Cancer de ovario epitelial pdf

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of the disease after being diagnosed with ovarian cancer. Sometimes you can give more information before deciding on treatment. Cystoscopy has penetrated to see if your rectum has penetrated before planning surgery. The CA 125 tumor marker should also be quantaed. This test consists of a blood test that measures the protein in the patient's serum, as it usually increases in patients who do not have CA 125 height, and in addition, it can also be increased in benign diseases that occur with ascites (fluid in the abdominal cavity) or abdominal inflammation. The main usefulness of this test is to monitor diseases, as there is usually a correlation between the level of 125 CA and the activity of diseases. In every patient clinically diagnosed with an ovarian tumor, laparotomy should be performed for biopsy consumption, as this is a test that will serve us to perform both the final diagnosis and staging of the disease. Laparotomy may be preceded by a laparoscopy by a researcher to better determine the best options for surgery. The final diagnosis of ovarian cancer is established by your pathological anatomy doctor after microscopy of an ovarian tumor or implant sent to you by your surgeon. More than 90% of ovarian cancers have epithelial origin, and we will develop treatment later on them. There are several subtypes of epithelial ovarian cancer called Seroso Undifferentiated Mucinous Clear Cells In turn, depending on the degree of differentiated or class 1 moderately differentiated or class 2 Poorly differentiated or class 3 Degree of differentia glandular structures are well differentiated, while the most aggressive and less differentiated promising cells are those of high degree or grade 3. Image of serous papillary ovarian carcinoma. Provided by the Pathology Anatomy Service of the Ramon Hospital y Cajal Although this classification is one that is widely used, today we know that each of the subgroups is also determined by different models of gene expression. Serous tumors are the most common (70%) and among them high-quality (also classified as type 1) have different molecular characteristics than low-grade (type 2), with therapeutic effects. Probably, today we know that in the gray-papillary type of high degree we find different subtypes: mesenchymal, different account its different expression of genes. Palmirotta R, et al. Crete Rev Oncol Gematol. 2017;117: 12-29. Staging the First Surgery of Ovarian Cancer: Diagnostic and Staged Laparotomy In the Face of Clinical Suspicion of Ovarian Cancer, the first diagnostic and therapeutic maneuver should consist of laparotomy (surgical opening of the abdominal cavity) for diagnostic, staged and therapeutic purposes. However, previous laparoscopy may sometimes be recommended to determine if a recommended surgery is possible, as well as to allow for an appropriate biopsy. The final diagnosis of ovarian tumors. In addition, unlike other tumors, staging (determining the extent of the disease) of ovarian cancer is surgical, as direct imaging of the entire abdominal cavity is required. Such scans should be performed by a gynaecologist who has experienced ovarian cancer. The staging of laparotomy of intervention is a complex intervention in which a thorough examination of the abdominal and pelvic cavity, as well as lymph nodes, must be performed in order to determine the exact extent of the disease. After this first approximation, the gynaecologist usually removes the ovary or tissue sample, so that the pathologist (a doctor specializing in pathological anatomy) makes the first diagnosis during the intervention (diagnosis If the pathologist confirms that it is ovarian cancer, the gynaecologist will continue the operation, as the initial treatment for ovarian cancer is surgical. Stages, as in other tumors, ovarian cancer is classified in several stages depending on the degree of the disease (table 2). The most important predictive factor is the stages (stages I and II) have a higher survival rate than patients with late tumors (stages III and IV), and a lower likelihood of recurrence after treatment (table 3). Table 2: Surgical staging of ovarian cancer (FIGO stages) I Tumor limited to ovaries or fallopian tubes, no ascites, no implants on the surface of the ovary and with ovarian capsules intact. Tumor IB is limited as ovaries or tubes, without ascites, without implants on the surface of the ovary and with ovarian capsules intact. The IC tumor is limited to one or both ovaries or tubes, with one of the following: IC1: Surgical spread. IC2: The capsule is broken either with implants on the surface of the ovaries or tubes. IC3: Neoplastic cells in ascites or abdominal flushing. II Tumor affects one or both ovaries with enlargement to oganosa or pelvic structure of primary peritoneal cancer IIA uterine enlargement or fallopian tubes. Expansion of IIB to other pelvic tissues. III Tumor in one or both ovaries or tubes, with implants outside the pelvic and/or in the retroperitoneal pelvic or paraaorthal lymph nodes IIIA1 IIIA2 Tumor involving only retroperitoneatic nodes (historically confirmed). IIIA1i: Size more than 10 mm. Tumor with microscopic implants outside the pelvis (in the abdominal cavity), with or without retroperitoneal ganglion involvement. MACRSCOPIC tumor IIIB with implants 2 cm or less outside the pelvis (in the abdominal cavity), with or without affected retroperitonear nodes. IIIC macroscopic tumor with implants 2 cm or more, outside the pelvis (in the abdominal cavity), with or without affected retroperitonear nodes. Includes enlargement of the liver capsule or spleen. IV The presence of remote metastases. Includes pleural effusion, liver or spleen parenchyma, groin or non-blood-ennemal nodes, invasion of the transmural intestine. VAT: The presence of pleural effusion with neoplastic cells. IVB: Expansion outside the abdominal cavity (except pleural effusion) or in the liver and/or spleen of parenchyma, groin or extra-bdomine nodes, invasion of the transmural intestine. Prognosis Are the two most important predictive stage factors and residual tumor after surgery. Other factors to consider, such as are: younger age, good functional condition, serosoloppilar cell type, well-differentiated tumor, lack of abdominal fluid, presence of BRCA mutation. The overall survival rate of ovarian cancer is close to 50%, however, it varies depending on the various predictive factors mentioned above, the main of which is the expansion of the disease to diagnosis. Table 3 shows the expected 5-year survival of epithelial ovarian cancer depending on the stage. (Cancer statistics should be carefully evaluated. Table 3. Estimated 5-year survival according to FIGO Stage I. Tumor is limited to ovaries 90% Stage II. Tumor has spread to neighboring organs 65-70% stage III and IV. Remote extended tumor treatment 20-30% ovarian cancer treatment involves a combination of surgery with surgical removal of all visible existing tumors and then chemotherapy. The general concept of ovarian cancer treatment is part of a team of specialists consisting mainly of gynaecologists-surgeons and medical oncologists. The treatment of this patient depends on several factors, the most important of which are the degree of prolongation of the disease and the clinical situation of the patient. Treatment of ovarian cancer involves surgical removal of the entire existing, visible tumor. What is known as optimal surgery. After most of the time chemotherapy. The treatment is explained in more detail below, from a theoretical point of view, depending on whether they are in the early or late stages. For a specific case, it is recommended that you talk to your doctor to explain the options for your case. TREATMENT OF INITIAL STAGES When a patient with suspected ovarian cancer intervenes, the gynaecologist finds a mass in the ovary without any signs of the disease scattered all over the abdomen or pelvis, the first thing she performs is the removal of the ovary and directs it to the pathologist. Once confirmed to be ovarian cancer, the surgeon continues the procedure in order to complete the staging of the disease to know in detail whether the disease was able to spread beyond the ovary. This staged process is performed by a surgical protocol that includes the following: removal of other ovaries and uteruses. Removing some of the fat in front of the intestines (biopsies) in several abdominal cavity and in any suspicious area. Taking lymph node biopsies. Pathological analysis of all these samples will determine the final staging of the disease (see table 2). At most stage I patients (the tumor is limited to the ovaries), surgery gets the disease cured. However, there are 20-30% of patients who have had a recurrence of the disease and who could theoretically benefit from complementary treatments. Factors that have been associated with an increased risk of relapse are: Histological degree: Patients with grade 3 tumors have a lower survival 5 years after surgery without additional treatment is more than 90% at the IA-IB stages and is about 70-80% at the IR stages. Tear the capsule of the ovaries, either during or before surgery. Based on these predictive factors, patients who have survival of 5 years more than 90% and do not require additional treatment after surgery, and 2) high-risk patients who are the ones who are most likely to relapse in 5 years (risk of relapse 20-40%) and may benefit from additional treatment. Table 4. Risk groups in the initial ovarian cancer UNDER HIGH RISK IA-IB Class 1 Class 2-3 IC-II Clear Cells No Signs of Additional Chemotherapy IF indication of additional chemotherapy there are data from clinical trials showing that the introduction of cisplatin-based or carboplatin-based chemotherapy increases the survival rate of women working in early stages of ovarian cancer who have some poor prognosis factor. The best chemotherapy regimen in this situation and the optimal number of cycles are not defined. A scheme containing carboplatin or cisplatin should be used and at least 3-4 cycles are injected. The most commonly used method of treatment is paclitaxel and carboplatin. Finally, to avoid relapse and increase survival, most patients are often treated additionally with chemotherapy based on paklitaxel and carboplatin. Only in patients with very early stage low-grade tumors IA-IB (class 1) is recommended exclusively for follow-up, as the operation itself is almost curative. TREATMENT OF ADVANCED STAGES Extended Stage Surgery What a gynaecologist usually finds when opening the abdominal cavity in patients with late stages, is that the tumor has spread beyond the ovaries and has several implants of different sizes in the cavity And the pelvis. In these patients, in addition to the surgical procedure performed in the early stages (removal of the uterus, ovaries and fat before the bowel-ommentectomy), should be removed as much visible tumor as possible. The goal is to try to remove all visible tumor are left with more survival than those in which the residual tumor remains. This type of surgery is called cytoreafior and, unlike other malignancies, there is a correlation between the quality of surgery and the survival of the patient. When there are no visible residual diseases, it is said that optimal cytoreduction has been achieved, and in these cases an increase in survival options is achieved. Extended stage of chemotherapy depending on the time of the start of chemotherapy due to surgery, two therapeutic options are derived: Neoadjuvant Chemotherapy treatment is performed before surgery. It should be considered only in those patients at very late stages with a very bulky or extensive tumor, in which the surgeon already foresees the impossibility of obtaining optimal surgery (without a residual tumor). Treatment regimens and drugs, these are the same as in the case of adjuvant chemotherapy, discussed below. Usually three or four procedures are performed. Neoadjuvant chemotherapy is designed to achieve tumor reduction, enough for the surgery to be performed, with larger options to achieve optimal cytorudulation. Surgery performed after neoadjuvant chemotherapy is called interval surgery. Adjuvant chemotherapy Current and mostly used standard treatment is a combination of paclitaxel and carboplatin, administered intravenously every 21 days for 6 cycles. Paclitaxel can also be provided on a weekly schedule. However, we call this scheme dense doses. It has not been proven to exceed standard treatment. The most common side effects of the combination of paclitaxel and carboplatin are: nausea and vomiting. Alopecia. Falling white blood cells (leukopenia), platelets (thrombopenes) and red blood cells (anemia), which rarely cause episodes of fever from reduced protection or bleeding from platelets descent. Sensitive neuropathy consisting of sensitive changes in the legs and hands using gloves and sock distribution is characterized: tingling, lacing, pain, loss of sensitivity ... 2-5 days after the introduction of paclitaxel and is usually resolved spontaneously for 3-4 days. Intraperitoneal chemotherapy intraperitoneal chemotherapy involves chemotherapy directly in the abdominal cavity through a catheter. This type of treatment is based on several principles: ovarian cancer is a disease limited by the abdominal cavity almost throughout its evolution. Drugs injected directly into the abdominal cavity, achieve a much higher concentration inside the cavity than with intravenous administration. There is a link between the dose of chemotherapy takes place in a few millimeters in the tumor, so this procedure can only be used in patients with ovarian cancer. progress, where full cytorduction (leaving no tumor residue) or residual implants less than 10 mm is achieved. Restrictions on intra-peritoneal chemotherapy are largely associated with complications associated with catheter and procedure: obstruction of the flow or poor distribution of treatment. Infection: peritonitis, abdominal wall or catheter. Intestinal perforation. There are data from comparative clinical trials showing increased survival with intra-peritoneal chemotherapy compared to intravenous in patients with ovarian cancer progress after complete cytorduction (leaving no tumor residue) or with residual implants less than 10 mm). The scheme, which showed a clearer advantage consists of paclitaxel injected for one day intravenously, cisplatin is administered intraperitoneally on the second day and paclitaxel injected for one day intravenously, cisplatin is administered intraperitoneally on the second day and paclitaxel injected for one day intravenously, cisplatin is administered intraperitoneally on the second day and paclitaxel injected for one day intravenously, cisplatin is administered intraperitoneally on the second day and paclitaxel injected for one day intravenously, cisplatin is administered intraperitoneally on the second day and paclitaxel injected for one day intravenously, cisplatin is administered intraperitoneally on the second day and paclitaxel injected for one day intravenously, cisplatin is administered intraperitoneally on the second day and paclitaxel injected for one day intravenously, cisplatin is administered intraperitoneally on the second day and paclitaxel injected for one day intravenously. studies have also shown that intra-peritoneal chemotherapy regimens are now significantly more toxic than intravenous regimens. This only makes patients who have a good overall clinical situation that allows them to endure treatment to be candidates for this treatment system. In fact, with the aforementioned scheme, only 40% of patients can complete 6 procedures. The rest should be left early due to side effects. Side effects that are most common in intraperitoneal chemotherapy include: leukopenia, nausea and vomiting, abdominal pain, infections, fatique, peripheral neuropathy, kidneys and metabolic disorders. Currently, intra-peritoneal chemotherapy is considered a standard option in patients with optimal cytorudulation due to the increased survival rate shown. It's an alternative that should be specialized centers for patients with good general condition and adequate surgery. Additional treatments associated with standard chemotherapy antiangigenic treatment for antiangigenic treatment include the introduction of drugs that block the development of blood vessels that the tumor needs to develop and spread. The only approved antiangigenic drug in ovarian cancer is bevacizumab for use in connection with chemotherapy in patients with advanced epithelial ovarian cancer, or approval in the initial treatment is recommended for patients with the worst prognosis (stages IV, or in cases with residual disease after surgery. Bevacizumab is a monoclonal antibody that blocks the growth factor of vascular endothelial (VEGF) and is administered intravenously every 21 days. Its combination with chemotherapy (paklitaxel and carboplatin) and then the treatment period bevacizumab itself for several months in patients with the progress of ovarian cancer showed a moderate increase in the period of time with the controlled disease. The main side effects associated with bevacizumab are hypertension and proteinuria (loss of urine proteins). Other serious but fortunately rare effects are thrombosis, bleeding, intestinal perforations or fistulas. PARP inhibitors have in recent years developed new drugs called PARP inhibitors, especially for those patients with ovarian cancer who have changes in so-called DNA repair roads. These changes occur especially in women carrying mutations in the BRCA genes, Approximately 20% of ovarian cancer patients have these mutations, but an additional 20-30% of ovarian cancer patients with ovarian cancer who have changes in so-called DNA repair roads. have some changes in the way DNA is repaired. PARP inhibitors are particularly active in both the first and second. There are three approved drugs: Olaparib, Niraparib and Rucaparib, but for the moment approval is limited to patients who have recurrences of their disease. However, the excellent results of recent studies of this type of drugs related to initial chemotherapy make anticipates of upcoming approval in our country for the first line of treatment after surgery. (Olaparib has been approved by the European Medicines Agency (EMA). 70% of ovarian cancer patients are diagnosed in late stages (stages III and IV. Despite adequate initial treatment and the effectiveness of the drug, a large number of patients (50 to 90%) are diagnosed. have relapses. Is it patients to have multiple insasures and therefore require different treatments for each one. In most patients, relapse treatment is again based on chemotherapy related, if possible, with bevacizumab or PARP inhibitors. The aim of the treatment is to prolong patient survival, improve the symptoms they can present, and maintain quality of life. Rescue surgery can also occur in individual patients (those with relapse in multiple places and/or later, and with a good overall clinical situation). There are several drugs and combinations of drugs that have been shown to be useful in treating relapse in patients with ovarian cancer. The choice of a treatment is based on various clinical criteria, among which it is worth noting: the presence or presence of BRCA mutations. Reaction to pre-treatment with chemotherapy. The time interval from the end of such treatment, taking into account how much and the type of procedures received (platinum, non-paid, biological and type). Residual toxicity of pre-treatment. The patient's situation. The physical condition of the patient. The likelihood of a reaction to the second or further line of treatment in relapses depends on the above factors mentioned above. Patients who initially responded to platinum and enjoyed untreated intervals of more than 6-12 months are more likely to respond to reintroduction combinations with platinum, in the absence of toxicity or intolerance. In addition, there are options without platinum. The schemes that currently have the greatest scientific approval (derived from comparative clinical studies) are: paclitaxel-carboplatin, carboplatin-gemcitabine and pegilized liposuction carboplatindoxorubicin. In contrast, the reintroduction of platinum in patients with early relapses gives few answers, and then it is necessary to choose other drugs or recommend participation in some clinical trials. It is logical that in this group of patients the main goal of treatment is to control the symptoms associated with the disease, trying not to worsen their quality side effects of treatment, as the end (platinum sensitive) or early (platinum sustained) relapse situation. In both cases combined with chemotherapy. Bevacizumab in combination with chemotherapy receives a larger and longer response, compared to chemotherapy alone. Your recommendation may exclude some patients are not eligible to use, according to the criteria, followed for approval. In patients with recurrence of the disease and who again respond to platinum treatment and who are carriers of mutations in the genes BRCA1 and BRCA2 (20%) or there are any mutations in this way, a great advantage is observed in the treatment of PARP inhibitors. Currently, three drugs are approved for patients with relapses that support platinum sensitivity: Olaparib, Niraparib and Rucaparib. All of them receive as supportive treatment after responding to platinum chemotherapy. Its level of effectiveness is very similar and has some side effects. There may also be small differences between them, depending on the mutation characteristics of patients. Clinical trials of ovarian cancer treatment are not fully satisfactory, either because it is diagnosed at an advanced stage or because treatment is effective, sometimes limited. Clinical trials, with new drugs, explore new treatments or therapeutic strategies in order to increase the rate of healing. Clinical trials developed by people who are experts in the treatment of ovarian cancer are conducted through strict protocol under the supervision of a qualified team and require the permission of health authorities and ethics committees. The latest supplement already available in our country was PARP inhibitors. In the study phase, other molecules are found, such as those that are associated with immunotherapy. In addition, in an advanced phase, various combinations of antianggiogenics with PARP inhibitors and the latter with immunotherapy are being investigated. Through clinical trials, we know which of the new drugs that appear actually serve to improve the survival of ovarian cancer patients. 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