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Quotes about laughter in life

These laughing quotes will brighten your day, regardless of your situation. It is often said that laughter is the best remedy. Laughter has a cursed effect even at the darkest times, and it is a unique human ability. Some even believe that humor and laughter are what really distinguishes humans from animals. What role does laughter play in your life? Laughter helps tide us in the age of darkness of life, whether through pain, pain, sadness, loneliness, frustration, frustration, or anger. In the face of fear, laughter is courage, which you can give yourself when you need it, or share it with a friend. At a time of adversity, our problems seemed to raise themselves to a giant proportion. Healthy doses of laughter help shrink these challenges to their real size, making them less intimidating and empowering us to overcome them. Browse this laughing quote to remind yourself of its power. And don't forget to also read this free spirit quote or quote this smile to improve your mood. Laughter Quote On Healing Power 1. Laughter serves as a restraint agent. Like a bulletproof vest, it can help protect you from the disadvantages of negative emotions that can attack you in illness. - Norman Cousins 2. A good laugh is a good thing, which is quite too scared of a good thing. - Herman Melville 3. Laughter is a corrective force that prevents us from becoming a crane. - Henri Bergson 4. The old person laughed loudly and happy, firing his anatomic details from head to toe, and ended up saying that laughing was money in a man's pocket, because it reduced doctors' bills like everything. - Mark Twain 5. Always laugh when you can. It is a cheap remedy. - Lord Byron 6. It is bad to suppress laughter. It goes back down and spreads to your hips. - Fred Allen READ MORE: 50 Attitude Quotes to Set You Up for Success7. Your body can't heal without playing. Your mind can't heal without laughing. Your soul cannot heal without joy. - Catherine Rippenger Fenwick 8. Laughter is an inner form of jogging. It moves your internal organs. It increases breathing. It's a huge shy of hope. - Norman's cousin 9. Grim care, moroseness, and anxiety—all these life rusts are supposed to be inhaled by mirth oil. Mirth is a remedy of God. - Henry Beecher Ward 10. Laughter is the shortest distance between two people. - Victor Borge 11. The art of medicine consists of entertaining patients while nature cures the disease. - Voltaire 12. A good laugh heals a lot of injuries. - Madeleine L'Engle Quotes About Laughter, and Love 13. Among those I love or admire, I can't find regular denominators, but among those I like, I can: it all makes me laugh. - W. H. Auden 14. If you are to look inside the human psychology and get to know the man, not bother analyzing his ways of silence, speaking, crying, or seeing how much he was moved by noble ideas; You'll get better results if you just watch him laugh. If he laughs well, he's a good guy... What I claim to know is that laughter is the most trusted gauge of human nature. - Fyodor Dostoyevsky 15. The size of a man's understanding can be measured fairly by his mirth. - Samuel Johnson 16. We can't really love anyone with whom we never laugh. - Agnes Repplier 17. A good laugh is the sunshine in the house. - William Thackeray 18. When humor goes, goes civilization. - Erma Bombeck READ MORE: 50 George HW Bush Quotes From The 41th President19. Laughter is the basis of reconciliation. - St. Francis de Sales 20. The best way to brighten yourself is to try to brighten others. - Mark Twain 21. Wit is key, I think, to anyone's heart, because who doesn't like to laugh? - Julia Roberts 22. Each of us has a splash of lives inside us, and our highest efforts are supposed to push that spark off against each other. - Kenny Ausubel 23. He's the one who laughs, lasts! - Mary Pettibone Poole 24. A balanced person is one that finds both sides of the issue laughing. - Herbert Procknow 25. True humor springs more than the heart than the head; it's not insulting, the essence of it is love. - Thomas Carlyle Also reads these simple quotes and words that will inspire you to live a wonderful life alone. Laughter quotes about life 26. Of all those days, a day in which a person doesn't laugh is the most definitely wasted. - Sebastien Roch 27. Life is no exception when people die more than that no longer seriously when people laugh. - George Bernard Shaw 28. Remember this: very few are needed to make a happy life. - Marcus Aurelius 29. Once you've made a thought, laugh at it. - Lao Tzu 30. And we should consider every lost day where we do not dance at least once. And we should call every false truth that is not accompanied by at least one laugh. - Friedrich Nietzsche 31. You grow up the day you have your first real laugh - on yourself. - Ethel Barrymore 32. Living with intent. Walk to the edges. Keep learning. Play by leaving. Choose without regret. Laugh! Do what you like. Love seems like this is all there is. - Mary Anne Radmacher-Hershey READ MORE: 50 Meditation Quotes to Help You Calm Your Mind33. From there, from here to there, funny things are everywhere. - Dr. Seuss 34. With mirth and laughter let the old wrinkles come. - Shakespeare 35. When you realize how perfect everything is you will lean your head back and laugh at the sky. - Buddha 36. The problem is tapped in at door, but, hears laughing, rushes away. - Benjamin Franklin 37. The smile starts on the lips, the grin spreads to the eyes, the chuckle comes from the stomach; but bursts of good laughter from the soul, overflow, and bubbles around. - Carolyn Birmingham 38. An optimism laughs to forget; a pessimist forgets to laugh. - Tom Nansbury Laughs Quote How It Fights Pressure 39. Laughter allowed me to rest. It's equivalent to breathing deep, letting it out and saying, "This is also, going to pass." - Odette Pollar 40. When you laugh, open your mouth wide enough for noise to go out without squeezing, throw your head back as if you were going to be shaved, stick to your fake hair with both hands and then laugh until your soul becomes thoroughly rested. - Josh Bill 41. With the fearful tension that was on me night and day, if I didn't laugh I should die. - Abraham Lincoln 42. If you don't learn to laugh at the problem, you won't have anything to laugh when you're old. - Edgar Watson Howe 43. Most people prefer to be convinced they are miserable than the risk of becoming happy. - Robert Newton Anthony 44. The disorientation makes fun of others; syndication makes fun of the world; The humors made fun of himself, but in doing so, he identified himself with people - that is, people everywhere, not for the purposes of taking them apart, but only revealing their true nature. Laughter wells are not happiness, but pain, stress, and suffering. - James Thurber READ MORE: 50 Tyler Perry Quotes on Owning Your Dreams45. In fact, laughter always sounds more perfect than crying. Laughter flows in violent riffs and easy melodies. Crying is often championed, choked, half stranded, or handed with insults. - Anne Rice 46. What's funny about us is precisely that we take ourselves too seriously. - Resistant to Neibuhr 47. I always felt that laughing in the face of reality was probably the best sound there and would last until the day when the game was called on the dark account. In this world, a good time to laugh is whenever you can. - Linda Ellerbee 48. I would never have made it if I couldn't laugh. It lifted me up for a while out of this terrible situation, enough to make it supervisable. - Viktor Frankl 49. If you don't have a tragedy, you don't have comedy. Crying and laughter is the same emotion. If you laugh too hard, you cry. And vice versa. - Sid Caesar Quotes About Laughter and Happiness 50. We look before and after, and pine for what doesn't; our sincere laughter with some pain is terrified; Our sweetest songs are they tells of sad thoughts. - Percy Shelley 51. I can't be withdrawn laughing, a sound that always seems to me to be the most civilized musical World. - Peter Ustinov 52. The smile is a curve that sets everything straight. - Phyllis Diller 53. Your joy is that your grief is not included. And the same self well from which your laugh rises is often filled with your tears. - Kahlil Gibran READ MORE: 30 Elf Quotes - Hilarious Quotes From The Movie Elf54. Those who don't know how to cry with the rest of their hearts don't know how to laugh either. - Golda Meir 55. No matter what your heartache is, laughter helps you forget about it for a few seconds. - Red Skelton 56. Think of all the beauty still left around you and be happy. - Anne Frank 57. Maybe I know very well why it is human beings alone who laugh; he alone suffered so deeply that he had to create a laugh. - Friedrich Nietzsche 58. Deeper that sorry reinforces into your creatures, the more joy you can embrace. - Kahlil Gibran 59. The beauty of the world has two edges; one of the laughter, one of the suffering, cutting the heart of the asunder. - Virginia Woolf 60. We didn't laugh because we were happy, we were happy that we laughed. - William James What can laughter do for you today? Perhaps you can strengthen friendship by lending laughter to someone in need. Maybe you can ease your own load by taking a step back and laughing at your own obstacles. Maybe you can only bring a little sunshine to work or school with rounds of infectious laughter. Wherever you decide to use it, always remember that laughter is a powerful tool for making connections, lifting people up, and fighting the toughest battles of life. When you hear a laugh, you know that someone has made the choice to be happy, even just for a while. In troublesome times, laughter can be courageous in itself. Do you enjoy these quotes and laughter words? Which one is your favorite quote? Let us know in the comments section below. We'd like to hear it all in the comments section below. Following.

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