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Skip to main content Boyd Eibley was hired as the first full-time strength and conditioning coach at the University of Nebraska in 1969. Ebell's hiring was the result of his extensive knowledge of strength training, injury, and many disappointing seasons for the Cornhusker football team. An adventurous young coach, Tom Osborne, admitted that the injured footballers who trained with Ebele, then an injured pole-jumper, returned to the team stronger than they were when they left. Osborne and Applewere able to convince the football coach and athletic director, Bob Devaney, that his belief that weight training was detrimental to athletic performance was unfounded. After the start of the Hosker Power program, Eible yables worked constantly to make them more scientific and specific to the demands of football. The results of Ebeli's work speak for itself, over a 35-year career, and football teams have scored under the tutelage of his 356 victories, 5 national championships, and a host of national player of the year award winners of the year. In addition to serving as a force and conditioning practitioner, Ebli also played a key role in organizing a diverse group of individuals in a recognized profession. He was the driving force behind the founding of the National Society of Force and Air Conditioning in 1978. The organization will continue to fund and disseminate research in this area, leading to the exercise of highly skilled force and conditioning practitioners today. [id]

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