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Measuring anxiety in athletics the revised competitive state anxiety inventory-2

1Dept. of Educational and Counseling Psychology, 16 Hill Hall, Univ. of Missouri Columbia, Columbia, MO 65211-21302Dept. psychology counselling, SUNY Albany, Albany, NY 122033Dept. of Physical Education, Eastern Illinois Univ., Charleston, IL 61920. (M.P. Martens was at Missouri Univ. at the time of this work) Loading... 336 CitationsSHOWING 1-10 OF 24 REFERENCESORT BYRelevanceMost Influenced PapersRecency The Competitive State Anxiety Inventory-2 (CSAI-2) is one of the most frequently used instruments for assessing competitive state anxiety in sports psychology research. However, doubts have been expressed as to the factor validity of the English and Greek versions of the scale. Therefore, a revised version of the inventory (CSAI-2R) has recently been suggested to be more psychometrically healthy (Cox et al.,). In this study, the objective was to assess the psychometric properties of the Swedish version of CSAI-2 using analyses of confirmation factors. A total of 969 athletes (571 men and 398 women) participating in 26 different sports completed the Swedish version of CSAI-2. Three different factor structures were evaluated: the original three-factor model (with cognitive anxiety, somatic anxiety and self-confidence), a two-factor model in which self-confidence was excluded, and a three-factor model containing 17 elements (CSAI-2R). The results revealed that only the 17-item model had an acceptable adjustment to the data. Although some doubts remain as to the amount of variance that can be attributed to the variance of errors in the subscales, the results suggest that it is preferable to use CSAI-2R rather than the original CSAI-2.

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