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## Derma light spa sonic instructions

Light-based therapy for acne is not a novel. In-office-based photodynamic therapy (PDT) has been used by a dermatologist for years in the treatment of acne. This procedure involves applying photosensitizer to the skin, then a blue light source is used to illuminate the skin. PDT works by producing anti-inflammatory and antibacterial effects. Unfortunately, this procedure can be expensive (~\$200) and usually several treatments are required. In addition, there may be mild discomfort during treatment, and the photosensiter causes sun sensitivity up to 2 days after treatment. Recent studies have shown that blue and red LED lights alone, without photosensitizer, can be effective in the treatment of acne. From this, several handheld devices are now available on the market for personal use. Although they are not as powerful as office-based treatments, various studies have supported their effectiveness in treating mild to moderate acne. One of the ems is time consumption, as most devices take 3 minutes to treat part of the face (usually divided into both cheeks, forehead, and T zone), with at least 3-4 weeks of treatment for the best result. When shopping for these devices, look for ones that contain both blue (415nm) and red (633nm) light. There are more devices on the market that have only blue light, but I believe that the blue and red light together have a slightly better efficiency, which has also been reported in the literature. I personally have dermalight with Spa Sonic, which I purchased through Costco; however, it is also available on Amazon. There are many options, including those that actually have a face mask, which I think would be fun to wear (Neutrogena is the one often seen on her Instagram). Dermalight comes with 3 attachments of blue, red and green light. I purchased this brand because it was one of the few products that clearly listed the different wavelengths of light on the device. The advantage of dermalight is that each light source can be used independently (red light also has mild anti-aging benefits, and green light can help with dispigmentation, which is not so well studied). The disadvantage is that each procedure must be repeated with both blue and red light, maximizing the benefit of taking twice as long compared to some devices that come with both blue and red light in one. Personally, this device has somewhat helped me by reducing the amount of perimenstrual breakouts for me, but by no means does it cure acne. This device is not intended for monotherapy. This can be a great addition to everyone's mode; especially for those who are trying to get off oral antibiotics, or just want to increase with your current acne treatment. I would love to hear if you've tried this, if so, let me know which brand you want. Included functions of shipping and processing: safe and efficient Skin Types Three Removable Face Attachments Used for Acne, Fine Lines, and Dark Spots Derma Light LED Anti Age Device by Spa Sonic uses light therapy technology. This non-invasive, low-level and non-thermal light energy will help tighten the skin, reduce pores and improve the appearance of fine lines and wrinkles. Much more compact than regular light therapy products, it is designed for individuals who want to manage their own treatments and touch ups at home or when traveling. It works with 3 LED fixing heads (all included): Red and infrared lighting that activates skin cells and accelerates the natural growth of skin cells. This fastening head uses different light wavelengths that refer to the appearance of fine lines and wrinkles. Blue Light Therapy supplement addresses the underlying causes of acne. It helps fight acne-causing bacteria, reduce inflammation and provides rejuvenating effects on the skin. And green light therapy arrest is a non-irritating application to reduce hyperpigmentation and age spots. All light permees the skin layers of the skin to promote cell growth and rapid absorption of skin care products. Three removable facial attachments offer a variety of advantages: Red & Infrared Light: Red and Infrared Light Attachment activate skin cells and help support collagen production. This device uses different light wavelengths, which refers to the appearance of fine lines and wrinkles. Blue Light: Blue light attachment addresses the underlying causes of acne. It helps target acne-causing bacteria, reduces edema and provides rejuvenating effects on the skin. Green light: Green light arrest is a non-irritating application to reduce hyperpigmentation and age spots. Can be used with your favorite moisturizers Key Advantages: Safe & effective for all skin types Light therapy skin tightens & reduces the size of pores Smooths the appearance of skin Supports cut fine lines and dark spots for use on the face, Neck and Hand Includes: Red & Infrared LED Attachment Green Light Attachment Blue Light Attachment Dermalight Unit Universal Adapter Required Adapter Included Sold Out Gingerbread Train and Train Station Kit \$3290 \$3790 Save \$5 Sold Out Gingerbread House and Mini Village Kit \$3290 \$3,790 Save \$5 Sold Out Manna Titan Stainless Steel 1 Gallon Jug \$4995 \$5900 Save \$9.05 Essenza Ceramic Vase Ultrasonic Diffuser \$8999 \$10,499 Save \$15 Image Not AvailableColour: + EUR 40.07 Addl. CostsUS \$49.00Get to Tue, Dec 8 – Sat, Dec. 12 from Egg Harbor Township, New JerseyDermaLight by Spa Sonic. Increases collagen production. Improves acne prone skin. Blue light panel. With Age-Defying LED Light Technology. Red Light Panel.See Details – DermaLight with Spa Sonic 5 Piece ©2020 Walmart Stores, Inc.

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