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Some people who are on the autism spectrum go through life without anyone noticing. They may seem a little strange, or have some strange interests. For the most part, however, they mix directly on with the rest of society. But there are also people who exhibit more traits of Asperger's syndrome, and these people - your friend, your colleague, your SO, your neighbor - tend to stand out a little more. Usually the determining factor in those who have Asperger's ... is a lack of social skills, says Nicole Martinez, Psy.D., LCPC, in an email to Bustle. They ... brilliant, but just not people people. For everyone else, it may look like they are dealing awkwardly, or a complete lack of desire (or inability) to make eye contact. And this is where Asperger's is often confused with autism. Autism is a more debilitating disorder, with a much worse prognosis depending on the severity of symptoms and the timing of the intervention. Dr. Michelle Barton tells me by email. Asperger's is much less serious and has a much better prognosis. Individuals often go on to live acceptable mainstream lifestyles. Because of these differences, terminology has recently changed. Asperger's is being grouped among other syndromes that fall on the same continuum called autism spectrum disorder (ASD), Barton explains. Individuals previously diagnosed with Asperger's are being diagnosed as high-functioning ASD. Read on to learn more about these ASD traits, so you can better understand what it looks like. They may have difficulty reading other people's emotions If someone is on the autism spectrum, one of their defining characteristics will be a decided lack of social skills. They are struggling in this area, Martinez said. They have difficulty reading other people's emotions, the emotions, and how they should react in emotional situations. This can make public gatherings, or even the simplest of convoys, feel kinda awkward. Articulate People often their BFFS Since reading emotions is a kind of no go, young people with ASD often turn to people they can relate to verbally. As Barton says: Social situations are difficult to navigate because they are not very receptive to expressive and emotional cues. So from the outset they enjoyed the company more verbally to articulate adults or older children. 3. They may have a narrow range of interests People with ASD tend to get hyper-focused on one (often very specific) hobby. For example, I had an adult who was very into mistakes, Martinez says. And I was babysitting a little boy with ASD who was super on the trains. This intense love for one area or interest can be a dead giveaway that a person is on spectrum. 4. They don't have much tolerance for flexibility Nobody likes when their plans go awry, but people with ASD will be very bothered by it. This is mainly because of their strict, inflexible, and repetitive way of things, according to autism expert Lisa Joe Rudy on VeryWell.com. For example, the unexpected decision to do a working project will leave them depressed and upset. 5. Small Talk Maybe Struggle Elevator rides with strangers, one-on-one at parties, first dates - these are situations that people with ASD fear. This is mainly because these situations involve a small conversation, which, according to Rudy, can be a complex thing for those on the spectrum. Change really, really Sucks In just as people with ASD don't like their plans messed up with, they also don't respond well to other forms of change. They are often tough and unresponsibly responsive to changes in routine or attempts to interfere with their objects of interest, Barton said. Making friends is often not easy It is not impossible for people with AS to make friends. In fact, one of my besties has ASD and they are as good and supportive (if not more) as my other friends. But, according to Rudy, bullying is a problem that exists for many people on the spectrum. 8 Finding SO can prove difficult getting a romantic partner who has the same interest and is willing to focus on a narrow issue... It can be difficult, Martinez says. How to find someone who fully understands that this whole autistic thing is all about. But for them, it can be more difficult. 9 Focusing is rarely a problem because those who are on the spectrum will have an impressive ability to focus on the task - sometimes for very long periods of time, according to Rudy. I've seen it in a friend of mine who can play the game or listen to music for much longer than anyone else I know. 10 Conversations can be a bit one-sided, because recognizing emotions in others is a problem, people with ASD tend to have one-sided conversations, according to AutismSpeaks.org. It's not that they're being rude. That's how their brains work. 11 Eye contact problems are Common People with ASD often trying to make eye contact, so you may notice your friend or colleague preventing his or her eyes, or looking into the distance. They can also have some clumsy movements or manners, according to AutismSpeaks.org. So there you have - many traits of people with autism spectrum disorder. If this list describes you, then you can have a learning point right now. But at least the list will be super helpful to finally understand and recognize the symptoms in someone else. Images: Pixels (12) Follow the latest daily buzz with BuzzFeed Daily Newsletter! Your doctor may suggest your child take a test to see if he or she has symptoms of Asperger's syndrome. Some assessments are for children, while others are specifically created Adults. Asperger's is no longer considered his own syndrome in diagnostic and Mental Disorders Manual (DSM-5). Because doctors are now tasked with diagnosing Asperger's as part of a broad category of autism spectrum disorder, some may not screen for Asperger's specific symptoms. However, testing tools can help doctors better assess behavior, personality, language skills, intelligence, mental health, and more in people with Asperger's. And some of the tests may overlap with exams that help identify classic autism. Tools to evaluate children for Asperger's There is no one specific test for diagnosis of Asperger's, but many are used to analyze and evaluate the disorder. Some of these include: Children's Autism Rating Scale (CARS) This widely used assessment tool helps identify children with autism spectrum disorder and determine the severity of their condition. It includes 15 points that evaluate social interaction, emotional regulation, thinking skills, ability to adapt, and more. Each item is rated on a scale of one to four. This is a very sensitive test for children aged 2 years and older, but some studies have shown that CARS can over-diagnose young children as having autism. (1) Gilliam Autism Rating Scale (GADS) Is particularly useful in distinguishing between autism, aspergers, and other behavioral disorders. This is appropriate to use on individuals between the ages of 3 and 22. It takes five to 10 minutes and can be completed by a parent, teacher or health care professional. (2) Asperger's Syndrome Diagnostic Scale (ASDS) Assessment ASDS looks at specific behaviors associated with Asperger's, documents progress, and offers targets for change. It is used to assess children and teens and can be completed in 15 minutes by anyone who knows the child well. (3) Autism Spectrum Weight Rating (ASRS) This assessment detects the symptoms and behavior of autism spectrum disorders in children between the ages of 2 and 18. It takes about 20 minutes to complete and is the first test that compares a child with a national sample of children with autism spectrum disorders. (4) Social Responsibility Scale This test is usually used to distinguish autism spectrum disorders from other mental states. It takes 15 to 20 minutes to complete and is suitable for children between the ages of 4 and 18. (5) Tools for Adult Assessment for Asperger's Some General Assessments used to analyze Asperger's in adults include: Ritvo Autism Asperger's Diagnostic Scale (RAADS) This test includes 80 questions that can help identify adults who show symptoms of Asperger's. RAADS analyzes language, social interactions, sensory-motor skills, interests and more. Specialist health evaluates and analyzes the results. (6) Asperger's Odds Test (AST) This 50-question online test measures Asperger's symptoms in adults. It is not used to make an official diagnosis, but rather to give you an approximate idea of whether you have certain symptoms that may be characteristic of (7) Autism Diagnostic Interview (ADI) With this test, a psychologist or other professional person interviews, asking questions about language, communication, social interaction, interests and other behaviors. It can be used for both children and adults. (8) Genetic testing at the site of autism-related mutations Genetic testing can detect changes in human DNA that are associated with specific conditions. For example, genetic disorders such as Rett syndrome or Fragile X syndrome are associated with autism spectrum disorders. Other mutations or gene changes may also play a role. Your doctor may recommend genetic tests such as chromosomal microarray analysis (CMA) or sequencing of all exomes (WES). One study found that 15.8 percent of children with autism spectrum disorders who underwent both CMA and WES testing had an identifiable genetic cause of their condition. (9) Other general tests used to evaluate asperger's Your doctor are likely to perform a number of other tests to evaluate you. These may include: physical, psychological, and/or neurological exam Hearing, speech, or language tests An IQ and/or personality test An electroencephalography (EEG); a test that looks at electrical activity in the brain Brain scans such as magnetic resonance imaging (MRI) Standard development screening for children If your child does not show any symptoms of autism spectrum disorder, your primary physician, the American Academy of Pediatrics (AAP) recommends that all children be screened for developmental delays and disabilities during their well-checked visits at: 9 months 18 months 24 or 30 months Additionally, all toddlers should be checked specifically for autism spectrum disorder on their 18-month and 24-month good check visits. (10) If your child shows signs of autism spectrum disorder during a standard assessment, you will probably be referred to a specialist for further testing. Related: 10 things your doctor won't tell you about MRI Making diagnosis of Asperger's syndrome Your health care provider will probably use various tools and tests to assess your condition. In addition, most professionals cite the criteria listed by the American Psychiatric Association (APA) DSM-5 to make an official diagnosis. The newest version of the guide states that a person with Asperger's should be diagnosed with autism spectrum disorder. Those who have a deficit in social communication, but no other categories, should be evaluated for social (pragmatic) communication disorders. (11) Many parents may find it frustrating that APA no longer recognizes Asperger's as a separate disorder, but this change does not mean Your child cannot get effective treatment for his or her condition. Why Testing is Important For Your Child's Forgetting Asperger's Asperger's Syndrome can be a challenge. Children with Asperger's are often misdiagnosed as having other conditions such as attention deficit hyperactivity disorder (ADHD). Some are overlooked in general. This is why testing tools are vital to helping doctors do accurate analysis. They can give professionals a clear and in-depth look at your child's condition. Accurate diagnosis can ensure that children receive quick and healthy treatment. Studies show therapies that include early intervention can help improve many symptoms of autism spectrum disorders. (12) (12) síndrome de asperger que es. síndrome de asperger español. síndrome de asperger sintomas. síndrome de asperger en niños. síndrome de asperger adultos. síndrome de asperger características. síndrome de asperger pdf. síndrome de asperger em portugues

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