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Feeling is the secret book

In our modern age of iPhones, Instagrams and too much information sharing, the concept of a little black book seems a bit old-fashioned. After all, who has time to scribble down their secrets when there are new filters to download and witty tweets to mull over? We think every woman, however, should have her own arsenal of beauty secrets-- a black book of beauty, so to speak. To save you time, we've put together 20 of the best tricks we've chosen from Hollywood's top makeup artists and hair stylists. (These are the people who give Mary-Kate and Ashley Olsen their completely unsomed strands, and Jessica Alba her contoured cheekbones and smoky sultry eyes.) Keep blogging, tweeting, and Instagramming with new vitality after you've mastered the beauty tricks. Keep flipping for the industry's best beauty secrets! 1. Remove Tanner's self Before spraying again According to airbrush tanner expert Jenni Blafar (who gives Julianne Hough her bronzed light), you should remove the remaining self-tanned before your next spray tan appointment. If you're a regular spray tan or use a lotion with a self-tan in it, make sure you've all finished before you get your next airbrushing, she said. Fake Bake's exfoliating wipes (\$31) are amazing - they're great for removing the last bit of spray before you spray again! For more tips for perfect faux tan, click here. 2. Get rid of everything before a color change thinks about a big color change? Make sure it goes according to plan by cleaning your hair of all residues. You have to remove everything to avoid a chemical reaction [to hair dye], hairstyling Michael Canale says. He recommends Max Detox Shampoo (\$40) because it actually goes into the hair shaft and comes up with chemical elements. For more tips on how to prepare your blonde hair for a healthy change, click here. 3. Your perfect popular eyebrow legends tell the best eyebrows, you need to brush them up, right? Probably not. According to makeup expert Kate Lee, you can actually get great results by brushing your eyebrows down. That way, you can see the maximum shape of your eyebrows, like how much you can draw at the top, makeup expert Kate Lee says. You can cheat the height of your arch by fur in-very gentle-a few pencil strips towards hair growth. It will feel very strange, but fill the arch and then brush them up, then fill in any gaps you see and stretch the finish. Click here for more bushy eyebrow tricks! 4. Why you should reconsider [Mousse] gives the body hair, keeps the light, and shines, hairstyling stylist Mark Townsend says (the counts olsen twins also tressed and Jennifer Lawrence as clients). If you have curly hair, your curls will be drier and clearer. If you have straight hair, you will end up with more texture volume-both win-win in our book. Curious? We have many reasons to reconsider the mousse here. Picture: Sachajuan Hair Mousse (\$33) 5. Start with a nail bed After you get a smooth shape, clean your nails with an old toothbrush or toothbrush and warm soapy water, celebrity manicure Jenna Hipp says. Dry your nails with a soft cotton towel, gently pushing the epidermis back with a towel on each fingertip. She recommends ending up with a nourishing epidermis oil, like One Love Organics' super-important Chia Oil (\$50). We've got a lot of tricks on how to master a nail at home right this way. 6. Eat your way to the skin more clearly If you don't have enough vitamin A in your system, your sebaceous glands can produce excess fat, causing pimples, Dr Susan Stuart said. Get a healthy dose of vitamin A by choosing orange fruits and vegetables: beta-carotene provides sweet potatoes, pumpkins, carrots and cantaloupe, their color is converted into vitamin A. Read more about eating your way to better skin! 7. Layer your Skincare in the right order Not sure if you are applying your skin products in the right order? Renowned aesthetician Renee Rouleau suggests keeping this in mind: As a general rule, you go thinnest to the thickest, she said. [Toner] continues like water and you want to leave it wet so that whatever you put on the seal in all the hydration and any other active ingredients. Then use the serum followed by a moisturizer. For more tips on sublaying skin products, click here. 8. For Blunt Ends That Don't Puff Out Hair guru Andy Lecompte suggests this tip for anyone who wants to cut their hair with a blunt head: ask your stylist to razor your head on the inner parts to help them lie flat. Just a little bit, he said. It gives the hair more shape and helps you avoid the terrible triangular look when the finish is too full. Want more blunt cutting tips? We got you. 9. Choosing the perfect pharmacy eyebrow pencil The biggest mistake I see is that people use a color too warm for them. Katy Perry's makeup artist Jake Bailey talks about eyebrow pencils. Choose a lighter color than your eyebrows and a little ashier than your hair. The eyebrow products, especially powder, melt into your skin, making the color warm up. For more of his tips on shopping the pharmacy aisles for eyebrow products, click here. Photo: Nyx Cosmetics Eyebrow Cake Powder (\$6) 10. Keep your Vanity organization Lili Pettit, who hosts vanities of celebrities like Jessica Alba, say to store your lipstick upside down, so you can see the name of the color as soon as you open your drawer. She stores her as popsicles in a Lucite tray. If you are trying to keep the Your all touring mess is not there, these tips are for you. 11. Keep two concealer on hand Makeup artist Mai Quynh says that most women should own two concealer: one for the bottom eyes and an eye for full coverage. She suggests choosing a brush or pen version for the area under your eyes- they are lighter and often have bright benefits. Deciding it's time to (finally) master the art of concealer? Our full guide will show you the ropes. Picture: Eye Lom Light Illusion Concealer (\$40) 12. Go Matte Is there a bias for matte lipstick? Makeup expert Sage Matri says you can turn any matte lipstick just by dusting on your lips with matte powder. She goes to be Laura Mercier's Loose Setting Powder (\$39). Click here for our step-by-step guide to applying red lipstick like a pro. 13. Try Dark Brown Mascara We asked Cara Delevingne's eyebrow guru, Wendy Rowe, for her advice for less preferential eyebrows. If you're unlucky to have eyebrows like Cara, but want a similar look, you need to work with what you've got, Rowe said. If you have non-dark eyebrows, brush through them with dark brown mascara to create a darker feel. Click here for more tips on Rowe's eyebrows. 14. Tap Your Eyes Awake Famous aesthetician Joanna Czech has a secret method to awaken tired eyes: extraction. After your skin is cleansed, gently touch and massage under your eyes, start in a circle in the outer corners, trace under your bottom eyelash line, along your eyebrow bones, and back to the outer corner, she said. Use your middle finger or ring finger and the same amount of pressure you will use to apply concealer. Repeat several times. This helps loosen the fluid trapped under your eyes. We've got more tips for those of you who want to look sober (but not) here! 15. Highlighter App Not sure where to apply highlighter? Makeup expert Jenn Streicher says you can't be wrong to use this method: Use highlighters on the bones around the eye socket, in a C-shaped shape, she said. Most people don't like looking shiny and you probably will if you put [a cream highlighter] on your forehead or nose. For our step-by-step guide to applying highlighters, click here! 16. When in doubt, Select fellow makeup artist Stephen Solitto says that the best eye shadow colors for blue eyes are gray, navy and bronze. In fact, copper is universally flattering on all skin tones and eye colors. If you use copper instead of brown lining, which just kind of sits there, the whole face looks more interesting, Solitto said. Click here for more tips on how to choose the ball that suits your eye color! Picture: Chantecaille Waterproof Eye Liner (\$26) in Nutmeg 17. Channel Your Inner English Rose For those of you who tend to fall asleep, makeup artist Charlotte Tilbury says to reach for blush cream. If you don't have time for lipstick, try patting the creamy pink cheeks on your lips, then blend it high on top of the apple's cheeks for that fresh English rose look, she said. Permanently late? We have some For you. 18. Keep your scalp happy If you've got a color appointment set over the next few days, keep this tip in mind: colorist Anival Morales says to skip shampooing for two days before your appointment. This will help prevent any possible irritation to your scalp, he said. For more of his tips on how to take care of colored hair, click here. 19. Prepare your lips Our resident makeup expert Lauren Andersen shared this tip when explaining how to prepare your lips for a dark color. I condition [my clients'] lips, then I prepare their skin, she said. This allows the conditioner to absorb into their lips. After completing the rest of the makeup, she wiped off any excess lip moisturizers and began filling them. For our step-by-step guide to mastering a bold lips, click here. Photo: Tatcha's Camellia Moisturizing Lip Balm (\$30) 20. Eat your way to longer hair Our resident hair expert Jen Atkin has shared her name going to hair that complements longer, stronger strands. Viviscal (\$50), Bio-Sil (\$34) and fish oil supplements help nourish and insuish new hair growth from the inside out, she said. Click here for four other hair products she says every woman should have in her arsenal! Congrats! You finished our little black book. Have you tried any of these tips and tricks? Any of your own to add? Let us know below! Below!

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