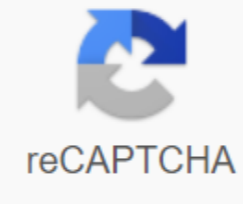




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Boy scouts family life worksheet

Thoughtful communication and teamwork are essential foundations of a happy family. Earning the Eagle-required Family Life Merit Badge helps you discover the roles you play and patterns that you exhibit in your home. Hopefully you will bring your family closer together along the way! In this guide, I'll introduce thoughtful questions to help you answer all the knowledge requirements for family life and fill out your performance badge worksheet. Take the time to think through your answers and connect with your family members. One day you could use what you've learned here to build your own family ☺Before we start earning other Eagle-required performance badges, I'd recommend checking out my difficulty ranking guide for each Eagle-required badge. There you will also find the links to my other performance badge guides, as well as a description and summary of the requirements of each badge. I'm sure this resource will be helpful for Scouts on their way to Eagle! Also remember that ScoutSmarts should only serve as a starting point for heritage badge research. At school, we are taught not to plagiarize, and the same goes for scouting worksheets. Answer these questions in your own words, continue researching, and I promise you that you will win much more of every badge of merit you earn! It's time to get started. Thoroughly read every requirement of family life merit badges. Then put your mind cap on because we are about to unravel the roles you play in your family life. What are the requirements for family life merit badges? Create an overview of what a family is and discuss it with your performance badge consultant. Explain why families are important to individuals and society. Discuss how one member's actions can affect other members. Provide several reasons why you care about your family and discuss this with your parents or guardians and your performance badge counselor. Prepare a list of your regular homework or tasks (at least five) and run them for 90 days. Keep a record of how often you do each of them. Discuss with your counselor how your responsibilities have affected your family. With the consent of your parents or guardians and your performance badge counselor, you decide and carry out a project that you would carry out around the house that would benefit your family. Submit a report performance badge consultant that explains how the project benefits your family. Plan and run a project that involves your family's participation. After the project is complete, discuss the following with your performance badge consultant:5a. The goal or goal of the project5b. How individual family members participated5c. The results of the projectDo the following:6a. Discuss with your performance badge advisor how to plan and conduct a family reunion.6b. After this discussion, plan and perform a Meeting* to include:6b I. Prevention of drug abuse, including tobacco, alcohol and drugs, all of which have a negative impact on your health and well-being6b II. Understand the growing process and how the body changes and make responsible decisions in dealing with Sex6b III. How your tasks in requirement 3 contributed to your role in the 6b IV family. Personal and family finances6b V. A crisis situation in your family6b VI. The effect of technology on your family6b VII. Good etiquette and mannersdiscussion of each of these topics is most likely transferred to more than one family reunion. Discuss with your counselor your understanding of what constitutes an effective parent and why, and your thoughts about the role and responsibility of parents in the family.1 Create an overview of what a family is and discuss it with your performance badge counselor. Explain why families are important to individuals and society. Discuss how one member's actions can affect other members. The word family can mean different things for different people. Strictly speaking, a family is a group of people related by blood or marriage. For some, however, the definition of a family may extend to those they love or have close ties to. At its core, families are groups of people dealing with each other. Effective families give individuals a sense of security and belonging. Parents teach their children, and eventually the same children start their own family. In a way, a family is like a mini-society. Families are important to society because all members of our society are also part of their own family. If their family teaches them well, an individual in our society will contribute to others and act morally. That is why right families are so important for the development of the individual and the education of our society. Because families in our society are so connected, the actions of only one individual can create ripples that go far beyond themselves.2) Give several reasons why you are important to your family, and discuss this with your parents or guardians and with your performance badge counselor. Your family should love you unconditionally. Regardless of what you do or say, you will always be an important member of your family. To find specific reasons why you are important to others, you should first consider the roles you play in your family: Are you a sibling in addition to your parents' child? How about with a grandchild? Do you have pets - maybe you're also a caretaker? Every roll you play makes you important to someone else in your family. In addition to these roles that you embody, you now ask yourself, "What are you doing?" Do you have responsibilities or responsibilities in your family? Do your parents or siblings have expectations of you? What do you do every day to Your family? Your answers should give you many reasons why you are an important part of your family. After completing the brainstorming process, talk to your family members to see if they can add any reasons you haven't thought of yet.3) Prepare a list of your regular homework or tasks (at least five) and complete them for 90 days. Keep a record of how often you do each of them. Discuss with your counselor how your responsibilities have affected your family. The best way to meet this requirement is to think about tasks you're already doing. I'm sure you have far more than five homework that you do regularly! All you need to do now is print my schedule and make a note every time you finish a job. On the left is a picture of a printable PDF that helps you record your homework over a 90-day period. You can download your own copy by clicking the button below. ScoutSmart's 90-day family life chore plandownloadIf you're looking for inspiration for some homework you could add to your plan, here are some tasks I grew up doing: Set the dining table before every mealWash the car every monthCleaned my possessions from all over the houseEvery weekMovinglaundry from the washing machine to the dryer and folded clothesCleaned my pet cage daily When I was olderSometimes helped with cookingVacuumed the houseYou might think that work is just another way for your parents to do you extra work. However, regular tasks can have a positive impact on your family. Here are a few benefits of regularly doing homework: Paying for performing tasks can provide your parents with more money and freedom as you get older. You will learn the valuable skills you need to manage your own household in the future. Working together can help your family get closer. The routine execution of tasks shows your family that you are being held accountable. Your family works hard to educate you. Helping them to help the house will reduce their stress and make them appreciate it even more. Bonus ScoutSmart's Tip: When I was 14, I realized I was doing all these tasks for free! I wrote a long list of my regular assignments and then took them to my parents. We first talked about the homework I did regularly. Afterwards I asked if I could help pay for my own entertainment by for my work. They were surprised at how much I was doing and agreed to give me an allowance every week (15 dollars when all the tasks were done)! If you are working on this requirement, it may be worthwhile to apply for an allowance or an increase.4) With the consent of your parents or guardians and your performance badge consultant, and run a project that you would carry out around them. Would. home that would benefit your family. Submit a report to your performance badge consultant explaining how the project benefits your family. This project doesn't have to be too big, because requirement five will let you perform another project with the involvement of your family. Some of the things you could do to help your family and meet this requirement are: Create an organizational system for disorder: Is there a part of your house that always seems a bit messy? Create a field or kind of folder that contains the chaos. Then teach your family how to use the system so that the area doesn't become chaotic in the future! Make a useful article: Use your creativity to create a craft that will be helpful around your home. You could create something as simple as a decoration on your doorstep or as complex as an automatic wardrobe rack! Since every household is different, you should find a project that best suits you and your family. Create something you can be proud of and improve it over time. The ability to create things is one of the greatest skills you can develop in your life.5) Plan and execute a project that involves your family's participation. After completing the project, discuss the following with your performance badge consultant:5a) The goal or goal of the project5b) How individual family members participated5c) The results of the project Your parents may already have some projects in mind to improve home life. If you do not have project ideas, I would recommend asking them for suggestions. Here are some examples of fun home projects that would meet this requirement: painting or replacing your mailbox: It seems that mailboxes need more and more care. Replacing or painting your mailbox could be a big family project to do over the weekend. Plant a small herb garden: Do your parents cook? Getting a few pots of ordinary cooking herbs like oregano and parsley will be a great project to improve your home (watering the plants could also be an easy task). Cleaning and praising old items: If you're like me when I was a teenager, your room will probably be quite crowded. A great project for your family could be to clean your house while you go through all your stuff. Look for things you can donate or dispose of. Room conversion: Sick rooms in your house? With the help and permission of your parents to completely reorganize. See if your family can change the old room to create a fresh new look. The Sense The requirement is to work with your family and improve your

household. Don't see this as a task and have fun with every project you choose. Then ask your parents what they like about the project and include their comments in your performance badge report.6a) Discuss with your performance badge consultant how to plan and run a family reunion. A family reunion should be planned a few days in advance time, with the agenda fixed in advance. If you are planning your own family reunion for this requirement, write a list of topics to be covered and ask. Here are some things to keep in mind when conducting your family reunion: Be respectful of your family member's opinions. Allow everyone who speaks to finish their statements before they speak. Use I feel statements instead of you statements to avoid confrontational. Relax and have fun. The goal of a family reunion is to promote improvement and connectedness.6b) After this discussion, plan and hold a family reunion* to include the following topics: Consider each topic and take note of the topics that are most relevant to your life and well-being. Since each family situation is different, I have included under each section a few conversation-start questions that you and your family can discuss during the meeting.6b I) Avoiding drug abuse, including tobacco, alcohol and drugs, all of which negatively affect their health and well-being Throughout life, you should always strive to avoid unhealthy addictions and bad habits. Substance abuse is a particularly toxic form of addiction that can negatively affect your relationships, as well as your mental and physical health. Consider the following questions with your family: Are you currently experiencing negative thoughts or emotions? What are your coping mechanisms? Will these actions help you in the long run? Do you know someone who has a substance abuse problem? How can this topic harm the people around them?6b II) Understanding growing up and how the body is changing, and responsible decisions in dealing with gender changes are a natural part of growing up and are not something to be ashamed of. By being aware of the changes your body will experience and making responsible decisions when dealing with sex, you will be able to avoid long-term consequences. Why is safe sex important? What are some of the consequences of unprotected sex, and how can these affect your plans in life. How should your body change in the next few years? How is your family willing to assist you in making these changes?6b III) How your tasks in Requirement 3 contributed to your role in the family Complete tasks without complaint is a great way to be a valued citizen in your household. Think about the tasks you did in requirement three. How do you have the tasks you have facilitates the lives of your family members? What tasks do you do regularly? Why is it important that every household member contributes to their family?6b IV) Personal and family finances A household must have a balanced budget like a country in order to be able to work effectively. This means that every family member should be on the same page, should spend every month: How does your family track their finances? What are some of the biggest expenses your family is spending? Has your family saved enough in an emergency? Does your family remember to give something back to their community in terms of time or money?6b V) A crisis situation in your family In the event of a crisis, every scout knows that they should be prepared. Preparing for a family emergency is no different. What disasters could your family experience? How would you prevent or mitigate these problems? In the event of an unexpected misdemeanor, how can you ensure that your other family members are cared for?6b VI) The impact of technology on your family is playing an ever-increasing role in the lives of many Americans. However, if we are abused, technology can actually make us less connected. Set limits on your use of electronics, and you'll be able to promote a much happier and more connected family. Have you noticed that family members spend an excessive amount of time on their technology? How much does the use of technology cost too often? What electronic policies can your family all accept now? How could this policy help your family get closer?6b VII) Good etiquette and manners are important ways to show respect for others. In order to be taken seriously, others must also be taken seriously. Practice these habits and you will honor your family. Is everyone in your family treated with respect? How would each family member be treated and addressed? How do you represent your family outside the house? Do you treat all other people with the same level of etiquette and respect? Why or why not?7) The discussion on each of these topics will most likely be transferred to more than one family reunion. Don't make your family reunion a one-off By regularly communicating and discussing important issues, your family can work together more effectively. Feeling 'heard' is an essential human need, so listen to your family members and help them, if possible, support them.8) Discuss with your counselor your understanding of what constitutes an effective parent and why, and your thoughts about the role and responsibility of parents in the family. After meeting the previous requirements, you should understand their role in your family. Take a moment to consider the role your parents play. Do you feel loved and encouraged by this? Do they challenge you? How could they improve their approach to connect better with you? The role of a parent is to prepare for happiness and success later in life. A parent should love their child unconditionally, but be steadfast in their discipline to raise a child. The most important skill a parent can have is empathy because it allows him to and help them to develop in a balanced way. What qualities do you want when you become a parent? How will you use what you have learned from your own family to raise future children you might have? Your answers to these questions will help you get a clearer picture of what it means for you to be an effective parent. Conclusion Great work that is read so far! I hope my guide has successfully prepared you to receive your family life income badge requested by Eagle. Taking responsibility for your role in your household is not easy, but it is worth it. Try to use what you have learned here to grow closer to your family, and I promise you that this will make you happier! ☺ Even if you're pushing to reach Eagle and haven't seen my difficulty ranking, you might want to pick some of my other Eagle-required performance badge guides. Anyway, thank you for being awesome and giving something back to your community through scouting. I hope to see you back here soon and get lucky on your scouting trip until next time! Travel!

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