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Line dance chill factor step sheet

This is just one of the many fun line dances we do every week at the Big Apple Ranch. Print it to learn on your own or come to the Ranch every Saturday night for a lesson! Choreographed by: Daniel Whittaker & Hayley Westhead Music: Chris Anderson's Last Night & DJ Robbie Counts: 48 count, 4 wall dance line Level: Intermediate R SCUFF, KNEE TURN, KICK BALL STEP, PIVOT 1/2 TURN 1-2 Scuff R next to L foot, touch R toe side R 3-4 Push R knee to knee L, Push the knee R out making a 1/4 turn R 5&6 Kick R foot forward, step R next to L, step forward L foot 7-8 Step forward R foot pivot 1/2 turn L R GRAPEVINE HEEL JACK, 1/2 TURN, L CROSS SHUFFLE 1-2 Step R to one side, cross L behind &3 Step R slightly backwards , and touch L heel forward &4 Step L to the R side, and cross R over L 5-6 Step L slightly backwards making a 1/4 turn R slightly backwards making a 1/4 turn R, step R foot to the side making a 1/4 turn R 7&8 Step L foot over R, Step R to side, step L over R SIDE ROCK, 1/4 TURN, ROCK STEP, COASTER STEP 1-2 Rock R foot to one side, swing on L foot 3&4 Step R foot behind L, make 1/4 turn L and step forward L , step forward R foot 5-6 Rock L foot forward, rock backwards in R 7&8 Step L backwards , near R to L, step forward L SWITCH STEPS TURN, KICK CROSS CLAP 1&2 Kick R foot forward, step R to the L side, and touch L heel forward &3-4 Step L to the side R, locking foot R behind the foot L, unroll R (weight ends in R) 5-6 Step L forward, kick R foot forward &7-8 Step R foot back, touch L foot on R foot, applaud STEP LOCK, 1/4 TURN STEP LOCK, STEP 1/2 PIVOT, STEP 1/4 TURN 1-2& Step L foot forward, R foot lock behind L, forward step L 3-4& Make 1/4 turn R step forward R, lock L back, step forward R 5-6 Step forward L L , pivot 1/2 lap R 7-8 Step forward L make 1/4 turn R R , touch R next to L SYNCOPATE FORWARD, BACK, FORWARD, FORWARD, HEEL JACK, HEEL JACK &1 Syncopate forward R, L &2 Syncopate back R L &3&4 Syncopate forward R, L, R, L&5&6 Step R foot slightly forward, touch L heel forward, step L to side R, step R next to L L &7&8 Step L foot slightly back, touch R , step R next to L, step L next to R REPEAT Visit the Big Apple Ranch Line Dance Library. Cold Factor Choreography: Daniel Whittaker & Hayley Westhead Beschreibung:48 count, 4 wall, intermediate line dance Musik:Last Night von Chris Anderson, Let's Dance von Five Hinweis:Der Tanz beginnt mit dem Einsatz des Gesangs Scuff, dot, knee turn spinning 1/4 r, kick-ball-step, step, pivot 1/2 l 1-2Rechten Fuá nach vorn schwingen, Hacke am Boden let - Right-foot edging right tap 3-4 Right knee bend inwards - Right knee au-en ben , doing 1/4 turn right around (3 o'clock) 5&6Right fu' kicking forward kick - Right fu' to the left and step forward with left 7-8step forward with right - 1/2 rotation left a beufiden bale, Enlaces weight at the end (9 a.m.) Lado, detr s del tal n lateral y cruz, 1/4 vuelta vuelta 1/4 turn r, shuffle through 1-2Step right with right - left foot behind right cross > 3Small step right with right and left obliquely left touch left &4Left foot right and right foot cross over left 5-6 Turning right and take a step back with left - 1/4 turn right and take a step right with the right (3 o'clock) 7&8Left foot far above the right cross - right foot pull something to the left and the left foot far to the right side of the cross rock, behind 1/4 turn l-step, rock forward, Mountain pass 1-2Step right with right, left foot slightly lift - weight back to left foot 3&4Caler right behind left cross - 1/4 left rotation , step forward with the left and a step forward with the right (12 o'clock) 5-6 steps forward with the left of the left cross, 1/4 turn left, step forward with the left and the step forward with the left, right foot slightly lift - weight again on the right foot 7&8Step back with the left - right foot to put left and small step forward with left kick and heel and back, unroll 3/4 r, step, touch back through, clap 1&2caler right forward kicks - Right foot to left rigging and left hoe forward &3-4 foot left to right rigging and right foot behind the left cross - 3/4 turn right on both bales , weight at the right end (9 o'clock) 5-6Bee forward with the left - Right foot front kick &7-8Step to the back with the right and left tip of the foot to the right lock-step-1/4 turn r, step-step locking, pivot 1/2 r, step, 1/14 turn r/touch 1-2>step forward with left - right foot behind the left cross and take a step forward with left 3-4&1/4 rotation right around and a step forward with right (12 in point) - left foot behind the right cross and a step forward with the right 5-6 steps towards Forward with left - 1/2 rotation around both bales, Weight at the far right (6 o'clock) 7-8Step forward with left - 1/4 rotation right around and right foot next to left tap (9 in point) Jump forward-leap backwards-jump forward-ball-change-heel-ball-change &1Step forward with right foot and left right -foot back with right foot and left foot to right front with right foot and left right approach right &4 steps forward with right foot and left foot to right and left foot back &5 go backwards with right and left front and right front foot and right pass with right foot &7Small step back with left and right forward &8Quite left and step on the spot with left repeat at the end of Daniel : United Kingdom; Phone: 01244 348233 Links: Hayley Westhead Address: Unknown; Phone: 0151 677 8821 Links: Chris Anderson Last Night Album: Line Line Fever 14 Five Lets Dance Album: Kingsize Aufnahme: 08.12.2002; Stand: 25.03.2014 Aufnahme: 08.12.2002; Support: 25.03.2014. 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CHILL FACTOR Choreographed by Daniel Whittaker & Hayley Westhead Description: 48 count, 4 wall, intermediate line dance Music: Last Night by Chris Anderson & DJ Robbie 121 bpm Let's Dance of Five 118 bpm RIGHT SCUFF, KNEE TURN, KICK BALL STEP, PIVOT TURN 1/2 1-2 Scuff right forward, touch right finger to 3-4 Swivel right knee to left, turn right knee right to right 5&6 Turn right and kick right, right step together, Step forward 7-8 Step right forward, turn 1/2 left (weight left) GRAPE RIGHTVINE HEEL JACK, TURN 1/2, LEFT CROSS SHUFFLE 1-2 Right step , cross left behind &3 Swipe right slightly backwards, touch left heel forward > left and 4 Step left together, right over left 5-6 Turn right 1/4, turn right 1/4 and turn right side 7&8 Cross left onto right, right step aside, cross left onto RIGHT SIDE ROCK, TURN 1/4, ROCK STEP, COASTER STEP 1-2 Rock right to side, recover left 3&4 Cross right behind left, turn left left, advance right 5-6 Rock forward , recover right 7&8 Step left back, right step together, left step CHANGE STEP 3/4, KICK CROSS CLAP 1&2 Kick forward, right step together, touch left heel forward > 3-4 Step left, lock right, TURN 1/4 STEP LOCK, STEP 1/2 PIVOT, STEP TURN 1/4 1-2& Swipe left, lock right behind left, step forward 3-4& Turn right 1/4 right and take a step forward, set left behind right, Advance right 5-6 Step left, turn 1/2 right (weight right) 7-8 Step forward, turn right 1/4 right and tap together BACK, FORWARD, FORWARD, HEEL JACK, HEEL JACK &1 Small leap forward with right foot &2 Small leap backwards with right foot &3-4 Small leaps forward , leading with the right foot(3), small leap forward, leading with the right foot (4) &5 &6 Right step slightly backwards, Left heel forward, step left together, step right in place &7&8 Step left slightly back, touch the right heel forward, step right together, leave left at repeat 2 Video DISTRIBUTED BY www.silversspurs.com RIGHT SCUFF, TURN KNEE, KICK STEP, PIVOT TURN 1/21-2Scuff right forward, right finger tap side3-4Swivel right knee left, turn right knee right5&6Turn 1/4 right right right forward, take a step right together, take a step left7-8A right step, turn 1/2 left (weight left)RIGHT GRAPEVINE HEEL JACK, TURN 1/2, LEFT CROSS SHUFFLE1-2Step right sideways, cross left back and 3Step right slightly backwards, touch left heel forward&4Step together, right over left5-6Turn 1/4 right and take a step left slightly backwards, turn 1/4 right and right turn side7, step aside, cross left onto right ROCK, TURN 1/4, ROCK STEP, COASTER STEP1-2Rock from right to side, recover left3&4Cross right behind left , turn 1/4 to the left and take a step to the left, step right forward, recover to the right7&8Step to the left, take a step right together, take a step forward, touch the left heel forward&3-4Step to the left, set right behind the left, Unroll 3/4 to the right (right weight)5-6Step left forward, move right&7-8Step right, tap left on right, applaud STEP LOCK, STEP LOCK 1/2, RIGHT STEP and right pass, right pass, left lock left, left lock left, left lock behind left , turn left, turn right forward5-6Step left forward, turn 1/2 right (weight right)7-8Step left, Turn 1/4 right and right togetherSYNCOPATE FORWARD, BACK, FORWARD, FORWARD, HEEL JACK, HEEL JACK&1Small right step forward, Take a step left together&2Small step right, take a step left together&3&4 step right, take a step left together, small step to the right, touch the left heel forward, take a step left together, take a right step instead&7&8Step to the left slightly back , touch the right heel forward, step right together, take a step left at the placeREPEAT5IH>>J:6 placeREPEAT5IH>>J:6