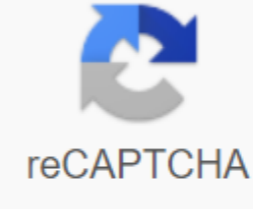


Salivary cortisol test instructions



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Instructions for collection: -Do not brush your teeth before collecting samples - do not eat or drink before collecting samples for at least 15 minutes - collect samples from 11 pm to midnight. No earlier than 11:00 am and no later than 12:00 pm midnight, otherwise you will have to repeat the test. This is a time collection that is important. Must be performed between 23:00 and 12:00 midnight. Use Salivette: - Remove the top cover of the tube to show the broom - pour the broom directly into the mouth by tipping the pipe so that the broom falls into the mouth - do not touch the broom with your hands - keep the broom in the mouth for about a minute. - Roll the broom in your mouth. Do not touch the broom with your hands - change the lid - Make sure the lid is tightened. - Record storage time in the tube Additional advice: If you can not return within eight hours after collection, please keep it in the fridge until you can bring it back; it must be returned within three days. You must have a scheduled laboratory appointment to bring in the sample. Please call appointment 2 days in advance, type Cortisol, saliva collection instructions>download (PDF) collection time is needed. Saliva Collection Kit (T514) Container/Tube: SARSTEDT Salivette Sample Quantity: 1.5 mL Collection Instructions: 1. Give patients with saliva collection kits (Salivette) with Cortisol - saliva collection instructions and ask them to follow the instructions in writing. 2. Patients are advised to collect samples between 11pm and cortisol collection time - saliva collection instructions sheet. 3.Recommend the patient to return cortisol - saliva collection instructions with the appropriate Salivette message to the laboratory. More information: 1. 2.If multiple samples are collected, send each bottle under a separate order.Source:Krames StayWell You get the equipment to collect saliva at home. Saliva is used to test cortisol levels. To help us get the correct test, please: keep saliva on a day that is generic and not particularly exciting, messy or troublesome. Do not eat food or liquid for 30 minutes before collection (especially milk). Nothing with cafés (coffee, tea, soda, chocolate). For 2 hours before collection. Do not use creams or lotions that contain steroids before collection. Do not brush or floss or perform activities that may cause gums. Bleeding Do not collect saliva if the gums or inside of the mouth are bleeding. Blood in saliva will make the test you will use to accumulate chewing saliva. Not intended for use with children under 3 years of age, children under 10 years of age should take care of adults. Remove the cylindrical broom stick from the insert and place it in the mouth. Chew the broom for 30 to 45 seconds or until the broom is saturated and swallow excess saliva (place it under the tongue if you can not chew it.) Put the broom back into the insert, securely with a stopper. Fill in the label with the patient's name, date of birth and date and date of the collection. Make an appointment to bring the sample back to the laboratory for processing. Do not remove the outer tube that secures the insert. Return the sample with a broom inside the insert insert inside the pipe and the stopper is firmly on top for informational purposes only. Don't replace your health care provider's recommendations Copyright © 2016 Fairview Health Services Reserves 524359 – 01/16. Don't replace your health care provider's recommendations Copyright © 2016 Start searching for a new patient study>Find the medical conditions we treat your special place to send a custom card to any child you know or live your child's stay with a smile by sending a card, family resources and education, learn more about the symptoms of Coronavirus (COVID-19), how you can protect your family and how children's hospitals across the country are prepared. For qualified medical professionals researching, apply for a job, please read these instructions before starting your collection. This test must be carried out at midnight (or at the requested time) preparationrelax about 1 hour before saliva collection. Do not brush or floss for 30 minutes before collection. Do not isolate these tubes – they must be returned as a single unit. This is to avoid leakage from inserts, and all units are used to hurl samples. The collection fastens the Salivette pipe and removes the stopper by pushing the slight stopper to the side while lifting the lid, the suspended insert will remain in place. Do not touch the sponge inside the Salivette tube with your hands. Tip the sponge directly in your mouth. Gently chew the sponge for 2 minutes. Keep the sponge in your mouth until you feel that you can not prevent yourself from swallowing the saliva produced. Catch the saturated sponge with your teeth and return the sponge directly into the tube. Close the Salivette pipe tightly with the stopper, write the name, date and time of the collection. For the salivette, please go to the nearest storage center. PN 35604 - January 2019 2019

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