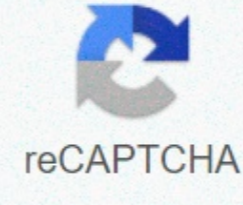




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Queen of sheba cake

26.03.2019 What a special cake this is a holder. Absolutely delicious beautiful almond taste beautiful looking and so moist and chocolatey. We have unsweetened whipped cream on top. It was a hit. 1 out of 0 Queen of Sheba Cake All Recipes Trusted Brands If you've been anywhere near the food blogging world recently, then you know that today is Julia Child's 100th birthday. PBS has posted tributes to them in recent weeks from chefs and bloggers (including mine). And in the last 10 days, many bloggers have taken part in #CookForJulia by making one of their recipes. I decided pretty quickly that I wanted to make this cake for the big event. I wanted to make a few changes and i was worried for about half a second that it would be wrong to do so. But, that's Julia, we're talking about! Julia, who once said that you have to have a what-the-hell attitude when cooking, would certainly be okay if I took a few recipe freedoms. In its simplest description, this is a chocolate almond cake. It's over-the-top chocolate. For a small cake, it packs a lot of punch. And, as Julia described it, it literally melts in your mouth. Since chocolate is the focus, I encourage you to use the best chocolate you can. It will make a big difference. This cake is very rich. If you love dark chocolate and a lot of it, this is for you. Small slices are your friend. To paraphrase Julia, it's better to have a tiny sliver of this type of dessert than several helpings of a diet cake. I tend to agree! For the cake: 3 ounces semi-sweet or bittersweet chocolate 1 ounce unsweetened chocolate 1/3 cup almonds 1/2 cup plus 4

tablespoons granulated sugar, divided 1/2 cup unsalted butter, at room temperature3 egg yolks3 egg whites1/4 teaspoons cream From tartare pinch of salt2 tablespoons Kahlua*1/4 teaspoon almond extract1/2 cup cake flourFor the icing:2 ounces semi-sweet or bittersweet chocolate1 ounce unsweetened chocolate1 & amp; 1/2 tablespoon Kahlua*pinch salt6 tablespoon unsalted butter, at room temperature. Melt at half the power in 30-second increments until chocolate melts when stirred. Remember that the melted chocolate must be warm when added to the other ingredients. Preheat the oven to 350°. Grease an 8-inch round cake pan. Add the almonds and 2 tablespoons of sugar to the food processor. Pulse until almonds are finely ground. Beat butter until light and fluffy. Add 1/2 cup sugar and beat for 1 minute. Add egg yolks and mix well. In a separate bowl, beat egg whites until foaming, of tartar and salt. Continue to beat until soft peaks form. Gradually add 2 tablespoons of sugar, and continue beating until stiff peaks form. Stir melted chocolate and kahlua into butter mixture. Stir in the almond extract and ground almonds. Stir in about a quarter of the egg whites. Work quickly, gently fold into the remaining egg alternating with flour. Transfer the dough to the prepared pan and smooth evenly. Bake for 25 minutes or until a pick inserted 2-3 inches from the edges comes out clean. The center should move slightly when the pan is shaken. Cool in a pan on a wire rack for 15 minutes. Then transfer the cake to the wire rack and allow to cool completely. Put the chocolate in a microwave-proof bowl. Melt at half the power in 30-second increments until chocolate melts when stirred. Stir in Kahlua. Beat in salt. Then beat in butter, 1 tablespoon at a time until smooth. Place over cold water or cool until firm enough to spread. Pour the icing on cake and spread over the cake. *Julia's original recipe uses rum or strong coffee. Recipe adapted by The Way to Cook. Share Tweet Pocket Yummy Email Sign Up for Free Email Updates: 12 tablespoons (1 1/2 sticks) butter, more for Pan 6 ounces bittersweet chocolate, chopped into small pieces A few drops of almond extract 2 tablespoons strong coffee 4 large eggs, separated pinch of salt 1 cup sugar 1 3/4 cups finely ground almonds 2 tablespoons sugar 1 tablespoon corn syrup 4 ounces bittersweet chocolate, chopped into small pieces 1 spoon butter 406 calories; 28 grams of fat; 13 grams of saturated fat; 1 gram of trans fat; 11 grams of monounsaturated fatty acids; 3 grams of polyunsaturated fatty acids; 38 grams of carbohydrates; 3 grams of fiber; 34 grams of sugar; 6 grams of protein; 54 milligrams of sodium; Note: The information displayed is Edamam's estimate based on available ingredients and preparation. It should not be seen as a substitute for the advice of a professional nutritionist. Heat the oven to 325 degrees. Butter a 9-inch springform pan, and line the side wall with parchment paper. In a heavy frying pan, combine 12 tablespoons of butter, 6 ounces of chopped chocolate, almond extract and coffee. Melt over a low heat, then put in a bowl and leave to cool. Sprinkle with an electric blender of egg whites and salt until soft peaks form. Slowly add 1/2 cup sugar until thick and shiny. Aside. In a separate bowl, mix the egg yolks with the remaining 1/2 cup of sugar until thick. Fold in the melted chocolate mixture. Add ground almonds and mix well. Whisk in a dollop of egg whiteto lighten mixture. Using a rubber spatula, gently fold into the rest of the egg whites, keep dough airy. Add the dough to the pan and bake until the cake is dry on top and slightly gooey in the middle, 30 to 40 minutes. (After 30 minutes of baking, check center of the cake with a tester or toothpick. If the center seems very wet, keep baking.) Cake on a rack Cool for 20 minutes, then remove from the side of the pan. Continue cooling. The top of the cake can tear as it cools down, but glaze will cover most cracks. In a small saucepan, combine 2 tablespoons of sugar, the corn syrup and 1/4 cup of water. Bring to the boil, then remove from the heat. Add 4 ounces of chopped chocolate to mix swirlpan, and leave to stand until melted, about 3 minutes. Whisk 1 1 Put the butter in the tan, then pour evenly over cakes. Use a spatula to facilitate the icing outside at the edges of the cake. Allow the icing agent to cool and adjust before cutting. A gluten-free chocolate cake recipe with step-by-step photos. A French chocolate and almond cake that is light, moist, gluten-free and also dairy-free! Also referred to as Queen of Sheba Cake (Reine de Saba). Queen of Sheba Cake (Reine de Saba) I am aware that I have some recipes for chocolate cake on this blog, but I suppose another one can not hurt ... This recipe for Queen of Sheba Cake (or Reine de Saba) was given to me by my French mother-in-law after a few pleas from my side. One afternoon, after serving a five-course procession for lunch, she brought out this beauty for dessert, a simple chocolate cake that tasted anything but. This is a gluten-free chocolate cake that, unlike most that are rich and decadent, is light and soft instead. And like most French cakes, it's simply served with perhaps a dust of cocoa on top, or simply with whipped cream on the side. Dairy-free chocolate cakeAlthough the original recipe is used for a Pure de Saba butter (like most French recipes!), I made this cake several times with coconut oil with perfect results. So if you need to make a milk-free chocolate cake, this is your recipe! Reine de Saba by Julia ChildMy mother-in-law found the recipe for this cake, called Reine de Saba, in a French magazine a few years ago. When she sent me the recipe, I immediately recognized the cake as one that Julia Child made in her show The French Chef.Fans of the wonderful Julia Child can see the episode here, where, back then, cooking shows had the luxury of dedicating an entire episode to just one recipe: if you're interested in Julia Child's recipe, the recipe can be found in her book. The French Chef Cookbook.Flourless Chocolate CakeAfter comparing the recipe below with Julia Child, it became clear to me that there are many different recipes out there for Reine de Saba.In special, Julia Child's recipe for Pure de Saba contains flour and the aromatic addition of rum. On the other hand, my mother-in-law's recipe is for a flourless chocolate cake, but it contains corn flour (corn starch) for stability and is alcohol-free. Although, you could certainly add a dash of rum, Grand Marnier or even Frangelico to the dough for a more adult affair. If you also serve children, perhaps the best compromise is to add a bowl of whipped cream Side to serve, laced with your favorite liqueur. How to make Gluten-free Chocolate Cake for a printable recipe, please scroll down. More Gluten-Free Cake RecipesIf you're looking for more gluten-free cake recipes, you could also do as follows: Gluten-Free Lemon CakeSunken Chocolate Amaretto Cake PrintPrint Pin Recipe A Gluten-Free Chocolate Cake Recipe with step-by-step photos. Step-by-step photos. French chocolate and almond cake, which is light, moist, gluten-free and also dairy-free! Also known as Queen of Sheba Cake (Reine de Saba). Author: Thanh | Food, Little BirdPrep Time: 30 minutesCookTime: 35 minutesTotal time: 1 hour 5 minutesYield: Makes 8-12 slicesCategory: cake, dessertMethod: BakeCuisine: FrenchPreheat the oven to 180°C (without fan). Line a 22 cm (9 inch) springform cake tray with greasproof paper. Melt the chocolate and butter (or coconut oil) in a bain marie or in a stainless steel or glass bowl over a pan of simmering water. Make sure the bowl does not touch the water. Allow the melted chocolate to cool briefly as you move on to the next steps. Separate the eggs. Put the egg whites in the bowl of the stand mixer and place the egg yolks in a large mixing bowl. Beat the egg yolks lightly with the sugar. Add corn flour (corn starch), ground almonds and salt. Add the melted chocolate mixture to the dough. Whisk the egg whites in a separate bowl until stiff peaks form. Gently fold the beaten egg white into the dough, about a third at a time. Pour the dough into the cake pan. Bake the cake for 30-35 minutes, or until a skewer inserted in the middle of the cake comes out clean. Run a pallet knife or knife around the edge of the pan to prevent the cake from sticking to the sides. Allow the cake to cool in the pan on a wire rack. Serve with whipped cream. MAKE IT GLUTEN-FREETo make this a gluten-free cake, make sure you use gluten-free corn flour. Not all corn flour brands (corn starch) are gluten-free. The original recipe requires féculé, which in France refers to potato starch. If potato starch is readily available where you live, you could use it instead of corn flour. MAKE IT DAIRY-FREEThe original recipe for Reine de Saba uses butter. To make this a dairy-free cake, I made this recipe several times with coconut oil with very successful results. You can smell the coconut while the cake is baking, but there is hardly a taste of coconut in the cake itself. VARIATIONS This cake is really delicious with the addition of 1-2 tablespoons liqueur to the cake dough and whipped cream, such as Frangelico, Cointreau, Grand Marnier, Amaretto, or Rum. OVEN TEMPERATURES All recipes on this website indicate temperatures for a normal oven (i.e. a conventional oven without fan). If you have a convection oven with fan, please refer to the manufacturer's manual on how to adjust the temperature and baking time accordingly. CONVERSIONS To convert from cups to grams, and See this practical conversion table for basic ingredients.Serving Size: 1Calories: 196Sugar: 14.5gSodium: 39.3mgFat: 12.5gCarbohydrates: 18gBallast: 1.3gProtein: 3.7gCholesterol: 75.2mg UpdateThis recipe was first published on July 21, 2013. It has been updated with more comprehensive recipe notes. Notes. Notes.

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