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Madison, WI: University of Wisconsin, 1977, page 137-148.Google ScholarPage 2This the first history of exercise physiology written in terms of the system. The importance of human exercise experiments is emphasized, and the range of coverage is very wide. Among the figures whose thoughts or works are discussed are Galen, Avicenna, Descartes, Edward Smith, Seguin, Krog, AV Hill, Henry Taylor, Sunz, Ingle, Palladin, Galbo, and Bloor. Throughout the book, disputes are recognized and differences of opinion are presented. After an introductory chapter on early ideas about physiology exercises and training of athletes, there are eleven in-depth reports on the development of scientific thinking about the response of key physiological systems to the conditions of acute and chronic exercise, as well as their relationship with integrative response. They cover neuromuscular, cardiovascular, respiratory, vegetative, oxygen transport, metabolic, renal, endocrine and temperature control systems, among others. The authors of these chapters are very qualified. Two of them received the Olympic Award in Sports Sciences, seven Honorary Prizes for Research in Sports Medicine and Exercise Science, and five gave Adolf a Lecture in Environment and Exercise Physiology for the American Physiological Society. No other volume offers such a broad and authoritative set of historical points of view on the physiology of exercise. Exercise Physiology History of cardiovascular growth hormone growth hormone hormones medicine metabolism muscular physiology regulates the respiratory system of skeletal muscle training editors and accessories 1.Department of Physiology University of ArizonaTucsonUSA Page 3Adrian E.D. and D.W. Bronk. The secretion of pulses in motor nerve fibers. Ii. Frequency of discharges in reflex and voluntary reductions. J. Physiol. 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