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Thoughtful communication and teamwork are the most important foundations of a happy family. Earnings Eagle requires a family life merit icon will help you discover the roles that you play and the models you exhibit in your home. Hopefully bringing your family closer together along the way! In this guide, I will present you with thought-provoking questions that will help you answer each of the requirements of family life knowledge and complete your list of merit badges. Take time to think through your answers and contact your family members. One day, you can use what you've learned here to build your own family 😊 Before we started, if you have other Eagle essential merit badges to earn, I recommend checking out my Difficulty Rating Guide for every eagle icon required. There you'll also find links to my other guides to the merit badge, as well as descriptions and summaries of each icon's requirements. I'm sure this resource will be useful to scouts on their way to The Eagle! Also, remember that ScoutSmarts should simply serve as a starting point for merit research. In school, we are taught not to plagiarize, and the same is true for scouting sheets. Answer these questions in your own words, do further research, and I promise you will get much more from every badge of merit you earn! It's time to start. Read carefully each requirement of the badge for merit in family life. Then let your thoughts know, because we're going to start breaking down the roles you play in your family life. What are the requirements for the Family Life badge? Prepare a sketch of what a family is and discuss it with your merit badge counselor. Tell us why families are important to individuals and society. Discuss how the actions of one participant may affect other participants. List a few reasons why you are important to your family and discuss this with your parents or guardians and with your advisor a badge of merit. Prepare a list of your regular household chores or responsibilities (at least five) and do them within 90 days. Keep an account of how often you do each of them. Discuss with your counselor the impact of your responsibilities on your family. With the approval of your parents or guardians and your merit counselor, make a decision and implement a project that you will do around the house that will benefit your family. Send a report to your merit counselor describing how the project has interested your family. Plan and carry out a project that involves your family. After completing the project, discuss the following with your merit-sign counselor:5a. The goal or goal of the project5b. As individual members of your family participated5c. The results of the project:6a. Discuss with your merit counselor how to plan and conduct After this discussion, schedule and conduct a meeting meetings to include the following topics:6b I. Avoiding substance abuse, including tobacco, alcohol and drugs, all of which have a negative impact on your health and well-being6b II. Understanding the process of growing up and how the body is changing, and making responsible decisions related to sex6b III. How your responsibilities in Demand 3 contributed to your role in family6b IV. Personal and family finances6b W. Crisis situation in your family6b VI. The impact of technology on your family6b VII. likely to be moved to more than one family meeting. Discuss with your counselor your understanding of what an effective parent does and why, and your thoughts on the role and responsibilities of parents in the family.1) Prepare an outline of what a family is and discuss it with your merit counselor. Tell us why families are important to individuals and society. Discuss how the actions of one participant may affect other participants. The word family can mean different things to different people. Strictly speaking, a family is a group of people bound by blood or marriage. However, for some, the definition of family may extend to those they love or have strong connections with. Effective families provide people with a sense of security and belonging. Parents teach their children, and eventually, the same children howze their own families. In a way, the family is like a mini-society. Families are important to society because all members of our society are also part of their own family. If their family teaches them well, the person in our society will contribute to others and act morally. That is why the right families are so important in the development of the individual and the formation of our society. Because families in our society are so interconnected, the actions of only one person can create ripple effects that go far beyond yourself.2) List a few reasons why you are important to your family and discuss it with your parents or guardians and with your merit counselor. Your family should love you unconditionally. No matter what you do or say, you will always be an important member of your family. To find specific reasons why you are important to others, first explore the roles you play in your family: Along with the child of your parents, are you also brother and sister? What about the grandson? Do you have pets - maybe you're also a caretaker? Each of the roles you play makes you important to someone else in your family. Aside from these roles that you embody, now ask yourself: What are you doing? Do you have any responsibilities or responsibilities in your family? Do your parents or siblings have any expectations of you? What do you do on a daily basis to return back your family? Your answers should give you many reasons why you are an important part of your family. After the brainstorming session, talk to your family members to see if they can add any reasons you haven't thought about.3) Prepare a list of your regular household chores or responsibilities (at least five) and do them for 90 days. Keep an account of how often you do each of them. Discuss with your counselor the impact of your responsibilities on your family. The best way to fulfill this requirement is to think about the things you are already doing. I'm sure you have a way over five household chores that you perform on a regular basis! All you have to do now is print out my schedule and schedule every time you finish the job. On the left is a photo of the printed PDF that will help you record your household chores within 90 days. You can download your own copy by clicking on the button below. ScoutSmarts 90-day family life Chore PlanDownloadIf you are looking for inspiration on some household chores you might add to your plan, Here are some responsibilities that I did grow up: Set the dining table before every mealPeel wash my car every monthPlowed my belongings from all over the house every week, from the washhouse to the dryer and folded clothes. When I was older at times helped with cookingVacuumed house you might think that responsibilities are just another way for your parents to get you to do extra work. However, regularly doing housework can have a positive impact on your family. Here are a few benefits of regular household chores: Paying for responsibilities can help your parents provide you with more money and freedom as you get older. You will learn the valuable skills you need to run your own household in the future. Working housework together can help your family get closer. Regularly doing housework will show your family that you are becoming responsible. Your family works hard to raise you. Helping them around the house will reduce their stress and make them appreciate you even more. Bonus ScoutSmarts tip: When I was about 14, I realized that I was doing all these things for free! I wrote a long list of my regular duties and then brought it to my parents. At first we talked about household chores that I did regularly. I then asked if I could help pay for my own entertainment by receiving my work allowance. They were surprised at how much I had made and agreed to give me an allowance every week (\$15 if all the cases were completed!) When you work By this requirement, requesting benefits or raise may be worth trying.4) With the approval of your parents or guardians and your merit badge advisor, make a decision and implement a project that you will do around home that will benefit your family. Send a report to your merit counselor describing how the project has interested your family. This project should not be too big, since the requirement of five will have you to conduct another project involving your family. Some things you could do to help your family and complete this requirement include: Create an organizational system for clutter: Is there a part of your home that always seems a little messy? Create a box or folder to contain a mess. Then teach your family how to use the system to prevent the area from becoming dirty in the future! Make a useful point: Use your creativity to create a craft that will be useful around your home. You can create something as simple as decoration outside the door, or as sophisticated as an automatic coat rack! Since each family is different, you have to find a project that will be most suitable for you and your family. Create something you can be proud of and improve it over time. Being able to create things is one of the greatest skills that you can develop in your life.5) Plan and implement a project that involves your family's participation. After completing the project, discuss the following with your merit counselor:5a) The purpose or purpose of the project5b) How individual members of your family participated5c) The results of the projectY parents may already have several projects to improve the home in mind. If you don't have any project ideas, I recommend asking for their suggestions. Below are a few examples of fun home projects that will satisfy this requirement: Painting or replacing the mailbox: It seems that mailboxes always need more care. Replacing or painting a mailbox can be a great family project to do over the weekend. Planting a small grass garden: Do your parents cook? Getting a few pots of common cooking herbs like oregano and parsley will be a great project to improve your home (watering plants can also be an easy routine). Cleaning up and donating old items: If you're like me when I was a teenager, your room is probably getting pretty cluttered. A great project for your family can be to clean your home, going through all your belongings. Look for things to donate or reset. Renovation Room: Sick of any rooms in your home? With the help and permission of parents, completely rehoctic. See if your family can change the old room to create a new look. The point of this requirement is to work with the family and improve your family. Don't look at this as a chore, and have fun with any project you choose. Then ask your parents what they like about the project and include their comments Merit Report.6a) Discuss with your merit counselor how to plan and hold a family meeting. A family meeting should be scheduled for a few days in advance time, with his agenda set out in advance. When planning your own family meeting for this requirement, write a list of items to cover as well as questions to consider. Here are a few things to keep in mind when you're having your family meeting: Respect your family member's opinion. Allow those who speak to finish their statements before speaking. Use I feel rather than you statements to avoid confrontation. Relax and have fun. The purpose of a family meeting is to encourage improvement and connectivity.6b) After this discussion, plan and hold a family meeting to include the following topics: Thoughtfully consider each topic and take note of the topics that are most relevant to your life and well-being. Because each family situation is different, in each section I have also included several conversations, starting with issues that you and your family can discuss during meeting.6b I) Avoiding substance abuse, including tobacco, alcohol and drugs, all of which negatively affect your health and well-beingthroughout life, you should always make an effort to avoid addiction to addiction and bad habits. Substance abuse is a particularly toxic form of addiction that can negatively affect your relationship as well as your mental and physical health. With family, consider the following questions: Are you currently experiencing any negative thoughts or emotions? What are your coping mechanisms? Will these actions help you in the long run? Do you know anyone with a substance abuse problem? How can this issue hurt people around them?6b II) Understanding the process of growing up and how the body is changing, and making responsible decisions related to changes in sexBodily are a natural part of growing up and have nothing to be ashamed of. Knowing about the shifts your body will experience, and making responsible decisions when dealing with sex, you will be able to avoid any long-term effects. Why is safe sex important? What are some of the effects of unprotected sex, and how they can affect your plans in life. How is your body expected to change over the next few years? How is your family ready to support you in going through these changes?6b III) How your responsibilities in Demand 3 contributed to your role in familycompleting duties without complaint is a great way to be a valuable citizen in your family. Reflect back on the duties you have completed in requirement three. How has responsibilities made life easier for your family members? What responsibilities will you continue to do on a regular basis? Why is it so important that every member of the family contributes to their family?6b IV) Personal and Family FinanceSS The household, as well as should have a balanced budget to work effectively. This means that every family member should be on the same page in terms of how Spent every month: How does your family keep track of their finances? What are some of the biggest expenses that your family takes on? Does your family have enough rescued in case of an emergency? Your family remembers to bring back their community in terms of their time or money?6b v) Crisis situation in your familyIn case of crisis, every scout knows they have to be prepared. Preparing for a family emergency is no different. What disasters can your family face? How would you prevent or mitigate these problems? In the event of an unexpected passage, how could you guarantee that your other family members care?6b VI) The impact of technology on your family technology plays an ever-increasing role in the lives of many Americans. However, if wrong, the technology may actually make us less connected. Set boundaries on the use of electronics and you will contribute to a much happier and connected family as a result. Have you noticed that family members spend an excessive amount of time with their technology? What are the costs of using the technology too often? What electronics policies that your family can agree to right now? How can this policy help your family get closer?6b VII) Good etiquette and manners Offer etiquette and manners are important ways to show respect for others. To be taken seriously, you have to take others seriously as well. Practice these habits and you will be honored to represent your family. Are everyone in your family treated with respect? How would every member of the family want to be treated and spoken to? How do you imagine your family outside the home? Do you treat all other people with the same level of etiquette and respect? Why or why not?7) Discussion of each of these issues is likely to be moved to more than one family meeting. Don't make the meeting with your family a one-off! By communicating regularly and discussing critical issues, your family can work together more effectively. Feeling heard is a essential human need, so listen to your family members and help support them whenever possible.8) Discuss with your counselor your understanding of what makes an effective parent and why, and your thoughts on the role and responsibilities of the parent in the family. After meeting previous requirements, you should have a good understanding of your role in your family. Now for a moment to consider the role your parents play. Do they make you feel loved and encouraged? Are they challenging you? How can they improve their approach to better connect with you? The role of the parent is to prepare the child for happiness and success at a later age. A parent should love his child unconditionally, but be firm in his discipline to Child. The most important skill a parent can have is empathy because it allows them to their child and help them develop in a balanced way. What qualities would you like to have when you become a parent? How will you use what you have learned from your own family to raise the future children you might have? Your answers to these questions will help to form a clearer picture of what it means for you to be an effective parent. ConclusionGreat work reading so far! I hope my guide has successfully prepared you to earn your Eagle-required family life merit badge. Taking responsibility for your role in your family is not easy, but it's worth it. Try using what you've learned here to get closer with your family and I promise you'll be happier as a result! ©Assos, if you're pushing to reach Eagle, and haven't seen my difficulty ranking set, you can check out some of my other Eagle essential merit icon guides. Anyway, thanks for being awesome and giving your community through Scouting. I hope to see you here again soon and, until next time, good luck on your scouting journey! Journey!

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