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Waham is a belief of a person that does not live up to expectations or reality, which is supported and cannot be logically changed by others. These beliefs can come from uncontrollable thinking. A. Waham's understanding in the science of mental medicine, he said that waham is often found in people with mental disorders, which is one of the symptoms of impaired content. Waham is a false belief that arises without sufficient external stimulus and has characteristics: The unrealistic/halu Not Logic Fixed and Fixed Egocentrism Very believed that truth sufferers cannot be corrected by Dihayat sufferers as something real condition or thing that is considered to be not a local sociocultural part. The form and characteristic of the waham: the person expresses something he believes (about religion, greatness, suspicion, his circumstances) is repeatedly excessive but incompatible with reality, one seems to have no other person, suspiciously, hostile, destructive (me, another person, environment), fear, sometimes panic, very vigilance, appreciating inappropriate environment/reality, tense facial expressions, irritability. Read more: B. Factors that affect onsling waham fail through developmental stages with healthy removed others and feel lonely Insharmonous relationship with others Parting with loved ones Refusal that offspring are often experienced, most common in twins one egg Often use unhealthy problem solving C. Process Onslolving waham 1. A common cause of wahama is self-esteem: low self-esteem. Low self-esteem manifests itself in negative feelings towards one me, including loss of confidence and self-esteem, feeling failed to achieve desire. 2. As a result of wahams, a person may experience a rupture of verbal communication that can be characterized by unrealistic thoughts, illogical at all, loss of communication, repetition of words heard and less eye contact. As a result, other symptoms caused by waham are at risk of harm to themselves, others and the environment. Read also Understanding Psychology and its full history!C. Signs and Symptoms waham Withdrawal from social environment Do not care about the environment Talk and laugh at yourself Deep Fear of Evil without the cause of hostile and always suspicious Connections of chaotic and biased Care and self-healing violations D. Types and various waham Waham control of thought (thought of control) : One believes that the mind of his, feelings or behavior is controlled by external forces. Waham greatness (misguided grandiosity) : Man has the belief that he or she is an important and influential person, perhaps hidden power, or a really powerful figure throughout history (e.g. General Sudirman, Napoleon, Hitler, etc.). WahamErsangkut : One believes that every case around it has a personal relationship such as a special order or message. Strangers around him are

believed to be paying attention, with broadcasters sending messages with passwords. Waham strange, it's a strange waham: Included in waham strange, among others: Waham sisip thoughts/thoughts insert (believe that man inserted his thoughts into the head of the sick); waham siar think/thoughts about broadcasting (believe that the mind of the sick may be known to others, others as if able to read the mind of the sick); waham suck thoughts/thoughts of withdrawal (believe that man took out his mind); waham control of thought; hypochondriac wahams. Waham Ipochondri: It is believed that if there is an object in it, it should be removed because it can harm it. Waham Jealous: Jealousy here is pathological jealousy. Waham Suspicion: Pathological suspicion is so suspiciously very hyper or excessive. Waham Threat: The belief or belief that he always follows, threatened, bullied or there are some people who perform it. Waham Kejar : Trust if he has always pursued something. Waham Guilty : Mmtrust if he is guilty. Waham Sin: Believing if it's sinful so always cranky. Waham is useless: believing that he is useless again so often think it is better to die (suicide). Poor Waham : Believing he's a poor man Read also delusional disorders: Type, Cause and TreatmentE. Family treatment and Foster's involvement in family trust with sufferers. Contact is frequent but short. Improving the relationship of sufferers with the environment gradually. The patient's guide is to do the activity according to his or her abilities. Avoid arguing about waham. If fear says: You're safe here, I'll help you learn something that scares you. ensure appropriate rules of medicine. Don't forget the controls. Source: Waham Misconceptions can infect anyone posted by the administrator on Sunday, November 16, 2014 Waham is a mental disorder, while the understanding and characteristics are as follows: In the science of mental medicine, it is said that waham is common in people with mental disorders that are one of the symptoms of content impairment. Waham is a false belief that arises without sufficient external stimulus and has the following characteristics: Circumstances or things that are not believed to be part of the local sociocultural. Some concepts waham: 1. Waham is a person's faith based on the evaluation of false reality, beliefs that are incompatible with the intellectual level and cultural background, the inability to respond to internal and external stimuli through the process of interaction/information aquisition. 2. Waham is a false belief that is firmly supported by wlaupun not believed by others and contrary to normal reality (Stuart and Sundeen, 1998). 3. Waham is a human faith based on a false assessment of reality. The client's beliefs are incompatible with the client's intellectual level and cultural background. 4. Waham is a customer's belief that is incompatible with reality, but supported and cannot be logically changed by others, this belief comes from the thinking of a client who has lost control (Dep Kes RI, 1994) 5. A person who experiences waham thinks he has a lot of strength and talent and doesn't feel disturbed by his soul or he feels very strong and very famous. This is according to Varkarolis's explanation of the Basics of Psychiatric Mental Health Nurses (2006 : 397): Thinks he or she has the credentials and talents that are not possessed or by someone powerful or famous. Manifestation of waham clinic: the client shows something that he believes (about religion, greatness, suspicion, condition in itself) repeatedly excessively, but incompatible with reality, the client appears to be no one else, suspicious, hostile, destructive (me, others, environment), fear, sometimes panic, very alert, inadequate assessment of the environment/reality, tense mischimons, irritable causes : 1. Factor predisposition : Genetic: genetic: decrease, abnormality of the nervous system. Neurobiological: no interference in the prefrontal and limbic cortex. Neurotransmitter: anomalies in dopamine, serotonin and glutamate. Virus: Exposure to the virus influenza in the third trimester - Psychological: concerned mother, too protective, father does not care. 2. Precipitation Factor - Excessive information processing process - abnormal electrical delivery mechanism - trigger symptoms of onion problem 1 process. Cause. A common cause of waham is gannguan self-ananimia: low self-esteem. Low self-esteem manifests itself in negative feelings towards one me, including loss of confidence and self-esteem, feeling failed to achieve desire. 2. Consequences. As a result of waham, customers may experience a breakdown of verbal communication characterized by unrealistic thoughts, flight of ideas, loss of communication, repetition of heard words and poor eye contact. Result others it represents risk harming themselves, others and the environment. Waham there are different species, namely: 1. Waham thoughts on control. The patient believes that his thoughts, feelings or behavior are controlled by external forces. 2. The greatness of Waham (delusion of grandiosity). Sufferers are confident that he or she is an important and influential person, can have the advantage of hidden forces, or indeed be an influential figure throughout history (e.g. General Sudirman, Napoleon, Hitler, etc.). 3. Waham Stuck. Sufferers believe that every event around it has a personal relationship, such as a special order or message. Sufferers believe that strangers around him are paying attention to him, broadcasters are sending messages with the language of passwords. 4. Waham strange, it's a strange waham. Included in the waham bizarre, among others: Waham insertion/insert thought (believe that the person stuck his thoughts into the sufferer's head); waham siar think/thoughts broadcasting (believe that the mind of the sick may be known to others, others as if able to read the mind of the sick); waham suck the thought of withdrawal (believe that someone took out his mind); waham control of thought; waham hypochondri 5. Waham Ipochondri. The victim believes that there is an object inside it that needs to be removed because it could harm him. 6. Waham Jealous. Jealousy here pathological jealousy 7. Waham suspects. Pathological suspicion is so suspicion is very excessive 8. Waham threatened. Faith or belief that he is always being watched, threatened, bullied or is a group of people who meet him. 9. Waham Chase. Believing that 10 people were always chasing him. Waham Guilty. Believe me, the 11th man is guilty. Waham Sinnaidh. Believe me he's sinned so always cranky 12. Waham is useless. Believe that it is useless again so often think it is better to die (suicide) 13. Poor Waham. Believe him, he's a poor man. The Waham process process waham is divided into six, namely: Phase 1 Lack of human necessities. Waham starts with limited customer needs both physically and mentally. Physically, customers with Waham can occur in people with very limited socio-economic status. Usually customers are very poor and suffer. His desire to meet life's needs prompted him to make the wrong compensation. There are also clients who are socially and economically fulfilled, but the gap between reality and self-su yi is very high. For example, he is a scientist, but wants to be considered very smart, very experienced and considered in his group. Waham happened the importance of recognizing that it exists in this world. This can also be affected by a low score during a life story. 2. Phase lack of self-esteem. Lack of recognition of the environment and the high gap between self-ideal and reality of oneself and the promotion of unmet needs, while environmental standards have exceeded their capacity. For example, when the environment is already rich, using advanced communication technologies, highly educated and has broad power, still establishes an ideal me that surpasses this environment. But the reality of self is very far away. In terms of client-education, materials, experience, influence, support systems everything is very low. The external phase of internal control. The client tries to rationally think that what he believes in or anything that he says is a lie, hides flaws and is not true. But to face the reality for the client is something very difficult, because it must be recognized, the need to be considered an important and accepted environment becomes a priority in his life, because these needs have not been met optimally since childhood. The environment around the client is trying to give a correction that what the client says is not true, but it is not done in a strong way because of the amount of tolerance and desire to maintain the feeling. The environment only becomes a passive listener, but does not want a prolonged confrontation on the grounds that customer recognition does not harm others. Phase support for the environment. Some people who trust the customer in their environment cause the customer to feel supportive, over time the client considers what is said as the truth because it is often repeated. It is here that the disintegration of self-control and the malfunction of the norm (Super Ego) is characterized by no more sense of sin when lying. 5. Comfort phase. The client is satisfied with his beliefs and lies and assumes that everyone is the same who will trust and support him. Beliefs are often accompanied by hallucinations when the client is away from his surroundings. In addition, clients are more likely to be lonely and avoid social interaction (social isolation). 6. Improving phase. In the absence of confrontation and correctional work, each time the wrong condemnation of the client will increase. Waham's new themes are often associated with past traumatic or unmet needs (missing chains). Waham is a sedentary lifestyle and hard to fix. Waham content can be a threat to yourself and others. It is important to shake the client's trust in a confrontational way and enrich his relegius belief that everything that is done inflicts great sin and there are consequences 1.3 The signs and symptoms of Waham A. Waham Greatness believes that he has greatness or special power, spoken repeatedly but not according to reality. Example: I titisan Bung Carno, there are many companies that eat at home in different countries and can cure different types of diseases. B. Waham Suspicion believes that there is a person or group that seeks to harm/harm itself, pronounced repeatedly, but not in accordance with reality. Example: Many cops are chasing me, my neighbors want to ruin my life, my sisters will poison my food. c. Waham Agama has an excessive belief in religion, uttered repeatedly, but not according to kenyakinan, for example: God appointed me guardian, I must constantly wear white clothes every day to enter paradise. d. Waham Somatik believes that the body or body part of the client is disturbed, pronounced repeatedly, but not in accordance with reality. Example: My bone marrow is empty, I have to have cancer, I have a lot of dirt in my body, my body is decomposing, my body is gone. E. Waham nihilisti believes that he is no longer in the world / dies, spoken repeatedly, but not according to reality. Example: I have disappeared from this world, all that here spirits, in fact I am no longer in the world of Conclusion waham is a belief of mind content that does not correspond to keyataan or does not correspond to the intellect and cultural background, although it is proven the impossibility that Waham usually uses to meet the needs or desires of the sufferer himself. Waham is a way to give an idea of the various problems themselves or the pressures that exist in the person of the patient usually: Depressive desire. B. Disappointment in various expectations. C. Sense of inferiority. D. Feeling guilty. Circumstances that require protection from fear. ADVICE As for the advice that the author can say is one. It is hallucinating and Waham are positive symptoms in schizophrenia where the patient's condition is a mental disorder, in this case we as nurses should always prioritize communication therapeutically so that the patient can be calm and comfortable when with us. 2. In addition, patients with waham disorder should draw attention, so the process that happens in it, so that it can quickly recover like other normal human beings, so we as nurses should be able to provide maximum care for those who experience the disorder. Treatment Therapy for Children with Autism Understanding Bipolar

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