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Order now Lunar Abundance is a beautiful and practical guide to nurturing joy, peace and purpose in your personal and professional life, guided by the phases of the moon. Order a book and learn how: how to create the life of your dreams through a deliberate, focus with the lunar cycle (New Moon intentions setting rituals, full moon ceremonies!), how to use your intuition, subconscious, feelings and emotions as superpowers they are (get out of overload and into a sensual flow); and how to create sustainable success by taking minimal, effective measures to make the greatest impact in your life - create all kinds of abundance! Connect with the magic of the lunar cycle with modern practices Click here to get a copy of a book full of written instructions, photos, lunar graphics and magazine exercises to inspire and guide you to experience the magic of the lunar cycle. It's beautiful and practical - perfect for a nightstand! All seekers who appreciate depth, nuance and embodied female wisdom will adore the unique, soulful exploration of Ezzy Spencer's life aligned with the Moon. - Elle Luna, author of the bestselling Crossroads must and should ORDER BOOK HERE International edition of the book is published by Hachette / Running Press and is available wherever books are sold. Order a book here If you want to wholesale a book, please try orders@hbgusa.com or customer.service@hbgusa.com ORDER THE COMPANION JOURNAL If you loved Lunar Abundance, you can go deeper with companion Lunar Abundance Reflective Magazine. The magazine is perfect if you want more tips and guides to work with lunar abundance practice! The practice is simplified and updated in the journal. Order a magazine here in AUSTRALIA or NEW YORK? You also still order the original Aussie edition if you have an Australian or New Zealand delivery address: Order the Australian edition of the Aussie book is very similar (different title, cover, size, and some other minor differences). The original Aussie book is published by Xoum's Brio Books. Book Tour summing up In 2018 I started The Lunar Plenty of Books in the United States. Thank you very much to hundreds of readers in Florida, New York, San Francisco and Los Angeles, (and the peaceful mind of a peaceful life. Boca-Raton Regional Hospital, Assembly, Kitchen Alchemist, Kai Stinchcombe and aloyoga for hosting me!), I went on an Australian national book tour with Soul Sister Circle in 2017. It was a delight to meet 200 avid readers of the book Lunar Abundance! The event's head made tour entries in their digital magazine, EH Magazine: Credit Klee Photography, Fi Mims Photography, and Sol Co Intuitive Photography For All Captures Thank You special guests, Rachel McDonald, Megan Dalla-Kamina, Julie Parker - and of course Beck of Soul Sister Circle, who made it Happen. Praise for the book... Listen to the author's interview about the book Click here to listen to a few interviews with me about the lunar practice of abundance and books. Join my list of email addresses to hear about the book updates Click to sign up for Moon Plenty is a beautiful and practical guide for modern women on nurturing the world, purpose and abundance in their personal and professional lives, guided by the phase of the moon. In a world in which women feel increasingly detached from their inner self, each other and the world, Lunar Abundance offers a path to reunion, with results that you can actually see. It shows how by adjusting the natural rhythm of the lunar tides, you can connect with work, relationships, your body and your surroundings at a higher level than ever before, becoming more productive and self-aware in the process. Filled with inspiring photography and interactive features, it's also a practical self-service guide that will help you evoke your true potential and create a better life for you and for those in your orbit. This beautiful book is perfect for any woman seeking holistic well-being and unique inspiration to feed the mind, body and soul. Lunar abundance is an excellent and practical guide for modern women to nurture the world, purpose and abundance in both their personal and professional lives, guided by the phases of the moon. In a world in which women feel increasingly detached from their inner self, each other and the world, Lunar Abundance offers a path to reunion, with results that you can actually see. It shows how by adjusting the natural rhythm of the lunar tides, you can connect with work, relationships, your body and your surroundings at a higher level than ever before, becoming more productive and self-aware in the process. Filled with inspiring photography and interactive features, it's also a practical self-service guide that will help you evoke your true potential and create a better life for you and for those in your orbit. This beautiful book is perfect for any woman seeking holistic well-being and unique inspiration to feed the mind, body and soul. ISBN-13: 9780762463572 Publisher: Running Press Books Publisher Date: 03/06/2018 Pages: 240 Sales Rank: 162,441 Product Dimensions: 6.40 (w) x 8.40 (h) x 1.10(d) 19% from 4.5 Stars. I got an extended reader copy of Lunar Plenty: Cultivating Joy, Peace, and the Purpose of Using moon phases from Running Press Books in exchange for an honest review on The Verbal Thing. You can read this review in full here, or read the excerpt below. I got extended copy of Moon Moon Cultivating joy, peace and purpose using the phases of the moon from Running Press Books in exchange for an honest review on the verbal thing. You can read this review in full here, or read the excerpt below in the center of Spencer's own experience working with the moon and learning to follow her cycles in order to improve her relationship with her body. With nature, and with this all elusive work/life balance, Lunar Abundance explores how it works with the moon to achieve a state of abundance that allows it to live its full life, bring back what it can, and not stress about what so much in our society that rages with bootstraps of rhetoric and absolutely ridiculous problems to even earn a living wage, it can be especially hard to feel. We work these weekends, sacrifice important top-up times, and change plans with friends and partners to earn an extra few bucks. And while fussing is not bad, we should also practice self-service. Spencer's book serves as a guide to balancing these things, and learning how to listen to our bodies and our minds. It's not condescending, as many self-help books can be, and it gives you space - both mentally and literally on your pages - to focus your thoughts and consider what's best for you and your life... More Get recommended reads, deals, and more from Running Press by clicking Subscribe. I admit that I read and agree on Hachette Book Group privacy policy and terms of use January 29, 2018 January 31, we will be able to witness Super Blue Blood Moon! This occurs when a lunar eclipse coincides with a supermoon, which is also the second full moon in the same calendar month. Ezzy Spencer, author of Moonlight Plenty, tells us a little about this very rare case. Read the full article Beautiful and practical guide to lunar abundance - work with the phases of the moon! Lunar abundance is a holistic self-service practice that uses ... Light up your life - and yourself - with this joy-filled guide to beauty, healing and personal energy that includes delicious recipes, immune-strengthening wellness... Wellness Witch adds magic to your self-service practice, with sacred rituals, crystalline spreads, aromatherapy blends, yoga sequences, and intent-setting spells. Filled with soothing rituals, healing... SpaRitual founder Shel Pink's Slow Beauty is all about carving a few moments out of each day to practice the kind of mindful self-service and... Practical magic is a charmed introduction to the wonders of modern magic and mysticism, from crystals and astrology to chakras, the interpretation of dreams and, of course,... A fiery, inclusive guide for activists and so, revolutionary witchcraft is an authorized introduction to the and the practice of politically motivated magic. From... A charming, illustrated guide to the world's most magical places, from fabulous forests to haunted houses, from the author of Practical Magic. Magical Places... Using the techniques of renowned reader Bridget Eselmont, Everyday Tarot combines mysticism with dane self-help to create a method for building the life you want... Want... Lunar abundance book amazon. lunar abundance book pdf. lunar abundance book review

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