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Firehouse chili nutrition facts

Main Information: Firehouse Chili Fresh Choice 1 Portion 289 calories 32 grams carbohydrates 11 grams of fat 16 grams of protein 8 grams of fiber 27 mg cholesterol 3 grams of saturated fat 881 mg sodium 0 grams of sugar 0 grams of trans fat Report a problem with this food note: All items purchased after clicking on our amazon buttons will give us a small reference bonus. If you click on it, thank you! Please note that some foods may not be suitable for some people and you are asked to seek medical advice before starting any weight loss effort or diet. Although the information provided on this site is presented in good faith and considered correct, FatSecret makes no representation or guarantee as to its completeness or accuracy and all information, including nutritional values, is used by you at your own risk. All trademarks, copyright and other forms of intellectual property are the property of their respective owners. Please note that some foods may not be suitable for some people and you are asked to seek medical advice before starting any weight loss effort or diet. Although the information provided on this site is presented in good faith and considered correct, FatSecret makes no representation or guarantee as to its completeness or accuracy and all information, including nutritional values, is used by you at your own risk. All trademarks, copyright and other forms of intellectual property are the property of their respective owners. Made from the best ingredients. Ground beef, red beans, diced tomatoes and onions. A hearty dish, sure to become one of your favorites. Order gift cards online Buy Firehouse30%22gCarbs46%15gFat24%18gProteinHow does this food fit into your daily goals? Activity Needed to Burn: 300 Calories46Mutes Cycling 30D racing minutes 1.8 Cleaninghours Eat better. I feel better. Eat better. I feel better.

