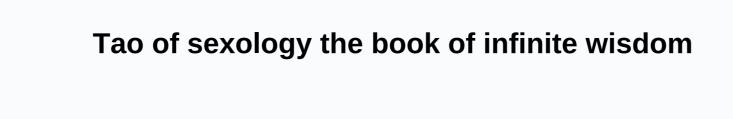
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Unfortunately for thousands of years, political, philosophical and religious cliques monopolized the key to decoding the book's classic calligraphy text. Severe limitation of readership prevented many from reading, understanding or interpreting the book. Therefore, satisfactory translations of the book were difficult to find, and many sexology lessons that were widely used were distorted, incomplete and unreliable. All other Taoist classics, such as Yu-Fang Mi Chue (Secrets in the Jade Chamber), San Feng Tan Chue (The Healing Techniques of Master Chang San-Feng), Ching Cheng Mi Chao (The Sacred Records of Mt. Ching-Cheng), Kung Tung Mi Tien (The Healing Techniques of Master Chang San-Feng), Ching Cheng Mi Chao (The Sacred Records of Mt. Ching-Cheng), Kung Tung Mi Tien (The Healing Techniques of Master Chang San-Feng), Ching Cheng Mi Chao (The Sacred Records of Mt. 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Ching-Cheng), Ching Cheng Mi Chao (The Sacred Records of Mt. Ching-Cheng), Ching Cheng Mi Chao (The Sacred Records of Mt. Ching-Cheng), Ching Cheng Mi Chao (The Sacred Records of Mt. Ching-Cheng), Ching Cheng Mi Chao (The Sacred Records of Mt. Ching-Cheng), Ching Cheng Mi Chao (The Sacred Records of Mt. Ching-Cheng), Ching Cheng Mi Chao (The Sacred Records of Mt. Ching-Cheng Mt. Manuscripts of Mt. Kung-Tung), Shuan Wei Hsing Yin (The Seal Sacred in the Heart) and Yi Hsing Fang (Medicine in the Heart), shared similar stories. It was a pity that these hard-to-devated philosophical treasures were buried under such selfishness and incompetence. For fifty years, Dr. Stephen T. Chang had tried to tear away secrecy and distortion surrounding the Tao of Sex Wisdom in his research and lectures, by fully and accurately revealing the teachings, clarifying obstruction areas, and providing scientific information for further understanding in his book The Tao of Sexology: The Book of Infinite Wisdom.Long in Coming Out, this book deserves serious consideration because sex is a subject of broad and profound consequences. At first glance the topic of gender seems to be uncomplicated. In truth, it is of monumental importance for the health and happiness of the individual, society and the nation. The book was written with these considerations mind: 1) A book on Tao of Sex Wisdom should be useful to a reader for the rest of his or her life. As experience accumulates, a greater understanding of the lessons learned encourages and encourages and problems should be solved as the sexual act becomes a means of spiritual and mental elevation, as the relationship between the physical, mental and spiritual aspects of the body is made clear. Morality must be lifted to a new height. 4) Appropriate terms must be chosen to promote the reader's understanding of Taoist theories. For example, the words peak and valley, which I have used to describe the types of orgasms for thirty years, are replaced by the words common and superior (the reasons for this are found in the text). 5) A proper balance of practical experiences and theories should be given to make learning and understanding exciting, because no theory in this book should ever be empty. From the observation of the reproductive process, Taoists discovered that the sexual glands were equipped with God's power to create and God's intelligence to organize life. In fact, they knew that God was life, that was the intelligence responsible for life engineering and cellular self-repair. They also knew that the sexual glands could be used as a source of vitality for their own bodies. These realizations caused taoists to create a complete system of methods and techniques called Tao of Sexology. With that Taoists hoped to elevate self-healing to its full potential, to energize the whole body to defy time. By following the Tao of sexology, mankind will eventually incarnate God's nature to its fullest. In Taoism, genitalia and glands, where energy and vitality are concentrated and generated, are referred to as the stove. This term underlines our dependence on sexual energy. We rely on the sexual gland to support our mental and physical functions as we rely on the stove to cook food. Without a stove, nothing can be boiled or eaten, and life will end. Likewise, life will end when non-/dysfunctional. The importance of the sexual glands as the engine of rejuvenation cannot be emphasized too much. If sexual glands producing hormones (the fire which helps rejuvenate cells and tissues in the sexual glands) malfunction, cell/tissue regeneration and mental/physical performance fail. When the mental and physical aspects of the body become tired, depressed, or negative, more problems or illnesses occur. Then the aging process begins. All these problems can be prevented or corrected by well-functioning genitalia. When the machines of rejuvenation are activated through the practice of Taoist sexology, aging can be prevented. And when aging is prevented, death is prevented. The ancient search for the fountain of youth may end here, for Taoists believe that immortality can be achieved by transforming the physical body through continuous rejuvenation. Not only is Tao of Sexology a fountain of youth, but it is also a refreshing solution that unites the common dilemma between reaction to one's sexual desires and devotion to one's spiritual aspirations. On the one hand, some social influences only promote the release of sexual instincts at the animalistic level. On the other hand, many religions stifle or condemn sexual desires results in many problems, such as STDs. Suffocating of sexual desires leaves people dissatisfied, for they are not bodiless spirits as long as they live on earth. None of the approach meets people's needs because people have both physical instincts and spiritual instincts to serve a spiritual purpose. Tao of Sexology techniques provide direct, tangible tangible of God. By sharing true love, giving true love and receiving true love and receiving true love, two people learn to understand God's nature. To experience God. (The specific techniques involve acupuncture points and nerve reflexology. They allow the couple to merge their energy at the level of their respective bodies and awaken their intuitive and spiritual centers.) Why would we want to experience God? If we have always been blind, we cannot fully understand god's meaning of light. Similarly, we cannot fully understand god's meaning without experience God? If we have always been blind, we cannot fully understand god's nature, we can go with God and finally become like Him. Unfortunately many people think sex is dirty or sinful. Because they were not taught about the relationship between sex and spirituality, they were cut off from an important means of experiencing and understanding God. Therefore, many must find other ways to get closer to God, but during their quest many will develop sexual complexes that frustrate their spiritual aspirations. True Taoist methods like those of Taoist sexology help us see within ourselves for Divinity, while ensuring our independence from man-made temples, priests, rituals, etc. Unlike some religions, which rely on faith and prayer as the only means of helping followers, Taoism places great emphasis on active practice. For Taoists, knowledge and self-discipline are sufficient to master the methods of direct communication with God. After attending many of my lectures, many clinical and behavorial sexologists came up to me and said such things as you have covered in the first five minutes of your lecture what I had just spent six years studying at university. The rest of what you discussed was never mentioned in my courses – and that's the most useful information of all! Gynaecologists also attended my lectures and courses. They told me that they finally knew how to help their patients, advise them, and give them tools to help them repair their organs and help their body function properly again. Before, all they could do was operate on them. After doing some or all of the exercises taught in my sexology courses, others told me that they finally understood what it was to enjoy not just sex, but life itself. They said they were given a lifetime of benefits from what they had learned. I told them that if they kept practicing what they had learned, things would get even better. Because the information tested and used for 6,000 years would help someone lead a longer, happier, healthier and wiser life. The ancient Taoists were not ethereal, abstract philosophers. They were very practical, scientific people. If a technique didn't work, they discarded it. If a It. They did not promise their students that great benefits awaited them after death; benefits were immediately reaped through the use of Taoist techniques. What is a Taoist? Anyone who has a desire to live longer, happier, healthier and wiser is a Taoist. Anyone who seeks and practices anything to achieve these goals is a good Taoist. And good Taoists have eternal life. As mentioned before, we must experience God in order to have eternal motion machines that many scientists dream of. Eternal motion machines do not exist, but eternal human machines do because humans are imbued with God's spirit—the desire to improve themselves and the power to rejuvenate themselves. Since the conditions for immortality - the desire to improve and rejuvenate - are innately found in each and every of us, all we need is Taoism to refine and guide our efforts. Because Taoism is the only philosophy that deals with immortality. Over 6,000 years ago, the ancient Taoists began studying ways to extend lifespan. They weren't looking for artificial ways, such as injections, implants, etc., to add a few years to life. They knew that materials alien to human organs can cause more complications and can eventually lead to earlier deaths. The ancients sought natural, practical and effective ways to prolong life indefinitely. Their research resulted in methods that help people go with God. All of Adam's offspring, listed in Genesis, had a time of birth and a time of death, except Enoch. Enoch did not die because God chose him, and God chose him because he went with him. Without having to commit to convent—Enoch was married and had three sons—he was able to eternalize his physical body simply by spending his days walking with God. Elijah is yet another example of mortals whose physical body stayed forever. Jesus is still someone else. His resurrection involved his physical body, not his spirit. He could eat, talk and be touched by others, but his body was not limited by time or time. He could pass through walls and doors. In other words, Jesus had a spiritual body. His body was spiritualized at the time of His resurrection. The Bible, specifically the Book of Revelation, tells us that either before or after the coming disaster on earth, 24,000 people will be picked up physically and be spared from death. But prayers and donations to the church will not guarantee one's admission among the 24,000 people. You have to go with God. Currently, there are many saints and holy men in India and China who are not limited by time or time. In Chinese historical records, one can find the detailed personal stories of 2,000 Taoists who have been spiritualized. God gave us and time on earth to learn and practice divinity necessary to spiritualized. God gave us and time on earth to learn and practice divinity necessary to spiritualized. God gave us and time on earth to learn and practice divinity necessary to spiritualized. learn their lesson well are forced to come back in successive reincarnations to learn and relearn their lessons in increasingly painful situations. Reincarnation provides physical bodies - physical carriers where lessons are learned - for those who need to learn their experiences, and sex and reproduction support reincarnation through subsequent generations. Sex is inevitably and underliably part of the process of immortalization. With the appearance of Jesus, immortality took on unprecedented importance in the West. In the Old Testament, except for a few references to Enoch and Elijah, immortality was not mentioned. Jesus may have acquired an interest in immortality during his travels to India and China — his travels took place after his childhood and before his return to a public life with the apostles. During his sermons, he made many philosophical statements about elevated plans of existence: a person must be reborn to enter the kingdom of God, etc. (Unfortunately, Jesus never described the practical ways of achieving immortality; It is doubtful that his disciples learned anything practical from him, since he was only with them for three years and at that time was preoccupied with healing and preaching.) Coincidentally, rebirth also plays an important role in the attainment of immortality in Taoist teachings. According to Taoism, birth is associated with the sexual glands. But of course no one could go back to his or her mother's womb to be reborn. Taoists define rebirth as the use of sexual glands to rejuvenate bodily cells and tissues to transform or spiritualize the body. This process will be explained below in the section on the section on the seven glands theory. The kingdom of God is said to be for spiritualized individuals. This teaching of Jesus is one will find many instances of randomness; and many expressions in the Bible, which might seem rather or mysterious otherwise, will be clarified. I. THE SEVEN GLANDS: IMMUNE SYSTEM The ancient Taoists understood that the human body could not exist unless there was a continuous supply of energy entering the tissues and organs. They realized that health was maintained when the energy in the body was balanced and that the disease occurred when there was energy thinning or weakness. Energy is a dynamic force, in constant flux, which circulates throughout the body. Many people plausibly replace the word life for the word energy, since the essential between the two words is so subtle that it eludes all but semanticist. Each expression is essential to develop an accurate understanding of energy theory, as it applies to the body. For all practical purposes it can be said that life is an indication of energy in the body. All that comes to mind is hearing the word life- breathing, talking, sleeping, eating, even the ability to read, think and hear - all of these can be achieved only because of the energy in the body. This always applies to those functions or activities which are not noticeably noticeab its anatomy as well. For what is a solid structure like bones, except a mass of living cells? All forms and activities in life, both anatomical and physiological, are supported by, and at the same time depleting, the energy of the body. We receive much of the energy we need from the food we eat and the air we breathe. But the body, like an expensive car, must be fine-tuned if it is to drive properly and utilize this energy to the maximum. Over the centuries, Taoists understood that the body's seven glands, in descending order of the body, are as follows: 1. The pineal gland, which directly affects the other glands through its secretions and allows one to communicate at the spiritual level. Intuition and conscience are also associated with this gland, which is also called the House of Spirit. 2. The pituitary gland, which controls memory, wisdom, intelligence and thought, is also called the House of Intelligence. 3. The thyroid gland, which maintains the metabolism of the cells in the body, controls the growth. It is also associated with the respiratory system. It's called the Incuber's House. 4. Thymus gland, which controls the heart and circulatory system, is also called House of Heart. 5. The pancreas gland, which helps maintain control over digestion, blood sugar, and body temperature, is also called the House of Transcendence. 6. The adrenal glands, which support the functions of the kidneys, bones, bone marrow, and spine, can also be called House of Water. 7. The sexual glands -prostate and testicles of the male and ovaries, uterus, vagina, and breasts of the female-are responsible for hormone secretions, sexual energy and response, and reproduction. It is also called House of Essence. Figure 1. Equilibrium among vessels Each vessel (gland) relies on all the others for its supply of liquid (energy). If container A (the sexual glands) is supplied with fluid, slowly spread through the tubes (blood vessels) to the remaining six vessels. Similarly, if Vessel C (pancreas) had to be drained of much of its supply to restore an equilibrium in the system. This is similar to the way energy flows in our bodies. A state of weakness or susceptibility to disease occurs when a system, or in this case a gland, is deprived of energy for some reason. Our task then becomes one of not only restoring the flow of energy so that we raise the level of energy in our body to its maximum. Balancing and increasing energy to its proper level through the seven glands system is the Taoist way to strengthen the immune system. By increasing the energy to strengthen the immune system, we can then reverse our existing weakness and heal ourselves, as well as harness the higher order of energy to open up our spiritual centers and prevent aging. Dr Alexis Carrel, a Nobel Prize winner, stated that the glands system was a wheel of life. If the wheels of life turn smoothly, there will be no problems or interfere with the cellular processes that are eternal. Dr. Carrel, from his extensive experiments, found that each cell was originally immortal. Humans are therefore originally immortal. If people die, it is only because their cellular processes are hindered by poisonings, diseases, etc. A functioning glands system is the key to ever-functioning order. If the first six glands are not filled to their capacity, then the seventh gland or House of Spirit will not be filled either. We can quickly realize that if one were to surgically remove one of the gland systems, a permanent thinning or lack of equilibrium would be created inside the body. The sexual glands form the base of the gland complex. This is why, within the Taoist system of healing, all available routes are explored before surgery (hysterectomy or prostatectomy) is performed, especially if it involves the sexual glands, as these include the basic foundation which supports all the other glands. Whether a gland is or is not removed, it is very important to practice the internal exercises to provide a continued supply of energy to the body to prevent the person from being weakened even more. The modern term for the seven glands is endocrines. The endocrines form what is called the endocrines form what is called the endocrine system. Endocrinology is a relatively new branch in medical science, and much remains to be discovered by modern scientists. But the old ones have already given us a lot of information about the structure, nature, endocrine system and immune system. II. LONGEVITY: PREVENTION OF AGING AND THE HUMAN BATTERY When the ability to regenerating is hindered, the body is sick. To prevent diseases, you need to protect the immune system. A Taoist apphorist succinctly states that immunity is a natural gift in life: when you do not contract moderate diseases, you will not contract serious diseases. When you don't incur serious illnesses, you never want to die. In other words, if you keep the resistance of your body high, you will not be affected by bacteria or viruses. A body that is healthy can withstand all sorts of illness, but one that is weak or lacks resistance can be brought down by a small germ. In order to prevent death, one only needs to prevent the small diseases. The approach to healing taken by medical science can be seen in the classic approach to warfare: it finds the bacteria and kills them, and it locates the sick organs and other medicines. Taoists take a different approach. Instead of studying death and disease, they study life and health and the methods to sustain them. The ancient Taoists knew that there were millions of different bacteria and viruses and that it was pointless to try to develop ways to kill them all. They realized that the only sensible approach saves the potential sufferer from having to suffer from a disease while he or she is waiting for cures to be found. It also saves Taoists from the tedious task of researching all disease-causing substances on earth. Certainly Taoists know how to heal. It is necessary that they do, but their main concern is to prevent disease, to prevent their students from ever contracting an illness in the first place. Since Taoists were not preoccupied with chasing down and curing every little disease, they were able to invest their time and energy in devising a very detailed and complete method of disease prevention—a method that is thousands of years old but very modern by today's standards. This method prevents energy loss, the primary cause of weakness in the body and its susceptibility to pathogenic substances. The human body is like an electric battery: it needs energy level of energy in a person's body drops below full capacity to 70%, that person will feel miserable. When the energy level drops to the 50% mark, this person will be hospitalized. When energy levels drop 20% mark, he or she will be in intensive care. If a person has 0% energy, ene everything remains intact and unchanged. The only difference between the body and the living being is the amount of energy that is present in the body. A living creature has a fully charged battery; a dead person, a completely exhausted battery. Energy depletion occurs every second of the day. As soon as you open your eyes in the morning, you start to deplete your energy. This happens especially when you're concentrating on looking at a moving object. All our regular daily activities will break down our batteries somewhat. These include watching TV, talking, daydreaming, walking, eating, thinking and worrying. Unhealthy sex practices are a very important cause of wasted vital energy. Anger and other negative emotions also deplete a huge amount of energy. A simple exercise, done in one minute, will show how much energy is lost through your eyes: 1) Fold your right arm by your side. 2) Ask someone to try to pull up your arm while resisting as much as you can. 3) Relax your arm and concentrate on the other hand of a watch as it travels around the clock for a minute. 4) Repeat step 1 and get someone to try to lift your arm again while resisting. From your weaker resistance in the second attempt, you can easily determine the amount of energy emitted from the body through your eyes. To give people an idea of the extent of energy loss, tests were performed and these tests showed that energy lost in one minute was only recovered after twenty long minutes! Kirlian photography provides further evidence of energy loss. Kirlian photography, done with high voltage equipment, captures the image of energy emissions from the body and allows the naked eye to see how the body loses energy. Like colored flames, energy is seen to shoot out of the fingers. One will also see changes in the shine and height of the flames, energy is seen to shoot out of the fingers. object with relatively lower energy levels. Thus, vital energy has been shown to be subject to physical laws: it flows from areas of higher concentration to areas of lower concentration. So when you touch someone who has less energy than you, your energy will be exhausted. Experiments conducted with Kirlian photography on cigarette smoking showed that cigarette smoking depleted energy drastically. After just ten minutes of cigarette smoking, there could be no energy flames in the Kirlian photograph of the smoker. Kirlian photograph of the smoker, there could be no energy flames in the Kirlian photograph of the smoker. Which is a chain smoker of cigarette smoking depleted energy drastically. After just ten minutes of cigarette smoking depleted energy drastically. the at the opposite end of the chain fell. Similar results were achieved with drugs and alcohol. Any kind of energy loss, like disease, causes aging. Without energy cells and tissues stop regenerating and shrink and die, so to prevent energy loss the human battery must be recharged. In normal circumstances, the battery should be recharged by consuming food and restful sleep. Unfortunately, some people are not able to meet one or both requirements. If this is the case Taoist methods can help (methods of proper eating belong in another subject area and will not be discussed here). Usually, the human battery recharges itself every night when you sleep. After the day's activities, thoughts and concentrations have exhausted most of your energy, you will feel drowsy and fall asleep so your body can recharge itself. Sleep relaxes meridianal entry and starting points and allows energy in the universe to enter all the acupuncture points, travel through all the meridians and reach and recharge every cell in your body. The next morning, when you wake up, the battery is charged and your energy level is high again. Like the battery and generator in the car, the human battery recharges automatically – if everything works as it should be. If everything works out brilliantly, everything takes care of itself and you don't have to do anything. But when you're not sleeping well, the natural processes are blocked. For example, if insomnia due to worries or constant thoughts prevents you from getting the sound sleep you need to let go of all the problems and worries of today. Tell yourself that you will deal with them tomorrow and that what you really need is relaxation and rest. This may be why Jesus instructed us to avoid carrying our wrath with us past sunset. We have to let it all go and sleep. Sometimes energy from food and sleep is not enough to compensate for stress, tension, and anxiety perspendished by certain lifestyles. Sometimes blockages in your battery can prevent it from recharging. In these cases, recharging the irreplaceable battery must be done through a process called rebirth. Sex usually breaks down your battery if the methods recommended by Taoism are ignored. Because sex causes a great deal of tension - and tension closes up meridianal inputs and starting points - the body's ability to receive energy is blocked. In addition, a person will lose energy even if both parties have the same energy level. This is why many people suffer from post-coital depression after sex. To counteract the aging effects of sex, one must be reborn. Rebirth is the continuous energy levels by exercising the genitalia: not only do they contribute to the rebirth of the individual. III. REBIRTH taoists refer to the sexual glands as cooker. A stove is where fire or sexual energy is generated. Without a wood-burning stove, the fire cannot be generated or utilized properly. So no one will be able to cook and fire, old alchemical expressions from the days when this information was kept very secret, describe part of the process of rebirth. Another ancient alchemical term is water. Water represents all secretions from the kidneys, bladder, adrenal glands from which these secretions are derived. Taoist teachings that one must be born of water and spirit; interestingly, Jesus said the same thing: Verily, Verily, I say to you, Except a man be born of water and [of] the Spirit, He cannot enter the kingdom of God. Your genitals and your urinary organs are considered to be sister organs of Taoism. They are connected because both are related to the water element, both share similar openings and anatomical areas, and both have mutual effects on each other, that is, both strengthen or weaken each other in an infinite cycle. Detailed explanations of the above topic, which constitutes a huge subject area of Taoism, will be given in the book The Tao of Sexology: The Book of Infinite Wisdom, IV, ANUS: AN INDICATOR OF AGE Your chronological age, the number of years you have lived, may be an indicator of your age, but your biological age is the condition of the anus, that is, the density of anal sphincter muscles. The anal sphincter muscles belong to the same energy unit as the sexual glands are weak, the muscles are also weak. An example of the previous relationship is the difficulty of inserting something as thin as a thermometer into the anus of an infant. The density of infantile anuses continues until the need to defecate causes the anus to loose and let go that many people will have difficulty controlling their waste when they release intestinal gases-a condition that indicates old age. Furthermore, if a stroke or heart attack has made a person unhealthy, that person will not able to control his or her feces. Often they can't hold waste at all. The older a person is, biologically speaking, the looser the anus becomes. The anus can be used not only to measure biological age, but also to change biological age. It is possible to lower the biological age through the practice of Deer Exercise makes use of muscular movements to exercise the sexual glands internally to revive them. All this information is not even 10% of an entire book of solid facts and techniques. More information about the simple origin of rectal or prostate cancer is provided along with the simple method of prevention. Why and how the size and shape of the penis can be improved through completely safe, natural, no-cost, pleasant ways. Avoid heart attacks due to improper technique. The secret of injaculation, through which a man can retain his precious vital energy and maintain his erection and athletic prowess, is revealed. How this technique facilitates a woman who is brought up through the nine levels of a complete Taoist orgasm is explained. For women, the simple cause of cervical cancer, infertility, kidney problems, or a myriad of health problems are revealed along with their simple solutions. Techniques that bring unparalleled pleasure as well as vibrant health, youth and beauty. For both men and women, the true meaning of compatibility is explained as well as face-reading techniques that prevent conflict (no, body language reading is not involved). A perfectly safe, side effect-free, reversible-at-will, no-cost birth control method is explained. Secret time-tested and simple rules that strengthen a family unit are revealed. So is a surefire technique that overcomes exhaustion and tight schedules to strengthen the bond between a couple. Secret techniques that increase children's intelligence, wisdom, health, etc. are revealed. But there is still more, as explained below. V. TABLE OF THE CONTENTS OF TAO OF SEXOLOGY: The Book of Infinite Wisdom preface Part I: living longer, happier, healthier and wiser a record Taoism Tao of Philosophy Tao of Revitalization Tao of Revitalization Tao of Success immortalizing Evolution the Seven Glands: Immune system life; Prevention of aging The human battery Rebirth Anus; An Indicator of Age Cleansing Anus The use of Sunlight PART II: KNOWLEDGE, TECHNIQUE AND PERFORMANCE OF THE MALE PENIS: How to Change Its Size and Shape Prostate Massage Ejaculation Million-Dollar Point (Injaculation vs Ejaculation, Prolongation of Arousal, Long Life) Deer Exercise for (Rejuvenation and increased arousal period) Instructions for Deer Exercise Determination of Male Physical Problems Male Masturbation and Reflexology Rhythm Theory Impotence Circumcision the Female Breasts Care of Vagina Orgasm in Women: The Nine Levels Female Masturbation and Reflexology Deer Exercise for Women (Healing and Fory) Instructions for Deer Exercise Menstruation Female Problems Frigidity PART III: TEAM OF TEAMS OF TEAM MAN AND WOMAN TOGETHER Teambacks on Men Set of Nine Healing Positions The Eight Healing Positions for men the seven healing positions for women other healing positions for women other healing positions treatment of lower back pain Times of Day affects Healing Positions Morning and evening prayers Golden rules for the family the other highlights to choose a partner Facial Analysis: Determining the genitals The prohibited Eugenics Choosing sex of a child The theory behind Gender Determination PART IV: INFINITE WISDOM SUPPLEMENTS Advanced Deer Exercise Affairs Bather Odor Celiac Hospital Comments on Birth Control Methods Determination of Prostate Problems Diet Drugs Ejaculation Energy Fantasies Fertility The five abilities Of the five virtues penis the five virtues of rectum Foreplay Heart Problems Hiatal Hernia Homosexuality Hormones Intelligence PainterAlquads Oral Sex Sadomasochism The seven seeds of Skene Exercise Statistical research conclusion CONCLUSION INDEX VI. Tao of sexology statements Charles F.: I am a man, 84 years old, now in a nursing facility-has been for two years. I ended up almost impotent and haven't had sexual intercourse in ten or fifteen years. Plus cardiac arrest and a lung breakdown in 1985; cataract surgery (right eye in 1988). So I'm bits & amp; pieces, but in the last year or more I've been training regularly, and since I read your book, I've put many of your sexual exercises into practice – with the result that I'm again a sexual man. I can do four sets of nine, teambacks, and achieved a 90 degree erection. Joseph H.: I loved your book Tao of Sexology very much. Already I feel that I have benefited immensely by reading it and [have] started practicing some of the techniques you prescribe. It's just priceless. Kerwin W.: Thank you for your book Tao of Sexology. I think it is a unique, benign and valuable publication for this day and age as it emphasizes the spiritual aspect of sexuality. Robert S.: I read the book The Tao of Sexology by Dr. Stephen T. Chang. It was well written with moral values in mind. Malinda R.: From what I've experienced with deer exercise, it helps to keep my chest in a firm shape. Forrest H.: Pricewise, that's the content A big contribution. Charles B.: It's a great book-let reading and a great amount of info that I didn't know existed. Beverly N.: Last night [my husband] read a bit of your book Tao of Sexology . . . and did deer exercise for the first time... Strangely, in the last week or so there has been a deeper understanding, even though we have not loved since 6 June. Still I feel hope that life, individually and together, now has hope of healing. I no longer carry the deep anger towards him, I didn't quite realize I was embracing. I'm calmer and more patient. Donna G.: I read a book called The Tao of Sexology by Stephen Chang. I'll tell you how much I love it. I couldn't put it down and I've done the deer exercise for women and I feel great. I've been to several doctors because of a hormonal imbalance I have, but the exercise has helped me. It's the best book I've invested in. I'm so glad I found it! Larry G.: I was given tao of sexology by a doctor and would like to express my thanks for Mr. Chang sharing the infinite wisdom of Taoist. Rasul A.: I found the book by Dr. Chang a concentrated effort of lighting and inspiration... Although I am an Orthodox Muslim I am unable to praise Dr. S.T.C. for it being reserved for the almighty and no one besides, but I am able to extend my sincere gratitude and respect and honor toward his commitment, constancy, and expertise toward his scientific pursuits. Patrick L.: I bought your book The Tao of Sexology a number of months back and found both the book and subjects taoism extremely interesting. One element that I found particularly interesting was the practice of the male deer exercises; both phases one and two. The book makes the claim that by ejaculation the body loses a tramendous amount of energy and nourishment, and that by adopting Taoist sexology one can reinvigorate the endocrine system, instill chakra energy centers from the base chakras to the crown chakra as well as return white hair to their original pigmentation. After months of practicing these methods, I have experienced everything the book has mentioned. The one aspect that I'm not sure about is whether this previously depleted energy resource that is now being reincorporated will eventually restore my few white hairs that have been unfortunately multiplying in recent years.... I have observed a number of seemingly new red colored hairs which could be the primary stage of recoloration or they simply may have existed earlier before I started scrutinizing each aberration after I initiated these exercizes. exercizes.

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