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## How to write a rationale for an essay

Position papers. Convincing arguments. Debate topics. Whether you attend college on campus or you are striving an online degree, at some point, you will need to write at least one convincing essay. Also called a position paper, a convincing essay is a short-length composition in which you force the audience to share your stance by presenting convincing evidence and a clear explanation that effectively supports your position. While social media makes it easier than ever for us to sprout our opinions, instead a solid word Tweet isn't really the same as building a constituent, successful, and convincing argument. With that in mind, we offer some quick tips that will set you offline. Everyone loves a good story, but that's not what you're trying to write here. Avoid uncertainty, ambidness and surprise ends. Your audience should fully understand from the beginning where you stand and what you intend to argue. If your reader should guess your position, you've already lost them. Clearly set your position from the beginning, and restate it as you go along. Use a strong and clearly worded thesis statement in your opening paragraph, and continue to use it as a reference point if you develop your argument. If you want to insuar outrame an audience with your argument, they should follow it. If your writing doesn't have organization, it's not going to happen. Organization begins with a clear, argumentative thesis statement (as mentioned above). This should be your point of regard for the whole paper. From there, your writing should develop the argument in a logical format, anchored in evidence, analysis and counterargument. Don't try to do it from the top of your head. Create a breakdown in advance that identifies your thesis statement, list large points, name evidence-based support points, and get acquainted with potential counterarguments. Use it as your model while you work. Not sure where to start? Contact your school writing centre. The tutors there can help you develop an airtified outline. This rule applies to any schoolwork: you tend to do your best job in the areas where you have the greatest interest. Arguing is no different. If you have the choice, choose a topic you are passionate about. You are much more likely to direct a good argument if you feel like you have some proverbial skin in the game. If you don't have your choice of topic, that's fine. Research what you are awarded, find a way to link it to your passions, and develop a real sense of ownership in the argument. But even if you channel your passion, keep your emotions in check. Don't let anger or prejudice get in the way of a compelling argument. All writing was written to someone. After all, writing is a medium for With that in mind, it is necessary to consider your audience. Yes, your professor will It. But he or she is not actually the intended audience. Think of who the writing actually is? More specific: Who are you trying to insuarse? Each audience has its own unique needs and needs. What can work with one audience can fall completely flat with another. Dream a hypothetical audience. Perhaps you're talking to middle-aged conservatives, or perhaps a soothing of liberal undergraduate millennials. Write to convince them, not your professor. In doing so, you'll develop an argument that can actually function in the real world. The essence of any strong argument is solid evidence. The idea that you can falsely work your way through a convincing argument only until you encounter someone who actually understands the subject. Heads: that's why your professor was hired. If you want to write a successful convincing argument, you need to do your research. You need to understand the topic of various angles. You should also be able to provide enough evidence for your claims as well as expect potential counterarguments. It is also best when your evidence comes from various forms of reliable acquisition, so strive for a mix ture of peer-reviewed academic studies, ethical news media, historical examples, and knowledgeable opinions. Do not rely on unfounded assumptions and don't fudge data in favor of your argument. Tell it as it is. Get to know your school library. Better yet, learning your research knows libraries, if they can be tremendously useful. Not sure how to quote sources? Consult the Purdue OWL for free style guides. Bonus tip: Here's a very bad feeling: To find out that your argument is unkeptable the night before your paper is due. Taking the time to do quality research early can prevent this catastrophe from happening. Opinions are rubs. Arguments, however, stem from opinions. That's why we structure arguments in the first place because we have opinions. The key is that you should support your argument, with the above research, logic, and organization. Don't be satisfied to name just a point and expect it to win your audience wholeheartedly. Offering your argument, supporting it with strong proof, analyzing that evidence, and constantly developing a sense of why, what, and how it all together make your stance the correct one. Successful arguments build on three essential rhetorical components: logos (logical reasoning); pathos (passionate reasoning); ethos (ethical reasoning). We have already covered logos and pathos above, but ethos needs to be addressed. If you make a convincing argument, you have an ethical obligation not to manipulate or deceive your audience. Your argument should be accurately consumed, without relying on fallacies, misinformation, fear tactics, or any other rhetorical device that can somehow deceive the audience to agree with you. You must confident with your audience. And for some tips on avoiding a flawed argument that your professor will see right through, check out 15 Logical Fallacies You should know before you get into a debate. Although these tips are not complete, they should help you get your foot while you work on a convincing essay. Remember, above all, you must own your argument, and these tips should help you approach the task with confidence. Of course, you will write a lot more than just convincing essays in college. For more tips, tricks and links, visit The Writing Lab! Last updated on: October 18, 2018 Last updated on November 4, 2020 Are you someone who likes to grow? Do you constantly seek to improve yourself and get better? If you do, then we have something in common. I am very passionate about personal growth. It was only 4 years ago when I discovered my passion for growing and helping others grow. At that time, I was 22 and in my final year of university. As I thought about the meaning of life, I realized there was nothing more meaningful than pursuing a life of development and improvement. It is by improving ourselves that we get the most out of life. After a year and a half of actively pursuing growth and helping others grow through my personal development blog, I realize there is never an end to traveling self-improvement. The more I grow, the more I realize there's so much out there I don't know, so much that I need to learn. For sure, there is always something about ourselves that we can improve on. The human potential is unlimited, so it is impossible to reach a point of no growth. When we think we're good, we can be even better. As a passionate assistant of growth, I am constantly looking for ways to self-improve. I have compiled 42 of my best tips that can be useful in your personal growth journey. Some of them are simple steps that you can engage immediately. Some are bigger steps that have conscious efforts to act. Here they are:1. Read a book every day. Books are concentrated sources of wisdom. The more books you read, the more wisdom you expose yourself. What are some books you can start reading to enrich yourself? Some books I've read and found are Thinking and Growing Empire, Which Shifted My Cheese, 7 Habits, The Science of Empire and The Life of the 80/20 Way.When you read a book every day, you will feed your brain with more and more knowledge. Here are 5 very good books to read for self-improvement:2. Learn a new language. As a Singapore Chinese, my main languages are English, Mandarin and Hockey (a Chinese dialect). From interest, I have language courses in recent years like Japanese and Bahasa Indonesian.I have realized learning a language is a whole new skill completely and the process of knowing with a new language and culture is a whole new skill a mind-opening experience.3. Count a Hobby. Beyond just your usual favorite hobbies, is there something new you can pick up? Any new sport you can learn? Examples are fencing, golf, rock climbing, soccer, canoeist, or ice skating. Your new hobby can also be a recreational hobby. For example, lingerie, Italian cooking, dancing, wine appreciation, web design, etc. Learning something new requires you to stretch yourself in different aspects, or physically, mentally or emotionally. Here are 20 hobbies around you some new 20 Productive Hobbies that will make you smarter and happier.4. Record a new course. Is there any new course you can join? Courses are a great way to gain new knowledge and skills. It doesn't have to be a long-term course - seminars or workshops also serve their purpose. I was at some workshops and they helped me get new insights that I hadn't considered before. In fact, anyone who wants to be a smarter learner must take this 20-minute FREE class: Spark your learning genius. This will help overload your learning ability and pick up any skill faster!5. Create an inspirational room. Your surroundings set the mood and tone for you. If you live in an inspirational environment, you're going to be inspired every day. In the past I didn't like my room at all, because I thought it was messy and dull. A few years ago I decided it was the end of it - I started with a Mega Room Renovation project and hastily hurred my room. The end result? A room I completely enjoy getting in and inspiring me to be at my peak every day. Photo credit: Source6. Overcome your fears. All of us have fears. Fear of uncertainty, fear of public speaking, fear of risk... All our fears keep us in the same position and prevent us from growing. Recognize that your fears reflect areas where you can grow. I always think of fears as the compass for growth. If I have a fear of something, it represents something I still address, and to address it helps me to grow. Learn how to overcome your irrational fears (it stops you from success).7. Level your skills. If you've played video games before, especially RPGs, you'll know the concept of leveling - gaining experience so that you can be better and stronger. As a blogger, I constantly level my writing skills. As a speaker, I constantly leveling my public engagement capabilities. What skills can you level?8. Wake up early. Wake up early (say, 5-6am) was recognized by many (Anthony Robbins, Robin Sharma, among others self-help gurus) to improve your productivity and your quality of life. I feel it's because when you wake up early, your mindset is already set to continue the momentum and live proactively the day. Not sure how to wake up early and feel energetic? These ideas will help: How to and be happy every day when you wake up 9. Have a weekly exercise routine. A better you start with in better physical form. I personally make it a point to jog at least 3 times a week, at least 30 minutes each time. You may want to mix it with jogging, gym lessons and swimming for variation. Check out these 15 Tips to restart the Exercise Habit (and how to keep it). Photo credit: Source10. Start your life textbook. A life handbook is an idea I started 3 years ago. Basically it is a book that contains the necessities about how you can live your life fully, such as your purpose, your values and goals. Kind of like your tutorial for your life. I started my life textbook since 2007 and it was an important enabler in my progress.11. Write a letter to your future self. What do you see yourself as 5 years from now? Will you be the same? Different? What kind of person will you be? Write a letter to your future self - 1 year from now will be a good start - and seal it. Make a date in your calendar to open it 1 year from now. Then start working to become the person you want to open that letter.12. Get out of your comfort zone. Real growth comes with hard work and sweat. Being too comfortable doesn't help us to grow, it makes us stagnate. What is your comfort zone? Do you stay in most of the time? Do you stick to your own space when you are with other people? Shake up your routine. Do something else. By exposing yourself to a new context, you literally grow when you learn to act in new circumstances.13. Put someone to a challenge. Competition is one of the best ways to grow. Set a challenge (weight loss, exercise, financial challenge, etc.) and compete with an interested friend to see who first reaches the target. Through the process, both of you will have more than you were to put on the target alone.14. Identify your blind spots. Scientifically, blind spots refer to areas that our eyes are unable to see. In personal development terms, blind spots are things about ourselves we are oblivious to. Discovering our blind spots helps us discover our areas of improvement. One exercise I use to discover my blind spots is to identify all the things/events/people that trigger me in a day - trigger what means feel irritated/strange/affected. It represents my blind spots. It's always fun to do the exercise because I discover new things about myself, even though I already think I know my own blind spots (but then they wouldn't blind spots they?). After that, I work on steps to address them.15. Ask for feedback. As much as we try to improve, we will always be blind spots. Asking for feedback gives us an additional perspective. Some people to approach will be friends, family, colleagues, boss, or even acquaintances, as they will have no predetermined bias and their feedback. Learn more about asking feedback and become a quick learner here!16. Stay focused on to-do lists. I start my day with a list of tasks I to

complete and it helps me stay focused. By comparison, the days when I don't, end extremely unproductive. For example, part of my to-do list for today is to write a guest post at LifeHack.Org, and that's why I write it now! Since my work requires me to use my computer all the time, I use Free Adhesive notes to manage my to-do lists. It's really easy to use and it's a freeware, so I recommend you check it out.17. Set Great Hair Audacious Goals (BHAGs). I'm a big fan of setting up BHAGs. BHAGs extend you beyond your normal capacity because they are great and audacious – you won't think of trying them normally. What are BHAGs that you can start on, what you will feel absolutely on top of the world once you complete them? Set them and start working on them. Learn how to use SMART goal to become highly successful in Life.18. Recognize your mistakes. Everyone has errors. What's most important is to understand them, recognize and address them. What do you think are your mistakes? What are the mistakes you can work on now? How do you want to address them?19. Get into action. The best way to learn and improve is to take action. What is something you meant to do? How can you take action on it immediately? Waiting gets nothing done. Taking action gives you immediate results to learn from.20. Learn from people who inspire you. Think of people you admire. People who inspire you. These people reflect certain characteristics that you also want for yourself. What are the qualities in them that you want for yourself? How can you obtain these properties?21. Close a bad habit. Are there any bad habits you can lose? Sleepovers? Not exercising? To be late? Slouching? Nail bites? Smoke? Here are some great advice from Lifehack's CEO about hacking your habit of breaking bad habits and building good ones:How to break a habit and hack the habit Loop22. Cultivate a new habit. Some good new habits to cultivate include reading books (#1), waking up early (#8), practicing (#9), reading a new personal development section per day (#40) and meditated. Is there any other new habit you can cultivate to improve yourself? If you wonder how to keep good habits, check out these tips: 18 Tricks to make new habits Stick23. Avoid negative people. As Jim Rohn says, you are the average of the 5 people you spend the most time with. Wherever we go, there is bound to be negative people. Don't spend too much of your time getting them if you feel they drag you down. Not sure who are the toxic people in life? This article can help you: 10 toxic persons you just need to get rid of 24. Learn to deal with difficult people. There are times when there are difficult people you can't avoid, such as at your workplace, or the person is part of your inner circle of contacts. Learn how to handle it. These people manage management will go a long way to working with people in the future:How to deal with negative People25. Learn from your friends. Everyone has amazing features in them. That's how we want to tap into them. With all the friends surrounding you, they're going to have things you can learn from. Try thinking of a good friend at the moment. Think of just one quality they have what you want to adopt. How can you learn from them and adopt this skill for yourself? Talk to them if you need to. For sure, they will be more than happy to help!26. Start a journal. Journal is a great way to get better self-awareness. This is a self-innings process. As you write, explain your thinking process and read what you wrote from a third person's perspective, you get more insights about yourself. Your journal can be private or an online blog. I use my personal development blog as a personal journal too and I have learned a lot about myself through the last year of blogging.27. Start a blog about personal development. To help others grow, you must first walk the talk. There are expectations of you, both of yourself and others, that you should maintain. I run The Personal Excellence Blog, where I share my personal journey and insights on how to live a better life. Readers look at my articles to improve themselves, which enforces me that I have to keep improving, for myself and for the people I reach out to.28. Get a mentor or coach. There is no faster way to improve than let someone work with you on your goals. Many of my clients approach me to coach them in their goals and they achieved significantly more results than they worked alone. If you're looking for a mentor, don't miss these tips: What to look in a Good Mentor29. Reduce the time you spend on chat apps. I realized that chat apps open by default result in a very wasted time. This time can be spent much better on other activities. The days when I'm not on chat, I get a lot more done. I usually disable the auto start-up option in the chat apps and start them when I want to chat and really have the time for it.30. Learn chess (or any strategy game). I found chess is a tremendous game strategy to learn and hone your brain power. Not only do you have fun, you also get to exercise your analytical skills. You can also learn strategy from other board games or computer games, such as Othello, Chinese Chess, WarCraft, and so on.31. Stop watching TV. I didn't watch TV for pretty much 4 years and it was a very liberating experience. (Here are 10 reasons to turn off your TV) I realized most of the apps and ads on mainstream TV are usually of lower consciousness and not very empowering. In return, the time I liberated from not watching TV is now use for other purposes, such as connecting with good friends, doing work enjoy, exercise, etc.32. Start a 30-day challenge. Set a goal and give yourself 30 days to achieve it. Your goal may be to stick with a new habit or something you've always wanted to do, but don't have.30 days is just enough time to strategy, plan, get into action, review and nail the goal.33. Meditate.Meditation helps you calm down and be more aware. I also realized that during the nights when I meditate (before I sleep), I needed less sleep. The clutter cleaning process is very liberating. Have a try with this 5-minute Guide to Meditation: Everywhere, Anytime.34. Join Toastmasters (Learning Public Speaking). Interestingly, public speaking is #1 fear in the world, #2 to be dead. After I started public speaking as a personal development speaker/coach, I learned a lot about how to better communicate, present myself and engage people. Toastmasters is an international organization that trains people publicly speaking. Check out the Toastmaster clubs closest to you here.35. Befriend top people in their fields. These people have achieved their results because they have the right attitudes, skill sets and know-how. The better to learn than from the people who were there and did it? Get new insights from them about how you can improve and achieve the same results for yourself. Let go of the past. Is there any grievance or unhappiness from the past you've cling to? If so, it's time to let it go. Stick to them prevent you from moving on and become a better person. Break away from the past, forgive yourself and move on. Just recently I finally move on from a previous sadness of 5 years ago. The effect was liberating and very empowering, and I've never been happier.37. Start a business venture. Is there anything you have an interest in? Why not turn it into an enterprise and make money while learning at the same time? Starting a new enterprise requires you to learn business management skills, develop business skills and have a competitive advantage. The process of starting and developing my personal development business has equipped me with many skills, such as self-discipline, leadership, organization and management.38. Show kindness to people around you. You can never be too friendly to someone. In fact, most of us don't show enough goodness to people around us. Being friendly helps us cultivate other attributes such as compassion, patience and love. If you return to your day after reading this article later on, ironing out more kindness to the people around you, and see how they react. Not only that, see how you feel when you behave friendly with others. Chances are, you'll feel even better than yourself.39. Reach out to the people who hate you. If you ever stand for something, you're going to get haters. It is easy to we hate. It's much more challenging to love them back. Able to forgive, let go showing love to these people requires greatness and an open heart. Is there someone who doesn't like you or hatred in your life? If so, reach out to them. Show their love. Seek a resolution and get closure on previous grievances. Even if they refuse to mutually refuse, they all love the same. It is much more liberating than hate them back.40. Take a break. Have you worked too hard? Self-improvement is also about recognising our need to take a break to walk the longer mile ahead. You can't drive a car if it has no gasoline. Scheduling off time for yourself is important. Take some time off for yourself every week. Relax, rejuvenated and lift yourself up for what lies ahead.41. Read at least 1 personal development section per day. Some of my readers make it a point to read at least one personal development article every day, which I think is a great habit. There are many tremendous personal development blogs out there, some of which can watch here.42. Commit to your personal growth. I can write list articles with 10 ways, 25 ways, 42 ways or even 1,000 ways to improve yourself, but if you have no intention of committing to your personal growth, it doesn't matter what I write. Nothing is going to get through. We are responsible for our personal growth — not anyone else. Not your mother, your father, your friend, me or Lifehack.Make the decision to commit to your personal growth and embrace yourself to a lifelong journey of growth and change. Kick off your growth by selecting and working on some of the steps above. The results may not be immediate, but I promise you that as long as you keep taking it, you will start seeing positive changes in yourself and your life. So here you are, 43 fixed ways for self-improvement. Choose one or some to start doing today. If you want to see yourself improve, you should take some actions. More Self-Improved TipsFeatured photo credit: Unsplash via unsplash.com unsplash.com

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