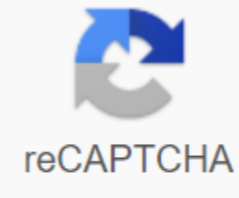




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We tried, you know, to keep our distance, Holder said. Theo Holder is a kidney transplant survivor who puts him in the high-risk category, so both took additional precautions. wralsportsfan.com — If you previously used a social network to log in to WRALSportsFan.com, click the Forgot your password link to reset your password. Need an account? Register here. wral.com - By Mandy Mitchell, WRAL reporter WRAL's men's basketball coach Mike Krzyzewski is encouraging companies to hire veterans as businesses reopen and jobs return amid the coronavirus pandemic. He talked about it in an extended interview for Hiring America, which airs Saturday mornings at 5 a.m. on WRAL. In fact, I've done some Zoom meetings with our military during this pandemic and with the West Point cadets, Krzyzewski said. It's not me doing anything for them. wral.com — By Mandy Mitchell, WRALRaleigh, N.C. reporter — A Raleigh woman recovering from COVID-19 is telling her story in the hope that people will take the disease seriously. Val Holder says she and her husband, Theo, have been very careful since the pandemic began. We didn't really do any, like, crowds and stuff. We tried, you know, to keep our distance, Holder said. Theo Holder is a kidney transplant survivor who puts him in the high-risk category, so both took additional precautions. wral.com — By Tyler Dukes, investigative journalist from WRALRaleigh, N.C. — Early in the pandemic, MJ Shaar and her husband watched from their home in Wake Forest as wept on the news. The medical care of PATIENTS with COVID-19 was hampered by a shortage of personal protective equipment: mask, gloves, gowns and other equipment designed to prevent the spread of the virus. How can one of the richest countries in the world not provide PPE in a pandemic? MJ Shaar said in an interview On Tuesday. They wanted to contribute. wral.com — By Mandy Mandy WRALRaleigh, N.C. Reporter — The Raleigh Chamber of Commerce invited Ben & Jerry CEO Matthew McCarthy to speak with local business leaders in an effort to discuss corporate activism in a time of social turmoil. We definitely talked about our business as an aspiring social justice company, said McCarthy, who headed to the group from home in Vermont via Zoom. wral.com — By WRAL Durham reporter Mandy Mitchell Like many mothers, Ronda Hintermeister has recently enjoyed having her children home. One is a student at NC State, and the other is a student in the appalachian state. They've been back in the house since the pandemic started and campuses closed. But during the most traditional times, Hintermeister uses the app called Find Me on your iPhone to keep an eye on your kids when they're out of school. Sometimes it's curiosity, too. wral.com — By Mandy Mitchell, WRALRaleigh, N.C. reporter — More than a million people in North Carolina have had unemployment benefits since the pandemic began, so it's a very difficult time to find a new job. But a free program, NC Works, is working to help people find new opportunities. Whatever customers need to help facilitate their return to employment, that's what it stands for, said Brenda Wilkerson, a spokeswoman for Capitol Area Workforce Development. wral.com — By Mandy Mitchell, WRALRaleigh, N.C. reporter — The domestic housing market is beginning to show signs of slowdown as home sales plummeted by 9.7 percent in May. But experts believe the Triangle could be in better shape than most markets in the country. According to Zillow's new figures, pending new sales in Raleigh/Durham have been 1.9% from the previous week and 8.6% from a month ago. The median price of the list has also increased from last year. wral.com — By Travis Fain, reporter for the state house WRALRaleigh, N.C. — Some Northern Carolinenses are still waiting for their first unemployment checks more than two months after losing their jobs. They say they are still receiving the network from the state, even though the Employment Security Division brings hundreds of new call center workers and the key to older claims. On Tuesday, I was on hold for three and a half hours, and then I disconnected, said David Cordero, an engineering consultant. It's hell. wral.com — By Mandy Mitchell, reporter for WRALRaleigh, N.C. — Despite restrictions put in place by Gov. Roy Cooper that have kept gyms closed throughout North Carolina for nearly three months, gyms have legally reopened recently. Gyms are using a medical exception described in a June 5 letter from the North Carolina Attorney General's Office. wral.com — By Mandy Mitchell, WRAL reporterThere's been a lot of talk during the pandemic about the changing workplace. Companies, such as Twitter, have already announced that employees will work permanently from home. Now the idea of a working week is beginning to gain some popularity among those who understand productivity. wral.com — By Mandy Mitchell, reporter for WRALRaleigh, N.C. — Brigs in Raleigh will reopen on Saturday morning after closing its doors two weeks ago. Two kitchen workers, cousins living together, tested positive for coronavirus in May. The restaurant was not required to close, but Brigs President David Brigham says he wants to be very careful with his employees and clients. We did it close. wral.com — By Mandy Mitchell, reporter for WRALConfect Monuments in North Carolina have served as a backdrop for protests before and over again in recent days. Those who speak out against police brutality and racism gather at the foot of the monuments to the Confederacy, in search of change. Many see the statues as representative of the culture of racism born of slavery in the United States and continued through Southern Jim Crow. wral.com — By Mandy Mitchell, reporter for WRALFuquay-Varina, N.C. — Izel Kelly is a long-standing gun owner and frequent customer of Fuquay Gun and Gold. He says he's definitely noticed a change when he walks into the store. A lot more people come to buy guns, asking questions, Kelly said. Many of the customers first own weapons who want better protection, given the events of 2020. wral.com — For WRAL reporter Russell Rogers, Mandy Mitchell loves to see pictures of his father. That picture is very good, he said about a photo of an Arthur Rogers serving during World War II. The image was casual, showing a smiling man leaning against a Jeep. He had a very, very interesting life, Russell Rogers said. Arthur Rogers died in April of coronavirus at the age of 92, after a life that included serving in a war and raising a large family. wral.com — By Mandy Mitchell, the daughter of WRALJanice's reporter Fitzgerald recalls how many times she was with her mother as a child in Johnston County. Fitzgerald, the popular teacher, couldn't go anywhere without meeting students and former students. They couldn't wait to say 'Hey, Mrs. Fitzgerald!' They couldn't wait to be recognized by her because she was so big for them, Said Anna Fitzgerald. Janice Fitzgerald died on April 11 of coronavirus at the age of 72. wral.com — As the number of northern Carolinenses lost by the new coronavirus rises to 1,000, the numbers may seem daunting and diverted from the humanity of the dead. Adrian Grubbs, a sanitation supervisor with the city of Raleigh for 17 years, was the only third person to die in North Carolina from the virus. He died in March. He was a good man. He was a great man, a loving husband, a devotee, said Chanda Grubbs, Adrian's widow. Since March, the number of deaths has continued to increase. wral.com — For Mandy Mitchell, reporter for WRALMolly Gillikin, he is 5 years old and has spent a good major part of his time during this doing puzzles with his father. I make them with my family, and they're fun, he said. Molly's feeling probably feels familiar to parents who have dug deep into the closet to pull out old puzzles in recent months. The puzzles take time, patience and finally provide a reward, that final piece. wral.com — For Mandy Mitchell, WRAL reporter Improvised assets, a need for a home office and perhaps even a desire to take advantage of low interest rates are reasons why many tenants are trying to enter the real estate market right now. There's a lot going on. wral.com — By Mandy Mitchell, WRAL reporter, and Tyler Dukes, research reporter for WRALRaleigh, N.C. — A new dashboard created by public health and crisis experts tracking each state's fight against COVID-19 says North Carolina still does not meet the reopening criteria set by the White House. Governor Roy Cooper is watching Friday as the beginning of the second phase of his plan to ease restrictions on meetings and businesses. wral.com — For Mandy Mitchell, WRAL reporterWhen empty tables are seen in restaurants during this pandemic, you often think about lost income and fired workers. But there are many more layers in the number of people who are affected. Many small farms in North and South Carolina depended on restaurants as an important market, said Roland McReynolds, Executive Director of the Carolina Farm Stewardship Association (CFSA). wral.com — By Mandy Mitchell, WRAL reporterThe mobile tire change service always seemed like a decent idea for Jared Campbell. It is convenient, and the customer can stay in the office while getting a new set of tires installed. But these days, the model may have even more potential. It's really good, especially in the weather we're in today where there's likely to be less exposure, said Campbell, who bought a Tread Connections franchise earlier this year. He launched his new business on March 1, 2020. wral.com — By Mandy Mitchell, reporter for WRALRaleigh, N.C. — Wearing masks is the closest thing to do. It protects others and helps stop the spread of coronavirus and other germs. But masks can also be uncomfortable and can cause problems with communication. Functionally what the masks have done is give everyone mild hearing loss and it's going to start affecting our communication, whether you're aware of it or not, said Dr Patricia Johnson, an audiologist at the UNC Hearing and Communication Center. wral.com — By Mandy Mitchell, WRAL reporter It's hard to miss the healthy heart trend in many around the Triangle, as more and more people go out into the wild and go for walks. If you look at the streets people are walking all the time that I think is awesome, said Dr. Hament Solomon, cardiologist WakeMed. Dr. Solomon has spent his career trying to convince patients to walk regularly. Now, the pandemic is forcing people to healthier habits. wral.com — By Mandy Mitchell, reporter for WRALDealing with the COVID-19 pandemic is all of us, but it can be especially difficult for young people like children and adolescence. Our children may never have experienced this level of isolation and are unlikely to be equipped with the right emotional and social tools to manage their anxiety and complex emotions. Parents may begin to notice some changes in the way our children are acting at home. House.

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