً مِنْ خَلْقِكَ أَوِ اسْتَأْثَرْتَ بِهِ فِي عِلْمِ الْغَيْبِ عِنْدَكَ أَنْ تَجْعَلَ الْقُرْآنَ رَبِيعَ قَلْبِي وَنُورَ صَدْرِي وَجَلَاءَ حُزْنِي وَذَهَابَ هَمِّي ف ف قققوق اسْتَأْثَرْتَ به ف ف ق قققاق حُزْنِي وقنورق صَدْرِي وقققلق اسْمٍ هوق لقكق سَمَّيْتَ بهه نَفْسَكَ أَوْ أَنْزَلْتَهُ ف ق قققاق حُكْمُكَ، عَدْلٌ قَضَاؤُكَ أَسْأَلُكَ بكققلق اسْمٍ هوق لقكق سَمَّيْتَ بِهِ