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18 bike age

Children's bike size chart: either as a vehicle or simply fun - childhood and cycling go hand in hand. When buying a new children's bike, the size of the appropriate bike plays a very important role. To find it easy, we have prepared an easy-to-read children bike size chart selection (by height, by age, by inseam) for you. In addition, you can find the answer to the most urgent questions, so that your child can learn to ride a bike in the safest way. Children's bike size diagram at height Children's height (Feet)Child height (cm)Wheel size 2'9-3'185-90 cm10 inches 3'1-339 00-100 cm12 inches 3'3-3'7100-110 cm14 inches 3'7-3'8110-115 cm16 inches 3'8-4'0115-120 cm18 inches 4'0-4'5120-135 cm20 inches 4'5-inches 4'9135-145 cm24 inches 5 Feet and taller than 145 cm26 inches Kids bike size chart with inseam Measuring your child's inseam is the best way how to find the right bike size. The correct frame size is the only way to ensure that your child reaches the floor safely and easily with both feet at the lowest saddle height. Inseam length (Inches)inseam length (cm)Wheel size 12-1485-90 cm10 inches 14-1735-42 cm12 inches 16-12040-50 cm14 inches 18-2245-55 cm16 inches 20-2450-60 cm18 inches 22-25 55-63 cm20 inches 24-2860-72 cm24 inches 28 inches and longer72 cm and longer26 inches Kids bike size chart by age AgeSu2 years10 inches 3-4 years12 inches 4-5 years14 inches 5-6 years16 inches 6-8 years18 inches 7-9 years20 inches 9-11 years24 inches 11-14 years26 inches Inseam (step length) as a decisive factor By choosing a baby bike size the decisive factor is the inseam length (inner leg length) of your child. It describes the distance between the floor and the crotch and provides information on whether your child can still reach the floor with both legs at least saddle at the height of the child's bike (contact with the ball of the foot is enough!). This contact with the ground on both sides must always be ensured and is particularly important for the first driving exercises, as it ensures the safety that the child needs. Therefore, your child's height or age can only be an orientation factor when choosing a suitable bike for the child. Although children with normal development have a certain or narrow ratio between height and step length, you should definitely take steps and measure the inseam length yourself. You protect yourself and your child from annoying frustration. After measuring, look for a suitable bike size in a children's bike size chart. How to measure a child's step length To measure inseam, you need a criterion and a medium-sized book. Your child now stands with his back to the wall without shoes. Measure the distance between the floor and the crotch to get inside Length. Once you've measured the inseam, you can look up the appropriate bike size in the children's bike size chart with the inseam above. Which frame height should you choose for a baby bike? In general, children's bicycles are not given frame sizes, because we know them from bicycles for adults. The suitable size of children's bicycles, on the other hand, is usually determined by the size of the wheels in inches. See the baby bike size chart above. Bicycle saddle is also important in this context. It must be adjusted so that the child can touch the floor with both legs. This bilateral contact with the ground is extremely important as it ensures the safety that the child needs, especially during the first driving tests. What you should consider when buying a baby bike a baby bike that your kids don't like is not a good bike. For this reason, your child should choose their new bike wherever possible. This is the only way to ensure the enduring enthusiasm of bicycles. For maximum safety, you should also pay attention to a strong frame. This guarantees stable manageability, even if things become bumpy. In addition, durable wheels are often easier to maintain and less susceptible to defects. Good manufacturing and high quality components usually guarantee high driving comfort. It is also important that the whole bike matches your child's physiognomy. Because that's the only way to feel good in the saddle. How to choose the right frame and wheel size for your child's bike In general, the term for a children's bike applies to all bikes for children and teenagers. In particular, however, it can also apply to bicycles for children aged 6 to 8 years and then offers the original orientation when choosing sizes. To avoid choosing the wrong size when buying a child's bike, you can use different measurement methods and use the children's bike size chart above. The length of the step is used to determine the height of the frame. You can find this by placing your child against the wall with your back (if possible barefoot). Take the book and bring it to the foot. The distance from the bottom to the top of the book gives the length of the step. To determine the correct wheel size, you just need to measure the child's height. For example, if your offspring are between 95 and 100 cm long, the 12-inch wheel fits perfectly. If your child has more than 140 cm, you should choose a 26-inch puck. You will find a table where you can easily read the relevant wheel sizes in our online store. If you have any questions, please do not hesitate to contact our customer service. This equipment is a children's bike is almost everyone knows the problem: Your child always comes home with dirty clothes because pants or shoes have got into the chain. In this case, a chain protector is a remedy which, if possible, would be fully actors in the chain. It also reduces the risk of falling. In case of sudden distress, the child should be stopped immediately. This requires a strong front and rear pedaling brake. Make sure your child knows how to use both brakes correctly. In addition, children's hands must be able to easily achieve the brake levers. Especially if your child is outdoors in bad weather or in the dark, a baby bike needs a good lighting system with reflectors. It is important that the bike has a smooth running dynamo, which the child can activate independently without much effort. Does the children's bike have or don't have the castors? Did I know that the dynamic balance was not sufficiently developed with the use of the castors? This means that while the castors give the child a sense of safety, they delay rather than speed up the cycling learning process. For this reason, you should install such aids only on a children's bike in an emergency situation, for example, if your children do not dare to ride their children's bike because they are afraid of falling. By the way, you can train your child's sense of balance at an early age with a scooter or wheel. How can I carry my child's bicycle on an adult bike? If the small are not yet ready to ride a great bike tour, you can use a special stake system, trailing runner, to add a baby bike to the adult bike and drag it behind you. Advantage: Your child can pedal actively and is safe on the road. This is a great opportunity to introduce young people to cycling at an early age. When installing a stake system, special attention should be paid to ensuring that it is installed with the utmost care, as this is the only way to guarantee maximum safety. In case of doubt, leave the assembly with a specialist dealer. How important is the rear pedal brake on the baby bike? Bicycles for young children are usually equipped with a rear pedal brake. Younger children can use back-pedal brakes better and safer. Previously with 20-inch children's bikes, but mostly from 24 inches up, children's bikes are also offered with a switch and two handbrakes. In this case, the back pedaling brakes are usually no longer used. When is it point to use a switch system for a children's bicycle? If children can go on excursions with their parents, then the chain is useful. It is especially recommended to use a switching system for larger or more complex excursions. Let's put ourselves in such a situation: the terrain is impermeable and steep. If the baby bike does not have gear shifting, it is very difficult for your children to keep up with you. After all, older muscles are more pronounced and most adult bikes have gear. Clear benefits for parents and reason enough to provide small ones with help and more comfort. If wear protective clothing like a helmet? Yes, absolutely. Children should not only start wearing a helmet as soon as they move with their bike on the road. It is recommended that the child used to wear a helmet already in the child seat of your bike. This makes the helmet an issue, of course, when the child later climbs on the bike himself. And to be a good model, it is recommended that you wear a helmet too. Here is a good source to learn more about children bicycle helmets. Assessment of child motor skills From our own experience, we can advise parents to start with a suitable running wheel first. Although some children will get used to it immediately, others just push the bike a little. Children who are a little worried will not immediately sit down on the rolling wheel and start riding. It is important that you do not force the child to do something that he or she is not prepared to do. This would deprive the child of the pleasure of cycling from the start. Parents usually know the child best and know what he or she can do and which area is still in deficit. If children are with other children who are already riding a bike or riding a small children's bike, the child's interest will be much greater. Even though it is still a little scared, children among their peers have more confidence than adults. That's why the following tips are given when your child has difficulty learning to ride a bike or ride a bike: do not force your child get along with other children who like to ride a bikeo the right thing to determine the right size be very patient! What is the best way to teach my child how to ride a bike? Before children get on a bike for the first time, it is recommended that they first gain experience on a wheel or scooter. In this way, a sense of balance is trained, which is so important to cycling. This often raises the question of whether the castors should be used. Although they offer a greater sense of safety at the beginning because of their improved stability, the supporting wheels can delay or even prevent dynamic equilibrium. However, if your child encounters a lot of difficulty practicing for a long time or even develops a fear of driving, the supporting wheels may make sense. Should I push or pull my baby? To avoid crashes, many parents push their children's first attempts or hold the bike on the rear carrier. In many cases, the bike is simply pulled out. However, to give their children a sense of cycling, they would be motivated to ride a bike completely at their own at an early age. For example, you can easily push the bike from behind to give the child the necessary momentum for the first attempt. You can still intervene at any time if you think an accident is imminent. Make sure that your child always sits upright on the bike and that he or she Waiting. Background: If you run behind a bike, children tend to look for their parents. Here the accident is almost inevitable. It is better to spend your child on the side. In this way, the child focuses on what is in front of him, and you can intervene quickly in an emergency. Regular maintenance of the children's bike is essential, children's bicycles should also be used regularly to offer the greatest possible safety and maximum driving pleasure. Children's bicycles are intensively used and are often passed on to younger children in the family. As a result, they are naturally exposed to permanent wear. Of course, you can also perform simple tasks yourself, such as inflating tires or changing the pipe. You can do this with your child at best, because in this way he or she learns the technique of a bike at an early age. The specialist must do more difficult work, such as brake, transmission and steering, chain tensioning or mounting the supporting wheels. In short, measuring your child's inseam is the best way to find the right bike size. It describes the distance between the floor and the crotch. Knowing this measurement ensures that your child reaches the floor safely and easily with both feet at the lower saddle height. Your child's body height and age can also be important factors in choosing a suitable child's bike. After measuring, you can view a bicycle size chart (as shown in this article) to find the bike size that suits your child. To measure inseam, you need a criterion and a medium-sized book. (1) With your child standing with your back to the wall, align the book vertically on the wall between your child's feet (up to the crotch area). (2) Measure the distance between the floor and the spine book to determine the length of the leg. (3) Then, see the children's bike size chart with inseam (as above). The ideal children's bike has a durable frame that guarantees stable handling even during bumpy rides. The bike must also be made of high-quality ingredients and must match your child's physiognomy. Quick Links Links

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