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John W's desktop isn't the cleanest or most clutter free, but he does keep his icons and shortcuts organized, widgets where he can see them, and gives him quick switches to hide or show it all. Also, we're definitely digging his wallpaper. Here's how you can get the same effect. John introduced his desktop to our Desktop Showcase, which is what you should do if you want your desktop featured here! All you have to do is post a nice great screenshot of your work in your blog kinja (the one that came with your commenter account) and include links to wallpapers, widgets, skins, and tools that you used to customize it! Now, want the same look above for your system? Here's what you need: That's all you need. For more setup tips, or if you run into any trouble, head over to John Kinda's blog to see how he did it and post a comment with your question. Be sure to let him know how much you like his work while you're there! I recently decided that I wanted a minimal desktop that used widgets that felt like part of... Read moreDo do you have a good, functional desktop yourself to show? Share it with us! Post it on Kinja's personal blog using a table window tag or add it to our Lifehacker Desktop Show and tell Flickr Pool. Screenshots should be at least 640x360 and please include information about what you have used, links to wallpapers, skins, themes, and any other relevant details. If your amazing desktop catches your eye, you can get featured! Minimum Get Happy Desktop (en) John W Ordinary Saturday for the average Cosmo reader can go something like this: you wake up in the morning, slip in jeans and a T-shirt, jump into the car and head to town. You meet a group of friends for lunch before heading out later to meet your boyfriend for a drink at the bar. Then you enjoy a cozy night between the sheets... All this seems particularly remarkable to us here in the UK. But the shocking truth is that in different parts of the world, such a normal day can result in a woman breaking at least six laws punishable by imprisonment, flogging or even death. Yes, British women continue to be victims of crimes against their sex, from rape to domestic violence. But they are not dismissed or ignored by the government that is there to protect us. And we live in a society where we can protest and make our voices heard. In many other countries, millions of women face fear every day. In December 2012, a 23-year-old Indian medical student caught a bus home trip to the cinema with a friend in New Delhi. What happened next caused global outpourings of outrage. After they were on the bus, the driver, his assistant and four men subjected her and her male friend to a horrific ordeal. She was brutally gang-raped before being attacked with an iron bar and thrown from a moving car. Her friend survived being beaten -- Just under two weeks later, this young woman died in hospital from severe organ failure, her promising life snuffed out in the most brutal way possible. In September last year, four men were sentenced to death for the crime. It is often only when atrocities are as horrific as this that women find the strength to speak for their rights. Thus, in honor of International Women's Day, Cosmo highlights the plight of those whose right to a free, equal, violence-free life cannot be taken for granted - and how you can help. 1. India: Women forced to marry a rapist More than 24,000 rapes were recorded in India in 2011 - more than two hours - and a shocking 94% were committed by men known to the victim. In 2012, more than 600 attacks were reported in New Delhi alone, resulting in only one conviction, compared with 58% in cases that go to trial in the UK. In 2013, India's parliament passed a bill that would impose harsher penalties on rapists, but rape victims are still often stigmatized and some are forced to marry attackers to avoid social disgrace. But despite the protests, the changes will be slow - in a country where six state lawmakers face rape charges and marital rape is legal, women's rights are often sidelined. New guidelines for the treatment of rape victims in India have been developed this month, but there is still some way to go. What you can do: Give India the opportunity to donate to various non-governmental organizations (NGOs) that address issues such as human trafficking and poverty. Go to Giveindia.org for more information. 2. Sudan: 40 lashes for wearing trousers In 1991, a law was passed in the Sudan that states that women who wear obscene clothing or commit obscene acts in public places can be punished with a fine and up to 40 lashes. Since the definitions of obscene and obscene are not specified in the law, it has since been used to arrest women in trousers and socialize with male friends. Polygamy is legal for men, while women face stonings to death if they commit adultery, and there are no laws against domestic violence. Forced marriages and trafficking of women for the purpose of ancestral, sexual and domestic workers also have serious problems. And earlier this year, an Ethiopian woman who says she was raped by a gang in Sudan was convicted of indecent acts - suggesting that the situation won't get better any time soon. What you can do: Together for Sudan is based UK charity campaign for better education in Sudan with a focus on women's literacy. Visit Togetherforsudan.com to help 3. Afghanistan: The worst country in the world for women Although women's rights in Afghanistan are gradually improving, they are still a million miles away from what we are used to in the UK. Since the Taliban were overthrown, women have waived some basic rights, such as the right to work outside the home, and in 2009 The elimination of the Violence Against Women Act helped the authorities to bring rape and domestic violence cases. However, last November, the draft penal code proposed to return sucking moans as punishment for adulterers, and daily violence against women is still widespread. Some families even commit so-called honour killings against their own sisters and daughters when they commit moral crimes, including adultery or the refusal of arranged marriages. It is also estimated that about 57% of girls marry before the age of 15, often for men much older than them, and 70-80% of marriages are forced. In 2011, gender experts rated Afghanistan as the most dangerous country in the world for women. What you can do: There are fears that when the forces leave the country (Barack Obama has ordered preparations for full withdrawal by the end of the year), women's rights will suffer. Amnesty International is committed to making sure this doesn't happen - to support you in Amnesty.org. 4. South Africa: 78% of men admit to committing violence against women horribly, in South Africa a woman is more likely to be raped than learn to read - a girl born there today has one in three chances to finish school, while half will be raped. More than 37% of South African men admit to committing rape - a third say they don't feel guilty - but only a small percentage of assaults are reported. Some South African men believe that the myth that sex with a virgin cures AIDS, which, together with virginity testing in some areas, may be partly the cause of the prevalence of child rape. Up to a quarter of women are in abusive relationships. What you can do: One of nine campaigns to combat gender-based violence in South Africa. Find out more on Oneinnine.org.za. 5. Democratic Republic of Congo: The capital of rape in the world In 2011, an estimated 48 women were raped every hour in DR Congo. Dubbed the rape capital of the world, the civil war there means that 12 per cent of women have been victims, after which they are often rejected by their families, criminals are often allowed to flee even if they are found guilty, and little is done to compensate the victims. The fistula - a condition in which a hole is formed between the vagina and bladder or rectum due to rape or childbirth - is common, resulting in women with disabilities and often abandoned by their families. With a life expectancy of only 46 years, women were considered to be the property of their family, and there were no laws against domestic violence. In addition, they are allowed to use contraception only with the permission of their husband, contributing to the country's AIDS epidemic of 1.3 adults in the region are currently living with HIV/AIDS. What you can do: Women For Women helps women who have survived the war rebuild their lives. Join his Run for Congo Women in Womenforwomen.org. 6. Saudi Arabia: Arabia: Women are strictly segregated, meaning women struggle to access museums, libraries and even some public streets. They also need permission from male relatives for most activities, from receiving hospital treatment to leaving their own homes, and are not allowed to drive. There is no legal minimum age for marriage in Saudi Arabia, which means it is legal to marry a child for just an hour - cases of girls as young as eight marrying 60-year-old men have been reported. Trafficking in prostitution and domestic workers is widespread. Domestic violence and rape were rarely reported for fear of shame on the victim's family, although a bill criminalized for domestic violence, which had previously been legal, was passed in September, a step in the right direction. What you can do: Human Rights Watch campaigns to improve women's rights in Saudi Arabia. Donate and learn more on Hrw.org. 7. Pakistan - 150 acid attacks per year In July 2012, Farida Afridi, 25, was shot dead by two men on motorcycles. Her crime? Organize seminars on women's empowerment. This depressing story shows how far women's rights in Pakistan still have to go. Domestic violence is widespread, with about 150 acid attacks in 2011, although the true number is likely to be higher. Inequality was particularly severe among women in rural areas, and the country had seen an increase in honour killings, forced marriages and rapes over the past few years, only some of the 9,000 recorded crimes committed against women each year. What you can do: The We Can campaign fights against violence against women in South Asia. Find out more on Wecanendvaw.org. NEW DOMESTIC VIOLENCE LAWS TO BE PUBLISHED COPPAFEEL HIJACKS THE SUN'S PAGE THREE PADDY POWER TAKING BETS ON OSCAR PISTORIUS TRIAL This content is created AND maintained by a third party and is imported to this page to help users provide their email addresses. You may be able to find more information about this and similar content on piano.io piano.io 3 times lucky scratch off ms. 3 times lucky lottery. 3 times lucky summary. 3 times lucky scratch off sc. 3 times lucky series. 3 times lucky movie. 3 times lucky 2nd chance. 3 times lucky charm

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