



THRESHOLD (or a few). Two Sith Lords, Darth Vader and Darth Maul, are a great example of this kind of THRESHOLD GUARDIAN. Vader is the guardian in Star Wars: A New Hope, here Luke and his allies have saved the princess (SACRED Marriage) and they are about to get away with death star plans and all... when oh no! There is Darth Vader blocking the road and Luke's supernatural help must intervene in order to escape. A similar thing happens slightly in the opposite direction during the end of the battle sequence in Star Wars: The Phantom Menace. The Gungan army has withdrawn enough The Force and Queen Amidala are able to get a commando team into the palace to invade the Federation Viceroy. Everything goes according to plan though.... Oh no! There is Darth Maul, literally blocking the door to the rest of the palace. Another great example of the GUARDIAN threshold chasing a hero on his way out of a strange world of adventure is Balrog of Morgoth, who challenges the Fellowship of the Ring as they make their escape from the Moria mines. Even if it's Gandalf who says the words, it's Balrog's action that screams: You can't pass! And again in this case SUPERNATURAL HELP must intervene in order for the hero to continue. It is interesting to note, that the character mentor or SUPERNATURAL AID (whether character or device) must often perish in order to avert these PRAH GUARDIANS. Combine the previous examples to see that MENTOR/SUPERNATURAL AID perished (or seemed to perish) in each account. Jumping back into our Clash of the Titans example, Perseus must use and lose the gifts that the gods gave him in order to pass the challenges before him and the guardians that would stop his journey. Back on the path of hero page back to ApocProd Understanding Story Archetypes can provide a whole new interpretation of your story Welcome back to the Love Your Story podcast. Today we are still real with part of the story. This is going to be fun. Have you ever been blocked in your life? You'll cross along in life, headed for your destination or something you want, and boom, something that challenges you. Of course i do! It's part of everyday life. So, let's talk about a prospective shift here on the subject. First, the definition. What is an archetype? An archetype is a repeating symbol or motif. There are 7 characters of the story ancient personality models that are a common heritage of the human race. His claim is that in the human mind all 7 of these archetypes are part of each of us. Sometimes we are a hero, sometimes a mentor, sometimes we have to deal with the shadow – the repressed part of the hero, which must be released or destroyed or redeemed and transformed into a positive force. But I'm getting ahead of... Tune in to our discussion about the troll on the bridge. Stories are our lives in language. Welcome to the Love Your Story podcast. I'm Lori Lee, and I'm excited for our future together to tell stories, evaluate our own stories, and lift ourselves and others to bigger places because of our control over our stories. This podcast is about empowerment and gives you, the listener, ideas to work for you. Story power serves when you know how to use it. As mentioned, there are several archetypes, but today we will delve specifically into threshold guardian - symbolic troll, or knight, or witch, or voice that challenges your way forward. Last year I had an online conversation about how we are heroes of our own stories and my high school friend jumped into the conversation about how we are heroes of our own stories and my high school friend jumped into the conversation about how we are heroes of our own stories and my high school friend jumped into the conversation about how we are heroes of our own stories and my high school friend jumped into the conversation about how we are heroes of our own stories and my high school friend jumped into the conversation about how we are heroes of our own stories and my high school friend jumped into the conversation about how we are heroes of our own stories and my high school friend jumped into the conversation about how sometimes we also have a dragon or antagonist in another person's story (I'm not sure if there was a side message in that comment). That made me think about the roles we play. Sometimes we're extra, sitting at a table in a café by the side of the road telling someone else's story. Sometimes we are a message in that comment). That made me think about the roles we play. Sometimes we're extra, sitting at a table in a café by the side of the road telling someone else's story. another person – as Gandalf brings an invitation to adventure for Bilbo. Sometimes we are a mentor who provides inspiration to someone on their journey and provides them with gifts – like Yoda in Star Wars. Always in our own story we are a hero, even if he is an anti-hero, but understanding the role we can play in other stories and acknowledging the roles that others play in our stories gives us a perspective shift that often is key to breaking our life story. By understanding parts of the story, we can begin to see our lives through different eyes. We can start to see our stories as real stories, and that's sorta fun. A few months ago, I talked to a colleague who wasn't at her game. She said: 'I just don't think being a real estate agent is for me. It's hard to find clients,' she said. The next day I knocked on the door for my open day and the first door I went to the man who answered act acted so put out that I was there that I almost froze. I put the flyers in the car and stopped inviting people. Maybe it's not for me. So I embarked on this concept about archetypes. In the story, I explained, there are archetypal characters. One of them is the Guardian of the Threshold. This is a character that is positioned so that it does not move the input. Often times this character is a lieutenant villain, detractor or inner demon, sometimes it's just someone putting up a resistance, but their function is to test the hero/heroine (you) to see if they are determined enough to win the prize. These Threshold Guardians pop up whenever you're headed for something you want. I told her. This is one of your guards. How much do you want to be a real estate agent? Are you going to push your way through the resistance? Thomas Edison said: I've never done anything worth doing by accident. None of my inventions came by accident either: they came to work. One of the truths about our stories is that when we write In order to be a hero, we must expect challenge, resistance and opportunity for growth and learning. That's what hero's journey is all about. That's how he becomes a hero. Threshold Keepers will guard the way forward, and the stories you create in your mind about who you are, what you want, what you are capable of, and if you can get there will determine whether you make it around the guardians. Once my friend could see the fear and discomfort she felt as the Guardian threshold, it ceased to be that she was scared and inadequate for work, and instead the resistance became a hobgoblin that was guarding the treasure. That was something she could work with. How do I get past this hobgoblin? So, what kind of resistance are you up against now? What Threshold Guardian is challenging your determination and your forward movement, and do you really want what's on the other side of this resistance, just figure out how to pass it? Oh, it can become a game - it can be fun instead of getting stuck in frustration, which is the main emotion when something stops us in our way. What do you really want right now? What stands in the way - mentally, physically, emotionally, logically, monetarically? There could be all kinds of blocks, all kinds of guards. They can even be created by you. If you were a hero/heroine of a really great movie, what creative and crazy interesting things could you realize to make your way around the doorstep of the guardians in your story? In the story of three goats grumpy evil ugly troll was the guardian of the bridge. Three goats tried to cross the bridge to get to a hill of green grass to fatten up and enjoy the summer sun. To do so, they had to cross the bridge, but the troll -- the guardian of the doorstep -- stopped each of them as they tried to pass and threatened to eat them. Well, short story shorter, three billy worked together in a creative out-of-the-box solution search and as the first two little billy walked across the bridge, I'm going to bring you closer together. Billy the Goat: I'm too small and emaciated, but my big brother comes along and he's much fatter and much tastier and you'll want to save it for him. The troll, who was enjoying the idea of a large and wonderful meal of fresh raw goat, let two smaller goat brothers billy pass. When big brother Billy Kozel came in, he didn't go down without a fight. He used horns, poked out the troll's eyes, crushed the bones into small pieces, and swept him off the bridge to reach the bloody end of this guardian. You thought it was just a fairy tale, but as with all fairy tale, but as with all fairy tales, they're actually and deeper meanings that teach us how to approach life. In this case, the moral of the story is that threshold keepers are mean, scary, will eat for dinner, and if you are crafty enough you can turn the tables. How much do you want to cross the bridge? Then be creative and serve. The hero is born of self-sacrifice – the sacrifice of their comfort, their life, time and health for the greater good. The hero begins as all ego with a shadow side, but as he goes down the path of heroes he transcends and works one day at a time, one dragon at a time, one a repressed part of the hero that must be released and turned positive. Wow - we are so multi-dimensional! But it is these threshold guardians, among others archetypes, who help the hero on a journey where he conquers the shadow party and deserves a great prize, happily ever after, a golden crown. Barbara Bush and Mary Kay Ash are both credited with saving, when you come to the roadblock, take a detour, It's all part of the big story, the challenge, the creative solutions, the permanent roadblocks/threshold guards. So, this week take away - if you can see your roadblocks as an archetypal threshold guard, there to be unworthy from entering, there to invade how badly you want green grass and warm sun at the top of the hill, the challenge becomes more game and less deterrence. Consider your story there and don't forget the 21-Day Challenge now available for you to register on the website: www.loveyourstorypodcast.com. This challenge was created to help you try out a new story tool every day for 21-days and I guarantee you will leave with a handful that you want to work into your daily life to create more connections, opportunities and satisfaction with your life. USE IT! And of course, pass this podcast along with someone who might find value – share love! Love!

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