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light the sparkle and straighten up dessert. 1. No-Bake Cheesecake Flag Cake This bright and festive flagcake cheesecake mixture without baking on top of a graham cracker crust. Use blueberries for stars and strawberries for the stripes, and you have a lovely flag cake dessert. Watch the video to see chef John put it together. This wonderful red, white and blue flag cake starts with white cake mix to simplify things, so you can concentrate on creating the layers that make each piece their own flag. You should watch the video to see how it all stacks up — it's actually easier than you might think. Related: Get patriotic recipes for a very festive Fourth of July, Memorial Day, and Flag Day. Raising a teenager is tense and difficult, even under the best of circumstances. But these red flags require extra vigilance: Tattoos While the rapidly growing popularity of tattoos in the United States can make it easy for parents to dismiss them as a harmless fad, research published in a pediatric health journal reveals tattoos are a kind of shorthand that high-risk teens use. The study, which found that 10 to 16 percent of teens ages 12 to 18 have permanent tattoos (compared to between 3 and 9 percent of the general population), discovered a high correlation between tattoos and substance abuse, fighting at school, and crummy grades. Tattooed teens are four times as likely to have had sex as their tattoo-free peers. Friends you have not encountered reluctance to bring new friends over to the house should raise suspicion that drugs and alcohol are in the photo. Girls who develop early Not only are such girls more likely to be victims of bullying and sexual overtures, some research links early puberty in girls to alcohol use. Kids You've Caught Smoking When you've caught a child lighting up, it's a good bet that alcohol is next on the menu. Lock your booze. Girls you suspect are sexually active A Yale University study found that about half of sexually active girls aged 15 to 17 seriously underestimate the risk of unprotected sex. Girls between the ages of 15 and 19 are at highest risk for all groups for gender klamydia and gonorrhea. So if you suspect that your daughter is lying with boys, make sure she understands the health risks, especially HIV, and how to prevent them. This content is created and maintained by a third party and imported into this page to help users provide their email addresses. You can find more information about this and similar content on piano.io The The Eats uses cookies to provide you with a good user experience. By using The Spruce Eats you agree to our use of cookies. Memorial Day festivities mean it's time to embrace Americana fashion inspiration. Whether it's red, white and blue colors or bold stars and stripes patterns, there's plenty of room to play with a new look. Liliana Vazquez stopped by the show to talk about some of her favorite choices for last-minute Memorial Day outfits! This fun, versatile look is perfect for Memorial Day outfits! This fun, versatile look is perfect for Memorial Day outfits! This fun, versatile look is perfect for Memorial Day outfits! This fun, versatile look is perfect for Memorial Day outfits! This fun, versatile look is perfect for Memorial Day outfits! This fun, versatile look is perfect for Memorial Day outfits! This fun, versatile look is perfect for Memorial Day outfits! for dinner-ready style. Chambray Update Button Up Top, \$20 (originally \$49), ModclothThis super-versatile top is made with an airy, casual texture, so you can use it all summer! ZW Premium HW Culotte Jeans, \$50, ZARA White pants are finally back in season and there is no better way to celebrate than with these culottes. High-waisted and with many pockets, they are fashionable and effective, and frayed hem gives them an effortless vibe. This patterned, classic dress adds a fun dash of vintage style to the Memorial Day look. Mock-neck Asymmetrical Hem Star Dress, \$15, sheincelebrate in the style of this dress! The asymmetrical edge and high neck give it a unique silhouette, and it can easily dress with a fun handbag and a colorful belt. Lake-14 Black White X Band Ankle Strap Sandals, \$38, QupidThese heels add a stroke of fun to any outfit. With double-band buckles and a block heel, they are the perfect shoes to take you from day to night! Along with white slides or sneakers, this dress is perfect for a casual afternoon party. Throw on your belt and a blazer to make it office ready! Asymmetrical Stripe Spliced Midi Dress, \$29, BooHoo This dress is perfect for anyone who loves stripes! With bold patterns and bright colors, it's great for a day at the office, or an afternoon on a summer barbecue. High waist crocodile print patent leather fashion belt, \$30, AmazonTop of any look with this fashionable patent-leather belt! The wide buckle and crocodile-skin texture brings some outfits together. Of course, not everyone wants to buy a brand new wardrobe for a holiday. Try adding one of these pairs of shoes to give some outfits some new style! Swirl-126 Red and White Mule Slide, \$18, QupidThese versatile mules work with any look! The red and white multibody style offers plenty of options for Memorial Day mix and matching. Rocio Red and White Striped Lace-Up Espadrilles, \$17, Lulu's These striped sandals add a nautical touch to any look! These simple sandals are full of style with fun lace straps and woven canvas toes. Poppy Striped Bow Two Band Heeled Pumps, \$38, Target The Knotted Bow these blue heels are the perfect summer ter. With a fun print and stylish shape, these shoes pair well any outfit. Dress up any outfit, Dress up any outfit, old or new, with one (or more!) of these fun summer accessories! LoveShackFancy Pauline Headband! With a wide bow and trendy faded stripes, it's the perfect finish. Along Satin Hair Scarf. \$8, AmazonJazz up a basic bun or ponytail with one of these satin scarves. Available in ten colors and patterns, they add true style to any look. Blue Stripe Scrunchie, \$20, Chelsea King Multi Star Hair Slide, \$6, BooHoo Add some real pizzazz with this dramatic, metallic haircut. Esha Cat Eye Stripe Sunglasses, \$12, Charming CharlieKeep eyes safe and stylish with these striped sunglasses! Tortoise pattern star shaped Drop earrings, \$3, SheinThese glamorous turtle earrings add a surprising pop of style to any outfit. They add a fun detail to any neutral look. North Star Charm, \$25, Kendra ScottThis delicate charm, available in four colors, can dress up any jewelry. It fits necklaces and bracelets, and even earrings! Go Star Chain Belt, \$6, NastyGalThis edgy belt has a chain design and star detailing so you can sparkle at any summer party. To find out more offers, shopping tips and budget-friendly product recommendations, subscribe to our Stuff We Love newsletter! Newsletter!

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