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Na just for today

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January Recovery Quotes && Readings Click on the corresponding date to see recovery quotes & Readings today's day february recovery quotes & Readings Click on the corresponding date to see the recovery quotes & Readings of today's date March Recovery Quotes & Readings Click the appropriate date to see recovery quotes & Readings today's day april recovery quotes & Readings Click on the corresponding date to see recovery quotes & Readings of today's date May recovery quotes & Readings Click on the corresponding date to see recovery quotes & Readings of Today's Date June Recovery Quotes & Readings Click relevant date to see recovery quotes & Readings of today's date july recovery quotes & Readings Click on the corresponding date to see the recovery quote s && Readings of today's date august recovery quotes & Readings Click on the corresponding date to see recovery quotes & Readings today's day of September recovery quotes & Readings Click on the corresponding date to see the recovery quotes & Readings for today's date October recovery quotes & Readings Click on the corresponding date to see recovery quotes & Readings of today's date November Recovery Quotes & Readings Click on the corresponding date to see the recovery quotes & Readings will be my recovery, living and enjoying life without drug use. Just today I'm sure someone in the NA who believes in me and wants to help me in my recovery. Only today I will have a program. I'll try to keep track of the best possible. Just today through NA I will try to get a better perspective on my life. Only today I'm not afraid, my thoughts will be my new association, people who don't use it and who have found a new way of life. As long as I am so, I have nothing to fear. Read today's meditation – Just click on the relevant date if you want to subscribe to the daily email service Just For Today, Daily Meditation for Recovering Addicts is a service from NA World. Click here to register. Some elements of these pages are drugs Anonymous Literature Copyright © NA World Services, Inc. Reprinted under permission. All rights reserved May 2 Just Maybe.... There is one thing more than anything else that will defeat us in our recovery; this is an attitude of indifference or intolerance to Principles. Main text, p. 18 When we first arrived in the NA, many of us found it very difficult to accept the principles on which this programme is based and for good reason. No matter how we tried to control our addiction, we found ourselves powerless. We grew angry and frustrated with everyone who suggested there was hope for us because we knew better. Spiritual ideas may have influenced the lives of other peoples, but not ours. Despite our indifference or intolerance towards spiritual principles, we were drawn to Anonymous Drugs. There we met other drug addicts. They were where we were, helpless and hopeless, but they found a way not only to stop using, but to live and enjoy life clean. They talked about the spiritual principles that gave them the way to this new life of recovery. For them, these principles were not only part of theory, but also part of their practical experience. Yes, we had good reason to be skeptical, but these spiritual principles, which other NA members have talked about, actually seemed to work. When we recognized this, we didn't necessarily accept every spiritual idea we've heard. But we started to think that if these principles worked for others, just maybe they'd work for us as well. At first, that desire was enough. Just today: Just maybe the spiritual principles I hear talked about in NA can work for me. At least I am ready to open up my mind to the opportunity. Just for Today (Reviewed) - Pg. 128 Copyright © 1991 by Drugs Anonymous World Services, Inc. On October 7th, depending on our increased power, for recovering addicts, we see that we are still dependent, but our dependence on the surrounding things has shifted to the loving God and the inner strength we receive in our relationship with Him. The main text, p. 67-68 For many addicts, rebelliousness is the second nature. We did not want to depend on anything or anything, especially not from God. The beauty of using, we thought, was that it gave us the power to be and feel everything we wanted, all ourselves. But the price we paid for this freedom of illusion was an addiction to our worst nightmares. Instead of freeing us, using to enslave us. When we came to Anonymous about drugs, we learned that dependence on God should not have meant what we could have thought. Yes, if we want to be restored to sane, we will need to touch the power greater than ourselves. But we can choose our concept of this higher power – we could even make one. Dependence on greater power would not limit us, we discovered; it would free us. The power we find in recovery is the power we lacked on our own. It's the love we feared to depend on others. It is a sense of personal direction that we never had, a leadership that we could not humble ourselves to ask for or trust others. These are all these things, and it is our own. Today, we are grateful that we have greater power on which to depend. Only I will depend on the love and inner strength I draw draw my own understanding of God. Just for Today (Revised) - Pg. 293 Copyright © 1991 by Narcotics Anonymous World Services, Inc. Page 339 NA Just For Today Daily Meditation Email Subscription NA World Services Read Drugs Anonymous Just For Today Daily Meditation on-line. Just today quotes and prayer readings for individuals who are in recovery. NA daily meditation along with morning inspirational quotes is a great way to start your day. Only today my thoughts will be on my recovery, living and enjoying life without drug use. I am accepted na, I fit in na jft. Today it's safe to start letting others into my life. I practice daily reflections through my NA program Only today, to help me, God, remember that my life is a gift, that my health is a blessing, that this new day is filled with awesome potential that I have the opportunity to bring something completely new and unique and good to this world. Through JFT na Teach Me to see all the beauty that I so often ignore, and listen to the silent longing of my soul.na jftjust today quotesdaily reflections of NAMorning inspiring quotesna daily meditationstoline today prayer alle ansehenSeitentransparenzFacebook möchte mit diesen Informationen Transparenter machen, worum es und dieser Seitht. Hier erfährst du mehr zu den Personen, die die Seiten verwalten und Beiträge darin posten. Alle ansehen Page 339 If [character defects] contributed to our health and happiness, we would not have come to such a state of despair. Basic text, 35 Home in the sixth and seventh steps is not always easy. We can feel as if we have so much wrong with us that we are completely defective. We can feel like hiding under a rock. Under no circumstances do we want our fellow drug addicts to be aware of our shortcomings. We will probably go through examining everything we say and do to identify our character defects and make sure we suppress them.

We can look back at one particular day, cringing at what we are sure is the most embarrassing thing we've ever said. We become determined to get rid of these terrible traits at all costs. But nowhere in the sixth or seventh steps it says that we can learn to control the defects of our character. In fact, the more attention we focus on them, the more entrenched they will become in our lives. We need humility to recognize that we can't control our defects more than we can control our addiction. We cannot eliminate our defects; we can only ask a loving God to remove them. Letting go of something painful can be as hard as letting go of something nice. But let's face it-holding on is a lot of work. When we really think about what we're holding on to, the effort just isn't worth it. It's time to let go character defects and ask God to remove them. Only Today: I am ready to have my defects removed. I let go and let loving Higher Power take care of me. Copyright (c) 2007-2020, NA World Services, Inc.

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