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Unterschachen's Hoch Fulen Distance: 9.6 - 12.0 miles (Round Trip) This long, challenging hike is visited by the lovely Brunnital, followed by a wild, rarely visited valley in Hoch Fulen, a summit with stunning views of the Shahental Mountains, Sharhorn/Clariden Peaks, Windgallen and the tops towering over the Reuss Valley. This trip from hotel to hotel is our signature tour, an excellent journey that covers the most picturesque and challenging sections of the Alpine Pass through the Bern region of Oberland. This is a route that we offer from 1 year old, and continues to be one of our best. Our tour is different from most tours of the Bernese Oberland, adding a couple of unforgettable detours to areas not to miss, such as Obersteinberg and Gasternthal, and a day of stopovers in Murren to give more time in the best pedestrian region of the Alps. The Bernese Oberland tour is a beautiful collection of high alpine landscapes, remote hotels and quiet trails. On this tour, you will be hiking to a new location almost every day, crossing many passes, and will remain a combination of 3-star country hotels and traditional country hotels. The standard tour stays in a mix of 3-star rustic hotels and remote mountain hotels and includes a baggage transfer so you'll have it with you most nights and only need to carry a large day package. This is a great hotel-to-hotel tour for experts and beginners alike, with lots of busy trails along with more lighter options most days. Your typical day starts with a delicious breakfast buffet at our hotel - a feast of freshly baked bread and croissants, local meat and cheeses, cereals, fruits, eggs, coffee and juice, which gives you the energy you need for the day ahead. Before you go camping, visit the bakery and lunch market, or bring some money to a stop at one of the Alpine restaurants along your itinerary. Soon, you'll be on the trail for 6-8 hours, with many hiking options to choose from. You have to finish your hike around 4-5pm, giving you time to wash, relax, or just look at the outside panorama from the balcony of the room. After that, you will enjoy dinner in the hotel restaurant most nights. These are multi-purpose feasts, often focused on local dishes such as bratwurst, r'sti or cheesy fondue. All of our hotels serve fabulous dishes, and can easily satisfy vegetarians, gluten-free or other dietary requirements. Dinners will be hearty, full, well-earned and delicious. We leave 1 dinner at Murren free for you to explore on your own. If you don't have time for a full tour, we can also arrange for you to do only half the tour, or any number of days in between. Bernese Oberland Traverse, Part A covers days 1-6 Meiringen to Merrin, runs through a more populated area with the most famous mountains and very good options for long and short hikes of both. Bernese Oberland Oberland Part B covers the days of 5-10 from Murray to Gasternal, and overall, more remote, reliable and tense than the first half of the tour. Bernese Oberland is a tourist paradise. Alpine trails cross their path through the cities, valleys and mountain peaks of this magnificent place. Take your choice of short, easy, family-wide itineraries to cliff walks to breathtaking trails. Here are 15 of the best hikes to do in Bern's Oberland. How to use this card: Click on the icons on the map to get more information about each point of interest. Click on the star next to the map title to add this map to your Google Maps account. To view it on your phone or computer, open Google Maps, click the menu button, go to your seats button, click Maps, and you'll see that map on your list. This list begins with shorter, lighter hikes and continues with longer and more complex efforts. This is a shorter version of the Northface Trail (mentioned later in this post). From Murren, take a ride on the Allmendhubel cable car and enjoy the view of Murren and the mighty Jungfrau massif. The Blumenthal Trail winds its way down through the picturesque valley and past the Suppenalp pension before going down to Murray. The trail is well marked, just follow the pink signs of the Blumenthal Panorama Trail. Distance Allmendhubel: 3.2 km (2 miles) Length time: 1 to 1.5 hours Loss of ascent: 300 meters Difficulty: Easy location: M'ren It is not so much a hike as a scenic walk. On this mostly flat, easy walk through the Lauterbrunnen Valley, you'll be treated to the views of the colourful gardens, towering waterfalls and peaks of Munch, Eiger and Jungfrau towering over you. Along the way, add detours to Trummelbach Falls and Murrenbach Falls. End your hike with a visit to the fabulous town of Lauterbrunnen and Staubbach Falls. Stechelberg and Lauterbrunnen Valley Lauterbrunnen Valley (pictured taken from Trummelbach Falls) Bus stop on the main road in Lauterbrunnen Valley Pro Travel Council: Starting from Lauterbrunnen, with a bus to Stechelberg. Walk from Stehelberg to Lauterbrunnen. There is a paved and gravel footpath that runs parallel to the main road through the valley. If you are tired, just walk along the main road to the nearest bus stop and take the bus back to Lauterbrunnen. Distance: 4.3 km (2.7 miles) Length time: 1.5 to 2 hours Difficulty: Easy location: Lauterbrunnen Valley This is a relatively easy trail that is done as a noose from Schynige Platte. The mountain peak of Shinige Platte offers panoramic views of Interlaken, Lake Brienz and views of the Jungfrau massif. This loop trail winds itself around this mountain peak, through the Alpine Garden, and offers wider views of the area. Schynige Platte is worth a visit during your trip to the Bernese Oberland, and short but sweet hike makes the experience even better. Better. of Interlaken Pro Travel Tip: You have the opportunity to add this hike to Schynige Platte in Falcorn in the first hike mentioned later in this post. Distance: 3 km (1.9 miles) Duration: 1.25 hours Climbing: 180 meters Difficulty: Easy to moderate Location: Schynige Platte Learn more on the Jungfrau website. Getting there: Train ride from Wildersil to Schynige Platte. It is best to do it first thing in the morning, because it is a popular train ride in Bernese Oberland. The walk from Grutschalp to Murren is an easy route with spectacular views of Iger, Muench and Jungfrau. It is a paved trail that runs parallel to the railway that connects Grutschalp and Murren. This walk can be done in any direction. If you start in Grutschalp, it will be a bit uphill walking to Murren (or downhill on foot if you make it to Murren in Grutschalp). Distance: 4.3 km (2.7 miles) Length of time: 1.5 hours Ascent (Grutschalp to Murren): 200 metres Difficulty: Easy location: Murren - Grutschalp Transport: cable car connects Grutschalp with Lauterbrunnen. A short narrow-gauge train connects Grutschalp with Murray. You can take the cable car to Grutschalp, go hiking in Murren, spend some time in Murren, and then take the train back to Grutschalp. The walk from Munnichen to Klein Scheidegg is one of the best hikes in the Jungfrau region. This light, mostly high-speed trail offers stunning views of both the Lauterbrunnen Valley and the mountain peaks of Eiger, Muenha and Jungfrau. This hike is suitable for all ages and abilities. It's perfect for families, travelers with limited time who want to make a short, memorable hike, and those who want stunning views with minimal effort. If you only have the time or desire to make one short, quick hike in the Jungfrau region, this is a good one to consider. How to make it hike: This is the point to the point of the hike. A cable car ride to Munnlichen. A hike to Klein Scheidegg. Klein Scheidegg can be reached by train to your next destination (the train departs from Grindelwald and Wengen, and from Wengen to Lauterbrunnen). Distance: 4.4 km (2.75 miles) Time time: 1.5 hours Loss of ascent: 166 meters (540 feet) Difficulty: Easy location: Munnlichen - Klein Scheidegg Murren through the ferrat is a 2.2 km journey, part via ferrat and part of the hiking trail. You will cling to the rock, go down the steep stairs, walk on a rope and suspension bridge, and (with a guide) a zip line through the ravine. If you're looking for great excitement, this is one of the best hikes to do in Bernese Oberland. Distance: 2.2 km (1.4 miles) Length: 3 hours Difficulty: Moderate Location: Murren at Gimmelwald When: June 1 to 31 The weather allows Muenhshoshutte is an alpine hut located on Jungfraujoch. During a visit to Jungfraujoch, you have the opportunity to going to this hut. This was our favorite experience at Jungfraujoch. To get to Muenhsjutte, it's a walk uphill on a well-groomed snow trail. It looks easy in photos, but at this height, it's more challenging than you might expect. The small hills are breathtaking. In summer, when the sun warms up the snow, it can become slushy, making it difficult to walk. Distance: 5 km (3.1 miles) Round trip Duration: 2 hours Difficulty: Moderate location: Jungfraujoch This easy walking trail starts at First and ends at Gross Scheidegg, a mountain pass in the Bernese Alps. You will walk through rolling meadows and throughout the hike you will be treated to a beautiful view of the Jungfrau array. This hike can be done in any direction. Distance: 5.5 km (3.4 miles) Time time: 2 hours Height Loss: 200 meters (First Gross Scheidegg) Difficulty: Easy location: First Gross Scheidegg, near Grindelwald How to make this hike: To get to the first, ride the cable car from Grindelwald. Hike to Gross Scheidegg. From Gross-Scheidegg, take the public bus to Grindelwald. It's a total walk downhill if you go from First to Gross Scheidegg. First, walk short and somewhat spectacular first rock walk. Then follow a wide gravel and dirt trail from the First to Bakalpsi, a fairly high-altitude lake. It's done as an out-and-out hike, so you start and end first. It's a relatively easy, family-friendly hike and another very popular hike to do in Bern island, so expect large crowds on this trail. Distance Bachalpsee: 6 km (3.7 miles) Length time: 2 hours Climb: 100 meters Difficulty: Easy Moderate Location: First, near Grindelwald How to make this hike: A cable car ride from Grindelwald to the First. Hike to Bachalpsee and go back to first. Children, and children in the shower, can fly like a bird or zip-line on the first pilot or a first glider for a quick thrill. Or go-karting down a wide gravel path. The first walk on the rock is free to visit, but you will have to pay to ride on zip lines and go-karts. This point hike follows the north side of Mount Iger. Along the way, you can see the Lauterbrunnen Valley in Murren and Grindelwald. It was one of our favorite hikes in the region. The views are invincible, it's mostly a walk downhill, so you don't have to be super fit to hike on this trail and it can be easily added to a visit to Jungfraujoch or Kleine Scheidegg. Distance: 7.25 km (4.5 miles) from point to point Duration: 2 to 3 hours Height change: 140 meters up, 800 meters down Difficulty: Easy moderate Location: Kleine Scheidegg The trail in Mehren has a bit of everything... stunning views of the mountains, small villages and chalets hidden among the mountains filled with flowers of alpine meadows and pastures filled with cows and theirs Bells. It's a light walking trail that's done like a loop from Murren. Along the way, you have stunning views of Munch, Eiger and Jungfrau, as well as views of the Lauterbrunnen Valley. You also have the option to add to the Sprutz waterfall. If you are visiting Switzerland with children, this is a great hike to put on your list. View of Murren from Hiking Distance: 7.4 km (4.6 miles) Length time: 2.5 hours Rise Profit: 380 meters (1,250 feet) Difficulty: Easy location: Murren Schilthorne is one of the highest peaks in the Jungfrau region and it is one of the best places to go for panoramic views of the Swiss Alps. It offers stunning views of the Jungfrau massif. Starting with Schilthorn, you'll go down through the mountains. Along the way, you can see the cities of Murren and Gimmelwald, the Lauterbrunnen Valley and the Jungfrau Massifau. Because of the gradient, this hike is challenging whether you decide to hike the trail up or down. It's steep, so it could be a killer on your knees if you decide to hike down from Shilthorne to Murray. The climb is even more difficult as it is a steep climb all the way. You can shorten the hike by starting (or finishing) in Birg rather than in Shilthorne. Distance: 13 km (8 miles) Length time: 5 to 6 hours Height change: 1600 meters Difficulty: Moderate to difficult Location: Shilthorne - Murren How to Do Hike: A cable car ride from Murren to Shilthorn. Enjoy the view of the Piz Gloria Hotel, enjoy brunch in a rotating restaurant and visit the world of Bond. A tour from Schilthne to Murren. It's a challenging, long-distance hike that will take most of the day. The view from Tanzbedel is one of the best you can have in the Jungfrau region. Start with the charming village of Gimmelwald, stroll through farmland and dense pine forests before climbing the Tangbedel Meadow. From this meadow, enjoy the panoramic views and get a different view of the Jungfrau massif. Continue at Obersteinberg for more amazing high alpine species. Lunch or snack here before going to Stehelberg. A walking trail outside Gimmelwald. View of Himmelwald from the trail. Due to lack of time, we had to finish this hike early, so only there are pictures from the first part of the hike. Distance: 14 km (8.7 miles) Length time: 6 to 8 hours Increase rise: 1000 meters Difficulty: Tense Location: Gimmelwald - Obersteinberg - Stechelberg Read more here. The tour from Schynige Platte to Folkhorn to the First is a great day trip to the Jungfrau region in Switzerland, but what an exciting day. A stage trip on a cogwheel train, alpine lakes, rustic mountain huts, snow-covered trails, and some of the best views of the Swiss Alps... these are just a few highlights of this exciting hike. Overlooking the Jungfrau Massifau, Lake Brienz and numerous Lakes, it is often labeled as one of the best day hikes to do in the Jungfrau region. View from Falcorn. The caption for this post was also taken during this hike. Distance: 16 km (10 miles) Length time: 6 hours Height Gain: 860 meters (2,820 feet) Height Loss: 690 meters (2,260 feet) Difficulty: Mobile Location: Schynige Platte to the first Hardergrat Trail is one of the most famous day hikes in Switzerland, and some people say it is one of the most beautiful hikes in the world. It is a difficult day of hiking and for part of the path, the trail follows along a very narrow ridge. With drop-offs and brief sections of rock scramble, this is a dangerous hike and is recommended only for those with a high level of fitness and plenty of hiking experience. Distance: 24 km from point to point Duration time: 10 hours Height Gain: 3000 meters Difficulty: Complex location: Interlaken More Details here The best time to go hiking in Bern island of Oberland from mid-June to October. Most of the area is covered with snow until May, so the trails do not open until June. If you plan to travel to Switzerland during the spring months, most of these routes will still be closed. Whether you're visiting Switzerland with kids (or want to make an easy hike), our best picks are The Northface Trail, Munnichen's Klein Scheidegg on Panorama Trail, Blumenthal Panorama Trail, or Schynige Platte Panorama Trail. For relatively easy hikes that offer stunning views, it's hard to beat the Eiger Trail and Munnichen's Kleine Scheidegg hike. If you want to leave the crowd behind (and as a day of full day hike), hike to the Dancebudel. For great thrills, hang out over the Lauterbrunnen Valley on Meren through the ferrat. If you want to walk in the snow, visit Jungfraujoch and take a walk to Muenkhsjutte. For an epic walking experience, we loved hiking from Schynige Platte to Falcorn to the First. During a future trip to Switzerland, hiking the Hardergrat Trail will be #1 on our to-do list. List. bernese oberland hiking self guided

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