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Romantic love so exciting and motivating us. It is also vital for the continuation of our species. Without the attachment of romantic love, we would live in a completely different society that looked more like some (but not all) of these social circles in the animal world. The chemicals that run around in our brains when we are in love serve various purposes, and the primary goal is to continue our species. These chemicals are what make us want to form families and have children. Once we have children, these chemicals change to encourage us to stay together to raise these children. So, in a sense, love is really a chemical addiction that occurs to keep us breeding. Regardless of country or culture, romantic love plays an important role. While cultural differences in how this love occurs vary greatly, the fact that romantic love exists is undeniable. But let's go down to nitty gritty. What makes us fall in love with someone? Only three percent of mammals (except the human species) form family relationships as we do. The meadow bulb is such an animal. This bulb companion for life and prefers to spend time with his partner over spending time with any other bulbs. Voles even go to the extreme of avoiding bulbs of the opposite sex. When they have offspring, the couple works together to take care of them. They spend hours grooming each other and just hanging out. Studies have been done to try to determine the chemical makeup that could explain why prairie jumping is this lifelong, monogamous relationship when its very close relative, the montane vole, does not. According to studies by Larry Young, a social association researcher at Emory University, what happens is that when prairie bulb partners are released, such as humans, the hormones oxytocin and vasopressin. Because the prairie bulb has the necessary receptors in its brain for these hormones in areas responsible for reward and enhancement, it forms a bond with its partner. This bond is for this particular bulb based on its smell. As a further enhancement, dopamine is also released into the brain's reward center when they have sex, making the experience enjoyable and ensuring they want to do it again. And because of the ocytocin and vasopressin, they want to have sex with the same bulb. Because the mountain bulb has no receptors for ocytocin or vasopressin in its brain, these chemicals have no effect, and continue with their overnight stops. In addition to receptors, the two kinds of bulbs are almost entirely the same in their natural makeup. Related Image articles: PeopleImages/E+/Getty Images Relationships take a lot of work, and being in love is a whole new level of work that many aren't used to. This is because love is an intense feeling that makes you feel strong, even if you I don't understand that you're completely weak and vulnerable. This vulnerability makes many people uncomfortable, but if love is returned, that discomfort seems to fade. Whether you've just started a relationship or you've been in a relationship for years (or somewhere in between), you may be thinking about how you really feel about your important other. Don't worry, this interrogation is very normal at almost every stage of the relationship. Fortunately, there are many ways you can understand how much in love you are with your partner (if at all). Remember that love basically deals with the little things that have great meanings to you and your partner. While you may have looked at you and your partner's love languages, there are a few other things you can focus on, such as how you interact with each other, how you work through the big things, and how you appreciate the little things. If you're still wondering how much in love you are, answer these questions, and we'll let you know. PERSONALITY If you answer half of these questions you may have found true love 5 minutes quiz 5 minutes personality will guess your love life three years from now 6 Minutes Quiz 6 Min PERSONALITY can we guess if your love is healthy for you? 6 Minutes Quiz 6 Min PERSONALITY Can we guess how long you've been married? 5 Minute Quiz 5 Min PERSONALITY Which Ice Cream Topping Describes Your Love Life? 6 Minutes Quiz 6 Minutes PERSONALITY What quirk makes your partner love more for you? 5 Minute Quiz 5 Min PERSONALITY What Crystal Best Resonates With Your Love Life? 5 Minute Quiz 5 Minutes PERSONALITY Can we guess if you believe in love at first sight? 6 Minute Quiz 6 Min PERSONALITY What famous literary couple are you and your love most like? 6 Minute Quiz 6 Min PERSONALITY Answer these difficult love questions and we'll guess your personality Type 6 Minutes Quiz 6 Minutes How much do you know about dinosaurs? What is an octane score? And how do you use a proper noun? 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While there is not always a clear and distinct answer to the many questions of philosophy, the whole field is a gateway to a higher sense of self. It makes you think about all things. Below, we cover some of the basic philosophy books that are best for those who are just starting out or looking to expand their minds. How to choose a good philosophy bookFirst get on this list, we have researched the ideal philosophy books to help you expand your mind. We have found that the best philosophy books excel at the following criteria: Complexity – Philosophy is not a topic that you can't dive right away and understand everything. The books we chose are great for the people who make the first jump. Viewpoint – With philosophy in particular, the author's views are more important than in your standard book. We want to ensure that the views and thoughts discussed continue to endure to this day. Open-minded – Philosophy is all about asking awkward questions and unraveling the answer. You may not come to a conclusion in the end, but these books are designed to make you think. Culture – The last criterion is culture. Many of these books come from early philosophers from centuries ago or possibly from recent years. These philosophy books need to paint a picture of civilization. 1. MeditationsA that you will find in many of these types of lists are Meditations and for good reason. It's the only document of its kind ever made. The book focuses on the personal thoughts of the world's most powerful man who advises himself revolves around restoring his responsibilities and the obligations of his position. We know enough about Marco Aurelius to know that he was trained in stoic philosophy and practiced every night in a series of spiritual exercises. These exercises were designed to make him humble, patient, compassionate, generous and powerful in the face of any problem he had to face. And he faced a lot of problems since he was basically the emperor of about a third of the planet. All this is poured into this book, and you are forced to remember a line or more that will apply in your life. It's a basic book of philosophy. Buy Meditations here. 2. Letters from a Stoic Icon to Mark Aurelius, Seneca was another powerful man in Rome. He was a brilliant writer at the time and was the kind of guy to give great advice to his most trusted friends. Fortunately, many of his advice comes in letters, and these letters happen to be in this book. The letters themselves provided to tackle grief, wealth, poverty, success, failure, education and more. While Sedeka was stoic, he has a more practical approach and has borrowed from other schools of thought for his advice. As he said when he was alive, I don't care about the author if the line is good. Similar to Meditations, Meditations, are several brilliant lines and tips that are still relevant to this day. 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Even though we have developed further beyond that, ethics can introduce new ways of thinking from this particular school of thought. Buy Ethics here.7. Critic of Pure ReasonImmanuel Kant is another great philosopher who brought together two of the greatest opposing schools in the history of thought in a single book. Those schools are rational thinking and empirical experiential knowledge-knowledge gained through experience. In Criticism of Pure Logic, Kant explores human logic and then works to consolidate his illusions and come down to the basic ingredients. Overall, you can learn for human behavior and thought processes and thus, open your mind more about how you think and edit everything around you. Buy Pure Cause Review here.8. About the Lineage of EthicsHow work by Nietzsche that is is for us it's about the lineage of morality. According to Nietzsche, the purpose of this book is to draw attention to his previous writings. That said, he does more than that so you don't have to worry so much about reading his other books. In this book, he expands on the enigmatic aphorisms he brings up over good and evil and offers a discussion or morality to a work that is more accessible than many of his previous works. Buy About the Genealogy of Ethics here.9. Everything is F*ckedThe only book on this list that has been written in recent years, this book by Mark Manson aims to explain why we all need hope, while also accepting that hope can often lead us to disaster too. While many of the books on this list are all practical, this is the most realistic, since not even the greatest of philosophical minds could predict things like technology, Twitter, and how our political world has shaped. Manson delivers a deep book that taps into the minds of our ancestral philosophers, such as Plato, Nietzsche, and Tom Waits, and digs deep into various issues and how all this connected-religion and politics, our relationship with money, entertainment, and the internet. Overall, this book serves as a challenge for all of us—a challenge to be more honest with ourselves and connect with the world in a way we've never tried before. Buy Everything is f*cked here.10. Reasons and PersonsA one of the most challenging philosophy books to read in this list. Reasons and Persons will send you on quite the journey. Through a lot of painstaking logic, Derek Parfit shows us some unique perspectives on interest, personality, and whether our actions are good or bad. Regarded by many as an important psychological text around the 20th century, the arguments made on these topics will open your mind to a brand new way of thinking. Buy Reasons and Persons here.11. 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