


New zealand milford track guided walk

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Crossing the wild fjord country of New York, Milford Sound Track was first created by quintin McKinnon in 1888. At its heart, the Fjordland National Park and Te Wahipounamu's southwest New York World Heritage Site offers a unique insight into very special native birds such as the national symbol of New York - the flightless kiwi, Kea; Centuries; Fantail; Robin; Parrot and Bellbird. Here's your chance to experience the spectacular Fjordland: lakes; fjords; rainforests and deep canyons carved from local granite cliffs. PLACES NOW AVAILABLE - CLICK HERE FOR THE LATEST INFORMATION - PRICES The Classic Milford Track Guided Walk is a 5-day/four-day program from Queenstown to Queenstown. We offer a comprehensive package of transport, hotel accommodation, meals, snacks, backpacks and rain jackets. Accommodation is located in well-designated luxury cabins and you will be guided by expert guides. Proposed itinerary: A mandatory pre-check briefing takes place at the central office of the city in the day before the route departs. You will need to plan to be there at 5:00 pm to make sure everyone is informed and properly equipped. Day 1 - Queenstown to Te Manau in The Polyana House (includes lunch and dinner). A 1.6-kilometre and 20-minute walk from Queenstown to Te Manau by bus. Lunch at Te Anau and the Te Anau Downs bus, where you board the launch to the head of Lake Te Manau, at the beginning of Milford Track. It's a short walk from Polyana House, 1.6km. Afternoon tea and join your guide for a walk in nature. Settle down and enjoy the environment. Day 2 - Polyana House in Pumpolona (includes breakfast, lunch and dinner). A 16km and 5-7 hour walk After crossing the emerald green of the Clinton River you walk up the valley at the lunch haven of Hirere Falls. Beech forest becomes more lush the farther you go until it releases you to the prairie. From this meadow you can capture the true nature of the ice carved by Clinton Canyon. From here, 60m to The Pompolon Cottage. Day 3 - The 19th Day in Quintin via Mackinnon Pass (includes breakfast, lunch and dinner). 15 km and 6-8 hours of walking It is the most difficult day, especially in inclement weather. The track leads to Lake Mintaro at the head of the Clinton Valley before climbing the McKinnon Pass in a series of zigzags. At the top you can be rewarded with spectacular views and lunch at Pass Hut. After a rocky descent in Arthur Valley there is a welcome cup of tea at Quintin Lodge. An additional 90-minute round trip to Sutherland Falls, the fifth tallest waterfall in the world. Day 4 - Quintin at Mitre Peak Lodge via Sandfly Point (includes breakfast, lunch and dinner). 21km and 6-8 hours walk This, on the last day on the track, you walk down Arthur Valley to Boatshed, past Mackay Falls and Bell Rock and for lunch at Giant's Gate Falls. The final section of the track follows the tranquil Lake Ada Sandfly Point. From here this is a short trip to Mitre Peak Lodge, the only accommodation in Milford Sound with superb views of Mitre Peak, for a festive dinner. Day 5 - Mitre Peak Lodge in Te Manau and Queenstown (includes breakfast and lunch). No walking Wake overlooking Milford Sound and having breakfast aboard a boat for a cruise on Milford Sound. Watch out for dolphins and fur seals and hope for rain, resulting in amazing waterfalls. After the cruise, you begin your thrilling journey through the heart of Fjordland National Park to the Homer Tunnel and on to Te Manau and to Queenstown via the airport of Queenstown, arriving at about 16:00. Pedestrians can end up at the airport in Queenstown if necessary, although we suggest you plan to stay for an extra night in Queenstown after a walk. Milford Track Cottages has drying rooms, toilets and a hot shower with soap, shampoo and hair dryers. Kitchen staff will serve three dinner dishes each day, usually hearty homemade soup; Traditional core; fresh garden salad and pudding-style dessert with tea or coffee and there is a pre-dinner drinks bar. The next morning, breakfast includes fruit and cereal or a full breakfast of bacon and eggs. A small shop is open to forgotten essentials such as sunscreen or repellent. Lodges generate their own electricity (off at 10:00 pm daily). We offer a choice of suites (male/female-style hostels with bunk beds sleeping from 4 to 6 people per room) with shared bathroom amenities or private bedrooms with a queen size or 2 single beds and private bathrooms. Special dietary requirements will be met within reason (given that we work in an extremely isolated and complex environment). Lunch is a picnic on the route and we have hot drinks ready at lunch stops. The lodges have been designed for your comfort, but without a number of modern amenities such as phones, faxes and email. Mobile phones do not work on the track, but we have radio communication in case of an emergency. All cabins and dining shelters have toilets. Health and Fitness - These walks are not easy and not difficult, they are a problem that people of all ages and abilities can enjoy. There is no upper age limit and the average age of our pedestrians is over 40 years. Since it is a walk through the desert with no driveways, you carry your own package from the lodge to lodge. The mid-size backpack is ideal for personal items weighing 5-7 kg and are supplied if necessary. The walk is 6-8 hours a day on 15-21 km of mountain trails. You are encouraged to walk at your own pace and there is no pressure to walk with others or keep up. There is always a guide at the front and with the last walker in each group. Surface can range from smooth, well-formed paths to rough terrain, broken stones and tree roots. There are steep descent sections and you may have to cross small streams and wade into the deep water after heavy rain. If you are not an ordinary walker, we suggest you start a daily walking regimen 6-8 weeks before departure. Wear a small package and gradually increase the distance you go. The hills and stairs will help with your preparation. What to bring - All food and bedding are provided, as well as basic toiletries in the lodges. We can also supply backpacks and rain jackets. Everyone is given a sleep sheet and there is no need for a sleeping bag. Below is a list of the equipment you need. For walking: The 5-day/4-night Milford Track is one of the first established and most famous footpaths in the country. It takes in glacial peaks, a mountain pass, the highest waterfall of New York and the dense rainforest of Fjordland. You'll have four days of exercise, good food and great scenery as you walk 33 miles (53km) from Lake Te Manau to Milford Sound. Because you're doing a tour, you'll just carry a few essentials and a packed lunch every day, so your package won't be much heavier than what you'd bring on a regular day hike. Everything else is provided, including great food in the cabins and on the trail, hot showers, bedding, specialist Milford Track guides, and even hair dryers in the rooms! For the first three nights you will be in comfortable mountain cabins, in four- and six-spoke two-tier rooms with common bathroom amenities. If you prefer your own bedroom and bathroom, contact us at the latest prices for private rooms. On the fourth night, you'll be staying at Mitre Peak Lodge, an exclusive hotel for Milford Track Guided Walk tourists. Details of the track: It's 5 day 55 km / 34.8 miles Track difficulty: Moderate. Day 7 (Sunday) Boat Trip and Short Adventure Hike begins in Queenstown, where you board a trainer in Te Manau, arriving in time for lunch and group photo. From Te Yenu Dawes Harbour, the launch takes up to the head of Lake Te Manau. Afternoon tea runs from the wharf 60m to the historic Glade House. After that, the guides take you on a short nature walk to explore the area. After a hot shower and three courses it was time to retire. Walk: 20 minutes / 1.6 km (1 mile) Day 8 (Monday) Polina House Of The Nighton Lodge Cross Emerald Green River Clinton on Swingbridge then up the Clinton Valley, and at the Hirere Falls Lunch Shelter. Explore the original location of The Mackinnon Hut, a detour known as a walk through the wetlands and a big tree. After lunch, the beech forest becomes more lush the farther you go, and the valley walls rise deeper and higher. On sunny days, the swimming pit is a cool but refreshing harbour! It is located on a prairie, open meadow where you can capture the true nature of the ice carved by Clinton Canyon. Named Perpendicular Valley early pioneers. It's easy to see why as the cliffs walls tower up 4,000 feet above you. It's a short climb to Pompolona House from here for your second night at Milford's track. Walk 5 - 7 hours, 16 km (10 miles) Day 9 (Tuesday) Hike McKinnon Pass The most difficult day, but also the most rewarding. After an early start, the track leads to the head of the Clinton Valley. As you begin your ascent 3 jumps St. Quintin Falls can be seen and the mountain balloon rises in sight, to practice Hill and Lake Mintaro. From here you climb a series of zigzags as the valley floor falls under your feet. At the top is the Mackinnon Memorial Cairn. Look from the 12-second drop to Arthur Valley beneath you. After lunch at Pass Hut Track takes you down the long descent section of Quintin Lodge. On a rocky descent you will pass high cliffs, glacial streams covered with moss forest, a cascading stretch of waterfall and your first view of Sutherland Falls. Take 1.5 hours on the way back and forth to the mighty Sutherland Falls, the fifth highest on the planet at 1904 feet/540 meters. Take your jacket and dare to walk right behind the waterfall, a once-in-a-lifetime experience! Walk 6 - 8 hours, 15 km (9 miles) Day 10 (Wednesday) Hike to Milford Sound Follow the Arthur River as it makes its way to Milford Sound. A walk through the deep lush beech forest: the final view of Sutherland Falls, glimpses of Diamond Creek and Danger Mountain can be seen before arriving at Boatshed for morning tea. From here, he will cross the river on Swingbridge and drive to Mackay Falls and Bell Rock. As you near the 30 mile peg you can hear the steady roar of Giant's Gate Falls, your lunch spot. The final section of the track follows the tranquil Lake Ada at Sandfly Point, where Maori goddess Te Hein-nui-te-po released a sandbox to stop men lingering too long in the beauty of Fjordland. From here you catch a run at Milford Sound and Mitre Peak Lodge where you will enjoy a festive dinner. Walk from 6 to 8 hours, 21 km (13 miles) Day 11 (Thursday) Milford Sound Cruise, Te Anau, Queenstown After Breakfast get up on your Milford Sound Cruise. When you travel to the Fjord, you understand the majesty of the surrounding mountains, the centerpiece of which is Mitre Peak, which rises vertically more than one mile from the water line. The fjord is a marine sanctuary and haven for many marine animals including southern sea seals, bottlenose and Dusky dolphins, and sometimes Fjordland Crested Penguin, who come to the fjord to mate and raise their young. Milford's reputation as one of the wettest places on earth is not unreasonable. But don't be fooled into thinking you should see him in good weather, as Rudyard Kipling described it as the eighth wonder of the world, in the rain! On your return to the wharf, board your trainer and climb your way from Milford Sound and to the Queenstown via Te Manau (arriving at approximately 4.15pm), completing your journey of the best in the world. REFER TO MANUKA TOUR DAY 12 12

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