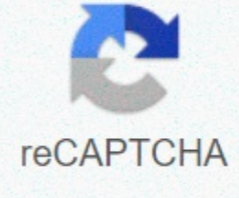




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Place the plate against the grilled frame and release the handle, ensuring that the keys on each side fit the opening on each side of the roast (D). 3. If you still have trouble getting both sides to lock at once, try locking one side first and others. 4. When both keys are in place, the pinggan must be securely fastened. Note: If you still have problems holding or removing the plate from your grille, please Sin... Please Read and Save this Usage and Care Book. IMPORTANT PROTECTIONSWhen using electrical equipment, basic safety precautions need to always be followed, including the following:• Read all directions. • Do not touch the hot surface. Use a holder or button. • To protect against electric shocks do not sink chords, palm or appliances in water or other liquids. • Neat supervision is required when any appliances are used by or near children. • Unplug from stores when not in use and before cleaning. Let it cool... 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This allows us to see, for example, which content on our website is the most popular and also to ensure our content is always packaged now and corrected. The information we collect is nameless and used for statistical purposes only. These cookies are also used to create profiles or personalize content, such as ads based on your interests. A cooking sensation since its introduction in 1994, the George Foreman Lean Mean Fat-Reducing Grilling Machine is a perishable electric in-house grill produced by Spectrum Brands. Promoted by two-time heavyweight champion and Olympic gold medal winner George Foreman, it is commonly known as the George Foreman grille. In Asia, the same grill was promoted by both Foreman and film star Jackie Chan. The price of the baked machine is different depending on the model and vendor. It has sold more than 100 million units worldwide. Unique grilled designer Michael Boehm created a slanting surface that allows fat to flow from hamburgers, pork, chicken and other meats. It also has floating hinges to accommodate thick chunks of meat and chicken. The shellfish shape allows both meats to cook at the same time, making it not only a healthy cooking method but a time-saving tool for busy cooks. It can be dated as a butcher, as well as reducing the amount of fat in the food. Before you use the George Foreman Grill Grill the electric grill really is a lean min roasting machine, but before using it, review the entire manual. Clean the can-date part with soap and water. Also wipe the nonstick roast plate with a damp span or cloth to remove any habuk. After reattaching the grille, place it where it will not touch the cabinet or walls. Keep roasts and power chords out of reach of children and pets. Never use metal appliances, spatulas, scouring pads, steel bristles or cleaners on a roasting machine. Do not sink the grille in the water. George Foreman's grill capacity is large enough to cook dishes for two to four people. Two large sticks, four hamburgers or a chicken part or so that six hot dogs or sosej will fit in the roast. Later versions of the roasting machine had a variety of enhancer and additions to the original design, including flat griddle, muffin cauldrons and wafet plates. George Foreman's latest grill capacity consists of two to nine dishes. How to Use Palam Grilling Machine into the wall outlet. Power lights are coming. Let the grill to heat three to five minutes before adding meat or vegetables. You can eliminate the oil over the nonstick grill to make cooking and clean more easily, but do not use aerosol oil spray. They can damage the nonsense coriander. Use the pot holder to open the lid when you add food to the roast. Make Beef or Turkish Burgers To make a burger, use your favorite recipe or powerburger George Foreman. They include chopped vegetables, breadcrumbs and a 3/4-pound hamburger. Form four of the 4-inch patties and put them on the roast. Cover the lid and cook for five to six minutes. Open the lid and turn the burgers once. Cook for another two to three minutes. Hamburgers and other soil meat should always be heated to an internal temperature of 165 degrees Fahrenheit. Remove the burgers from the roast and serve immediately with all fixings. Make Pork or Lamb Chops Season four chops with your favorite spices, such as rosemary, onions, garlic, salt and pepper. Heat the grill for three to five minutes and then add the cut. Cook for five to seven minutes or until the internal temperature reaches 165 degrees. If desired, switch once during cooking to ensure even cooking on both sides of the coolant. Make the Marinade Chicken Breast four 6-ounce without bones, skinless chicken breasts for at least 30 minutes in your favorite marinade. Heat the roasting machine. Add the chicken breast and cover the lid. Cook for three and a half minutes and turn it over. Continue cooking for another two to five minutes to an internal temperature of 165 degrees. Make Roasted Vegetables Slicing various vegetables, such as eggloyals, mushrooms, onions, pepper, tomatoes, yellow squash and zucchinis. Heat the grill for three to five minutes. Brush the light vegetables with olive oil and then add them to the roast. Cook the eggbd for six to eight minutes. Grilled mushrooms, cereals, squash and zucchini for three to five minutes. Heat tomatoes for about a minute. Clean the grill Unplug the roast and let it really cool. Use the accomplished spatula to scrapp the fats and feed particles from the roast and into the drops pan. Clean the grill with paper towels or wet sponges. Dry with paper towels or soft cloths. Remove the drop pan. Pour the liquid and wipe the pan with a paper towel to remove the grease. Wash the drops pan with dish washing liquid and hot water. Let it be broadcast dry before reviving on the roast. Grill.

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