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The lead section of this article does not adequately summarise the key points of its content. Please consider extending the leads to provide an accessible overview of all important aspects of the article. (October 2017) Tudor food is the food consumed during the Tudor period of English history (1485–1603). Food See also: English cuisine § Vegetables from the 16th century Common vegetables used during the Tudor period, new foods were brought from America, such as tomatoes, potatoes, and peppers. {{fact|date=January 2019}} Poor meat ate whatever meat they found, such as rabbits, blackbirds, pheasants, partridges, chickens, ducks and pigeons, as well as fish they caught from lakes and rivers. Meanwhile, rich people have also eaten more expensive varieties of meat, such as swan, peas, geese, wild boar, and deer (hunted). [1] Herbs were often used to flavour their meals, and the rich had a separate herb garden to grow what they needed, such as parsley, mint, rosemary, thyme and sage. [1] Tudors bread of all classes consumed bread in all their meals as the main source of carbohydrates; however, its quality varied. The cheapest bread available was Carter's bread, which was a mixture of rye and wheat. Middle class or prosperous tenants ate ravel-also known as Yeoman's bread-made from white wheat flour. [2] Banquets and celebrations the Aristocrats organized banquets and celebrations consisting of different courses in which each course had a variety of dishes brought at the same time. People then could choose what they want to eat. [3] First Tudor food course set during a Tudor re-commitment pies on tin plates at Hampton Court Brawn (Wild boar meat) Roast Tongue Leg Pork Roast Venison (deer) Meat Pie Vegetables in season Bread Wine Second course roast lamb Rabbit Bread canned fruit Gingerbread sugar almond shaved fish pie Pie Drinks Everyone drank beer during the Tudor period because the water was considered unhealthy. Ale at the time was prepared without hops and was not particularly alcoholic. [2] The rich also drank wine,[1] which was brought in much of Europe, but some of them were produced in the vineyards of southern England. The rich drank from wooden glasses and glasses and glasses and glasses of wine imported from Italy, which were incredibly expensive, while the poor drank from wooden glasses and glasses and glasses of wine imported from Italy, which were incredibly expensive, while the poor drank from wooden glasses and glasses and glasses of wine imported from Italy, which were incredibly expensive, while the poor drank from wooden glasses and glasses. the time was very important due to several or more people digging in a bowl with their fingers. Therefore, they were advised by Miss Manners of the day to wash their hands outdoors where everyone could see to make sure they were clean. [4] In addition, the birthandies of the Renaissance and the Middle Ages listed a few things that are frowned upon at the table, including: Putting Your Fingers in Your Ears. Ears. hands on your heads. Blowing noses off or wiping sweat with napkins. Poking around on a plate, probably looking for the better piece of food. Throwing bones on the floor. The right place for bones was a plateau. The wind release. References Wikimedia Commons has media related to Tudor Food and Drink: Facts and Information | Primary facts. primary facts. primary facts. com. Taken 2016-03-16. ^ a b Tudor England Food & Drink Facts - What Did Tudors Eat?. English history. Retrieved 2016-03-16. Medieval menu. tudorhistory.org. Taken 2016-03-16. Further reading Alison Sim (1997) Food and celebration in Tudor England. Stroud: Sutton Peter Brears (2003) Tudor Cookery: recipes & amp; history; Revised. Swindon: English Heritage Retrieved from I spent half a century (yikes) writing for radio and print-mostly printing. I hope to still be tapping the keys as I take my last breath. King Henry VIII had a huge courtyard of counselors, companions, gentlemen of the private room, and various other hangers-on, all of which had to be fed twice a day. Satisfying the appetites of hundreds of courtiers required a vast complex of kitchens and staff. All this was suitable for a man known as a food and women consumer. A roaring fire for roasting in Hampton Court Palace.KotomiCreations on Flickr Court KitchensAccording to the National Archives A measure of greatness at that time (Henry's lordship) was the number of people that surrounded you, the more people that surrounded you were. When Henry stayed at Hampton Court he was accompanied by nearly 1,000 people. So feeding that mob needed a very large kitchen and a staff of about 200, all of which also had to be given meals. A Spanish visitor noted there are usually eighteen kitchens in full explosion and they seem genuine hells, so is the commotion in them ... There's a lot of beer in here, and I drink more than it would fill the Valladolid River. The Great Kitchen boasted six open fireplaces that warm up with heat while roasting pigs and game haunches on spit. The boys had the least attractive job of all; they had to sit next to the infernos turning the spits. The heat was so strong that they took to take off their clothes and this displeased the monarch. He issued an order that hedgehogs had to stop being naked, or in vile clothes, do now, nor lie in nights and days in the kitchen or on the ground at the edge of the fire. An idea of generated is given by food journalist Kathryn McGowan It is estimated that six to eight tons of spiced oak was burned in kitchen fireplaces every day during King Henry Henry in addition to the roasting room there were 50 smaller rooms to make with fish, making pastries, or pick-up and bottling. It is hard to imagine Henry feeling flattered by this portrait of Hans Holbein the Younger. Public domain Dining at Hampton CourtHenry VIII preferred to dine in his private rooms with his nearest courtiers; smaller beings ate elsewhere. Under the guidance of the almighty Lord Steward, what was eaten were subject to the rules. The first meal of the day was served around 10 a.m. and the second at 4 p.m. These were the number of personnel who attended each whim of the king that two meetings were necessary. Those like the grooms and guards were fed in the Great Hall and received two courses. The next level in the order of the nibble brought his food to the Great Surveillance Hall. The courtiers and their wives had better quality food and more options. Alexander Barclay was a poet who dined with the lads of the Great Hall. However, he received a glimpse of the more juicy fare heading for Great Watching Hall and was moved to write... to see such dishes and smell of sweet smell, and nothing of taste, is total dissatisfaction. Hampton Court's Great Hall. bvi4092 on FlickrHenry's BanquetsHenry VIII used food as a way to demonstrate his strength. While ordinary people had to deal with pottage, a soup made with anything that could be found, Henry liked to put his guests in the awe of extravagance of his banquets. There might be as many as 14 courses and cork show was the use of spices. Cloves, cinnamon, pepper, and other spices were so exorbitantly expensive that only the richest people could afford them. A sprinkling of mace or nutmeg on the food told the consumer to bow to the greatness of your monarch. Henry VIII's share, \$46.85, is served at the House of Prime Rib in San Francisco, Arnold Gatilao on FlickrEach course was preceded by the introduction of a subtlety. It could be a castle built of marzipan, or a fantastic beast made of spun sugar and wax. They weren't to be eaten, but simply to impress. Roasted meat with spit was essential for the meal. In ordinary days, this was probably pork or mutton. On special occasions, peacocks, herons, egrets and swans will be served. (Even today, it is against the law in England to eat swan meat, unless given special blue plaque. Eels, cod, herring, crabs, trout, and any other aquatic beasts were added to the pantry. If he had feathers, legs or fins, he'd end up on Henry's table. Deer, oxen and calves were part of the heavy meat diet. Vegetables were considered peasant food, but they appeared at Henry's feasts, although the king He almost never ate them. After noting the University of Reading Cabbage, peas, broad beans, leeks, and onions were all served up to Tudor diners. Large quantities of beer and wine accompanied each meal. Historians estimate that 600,000 gallons of beer (enough to fill an Olympic-sized pool) and around 75,000 gallons of wine (enough to fill 1,500 tubs) were drunk every year at Hampton Court Palace (How Stuff Works). Thomas Starkey, described as a Tudorian political theorist, visited Hampton Court and wrote: And if they [the nobles and many of their servants] do not have 20 varied meat dishes for dinner and dinner, they consider themselves lighted. Sugar was a very rare commodity, so desserts in the form of cakes and pies were not usually part of the Tudor diet, although the fruits were. Snacks for Henry are ready for roasting, Brian Gillman on PanoramioBonus FactoidsEfforts were made to impose distinctions among Tudor society by law, Socalled sumptuous laws have tried to determine what people at different levels were allowed to eat. For those at the bottom of the pile, the sumptuary laws had little relevance; they couldn't afford to eat anything, but swill. But higher up the ladder, laws were important. Melita Thomas, editor of Tudor Times, explains that failure to do so (the sumptuary law) could earn a fine, as well as contempt for trying to get the best monkey. In theory, even the nobles should have limited the amount spent on food each year to about 10 percent of their capital, although that was for their immediate family, and did not include the amount to be spent on the household. Shortly after Henry removed this deadly coil in 1547, a record was made of the supplies needed to feed his daughter's household, Queen Elizabeth I, for one year: 1,240 oxen, 8,200 sheep, 2,330 deer, 760 calves, 1,870 pigs and 53 wild boars. It has been estimated that 80 percent of the Tudor nobility diet comes from meat proteins. Cardinal Wolsey acquired Hampton Court Palace in 1514 and embarked on a massive expansion program. However, the cardinal fell in favor of the king when he refused to allow Henry to divorce Catherine of Aragon. Henry fired Wolsey, established his own separate church from Rome, and married Anne Boleyn. He also simply confiscated Hampton Court from Cardinal Wolsey. In this way, he avoided the real estate agent's fees. Hampton Court Palace. Jen on FlickrSources The Private Life of The Tudors. Tracy Borman, Hodder and Stoughton, 2016. Henry VIII's kitchens. Historic royal places, undated. The rules of Henry VIII's Court. National Archives, Henry's House of Fun: The Oddball Stories Behind Hampton Court as the 500 turns. Matthew Dennison, The Express, May 4, 2015. We're having lunch at Hampton Court. University of Reading, undated. In the kitchens of King Henry VIII. VIII. McGowan, Cometibles, August 17, 2010. 12 articles on the feast of Henry VIII. Works Stuff, undated. What was on the menu? University of Reading, undated. Tudor Dining: a guide to food and status in the 16th century. Melita Thomas, bbc history magazine, undated. © 2018 Rupert TaylorCommentsRaja Kumar on February 11, 2020:Interesting read. I want to read more such articles. ThanksSkyla guzman on December 2, 2019: Wow so cool

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