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Introduction A new approach to relationship education you have no idea what you are doing. At least when it comes to sex, dating and women. That's probably why you bought this book - or that someone gave it to you as a gift, in circumstantial, nothing subtle you have to take care of. But don't be ardu because it's not your fault. Our culture has left you and the women you want to meet. For decades, women have been asking themselves: Where are the cool guys? Meanwhile, men are trying to understand: Where did the women go? What did I say wrong? And so far, no one has come up with a good answer for any of them. The primitive part of your brain is the hope that you are born into a tribe, with wise mentors, examples of heroes in which they are inspired, and transformative rites of passage that would solve all these relationship problems. Your primitive brain wants you to live in a sexual culture with fun mating rituals and a reasonable chance of finding a girl after puberty. It's the way it should be. This type of sexual culture has been the norm in hunting-gatherer communities for hundreds of thousands of years. Unfortunately, you have not had the opportunity to enjoy the bright side of your ancestors' lives. Opposite. Parents, priests, teachers and politicians filled your head with what you need to do, usually in the service of an ideological program that had nothing to do with health, your happiness or your success in relationships. Your culture should have taught you long ago what we're going to teach you now: to be successful in relationships, you have to become the kind of man that women have ever wanted. It's not about evolution, it's about evolution. Human females, like all intelligent beings, choose their partners according to certain criteria and desires. If you do not meet these criteria, they will not be nana or you; if the Great news: already has a huge advantage. It's so simple, and you can't escape that reality. In biology, this process is called choice by a woman and is so important that her only chance is to accept and heal her. You have to meet their criteria for choosing partners. When you become the man future girls want, they will be more drawn and more grateful than you can imagine - whether you're looking for something casual or a wedding for the rest of your life. Let us explain all this to you and present the five principles of a successful relationship in a very practical scheme. Then we'll take you through each of the five steps to fix your love life. It's just you. to start success with women - and that's basically what you'll find in this book. The concept is very simple. If you pay attention and follow our advice - if you try to become a very nice guy who can offer everything women instinctively want - you will be happier and women will be happier too. Everybody wins. The origin of this book We have written this book in order to help you. We created it from the beginning to serve your needs, and it was formed from emails, questions, comments and stories lovingly the failures of men like you. That's how it all started. Actually, it started with a couple of guys who were a disaster with women and blamed Tucker Max. During thanksgiving dinner, Geoffrey Miller talked to some cousins - typical young American students, mostly without a girlfriend - about his research into evolutionary psychology and human sexuality. Geoff commented on why women like it when men know how to laugh at themselves, why they value intelligence as a sign of good genes, and how the menstrual cycle of stripper dancers affects the spike they receive. The boys have never heard of it. Some were conservative Christians, others atheists; Some were Republicans, others were left hipsters. They all had a common taste for women, sex and dating - and ignorance about these issues. Geoff then asked relatives and friends where they had learned about relationships. Several mentioned Tucker's books, which they loved. For them, this was the basis of their sentimental upbringing - the true Bible of dating. Geoff was astonished by the ignorance of young men in the field, but he was also found by that Tucker who had to be a really smart, balanced and sober relationship guru to deserve so many devout followers. Then he read these books, and the mystery just deepened. What the hell is that? He didn't understand why the boys used these books as guides. A few months later, Geoff met tucker in person at a psychology conference in Austin, Texas. At the same time, they got along, and Geoff told Tucker his cousins were crazy about his books. How are they doing with the women? He asked Tucker. I don't mean that well. They seem confused and frustrated. I'm sorry for your honesty, but I don't think your books are good guides to improving a man's love life. 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I learned it myself after trying and making mistakes. Lots and lots of mistakes. Geoff and Tucker spent the whole dinner talking about why our culture wasn't able to teach young people good relationships. Geoff explained that schools are still surprisingly conservative in terms of sex education. In the United States, little funding is devoted to research on gender and relationships in universities; teachers cannot advise students on how to become more attractive or improve their profile when flirting with apps; higher education focuses more on improving students' prospects for their financial future than their personal life. And most of those who usually offer advice - religious fundamentalists or ae billion-seeded men - rely on ideologies that distort things. Other times, these tips sing from marketing gurus interested only in selling books and teaching manipulation strategies, as well as professional conquerors, known as pickup artists. Or they don't have scientific integrity and are actually wrong, based on third-party reports on research in an area where Geoff has been publishing studies for years. Given the big plans and bold excuses, Tucker began to think big, as Geoff described the current state of the guidelines available to men in the field of sex and relationships. Have you ever wondered how much our lives would be better and easier if we found out at 15 or 20 what we know about sex and relationships today? Even at 30. My life would be a thousand times better! This book of tips for men must exist! Tucker said. Geoff agreed, as do teachers in socratic dialogues, just waiting to find out the answer they already know. Why don't you this guide, making everything we know available to men today in an accessible, honest and ridiculous way? You'd combine my life experience with your academic reputation! It would be funny and have a scientific basis! The book would reach millions of people who are lost and desperate! Wouldn't that be great? - It's over. - The book would also help millions of women not to give up hope of finding legitimate and available men. They're looking for guys, and we can help them by raising better guys. We would all win. Geoff said. That's all we'd like to learn when we're still entering an exciting and intimidating world of women and relationships. Welcome! Introduction A new approach to relationship education you have no idea what you are doing. At least when it comes to sex, dating and women. That's probably why you bought this book - or that someone gave it to you as a gift, in circumstantial, nothing subtle you have to take care of. But don't be ardu because it's not your fault. Our culture has left you and the women you want to meet. For decades, women have been asking themselves: Where are the cool guys? Meanwhile, men are trying to understand: Where did the women go? What did I say wrong? And so far, no one has come up with a good answer for any of them. 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