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The new Apple TV allows you to buy and download apps and games, use Siri to find and control content and AirPlay something on your iPhone, iPad or Mac on your big screen HDTV. The Apple TV is an action packed box adventure, but it can be a bit daunting for the first time for the user. Don't worry, 'cause we're here to help. Since first starting the new Apple TV, switching from an older model, or just getting a quick refresher - we've gone for what you've covered. Stay with us and we'll bring you everything you need to know using your new Apple TV to the fullest possible! We can earn a commission on purchases using our links. Additional information. Last updated October 20, 2020 You have a deadline approaching. But instead of doing your job, you're fiddling with a variety of things like checking email, social media, watching videos, surfing blogs and forums. You know you should work, but you just don't want to do anything. We're all familiar with the phenomenon of procrastination. If we procrastinate, we waste our free time and put forward important tasks that we should do until it's too late. And if it's really too late, we'll panic and wish we started earlier. Chronic procrastinators I know have spent years of their lives looped in this cycle. Delaying things, delaying things, slacking off, hiding from work, facing work only when it's inevitable, then repeats that loop again. It's a bad habit that eats us away and prevents us from achieving greater results in life. Don't let procrastination take over. Here I share my personal steps on how to stop the delay. These 11 steps are sure to apply to you as well:1. Break Your Work into Little StepsPart part of the reason we procrastinate is because subconsciously we find the work too overwhelming for us. Split it into small parts, then focus on one part at a time. If you still delay the task after breaking it down, then break it even further. Soon your task will be so simple that you mean gee, it's so easy that I might as well just do it now! For example, I'm currently writing a new book (how to achieve something in life). Book writing in full is a huge project and can be overwhelming. However, when I break it gradually as - (1) Science (2) Decision-making topic (3) Creating a review (4) Compiling content (5) Writing chapters #1 #10, (6) Revision (7) etc Suddenly it seems very manageable. What I do then is focus on the immediate phase and get it done with my best ability without thinking about the other stages. When it's done, I'll move on to the next.2. Change your environmentThe different environments have a different impact on our productivity. Look at your desk and room. Either they make you work or they make you sing and if this is the last one, you should look into changing the workspace. One thing to be noted is that an environment that makes us feel inspired before may lose its influence in some time. If that's the case, it's time to change things. See the steps that #2, #3 13 strategies to launch your productivity that talks about upgrading your environment and workspace.3. Create a detailed timeline of specific deadlinesHaving with just 1 deadline for your work is like an invitation to delay. That's because we feel like we have time and keep pushing everything back until it's too late. Share your project (see tip #1), then create a general timeline with specific deadlines for each small task. Now, you know you have to finish each task on a certain date. Your schedule must also be robust – i.e. if you don't finish it today, it's going to jeopardize everything else you've planned after that. This creates the urgency of action. My objectives are divided into monthly, weekly, direct daily to-do lists, and the list is a call to action that I have to achieve by the date set, otherwise my goals will be put forward. Here are more tips on setting deadlines: 22 Tips for effective deadlines4. Eliminate your procrastination pit-stopsIf you're procrastinating a little too much, maybe that's because you're making it easy to procrastinate. Identify bookmarks in your browser that take a long time and move them to a separate folder that is less accessible. Disable the automatic notification option for your email client. Get rid of distractions around you. I know that some people are out of the way and delete or turn off their Facebook accounts. I think it's a little drastic and extreme because addressing procrastination is more aware of our actions than resisting through self-binding methods, but if you feel that's what's needed, go for it.5. Hang out with the people who inspire you to take actionI'm pretty sure if you spend just 10 minutes talking about Steve Jobs or Bill Gates, you'll be more inspired by the act than if you spent 10 minutes on something. The people we own influence our behavior. Of course, spending time with Steve Jobs or Bill Gates every day is probably not a feasible method, but the principle applies - the hidden power of every person around You identify the people, friends or colleagues who fire you - probably the go-getters and hard workers - and hang out with them more often. Soon you will be the ladle of their ride and spirit too. As a personal development blogger, I hang out with inspiring personal development experts by reading their blogs and meeting them regularly on email and social media. It's communication through new media, and it all works the same.6. Get BuddyHaving companion makes the whole much more fun. Ideally, your friend should be someone with a set of goals. Both are responsible for your goals and plans. While it's not necessary that you both have the same goals, it's even better if it's so, so you can learn from each other. I have a good friend with whom I speak regularly, and we always ask each other about their objectives and progress towards these objectives. Needless to say, this will spur us forward.7. Tell others about your goalsIt serves the same function as #6 on a larger scale. Tell all your friends, colleagues, acquaintances and family about your projects. Now that you see them, they are obliged to ask you about your status in these projects. For example, sometimes I announce my projects on the Personal Excellence Blog, Twitter and Facebook, and my readers ask me about them constantly. This is a great way to hold yourself accountable for your plans.8. Look for someone who has already achieved the result Which is what you want to achieve here, and who are the people who have achieved it already? Go find them and get in touch with them. Seeing live proof that your goals are very achievable when you take action is one of the best triggers in action. Specify your goals If you have delayed for a longer period of time, it may reflect discrepancies between what you want and what you are doing now. We often grow out of our goals when we discover more about ourselves, but we do not change our goals to reflect that. Stay away from your job (a short vacation is good, otherwise just a weekend break or a staycation doing too) and takes time to regroup yourself. What exactly do you want to achieve? What are you supposed to do to get there? What are the steps to take? Is your current job consistent with that? If not, what can you do about it?10. Stop over-making? This maybe now is not the best time because of X, Y, Z reasons? Leave that thought behind, because there's never a perfect time. If you keep waiting for one, you'll never achieve anything. Perfectionism is one of the biggest reasons for procrastination. Read more about why perfectionist tendencies can be a bane as a blessing: Why being a perfectionist may not be so perfect.11. Get grip and just do it at the end, it comes down to take action. You can do the whole strategizing, planning and hypothesis, but if you don't take action, nothing will happen. Occasionally I get readers and customers who keep complaining about their situation, but they still refuse to take action at the end of the day. Reality check: I've never heard anyone delay their way to success before and I doubt it's going to change in the near future. Whatever it is, what you're procrastinating, if you want to do it, to grab yourself and do so. Bonus: Think Like RhinoMore Tips For Procrastinators to Start ActionFeatured Photo Credit: Malvestida Magazine via unsplash.com Apple TV is a great way to enjoy your favorite content on the big screen, but what happens if you want to drive your TV remotely to Android Smartphone? Apple doesn't officially offer a remote app for the Android platform, leaving many to think they're lucky. We've taken the time to pick out offers from the Google Play Store, bringing you six different options for apple tv server for Android that actually work. Apple TV Android apps have two work options, either over a Wi-Fi network or through your phone's built-in IR transmitter. Apps that use Wi-Fi don't need special hardware and are performed when you connect to your Apple TV over a home wi-fi network. On the other hand, apps that use an IR transmitter need the right hardware and an Apple TV to control, sending signals like a typical remote control. As in recent times, phones that include built-in IR transmitters (also known as IR blasters) include the LG G5, Honor 8, Xiaomi Mi 5 and Huawei Mate 20. Samsung's Android phones have been excluding the IR transmitter from the Galaxy S7. Since most phones do not have built-in IR transmitters, Wi-Fi options here usually work best; if your phone has a built-in IR transmitter. You have twice as many options to control an Apple TV. AnyMote Universal Remote is our #1 to choose from users who want to control their Apple TV through their Android device. Free to download and use one device, AnyMote worked more consistently than any other options on our list. In addition, the interface is easy to navigate and offers large buttons for easy device control. While we recommend using the app to control the TV via Wi-Fi, it also includes support for devices with IR blasters. That being said, IR blaster support is strangely limited, unable to control Huawei, Vizio or Sony phones, in addition to the Galaxy S7. Pricing: Free, Otherwise, the \$6.99 Pro Version CiderTV is an excellent app for controlling your AppleTV Android device. We particularly liked that CiderTV was purely focused on AppleTV, making it one of the easiest applications to create. We also enjoyed the app's swipe controls, which feel more like the remote control of Apple's latest Apple TV. In its free state, Cider TV can control one Apple TV, where a pro subscription is required for more devices. Ads are available and can also be removed only from the Pro subscription. Like some other Android apps, we don't find that CiderTV occasionally had trouble communicating with our TV, but we still hold it highly into our second recommendation because of its ease of use. Pricing: Free, Otherwise \$4.99 Pro CERTAINLY The Smart Home and TV Universal Remote app is the perfect option for Android users to demand a mountain of functionality. It is definitely designed to work on over 1 million different devices, including apple TV. Start the application and add all home devices to start. Or go to old school and control the devices of the IR-blasters on any supported smartphones or tablets. Once created, it certainly really starts to shine on its additional features that we had including the ability to voice control and media player. Of course, it is also very security conscious, telling you exactly why it needs access to different browsers on your phone. If you require uncompromising functionality, then SURELY the Remote app is here please. Pricing: Free, otherwise the \$6.99 Pro Version Peel Smart Remote combines both the universe's remote experience and an interactive visual TV guide within its limits. While we felt that the Peel Smart Remote app was one of the most prevalent interfaces, we didn't appreciate its additional offerings. Ideal for anyone who uses an Apple TV related to a television subscription, opening Peel gives you at first glance what plays network and cable TV. Only when you click on a small remote control icon will you bring control to your Apple TV. There are other easier-to-use apps than Peel, but if you're looking to keep an eye on your TV guide and check out your Apple TV, there's no better solution. Pricing: The Free AIR Remote app is the first app on our list to check apple TV using the phone's built-in IR blaster. Like other IR-blasters applications, AIR Remote is limited only to running devices that contain ir blaster. However, if your Android tablet or smartphones contain an IR blaster, air remote is the best option for you. Featuring a very easy to use user interface, users just launch the app and start checking their Apple TV - there is no need to bind. AIR Remote also allows users to switch between the control method they prefer, either a button-based controller or a swipe gesture. Pricing: Free, otherwise the \$3.49 Pro version If the previous option isn't your cup of tea, we recommend checking the TV Remote Control app on your Android device. Requires an IR blaster, the setup is as simple as simply opening the application on your device and clicking the button. The interface is modelled after the actual level 3. We would like to have paid for the version of this application because it contains ads, and we pine for the option to block or remove them. Otherwise, it makes a great Apple TV remote app for your Android smartphone or tablet. Pricing: Free Free

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