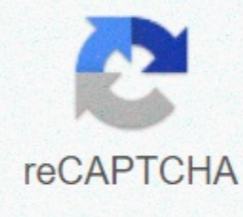




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Corporate yoga agreement contract

There are new jobs for yoga teachers all over the place. It's about teaching in the workplace or, in other words, corporate yoga.²⁵ Employers are starting to see the benefits of offering yoga to their employees on lunch breaks, before and after business hours. They use rooftops, meeting rooms and foyers to take home classes and inviting instructors to teach classes. This is a gold mine for yoga instructors (sorry, I'm very excited about potentially uber-cool teaching opportunities!) In the last few years I myself have taken some of these opportunities. I taught school staff in the conference room of the local board of education and local judges in an abandoned court library. Both of these opportunities paid me more than the average studio class, were consistent concerts, and were very enjoyable as I was able to meet students really well. After doing this for a while now, I've compiled some tips to help you get started if you're heading to corporate yoga: Chances are the corporation won't have any idea what to pay because it's never hired a yoga instructor before so don't be afraid to have the conversation open. Consider the time you attend classes and the number of people who will participate in the class. Also consider how long is the period- is it just a monthly class for the summer? Is it a weekly class indefinitely? 2) Search for work, don't wait for them to come to you. Since corporate yoga is a relatively new concept, many workplaces have never even thought about introducing a yoga instructor to teach classes. That doesn't mean they'll be opposed to the idea, in fact, they might think it's genius! So don't be afraid to put yourself out there and approach businesses all over the city. You may also want to ask your students if any of them work in a place that would consider organizing yoga classes. It will take a few classes to work it out and it can be difficult at first, as some students may have a lot of yoga experience and some may not have any. Try to evaluate it as soon as possible and make every effort to teach them at their level. Be ready to get out of your comfort zone because your power or Hatha class may not work in this environment or for your students. I will give you an example. A few weeks into my corporate yoga contract for the judges, I learned that they like gentle stretching, but they also want some basic reinforcements, standing postures to make blood flow and muscles work. I was happy to make these changes. The classes I teach them are different from the other activities I teach because they are unique to students' tastes and preferences. They feel customary, and the judges love it! Corporate yoga can be a great way to build a loyal clientele, put cash in your pocket, experience in teaching consistent classes. Plus, you often get the chance to introduce yoga to people who never try the studio setting! Whether you're a brand new instructor or an experienced yoga veteran, I encourage you to take advantage of the current corporate yoga boom. Let's bring more yoga to more people in more places! p.s. If you're looking for more great business building ideas and tools to help you create your unique yoga career, check out our Manifest Your Dharma online program and community. At the end of this 6-week program, you'll have your own treasure map (aka business plan) that leads to yoga teaching happiness. Photo: Carolyn Coles 14 Facebook Twitter Pinterest Google+ Posted July 14, 2016 by Karen Fabian I has 2 Comments Teaching corporate yoga is a great way to expand teaching outside your studios. For many companies, they look to offer yoga at home as a way to offer health and wellness services to employees. For employees, this is a great way to get yoga on the schedule before going home. For yoga teachers, it's a great way to work with people outside the studio, and in many cases build a bridge for your students, as yoga can be helpful when you're sitting at your desk all day. When I enter into a contract with a yoga company, I try to do it in such a way that I am paid directly by the company. I have heard of arrangements in which a teacher is paid by students. I don't recommend this because it can be difficult to handle in addition to teaching. I would also like to maintain the separation between the teaching aspect and the business aspect. This week, I had several requests for a sample agreement that you can use with a corporate client. I inserted it here below for reference. Also, note: my book, Stretched: Build Your Yoga Business, Grow Your Teaching Techniques is on Amazon and a wedge full of business information. You can check it out here (and sweet reviews): Stretched: Build Your Yoga Business, Grow Your Teaching Techniques Sample Statement Of Work Form: Thank you for contacting me about yoga services through my company, XXXXXX. The following document shows the services we have agreed to and the terms of service. After reviewing this, send the print back with your signature. A paper copy will be sent with an envelope stamped on its own to facilitate return. Thank you! Customer: Address: Telephone number: E-mail address: Service Required: Service dates: Service rate: Payment terms (payment method, frequency of payment): Special conditions (if any): Special remarks: Consumables / Equipment and who will provide: Required liability insurance document: All special formalities, to be completed before starting work: General terms and conditions of service: (Name) If you need mats, (Name) has x yoga mats that you can bring. If it is to bring mats due to parking and walks to the property, other arrangements will be discussed. In the event of an emergency and (name) is unable to lead one of the classes, please provide the contact person and phone number (as above) to get in touch. (Name) is subject to civil liability and a copy of the document may be provided upon request (as indicated above) Either party may terminate this agreement at any time without penalty. (Name) Contact Information: (Name) Phone Address: Website: Signed: (Name) That's it! (Name) If you have any questions, please comment here or send me an email. Namaste! (Name) Signed: (Name) CONVERSATIONS FOR YOGA TEACHERS PODCAST Topics for Yoga Teachers that will help you develop, learn and develop your skills as a teacher. amazon, business, contract, corporate yoga, stretched, Yoga ARTICLE 1: TERM OF AGREEMENT 1.1 This Agreement shall enter into force on the date (Date of Acceptance) and shall remain in force until terminated in accordance with the termination provisions contained herein. 2.1 Both parties agree that the Contractor is an Independent Contractor and not an employee, agent or partner of the Place of Teaching. Nothing in this Agreement shall be construed as creating or establishing an employer-employee relationship between the Place of Teaching and the Contractor or any employee or agent of the Contractor. 2.2 The Contractor retains the right to provide services to others during the term of this Agreement and is not obliged to devote its services solely to the Place of Teaching. 3.1 Way of providing services: The Contractor will conduct himself and his classes in a manner consistent with generally accepted professional standards. The procedures and rules governing the conduct of classes are maintained and available to the Performer at the Teaching Venue. The Contractor agrees to follow these procedures, which may be updated at any time. The place of teaching shall notify the Contractor of any changes made to these procedures. 3.2 Timetable: The place of teaching shall maintain and publicly broadcast a timetable showing the start and end times of the classes agreed between the Place of Teaching and the Performer. The contractor agrees to start and complete each class according to this schedule. The performer shall be present for 15 minutes before the start of each class and up to 15 minutes after the end of each class. 3.3 Administrative responsibilities: The Contractor must keep attendance records and correspondence related to the activities he conducts in accordance with the User Manual/Yoga Instructors. The contractor is for using and lowering the space in which it teaches in a clean, safe and safe manner. 3.4 Substitute Contractors: The Contractor may not use substitutes for his services, except as specified in the User's Manual/Yoga Instructors. Alternates may be selected only from an approved list of Contractors who have an existing Independent Contractor Agreement with the Place of Teaching. 3.5 Place of work: The nature of the services provided by the Contractor requires that they be performed on the premises of the Teaching Premises. The place of teaching agrees to provide space and equipment in accordance with the terms of this Agreement. 4.1 Rate of remuneration for public yoga classes: In connection with the services to be provided by the Contractor to the Place of Teaching, the Place of Teaching agrees to pay the Contractor according to the following schedule: Insert payment per student or class. For example: \$10 per student. 4.2 Paying Students: All students who pay regular fees or memberships entitling them to participate in the Contractor's classes will be considered paying students. All students enjoying a promotional discount or free tuition fee issued exclusively by teaching venue or its agents will be considered Paid Students. 4.3 Non-paying students: The Contractor may have up to 10 persons in any class. These guests must pay \$7.00 for tuition in the classroom and do not pay students. The teacher's premises and the Contractor may decide to issue joint promotional discounts or free tuition fees for the Contractor's class. Students taking advantage of this promotion are not considered paying students. 4.4 Compensation for workshops: The teacher's premises agree to pay the Contractor 60% of the gross revenue for the workshops. Gross revenue is defined here as the actual income collected after all discounts. 4.5 Compensation for a private lesson: The place of teaching agrees to pay the Contractor the following rates for private lessons: Example: USD 75 per hour, USD 95 for 90 minutes, USD 110 for 2 hours. 4.6 Compensation for teacher education programmes: The place of teaching agrees to pay the Contractor the following rate for the scheduled time of classes spent on teacher training programs: USD 50 per hour. 4.7 Invoices and date of payment: By properly fulfilling the obligations related to the keeping of attendance records described in the Policy and procedures for places of teaching, the administrative systems of the Place of Teaching automatically generate an invoice for the services of the Contractor. The Contractor shall have the possibility to verify and correct these records at any time before the 3rd day of the month following the month in which the services were performed. 4.8 Invoices for Services performed during the month will be created for the Place of Teaching on the third calendar day of the following month or the first day of the following (Settlement Date). The invoice due date will be 30 days after the billing date. The teaching premises pays invoices from suppliers no later than 30 days from the settlement date. Payment for services will be by the financial institution of the Teacher's Institution, to the address indicated in this agreement or by a direct deposit into the bank account of the Contractors specified in this agreement, chosen by the Contractor. 4.9 Payment to the Account: The Place of Teaching is entitled to deduct any amounts due in the Contractor's teaching venue account from the Contractor's payment. This includes any penalties or fees estimated

for non-compliance with the terms of this agreement and purchases in the Contractor's teaching venue account. 5.1 The Contractor shall be liable for all costs associated with the provision of services to the Place of Education, including but not limited to any costs of equipment provided by the Contractor, travel and communication costs, any professional fees, fines, licenses, insurance, bonds or taxes required of the Contractor or imposed on the Contractor, as well as any other costs of doing business. The teacher's premises shall not be liable for any expenses or costs incurred by the Contractor in connection with the provision of services to the Place of Teaching. 6.1 Finder's Fee: Teaching Venue acts as a booking agent for the Contractor when the Contractor teaches private yoga lessons to Teaching Venue clients. In the event that the Contractor ceases the contract through the Place of Teaching and acts directly for the client, then the Contractor is automatically responsible for the \$500.00 finder fee for each client. 6.2 Workshop Cancellation Fee: In the event that the Contractor decides to cancel a scheduled workshop, the contractor is responsible for a cancellation fee of USD 80.00, unless both parties agree otherwise in writing. 6.3 Non-performance of obligations: The Contractor shall be liable for fees that may be imposed in the event that the Contractor does not comply with the obligations of this contract, as described in section 9.3 below. 6.4 Failure by the Contractor to perform classes on schedule causes material damage to the Teaching Place and its members, clients or students. The Contractor agrees that in the event of failure by the Contractor to conduct the class on schedule, the Contractor shall pay the teacher an amount of USD 100.00 per event and shall also authorize the Teacher's Premises to deduct such damages from any invoiced fees due to the Contractor. 6.5 Failure by the Contractor to comply with the procedures or rules described in the User Manual/Yoga Instructors for the purpose of administering documentation and facilities may result in a penalty of up to USD 50.00 per event. 7.1 Liability and Compensation Insurance: The Contractor agrees to indemnate the Teacher's Premises and its owners and agents from liability for any claims imposed or claimed, including legal fees and other legal costs, arising directly or indirectly from any action or action or assistants, alternates, employees or agents of the Contractor or contractor. This includes any claim relating to the personal injury or death of any person or property damage. The contractor is for maintaining its own civil liability insurance at all times for a minimum amount of USD 500,000.00 to cover such claims and is required under this Agreement to provide proof for the Place of Education of the coverage described in this paragraph. 7.2 Local, State and Federal Taxes: You understand that as an Independent Contractor, you are solely responsible for paying all required local, state and federal taxes and insurance. In particular, the place of teaching will not be: Suspension of FICA (Social Security) from payment of the Contractor; Contribute state or federal unemployment insurance premiums on behalf of the Contractor; Deduction of state or federal income tax on contractor payments; Contribute to disability insurance on behalf of the Contractor; employee's compensation insurance on behalf of the Contractor. 7.3 No Employee Benefits: The Contractor understands that, as an Independent Contractor, he is not entitled to any benefits normally associated with the employee, such as medical, sickness or holiday benefits. If the Contractor wants to have similar benefits, he must purchase them separately and independently of this relationship. 7.4 Proprietary information and intellectual property. The Contractor agrees that all materials prepared on behalf of the Place of Teaching are the exclusive property of the Place of Teaching and will be transferred to the Teaching Place upon request. All customer information, sales information and communications between employees and contractors of teaching premises associated with the Learning Venue are confidential and may only be used for Teaching purposes and may not be transferred, transferred or made available to any other person or company. The Contractor hereby agrees that the Teaching Places may take photographs, videos and other photographs to promote the Services of the Performer and/or the Teaching Venue and that the Contractor shall rendered all rights to such images and give teaching venue exclusive rights to own and use them. 8.1 Place of Teaching Cooperation: The Place of Teaching agrees to comply with all reasonable requests of the Contractor and to provide access to all relevant services, facilities and documents necessary for the Contractor to provide services under this agreement. The place of teaching shall make public the schedule of classes conducted by the Contractor, usually with a printed schedule and a website. 8.2 Workplace: The place of teaching agrees to provide the space or premises, in accordance with the terms of this agreement, for use by the Contractor in the provision of the services covered by the contract. 9.1 Termination in the event of certain events: This Agreement shall automatically terminate in the event of bankruptcy, insolvency, sale or death of either party. This includes removing access to rooms and appearance in the schedule of classes. 9.2 The place of teaching, as it may be, may terminate this agreement without delay, without delay, Artist. For the purposes of this Section, a material breach of this Agreement includes, but is not limited to, the following circumstances: 9.3 Damages by default: Failure by the Contractor to perform in accordance with the provisions of this Agreement causes material damage to the Teaching Venue and its members, clients or students. The Contractor agrees that in the event of such failure, any damages incurred by him as a result of the contractor's actions or omissions may be reimbursed. Damages may result from the following events, including but not limited to: The Contractor does not start and terminate the class in a published manner; The Contractor shall not attend classes and shall not secure a qualified alternate, shall comply with the Rules and Procedures; The contractor does not conduct the classes in a safe or professional manner; The contractor falses the attendance record or invoice; The Executor defames the Teacher's Premises, its representatives or employees orally or in writing; contractor's conduct results in reasonable or well-deserved complaints from members or clients of Teaching Venue. 9.4 Termination by the Contractor for non-performance of the contract by the Teacher: In the event of non-performance by the Teaching Venue of a failure to perform this Agreement or a material breach of any of its provisions, the Contractor, in its sole discretion, may terminate this agreement without delay by notifying the Place of Teaching in writing. 9.5 Unpaid School: If the Place of Teaching does not pay the Contractor any part of the compensation referred to in Article 4 of this Agreement within the due date, the Contractor, as far as possible, may terminate this agreement immediately if the failure is not remedied by the Teacher within 15 days from the date of payment. 9.6 The Contractor may terminate this Agreement at will and without reason with two weeks' written notice to the Place of Teaching. 10.1 Notice: All notices required under this Agreement must be written by email. If either party changes its email address, you must immediately notify the change by email notifying you of the change. Notifications sent by e-mail shall be deemed to have been forwarded from one day after the message was sent. The address of the place of teaching is [insert e-mail address]. The Contractor's address is given in this form as [wlm_email]. 10.2 Entire Agreement of the Parties: This Agreement supersedes all other agreements and agreements, whether oral or written, between the parties regarding the Contractor's services to the Place of Teaching. It contains all agreements and agreements between the parties regarding the provision of such services in any way. Each party to this Agreement acknowledges that no party or person acting on behalf of either party has made any representations, incentives, promises or agreements, or others that are not included in this agreement. If there is any contract, statement or promise in the contract, it is invalid, invalid and non-binding. Any agreement will only apply if it is approved and approved by both parties. 10.3 Partial Invalidity: If any provision of this Agreement is held by a court of competent jurisdiction to be invalid, invalid or unenforceable, the remaining provisions shall, however, continue to apply in full force and effect without being in any way breached or invalidated. 10.4 Government Documents: The Contractor agrees to submit all necessary government documents, including relevant tax returns, reflecting his income and the status of an independent contractor of services provided to the Place of Education. In the event of an audit by any government agency of the Act of the Place of Teaching and a request for information about the Contractor, the Contractor undertakes to promptly provide teaching venue with all records, including tax returns, regarding the services provided to the Place of Teaching. 11.1 Arbitration and Applicable Law: Both parties agree to mediate any controversy between them related to the construction or application of any of the terms, covenants or terms of this Agreement. This Agreement is governed by and construed in accordance with California law. 12.1 Additions to this Agreement may be modified from time to time by mutual consent of the Place of Teaching and the Contractor. Such amendment shall be in addition to and revised to this Agreement and shall enter into force on the date of signature by both parties. JOIN ADDENDUM: If you have received an addendum to an independent contractor's contract and agree to this supplement, you can submit your .pdf of this supplement here and make it part of this agreement. Both parties will have to sign this document if all questions have been answered and all parties involved agree on the terms. Keep in mind that this helps you review your contract several times a year to make sure it continues to support you and your business. You will evolve and evolve. Support this process by having your documents in order, even if it means creating your own documents based on this sample yoga contract. As one of my favorite quotes says: Trust in God and tie your camel. He said another way, you can still maintain honesty and confidence in your yoga business. But it helps you do due diligence in the meantime. Meantime.

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