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All strategies, activities, and services provided in connection with schools designed to promote students' physical, emotional, and social development are designed by the American School Health Association to make up the school's health programs. This is just one of the many definitions of health and health education. To understand my philosophy on health education, I may first need to know what I think health means to me. I would like to believe that health is a very individualistic and an ongoing process that everyone combines with ever-changing wellbeing. I think this is because certain aspects of wellbeing from some point of view in your life play a bigger role in your life than others. For example, if a person is struggling spiritually or emotionally, this means that it does not make them unhealthy. But because of the lack in those two areas, there may be other aspects of well-being, such as social or psychiatric, that can compensate for their suffering in other areas. I think it's hard to achieve the perfect balance of all seven aspects of wellbeing, and I think they can be defined as healthy people as long as a person thinks they can work in society without interruption of one of the aspects of wellbeing that affect them. Based on this definition, my philosophy on health education is based on people making the right decisions and making these decisions to help them maintain or improve the current state of health and wellbeing they are in. First, when educating students, educators should focus on getting them to think critically about the situation, and how it can affect their behavior, and vice versa. I think doing this will give students a sense of what's going on in their life, that at some point they should be happy with their decisions and actions, which will help them develop self-esteem, which can create a higher level of wellbeing for students to create healthier people. Once students' decisions and behaviors are corrected, it can in turn help to correct the health and wellbeing of a group of friends, the lessons they are in, which in turn can make a difference in school, the community, and can continue. I think in giving students the knowledge and reason to support school policy or why the community believes it can benefit them, sometimes they have the idea that they can make the right decisions to make the right decisions, but they don't know how to do it and they don't know how to defend their position. This obviously doesn't work for all students but it will hopefully help more students make the right decisions. The current example of this is Text and drive. A student may decide not to text and drive on a head or paper, but that friend can pressure them to respond to texts, so as an educator this is a good choice and can provide a way to make this decision and not succumb to peer pressure. After providing students with some examples of basic facts and how to defend their beliefs you should also give your students the opportunity to practice this because we all know a few things easily. Also you don't want to say that this is good or bad on the subject you present, and I feel like students will find more reliable teachers if you address other aspects of the situation presenting them. So basically you can't just say this isn't, this is wrong to be done right, rather sophisticated and allow students to speak up as well as advocate both sides of the subject. Next, I think the focus on health education depends on the grade level you teach and what topics you're teaching. I think we need to address and strengthen healthy behavior, but there are also days when we need to advocate for change. The only issue advocating change is student readiness for change. For example, if students don't think what they're doing is wrong, I think it will be combined with their previous philosophy, even though they're prepared to at least hear the message, think about it, and eventually change their behavior. An example of this is teaching middle school health education and talking about personal hygiene if some students may not think deodorant is necessary to use at this point in their lives, while others have been using it for a while. I think giving a reason to present this will reinforce the positive behavior of students who already use deodorant and bring light to this topic for those who do not. This can help students' physical, social, emotional, and mental wellbeing by making this topic less taboo and opening up more comfort to students' hygiene and cleanliness. Finally, I believe that the success of a health education can be defined by both choices that students combine with this. By providing students with resources to make the right choices and make decisions about their behavior, they not only correct actions that may not do their best, but also strengthen the right decisions and thoughts, and then think about their health. It's successful. As long as you give your students all the resources they need and try to best solve problems and answer any questions they may have, the rest is up to them, and I think they've had success as a health educator when they see some changes in their behavior and/or thoughts, or when they see improvements in their already established thoughts and behaviors. If not, you need to change something in the curriculum. You can't turn every student into an ideal person, but you can definitely provide everything you can to try to change every student. Ultimately, the decision depends on the students, and how open they are to these changes. Therefore, health education should be seen as a systematic process that can help individual students along the way in improving their individual health and wellbeing to a higher level than entering class. Philosophy of Health Education. (January 30, 2017). October 13, 2020, Search at Premium Essay ... Decision-making philosophy for health education Brian K. Hooper Jr. Principles of Behavioral Science and Health Education 2/20/20/2013 In an attempt to discern the health education philosophy that individuals subscribe to, it is essential to first address preliminary questions, what is philosophy? It has two parts to the word philosophy that comes to us in Greek, philo-shaped or lover-meaning and wisdom or wise meaning Sofia. Therefore, philosophers are called lovers of wisdom. The true origin of Sofia is in the ancient Egyptian language Mdu Ntr, and the word wise first appears in the tomb of Anteph I in 2052, long before Greece or Greece existed. The word berserped from Coptic to Sevo and Greek to Sofia. As for the philosopher who loves wisdom, it exactly means the meaning of Sheva, Wise (Longo, 2011). For the purposes of this paper, we refer to the true origins of philosophy. The ancient Egyptians, the forerunners and pedantics of the Greek School of Thought, defined philosophy as the centrifugal force of life, every step of which must be patterned. Philosophy is also described as a civilized system of action, restraint and kindness. Much emphasis was placed on enlightenment, the value and importance of education, and how knowledge and understanding led to their existence in the darkness of ignorance (Obenda, 2009). philosophy, defined in modern terms; ... Words: 775-page: 4 premium essays... The philosophy of a nursing professor at the College of Philosophy and Nursing is with the College of Nursing and the Mission Department of the University of Missouri-St. Louis. Faculty and staff are committed to providing nursing education that prepares graduates as professionals. Practice as a nurse scientist in generalist nursing roles, advanced nursing roles, and all medical systems. All academic programs reflect the professor's beliefs in nursing, clients, health, the environment and nursing education. The faculty believes that nursing is a profession and academic field that possesses a scientific body of knowledge that requires critical thinking, problem solving, and insomatics. The main function of nursing is to educate and support clients to promote, protect, maintain, restore and support their health or to provide peaceful death. As a profession, nursing encompasses moral, ethical, legal and scientific dimensions. Nurses are responsible to society for their practices and to operate within economic, legal, moral and ethical parameters. Nursing practices are theory and evidence-based, using theories in nursing and other related fields. Nurses leverage personal relationships communication to synthesize and apply knowledge of the arts, sciences, and humanities in nursing practice to meet the complex and multidimensional needs of their clients in a variety of healthcare environments in the metropolitan area and beyond. Through..... Words: 1455 - Page: 6 Premium Essays... Nursing Sonceria Roper Prairie View Nursing Sciences and Complex Systems Nursing 7013 Vivian Dawkins, Ph.D., RN, NEA-BC February 11, 2015 Philosophy of Nursing Nursing Philosophy is an examination of personal truths related to clinical practice. They encompass values, principles, and assumptions owned by individuals. Personal nursing philosophy is shaped by a nurse's education, clinical experience, cultural and even spiritual beliefs. My personal nursing philosophy is centered on patient empowerment. The belief that patients need to control their care and can only be achieved when the patient internalizes the need for self-change (McCarley, 2009). I think about helping patients defend themselves. Nurses need to provide a holistic approach while providing care. In this paper, we will explore not only my philosophy, but also my assumptions and concepts that shape my practices. I discovered in my case that I was treating not only patients, but their families, and the communities in which they live. For example, a 43-year-old male patient comes to the clinic for a sick visit. His social history tells us that he works at a major airport and is married with two young children at home. The medical history has hypertensemia, but otherwise it is healthy. After evaluating the patient, he received influenza A determination. My job is to educate him on managing his symptoms and how he can prevent the spread Words: 1544 - Page: 7 Premium Essays... Expertise: Improving nurse training on the subject of breastfeeding NURSE 3100 Professor Garcia Without breastfeeding, infants lose valuable health and nutritional benefits. Mothers are also likely to develop serious complications derived from labor. Through proper training nurses, encourage new mothers to breastfeed and be more competent in education. The purpose of this paper is to explore and define the subjects, roles and philosophies of Aurora University's College of Nursing. These topics, roles and philosophies are important because they provide knowledge based on a nurse's professional career. These primary nurses are better prepared to educate the community of women on breastfeeding. Nursing expertise: Improving nurse training on the topic of breastfeeding in nurses in professional nursing is expected to play a philosophy, theme and role in the field of nursing. Aurora University's College of Nursing explains the importance of topics, roles and philosophies to help students one day provide exemplary care to patients. Without a full understanding of the subject and role of nurses, students will not be able to provide competent care. The role of nurses can be applied in many areas. In particular, it is one of the areas that educates women about breastfeeding. In order for nurses to fully educate new mothers about breastfeeding, nurses must first undergo appropriate training... Words: 3875 - Page: 16 Premium Essays ... Compass ethics, a field of philosophy, means value to human behavior, taking into account the right and wrong of actions and motives. Because the nursing profession is an integral part of the healthcare environment, nursing ethics provides insight into the values and ethical principles governing nursing practices, behaviors and relationships. The Nurse Code of Ethics adopted by the American Nurses Association (ANA) is intended to provide clear practices and standards of conduct that are essential to the ethical discharge of nurses' responsibilities (American Nurses Association, 2012). Nurses foster personal ethics through personal, cultural, and spiritual values that become a moral compass for work ethic. Personal ethics, combined with the Code of Ethics, often help nurses make personal and social decisions during ethical dilemmas. This ability urges us to respond better to the needs of suffering patients and their own well-being. The paper will discuss the nurse's individual worldview and nursing philosophy, which contributes to her personal, cultural and spiritual values, and the moral and ethical dilemmas she faces in this profession. Christian middle class values that contribute to the worldview and nursing philosophy of individuals born into South American families, strict traditional values help to include concepts of service, trust, respect, integrity and accountability through family, friends, education and education Words: 1982 - Page: 8 Premium Essays ... For several years of training preparation in 2013 I have been asking myself and many colleagues in different fields of background, education and practice. Is there a difference between having a bachelor's degree in nursing (BSN) and an associate's degree in nursing (ADN)? I received a variety of answers. Some of the answers seem to be that there are more theories with bachelors, they get paid more, help get into management, depend on circumstances and experience and will make nurses better - no matter your degree. Besides the obvious of the long length of training and high costs in getting a higher degree, what are many employers now preferring and asking employees to at least have BSN? Right now, I am looking for research that is being done and ongoing through many schools and institutions. These findings have been increasing. I found some differences between ADN and BSN training nurses. I will discuss a few of them here. The similarities between BSN and ADN are similar in both ADN and BSN and can work in many roles. They are good at caring for the sick, promoting and maintaining their health, have the same nursing philosophies and teachings, and have many hands on technology. Both are eligible to pass the same NPLEX licensing exam. ADN's training is affordable and accessible, preparing nurses for competent technical bedside care. Both students experience a lot... Words: 1071 - Page: 5 Premium Essays ... Personal Care Philosophy My personal definition of nursing will always take patients to the highest level of health that can be with them, integrating family, environment and belief/culture with a high level of critical thinking. The American Nursing Association defines health and ability as protection, promotion and optimization, disease and injury prevention, pain relief through diagnosis and treatment of human responses, and care of individuals, families, communities, and populations (ANA, 2012). The quality of care can be the difference between life and death. Nurses serve as the primary architect of the entire health team to provide the backbone of care to patients and ensure that everyone is on the same page of care while advocating for them. Nurses are at the heart of primary education for patients and families, providing continuity of care and maintaining health. When developing a personal philosophy, it is important to recognize values, beliefs, strong characteristics, and more weaknesses to catch possible mistakes. Neither theory works for all settings or patience, and does not apply perfectly to individual values and beliefs. Philosophy From each nurse's faith to evolving life and reality (Edwards, 1997). To draw a good nurse is to imagine someone who has mastered the art of caring ... Words: 1062 - Page: 5 Premium Essays... The nursing philosophy identifies what is considered a basic or central phenomenon of training, relates nursing to a particular worldview, and provides some information about how you can learn about the world. (p. 13, Salisbury, 2008). My personal philosophy of nursing has developed over the years and includes my observations, beliefs, thoughts and practices. The purpose of this paper is to discuss my personal philosophy of nursing and the personal and professional experience that has contributed to the development of my perspective on nursing. 199-4 was an important year for me, it was the year I started volunteering at a local children's hospital. I read to children ages 4 to 14 who had smiles on their faces and on my face. Not only did I want to make these kids feel better, but I also wanted to see that their illnesses, whether in the short or long term, didn't define who they were or what they could be. So I used my skills as an educator to mentor while I was in the hospital, continuing my studies. Bringing education and healing together was a life-changing experience, and I realized that nursing was my real calling. Traditionally, nurses were considered caregivers. In today's world, the image of the nursing profession changes as nurses perform many different roles: patient advocates, educators, managers, team members, progressers, and professionals. (Cherweke, 2006). I believe caring is the basis of things... Words: 791 - Pages: 4 Premium Essays... Amber Horne Professor Pascoe Comp 12, September 2012 Personal Philosophy of Nursing The American Nurses Association defines nursing, protection, ability, prevention of diseases and injuries, relief of suffering through diagnosis and treatment of human responses, advocacy in the treatment of individuals, families, communities, and populations. (American Nurses Association, 2004, p. 7) There is a lot going on in nursing. There are many core, focus, vision and philosophy of nursing. In my opinion, there are many key points of nursing. So, I'm going to discuss a few different cores of nursing. One key to nursing is providing quality care to the needs of patients and families. You can do this through training, training, and listening. The second key to nursing is patient education. Regardless of what medical condition or injury the patient is being treated for the success of the recovery process, patient education will be greatly affected by how well educated the patient is about what they suffer. Nurses to Patients (Rights Health Community, 2008) And how to manage your daily life. The last core of nursing is love and passion for others. If you don't have love and passion for others, why is there one of nursing? Without love and passion, patient outcomes are affected. You can show your love and passion in a variety of ways. One way to show love and passion is to take the time to talk... Words: 798 - Page: 4 Free Essays... Highly trained or nurses. As part of our commitment to maintaining recommended standards and practices, the core curriculum is based on the fundamentals of the Perry Surgical Nurses Association (AORN). During the first two weeks, students started training in a classroom setting that introduced the basic concepts of OR. Over the next six weeks, students will participate in a simulation lab of what they have learned in a classroom setting. Demonstrate mastery with a return demo before pointing through the OR suite. Once in the unit, MAPP students are allowed to be substituted for the rest of the training and operate independently through direct supervision by their preceptor. Philosophy Philosophy... Words: 1993 - Page: 8 Premium Essays ... Influential N-460 Leadership for Changes in the Healthcare Philosophy of Nursing Referral: The American Association of Colleges of Nursing (AACN) embodied the view that values are beliefs or abnormalities that individuals are committed to and reflected in patterns of behavior. Professional values are the foundation of practice. They guide you through your interactions with patients, colleagues, other professionals and the public. Value provides a framework for commitment to patient welfare, which is fundamental to professional nursing practices (AACN, 1998, p. 8). Throughout the previous course course, we explored various concepts, frameworks, and theories in previous courses. This senior course will continue to explore these concepts, focusing on process outcomes that include effectively communicating with individuals and aggregates in a variety of environments, applying ethical frameworks, principles, code, and professional practice standards to clinical decision-making and professional behavior, and the integration of disciplinary frameworks to conduct reflexive self-assessments to demonstrate the attitudes and behaviors of responsible members in the profession and community.

This expedition continues throughout the senior year of study, which affirms, changes and/or extends the philosophy of developing this semester. Result: You will succinctly clarify the personal philosophy of nursing, clearly reflecting that of American nurses Words: 839 - Page: 4 Premium Essays ... The Philosophy of Nursing Lindsay Presswood, RN Georgia Southern University Spring 2012 Nursing Philosophy of Nursing A Philosophy is a man's value statement consisting of a person's value statement ideology and characteristics of a person. My personal view is that philosophy is strongly influenced by a person's upbringing, life experience, and is a moral belief that evolves in the realm of life. There are different opinions and statements that can define philosophy. My philosophy on nursing is based on a firm belief that integrity, honesty and heart must always be maintained to help the health of sick and those in need, and my personal bias is only the right of a prudent nurse. To be a strong and careful nurse is to respect the needs of patients more than they need to. Nursing is the foundation of the practice of medicine in our country. We share one definition of philosophy under Yoder Weiss: The Nursing Philosophy Statement outlines our vision, values and beliefs about the practices of nursing and the delivery of patient care within the organization. Philosophy statements are used daily to guide the nursing practices of various nursing units. (Yoder Weiss, 2011, 282) As I mentioned in my original philosophy, being a strong, careful nurse who puts patient needs first is part of the nursing philosophy. Concepts and beliefs when I mention that I should place one in my philosophy Words: 1040- Page: 5 Premium Essays... Personal Philosophy of Nursing Cindy Lucas Jacksonville University November 12, 2012 The personal philosophy of nursing is not just a profession, it is a higher calling. The amount of work, time and emotion that goes into nursing practices keep nurses at a much higher level than the average nine to five office jobs. Nurses should be proficient in anatomy, physiology and the background of the way drugs and diseases work. Nurses should also combine that knowledge with a sharp critical thinking ability and unconditional compassion for humanity. Every nurse is unique in their own way, but I hope the value in my daily life can affect the way I perform while working as a practice nurse. The same theme seems evident in most nursing philosophies; Care, health and wellness, environmental and clinical excellence through education. When I think about what my philosophy of nursing is, I find that being a nurse incorporates these aspects of nursing into my personal values. My personal belief system has always been that nurses should have strong ethical and moral values, a passion for care, and a commitment to a lifelong education. Ethical and moral values are one of the biggest challenges in nursing and how to properly integrate their values and beliefs into professional practice. The main commitment of nurses is to the patient and to the patient's family. Patient respect,..... Words: 1450 - Page: 6 Premium Essays ADN and BSN Prep Nurse Patricia Walker between Grand Canyon University: NRS-430V April 27, 2013 There are many changes in health care today. Among these changes are initiatives for all associate degree and diploma degree registered nurses to strengthen education and return to school to earn a bachelor's degree. Proponents of this initiative believe there should be a level of entrance into the nursing profession. The Diploma and ADN Nursing Programs focus on teaching nursing skills and technical skills to provide basic bedside patient care. The bachelalaureate degree program focuses on the history of nursing and the theory of guiding nursing into the profession. Each program that enters the registered nurse's profession properly prepares students to implement safe and basic care, but the program is different in that the Barberolea degree program extends to the basic knowledge of nursing. It teaches students a deeper understanding of the history of nursing, how it came about, who was expected to be a nurse, and why. Leaders in the development of nursing history are studied, with their contribution to the nursing time line. Different theoretical models of nursing are learned and the philosophy of each model is discussed. This brings to a deeper understanding of the many roles nurses have in our society today. Graduates of entry-level nursing programs (Zcalorea..... Words: 926 - Page: 4 Premium Essays... Running Head: My Nursing Ethics My Nursing Ethics Grand Canyon University Ethics Decision Health Care NRS-437V July 21, 2011 There are several factors that contribute to anyone as an individual as a nursing ethics human being. We are all shaped by our perceptions, reasoning and judgments about people and situations that affect our personal experiences, memories, feelings, and knowledge. The collection of these factors form the basis of an individual's ethical philosophy. Personal philosophy, or worldview, guides action and is a source of inspiration and motivation. As a nurse, it is essential to consider the client's worldview as the basis for their reality and will affect their health perspective and is necessary to provide a holistic plan of care. In order for professional nurses to provide such care, it is essential to develop a moral compass (Birkhardt and Nathaniel, 2008) to have an awareness of the factors that influence their worldview. According to Webster's New Millennial English Dictionary, my professional moral compass is everything that serves to guide a person's decisions based on morality or virtue (Moral Compass, 2011). My personal moral compass is overseen by a variety of inspirations, passions, and values that are essential to my happiness. family, laughter, integrity, mercy, honor, Work hard, serve others, self-foster, compassionate, and... Words: 937 - Pages: 4 4