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Table topics questions for work

One of my favorite parts in Toastmasters' meeting is the table topics section. It's fun because you catch people on their toe while talking. It's a really fun exercise to get your mind thinking. If you're like me, then you tend to answer questions in your own mind, even if you're not up front saying Purpose Table Topics This is an important part because it teaches you how to speak with your own eyes. Provides an opportunity for members who have no speaking or meeting tasks. Basically, you have 2 minutes to create a response. Why some people avoid it Many members tend to steer clear of Table Topics. It's because they're worried about what's the question. I explain to them that there really is no correct or wrong answer. You could literally lie and no one would know (assuming you don't have a close friend or family member who knows all your stories) Tips on how to handle the questions table of topics Again I want to reiterate that there is no correct or incorrect answer. What I'm doing is listening to the question. Then repeat the question aloud. Finally, repeat the question again. What I'm doing is using this short window to form my answer in my brain. Now, if it's a question you don't like, try turning it around so that you'd like to answer it. Politicians and talking heads at news stations do it all the time. They're throwing up what they want you to hear. Just tune in to CNN and Fox and listen to any conversation and see how they react. My top desk theme issues' Many of these questions I've curated over time. A lot of them are questions they hear on some of my favorite podcasts, such as Tim Ferris, Lewis Howes, and James Altchur. I formatted some of them to fit the Toastmasters' meeting. Want some great table topic questions for your next Toastmasters' meeting? Click to tweet What do you spend the most frivolous amount of money on? Do you think people throw money at problems, or are they just wasting money in trying to improve their lives, i.e. (buying expensive sports cars, boats, etc.) What is the one thing you do that people think is crazy and why do you do it if you can survive one moment in your life, what is it and why? What's your goal in the next 10 years?, and then what's stopping you from doing it by next year? There are many great TV shows that are watched along with spouses and family members. What do you say or react to if you actually saw an episode before watching it together? You pretend you never see it, pamper it by saying you've seen it before? It is also known as Teledultry. If theirs was a movie about your life, would it be comedy, drama, action, romantic and what actor would play you? What's the best thing you've ever bought that was under \$50 if you can go back in time to your 15 year old self, What advice You give your 15 year old self what is your morning ritual and how has it evolved over the years? If I looked at your bank account, what would I see that you would spend your way to a lot of money? If you can change your career regardless of whether you have talent, what would it be and why? Who is your secret celeb crush and why? What superpower would you rather have? Reading the mind or invisibility? Who do you think would win the fight between Grizzly Bear and Silver Back Gorilla? At what point in your life did you finally realize that you are no longer a child and need to be an adult if you can talk to anyone in the world who lives or is dead for 30 minutes, who would you talk to and why? If you can punch someone in the face and get away with it without consequences, who would it be and why? What is the definition of success for you? What habit do you have that annoys other people that it is in your life? If you had the opportunity to talk to animals like Dr. Dolittle or speak any language in the world immediately, what would you choose and why? What is your most controversial opinion that most people disagree with you? What TV show or movie would you actually like to see happen in real life? When kids grow up they say they want to be an astronaut, a firefighter, a teacher, etc. etc. what did you want to be when you were a kid and eventually you did what you wanted when you were a kid? We are who we are because of the decisions we make for ourselves. Think about the last big decision you made, i.e. new job, car, house, etc. What would happen if you decided on a different choice? Do you think kids should have Celebrity Role Models? What happens if they do something that does something wrong? What Life Hack have you done that has changed your life that people need to do. Would you rather make a difference in the past or find out what happened in the future. What is your definition of being rich and why? Pretend you knew exactly when you were going to die and how. Now think about how you would live your life moving forward. What would you do and why? If someone gave you \$1 million and told you to set up a charity and give it all away in one year. What charity would you create and why? They say that beauty is in the eye of the viewer, which you consider attractive in a relationship. Describe the world in 20 years. Which we would do differently than we do today. Will there be flying cars, teleportation, people living under 150? Each generation complains about the previous generation. That music, attitude, movies, clothing styles is bad. What do you complain about the previous generation and why. What you think is the best way to be the most popular kid in high school. Talk about your favorite homemade sandwich and detail every step of the way to do it as if you're in a cooking show. What was the worst job ever had and how did you end up leaving it? Pretend you don't have to be an adult for the next 48 hours with \$250 in cash that you have to spend. The requirement is that money can only be used for things that will make you happy. Describe exactly what you would buy and why what if normal people had a pig looking for noses. Somehow you were born with a typical human nose that we see today. Would you consider myself ugly? What do you think? What if you had the opportunity to change something in history or change the future. What should it be and why? Pretending to be biologically human body can have 1 cheat a day to eat per month. This means that a person can eat anything they want without any health consequences or weight gain. Describe the whole day of food on this day. Breakfast, lunch, dinner, and even snacks. My favorite Table Topics Question for Toastmasters' Meeting When eating Thanksgiving dinner, many families take the time to share things for which they are grateful. This is amazing because it gets everyone thinking about gratitude. Family members sometimes find themselves repeating the same things over and over again. There is nothing wrong with it--most of us are truly grateful for things like friends, family, work, our homes, health, etc. However, there are many questions that we could ask each other in order to provoke deeper thinking and create meaningful conversations. Thought-provoking questions to ask during Thanksgiving dinner I brainstormed 30 questions to ask around the Thanksgiving table. I'm listed below and I've placed it in a convenient print. You can print questions on regular paper and cut them yourself, or you can print them on business card sheets (Avery 5881, 8373, 8869, 88220 or 88221) and tear these sheets into perforations, so each question is on a 2 x 3.5 inch card. (Click the image to download a copy of the tabs that you can edit in MS Word. If you prefer PDF tabs, click here.) If you could thank one person (alive or dead) for their impact on your life, who would you thank? What's one thing you really appreciate about someone at the table? What's the most valuable lesson you've learned this year? What are the three things that always make you smile? What's your favorite part of Thanksgiving? What random acts of kindness have you received this year? What's your favorite Thanksgiving memory? What made you laugh the hardest last year? What is one thing you would like to achieve next year? Who's the most thankful person you know? What book, article or blog post are you most grateful for this year? What do you appreciate about changing seasons? What is one thing you really love to do as a family? Which is one unusual tradition or ritual that you would like to be a part of your Celebration? What's the biggest fight in your life right now? How can you focus on gratitude all year round? Which of your qualities makes you a good friend? If you could share thanksgiving dinner with one famous historical figure, who would you choose? Which song or poem sums up your life over the past year? What is the best compliment you received this last year? If you could invent a holiday, what would it be called and what would it celebrate? What's your favorite vacation and why is it your favorite? When did you do the right thing last year, even if it was hard? What family member or friend do you wish was with us at the table today? What kind of trait do you really admire at the table? If you could learn new skills next year, what would it be? What's your favorite family tradition? What is one of the ways you used your talent to serve others last year? What does the term thank you mean to you? What advice would you pass on to the next generation as they create their own Thanksgiving traditions? Most of these issues are not specific to Thanksgiving (nor is it flourishing on card printing). Therefore, they can be used for other holidays or at any other family meeting! I left a few blank cards to print so you can add a few custom questions. There are many ways you can use these cards. Here are some ideas: Add a name to each card and use it as a card location. Put the cards in your hat and have each family member draw one and answer the question it contains. Select one or two questions and let each family member answer them. Read one question for breakfast on every day of November. Discuss your answers to dinner every night. Get creative and enjoy the opportunity to learn more about your loved ones! What questions would you add? What does your family discuss around the Thanksgiving table? Shared on the following: Modest Monday, Tips and Tutorials Link Party, Too Cute Tuesday, Happy Now, Modest Monday, and Moments of Hope. Save save save save save save save save save save save save save save