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What is tone production

Each person has about the same number of skin cells as there are people in the United States. That's right – about 300 million, and every minute we can shed up to 40,000 of these cells, which in turn are replaced by new cells [source: National Geographic]. This means that we have the opportunity to completely recycle our skin once a week. Peeling is a process that helps promote this processing of skin cells. This is done by removing layers of dead skin so that new healthier cells can take their place. Due to the speed with which we shed our skin, it's a good idea to exfoliate a couple of times a week to keep your cells fresh. Advertising There are three different types of peeling: manual, enzyme or chemical. The most common and simplest is manual peeling. You can buy any number of peeling scrubs at your local grocery store. They're basically soaps that feel like they have tiny bits of sand in them. When used to scrub the skin gently, these granules take away layers of dead skin, but are not harsh enough to remove healthy skin cells, leaving the outer layer of our body's largest organs shiny and new [source: 911 Skin]. Some people's skin is too sensitive for manual exfoliation. This can leave them red and sore. If this applies to you, you may want to explore an enzyme or chemical peeling. Enzymes are used as catalysts to help peeling. Enzyme peeling usually involves a kind of lotion or mask. This helps to stimulate chemical reactions that dissolve dead cells. Chemical peeling works much the same way, separating dead cells so that they fall off. Both enzyme and chemical peeling are recommended for people with acne [source: 911 Skin]. It's easy to see how peeling can help even out your skin tone. Many inconsistencies in your skin may be the result of dead cells that have not yet been spilled and peeling helps speed up this process. Making sure your outer layer of skin cells are healthy and new will help you look and feel better. Read on to learn how moisturizing can help even out your skin tone. We hope you like the products we recommend! All of them were independently chosen by our editors. Just to let you know, BuzzFeed can collect some of the sales or other refunds from the link on this page if you decide to shop around for them. Oh, and FYI - prices are accurate and the product in stock from the time of publication. Don't miss the best annual deals, deliver rights to your inbox! We hope you like the products we recommend! All of them were independently chosen by our editors. Just to let you know, BuzzFeed can collect some of the sales or other refunds from the link on this page if you decide to shop around for them. Oh, and FYI - prices are accurate and the product in stock from the time of publication. Remember when the contour used to seem so frightening? There were so many cheerful memes floating around internet that literally comparing the contour of the impossible math problem solved. These were some good beauty times. Fortunately, the contour market has expanded massively with kits and sticks that make it feel so easy. Plus, there's an array of products that look gorgeous on deep skin tones. Contouring is game changing if you ask me. Once done the right way, it can literally give you a non-surgical cheek lift, a chiseled jawline, and whatever nose shape you want. It's magic. From cream powder formulas, you can choose how sculpted you want your skin to look like. Mixing is the key, and under the contour products for dark skin make the process feel like a breeze. Keep scrolling contour sets and products browned-skinned beauties that my friends and I swear by. @Mayaalenaa Anastasia Beverly Hills Contour Cream Kit Deep \$40 Shop Meet the Cream Contour Kit I got my feet wet in college. Don't let the matte texture fool you– they are incredibly confusing and feel ultra smooth once. Here's the trick: Spritz your brush or makeup sponge with a setting spray before applying to expand the staying power of your look. Anastasia Beverly Hills Powder Contour Kit \$40 Shop I set my cream contour with anastasia beverly hills powder contour set. I learned this technique from a celeb makeup artist, and I've been sworn in by it for years. Your cheekbones will be sitting for quite hours. These powders are so finely milled, they will give you that second skin look. Fenty Beauty by Rihanna Match Stix Trio Deep \$54 Shop Some of the best beauty discoveries are happening in a friend's bathroom. During my homecoming reunion, my sorority nurse me to this product, which glided to my cheek seamlessly for just one stroke. I've been hooked since then. Leave it to Rihanna to create the perfect cream to the powder contour stick, which easily blends into deep skin shades. Dior Stoppers Contour Palette \$45 Shop I experienced the gorgeousness that it is a matte and shimmer contour palette a few months ago. I love anything that works like both a bronzer and a marker. You can use a deep shade on the bottom right for a more intense contour, depending on how far you want to take it, and add a little blink of lighter taupe tones that provide champagne gold hues to deep skin tones. Cover FX Contour Kit Deep \$48 \$24 Shop This palette makes the outline feel easy. Sculpt, strobe, and highlight with these four creamy shades that work together to create the most natural, chiseled face. Those with sensitive skin will love this vegan, noncomedogenic option. Kat Von D Shade + Light Creme Contour Refillable Palette \$49 Shop Kat Von D specially curled each shade in this palette to add a dimension of dark skin tones. Deep shades are designed to cast realistic-looking shadows on the skin, and markers to leave behind dose of myrmac. Glow. the brand is known for creating lasting makeup, and this cream is probably in the last 24 hours. Make Up For Ever Ultra HD Invisible Cover Stick Foundation \$43 Shop Cop this very coveted foundation will stick a few tones deeper than your skin tone and turn it into a full-fledged contouring stick. This is one of the most commonly used in this HD foundation. Think about it: It'll provide the same benefits when it comes to covering and mixing right on your skin so you can basically blend it into your sleep. Black Up Contouring Stick \$42 \$21 Shop Ever Heard of Contouring on The Go? Well, you can with this double-sided stick that will allow you to sculpt and fix any part of your face as you see fit. The formula is so rich and velvety, you can use your fingers to mix it in the skin. AJ Crimson Artist Kit \$149 Shop Long before it had a trend of being including makeup that catered to all skin tones, the AJ Crimson beauty had brown girls covered. These creamy shades are perfect for just about anything when it comes to your face, but a particularly amazing contour with. They are natural and water resistant, so they will not leave. Resusving the MakeUp Cream Contour Kit \$16 Shop Ok for under \$20, you get six shades to play with. It's stealing, my friends. And these feel velvety on your skin so you can trust that they will blend in and sculpt your liking. EFK Cream Contour Palette \$6 Shop These highly pigmented shades will save you a pinch. Throw this super-compact kit into your bag of touch-ups when you need it. You can rely on the upper right tone to revive the skin if it's looking a little meh, or the bottom two shades to add to the definition that the abducted jaw we all so deeply want. Tom Ford Shade and Illuminate \$88 Shop This luxe compact is widely praised by celebrity makeup artists for a reason. The top shade is a translucent dew that gives undeniable light to the skin. Deep shade will give your cheeks a chiseled look. When does Tom Ford ever disappoint? Mango you know covetable effects, filters deliver leveled lines, even plumped skin, and brilliance that feels unattainable. Often I look at my colors from hours on the beach, demerit marks from illegally squeezing my breakouts, and sallow painting after night, and wish I could erase it all for the benefit of that magical glow. The thing is, you can. There are tons of products on the market promising to do just that, but as you know, it's a saturated industry, and not everything works as well it claims. Which is why we enlisted our friends rank & amp; Style to collect top-selling products for a smooth skin tone. That way, we can really get down to stuff that works. 01 of 05 Laura Mercier Flawless Skin Face Polish \$32 Shop cleanse, exfoliate, and remove dead skin cells from the face with this luxe scrub that uses microbeads to clean and Soften. After that, your face will look brighter, smoother, and even smoother. 02 of Clinique 05 Even better skin tone fine-tuning moisturizer \$50 Shop Give this fine-tuning moisturizer to try to treat past damage while protecting the skin from future damage. Thanks to UVA/UVB protection and bleaching ingredients, it breaks the surface darker and then peels it away to show off the gorgeous baby skin underneath. However, it is important to note that SPF should be applied separately to be an effective skin protector from future sun damage and discoloration. It's just dry on the cake. 03 of 05 Neutrogena Rapid Tone Repair Humidifier Night \$20 \$17 Shop accelerated Retinol SA, glucose complex, and hyaluronic acid make this pharmacy blend one of the best in the market for intense humidity and smoothed lines and wrinkles. The best part? It only costs \$17 and it boasts a one week turnaround at a time, which means you're on a quick path to even toned skin. 04 of 05 Sunday Riley Good Genes Treatment \$105 Shop industry favorite with cult following, Good Genes (\$105) is formulated with purified grades of lactic acid to zap pore clogging dead cells and reduce the appearance of stubborn hyperpigmentation. 05 of 05 Caudalie

Vinoperfect Radiance Serum \$79 Shop Acne Marks, Scars, and Sun Spots don't stand a chance thanks to this top-rated, lightweight serum. The secret is viniferine, an ingredient in viticultural juice that is said to be 62% more effective than vitamin C (and you know how much we love our vitamin C). One lucky Sephora customer gushes, I got it as an Insider Beauty Birthday gift and I can't get enough. I'm almost out of serum and most likely to buy another bottle. My skin looks so nice and smooth! My dark spots are starting to fade and my skin is so soft. I'll definitely buy [serum] again when I'm done with my sample. In fact, in a study carried out by nine dermatologists of 60 patients within three months, 83% of patients had reduced pigmentation intensity in their dark spots and serum contributed to the disappearance of color in 70% of those who participated. Attended.

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