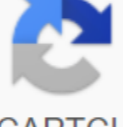


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Holy moth! The love letter was found, folded to the size of a penny, in the hand of a chair on the upholstery in Tewkesbury, Gloucestershire, England. The chair was bought at a property sale in France and moved to England. The letter was in French and the style of language suggests that it dates back to the early 1800s. The owner of the chair bought it from a French family who have lived in the same house for 150 years, she writes to them to try to learn more. Upholstery posted a scan or a photo of the letter on Facebook so someone could translate it. I can't believe the words survived because they were written in pencil! The translation of the letter, which was written by a man living in the city of Mercuroval in the Alps, rudely says: My dear little love, don't worry, do you seriously believe that I would say something to these people who do not understand anything about love? I look forward to/hopefully for you tomorrow. At the moment I am writing this letter, I hear my aunt screaming, who else annoys us all day, today and tomorrow. My darling, I cover you with kisses and affections until ... I need you at this moment of desire. I love you. Drama! Oh! What a letter. And that leaves me wondering... Has this love been forbidden? Was he a player? Did he really love her? I wonder how old the couple was? You don't have many questions? Isn't that neat? More Ways to Get Glamour: Take Our Review and You Could Win an iTunes Gift Card! Hey Glamour fans, we need your advice. We want to know what's important to you when it comes to Glamour and all the digital stuff that you like the most? What do you want to see more? How and where do you want to read all that fun stuff? Please accept our survey. As a special thank you for sharing, you'll be introduced to win one of 45 iTunes gift cards for taking the survey! Learn more about the rules. Visit ShopGlamour.com for cute things starting for just \$10! Download Glamour Magazine for your iPad! Enter the latest Glamour tote! Follow us on Twitter! Add us to your iGoogle homepage. Photo: Courtesy of BBC Gloucestire Last updated October 20, 2020 You are stressed and overwhelmed, wishing you had more time to do what really matters? Are you ready to do something better, something special in your life or your career? If you are willing to take responsibility for your life, then you need to use some principles of success. Many people maybe you-stopped after their passion and purpose too early in life because their talents were ignored, minimized, or ashamed. They didn't have the chops to win the American Idol or Nab contest Olympic gold medal, so they stopped expressing their innate gifts in general. You don't have to be a prize winner to rock your life. Living in the life of your dreams is discovering your superpowers and feeling bright and joyful when you use them. It's about what makes you unique and find like-minded people to support you. Here are 10 principles of success that will help you achieve your goals and live a rich life on your terms1. Get the hobby moving closer to your dream! If you've never become a professional dancer or world-renowned author, it doesn't mean you have to stop dancing or writing! These activities make you come alive even if you only do them as a favorite pastime. Participating in a hobby is one of the most important success principles you can follow to get closer to your dreams. When you try something creative for the first time or for a long time, you start to see opportunities at work and in life that you didn't know before. You also feel happier and more energetic, according to a recent study from New York. Some of my most burnt-out executive clients have stepped up their careers by opening a creative outlet that fueled them after the end of the day. Research at San Francisco State University shows that having a hobby reduces stress and helps you succeed at work. Give yourself permission to try new things and return to the old passions you abandoned long ago. Putting just one hour a week into personal research can make a significant difference to your life and help you focus on setting goals. Focus on your strengths, do you know that you are more likely to succeed when you develop your natural strengths rather than work on your weaknesses? The problem is that you probably don't know where your true talents lie. Once you realize what makes you tick, you can use these skills at work and your personal life to get more done in less time. If you enhance your unique abilities through practice and study, you can accelerate your career and become a leader in the field that matters to you. So it's worth investing in yourself.3 Jumping off a cliff doesn't require a workworker thing: most people are too afraid to change. When participants first come to my seminars, they tell me that they have mouths to feed, bills to pay, and fear that if they follow their dreams, someone will suffer. The old saying jump and grid should appear does not comfort them. Because they are hesitant to plunge into the unknown, they believe that their only option is to stay where they are in life. Can you relate? You don't have to sacrifice your life, you have now to start a new one. I was a psychology professor day and singer at night for years before I moved on to a full-time music career. To use this principle for success, take a little time each week to do something that enlivens you through hobbies, volunteer work, etc. Feel it. This is what you want? If that's what you really want to do, increase the time, stop it, and make the transition when the time is right.4 Give your inner critic Some LoveThe main culprit that keeps you from going outside your comfort zone and getting your dream life KCRP or K-CRAP, a radio station that plays 24/7 in your head. The moment you try to do something interesting in your life, it slaps you down with such chart-topping killer hooks as Who do you think you are? And you'll never be good enough!. Have you ever noticed that a sneaky KCRP DJ sounds like your parents, teachers, bosses and other power officials who shut you down creatively? These people don't need to strangle you anymore (although they often still do) because your inner critic does it for them. It keeps you stuck in a rut. To break free, try to think of this DJ as a rude old grandfather who gives you shit to keep you safe. Remember that this grumpy grandpa is unfortunately out of touch with time. Give him a pat on the back for his good intentions, and put your attention back on what makes you come alive. This is one of the principles of success that will give you the courage to go into the unknown, where you can dance to the beat of your own drummer. 5. Embrace your inner Self! Many we don't go after our dreams because we are afraid that people will find out how weird or strange we are. However, our little eccentricities often turn out to be our strongest. Chances are you lost track of your true passions and talents before you were still old enough to know what you were getting out of the way. You've become a slow adult, learn: Take on family roles that don't match who you really are. Mow back what teachers taught you in school and not risk getting bad grades for being original. Hide parts of yourself that don't seem acceptable to certain social groups. The price per installation is that you can end up leading a life that doesn't suit you all that well. Your true calling becomes clear when you accept what sets you apart from others and allows yourself to stand out from the crowd, even if it feels awkward. Often, those are the very qualities that you regard as your flaws are your greatest gifts. Here's how to listen to your inner voice for more fulfillment.6. See the big picture to find your true Calling! can not emphasize the importance of this principle of success enough. Your true calling is right in front of you, but you may miss it because you are looking for it in the wrong place. To see it clearly, try to broaden your point of view. Example: Maria felt that she needed to retire early from the police detective so that she could go abroad. I am Maria is thinking about how she could continue to serve as a law enforcement officer (a career she loved) and travel abroad at the same time. A few months later Maria Maria working with the United Nations in Bosnia to train local police forces to understand and apply human rights procedures. Like Maria, you are an everyday rock star capable of achieving more than you can imagine. Is that what you're looking for right in front of you, too? Do you have a hint of what that might be? Look beyond your day-to-day activities, your current job, and even the city in which you live. Look at your life from the point of view of the eagle and be open to new opportunities. 7. Try a little Wish-List Magic! Pretend I'm your fairy godmother and I'm giving you permission right now to be your most gorgeous self. What kind of life will music be like for your ears? It doesn't matter if it seems unattainable or even completely crazy. Write it down on your wish list. How would you like your career, your relationships, your health, your finances and your spiritual life to be similar? Get enough details to make your wishes seem tangible to you. Then look at this list every morning before you start your day and every night before going to bed.8 Take breaks to get clues about your ideal Future! Did you know that working right before the deadline leads to lower profits? Studies show that a break of 15 minutes every 75-90 minutes can help you recharge, update your focus, and get more done in less time. In addition, a Stanford study shows that walking increases your creative result by 60 percent. Doing repetitive activities such as walking, running, cycling, swimming, and radical allow you to solve problems to pop in your mind out of nowhere. What does this principle of success have to do with creating your dream life? These mini-breaks provide vital clues about what to do next to reach your ideal future. Also, you won't waste precious time and energy getting lost in other people's agenda.9. Take action on your inspired ideas! In this inspired thought appears in your mind, take action. This is one of the most powerful principles of success for making your dreams a reality; the sooner the better. Whatever it is - from calling an old friend to a new route home - be sure to do it! Notice your eccentric guesses. You have to go after what you want and not just dream about it. As comedian Jim Carrey warns: You can't just visualize and go eat a sandwich. To learn more about how to get out of autopilot and take concrete action towards your goals, check out this video.10. Count Your Rockstar Moments! Still is not sure that you have what it takes to get the life of your dreams? This principle of ultimate success is guaranteed to help. Make a list of everything you've ever achieved. As you read back through Put the star next to each item and let it sink in. you'll also see how effective you've been in the past at getting that Want. You have succeeded before and you can succeed again. Final thoughts: Eleanor Roosevelt said. The future belongs to those who believe in the beauty of their dreams. Following these principles of success will help you find the time and energy to achieve your goals and live with clear intent. Stand still, be quiet and listen. Your life constantly tells you what you need to do to realize your own rock star potential in life and business. It may just be a whisper now, but the more you pay attention to it, the louder it will get, and the easier it will be to follow. Read more about the success of Life! Featured photo credit: Rahul Day via unsplash.com unsplash.com

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