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To maintain vitality, nutrients cannot dissipate from the heart chambers through all the layers of cells that make up the heart tissue. Thus, coronary circulation is responsible for the delivery of blood to the heart tissue itself (myocardium). A normal heart functions almost exclusively as an aerobic organ with a small capacity for anaerobic metabolism to produce energy. Even during rest, 70 to 80% of the oxygen available in the blood circulating through the coronary vessels is extracted by myocardium. It follows that due to the limited ability of the heart to increase the availability of oxygen by further increasing oxygen extraction, the increased demand for oxygen myocardial (e.g. during exercise or stress) should be satisfied with the equivalent increase in coronary blood flow. Myocardial ischemia leads to when the arterial blood supply does not meet the needs of the heart muscle, oxygen and/or metabolic substrates. Even mild cardiac ischemia can lead to anginal pain, electrical changes (detected on an electrocardiogram) and discontinuation of regional cardiac contracting function. Sustained ischemia in this area of myocardial disease is likely to lead to a heart attack. As noted above, as in any microcirculator bed, the greatest resistance to coronary blood flow occurs in arteriolas. The flow of blood through such vessels changes with about the fourth force of the radii of these vessels; hence, the key regulated variable for coronary blood flow control is the degree of narrowing or dilation of the coronary arterial vascular smooth muscle. As with all systemic vascular beds, coronary arterial smooth muscle tone is usually controlled by several independent negative feedback loops. These mechanisms include various nervous, hormonal, local nemebolical and local metabolic regulators. It should be noted that local metabolic regulators of arteriolar tone are generally the most important for regulating coronary flows; these feedback systems include the oxygen needs of local cardiac myocytes. Typically, at any given time, coronary blood flow is determined by integrating all different feedback control cycles into one response (i.e., causing either arteriolar smooth muscle narrowing or expansion). It is also often believed that some of these feedback loops are in opposition to each other. Interestingly, coronary arteriolar vasodilation from rest to one of the intense exercises can lead to an increase in the average coronary blood flow from about 0.5 to 4.0 ml/gram. As with all systemic vascular beds, aortic or blood pressure (perfusion pressure) is vital for blood through the coronary, and thus must be considered as another important determinant of the coronary flow. More precisely, coronary blood flow changes directly with pressure through coronary microcirculation, which can essentially be considered as aortic pressure, since coronary venous pressure is close to zero. However, since coronary circulation perfuses the heart, some very unique determinants for flow through these capillary beds can also occur; During systole, extrascular compression of the myocardial causes the coronary flow to be near zero, but it is relatively high during the diastole (note that this is the opposite of all other vascular beds in the body). Oxygen blood is pumped into the aorta from the left ventricle. It is here that it enters the right and left main coronary arteries, and subsequent branching nourishes the myocardial tissue of all four chambers of the heart (see figure 7). The ascending part of the aorta is a place where the origins of right and left coronary diseases live; in particular, they come out of the ascending aorta, directly superior to the aortic valve in the sinuses of Valsalva. The flow of blood into the coronary arteries is greatest during the ventricular diastole, when the aortic pressure is highest and it is greater than in the coronary. Usually the right coronary artery courses along the right anterior atrioventricular groove just below the right appendage of the atrium and along the epicardial surface adjacent to the tricuspid valve annulus. It runs along the tricuspid annulus until it reaches the back of the heart, where it then usually becomes the back of a descending artery and runs to the top of the left ventricle. Along its course there are a number of branches, primarily those that supply the sinus node and the atrioventricular node; therefore, blocking such vessels can lead to conductivity anomalies. In addition, several marginal branches pass to the right ventricle and right atrium of epicardial surfaces. The left main coronary artery usually splits rapidly when exiting the ascending aorta into the left circle and leaving the anterior descending arteries. The left circuit artery passes under the left appendage of the atrium on the way to the side wall of the left ventricle. Along the way, it generates a number of branches that supply the left atrium and left ventricular walls. In some cases, the branch will course behind the aorta to the higher hollow vein so that it can supply the sinus node. The left anterior downward artery provides most of the ventricle, including the right and left bundles of the myocardial conduction system, as well as the anterior and apical parts of the left ventricle. Figure 7. Drawing of coronary arterial circulation in the human heart. Normal human rumours usually do not cause collateral; each myocardial area is usually supplied by one coronary artery, Ao and aorta; LAD - left anterior downward artery; LCx - left artery circumference; PA and pulmonary RCA (right) on the right) Artery. Coronary arteries are so important for heart function; whenever the disease of the condition is associated with restriction of flow through the coronary arteries, and then the remainder of the coronary circulation (capillaries and veins), the effects on the heart are quite dramatic and often fatal. Ischemic heart disease (CAD) is usually defined as the gradual narrowing of the lumen of coronary arteries due to coronary atherosclerosis. Atherosclerosis is a condition that involves thickening the walls of the arteries from cholesterol and fatty deposits that are built along the endoluminal surface of the arteries. In severe disease, these plaques can be calcified and so large that they produce stenosis in the vessels, and thus constantly increase vascular resistance, which is usually low. When the walls of the coronary arteries thicken, the transverse area of the arterial lumen decreases; which leads to higher resistance to blood flow through the coronary arteries. This sustained reduction in the transverse area may eventually lead to a complete blockage of the artery. As a result, the supply of oxygen and nutrients to the myocardium falls below the demand for myocardium. As the disease develops, the myocardium is downstream from the closed artery. After all, myocardial infarction (or known as MI) can occur if coronary heart disease is not detected and treated in a timely manner. Myocardial ischemia not only impairs the electrical and mechanical function of the heart, but also usually leads to intense, debilitating chest pain known as angina. However, anginal pain can often be absent in people with coronary heart disease when they are resting (or in people with early stage of the disease) but induced during exercise or with emotional arousal. The main vessels of coronary circulation are the left main coronary, which is divided into the left anterior downward and circumference of the branches, and the right main coronary artery. Left and right coronary arteries appear at the base of the aorta from holes called coronary anxieties located behind the leaflets of the aortic valve. The left and right coronary arteries and their branches lie on the surface of the heart, and are therefore sometimes called epicardary coronary vessels. These vessels distribute blood flow to different areas of the heart muscle. When the vessels are not sick, they have low vascular resistance in relation to their more distal and small branches that make up the microvascular network. As in all vascular beds, it is the small arteries and arterioles in microcirculation are the main areas of vascular resistance, and therefore the main place for regulating blood flow. Arterioles branch into numerous capillaries that lie next to cardiac myocytes. High ratio and short distances of diffusion provide adequate oxygen delivery to myocytes and the removal of metabolic waste from cells (e.g. CO2 and H). Capillary blood flow enters the web, which combine to form the heart veins that flow down into the coronary sinus located on the back of the heart, which flows into the right atrium. There are also front heart veins and tight veins draining directly into the heart chambers. Although there is considerable heterogeneity among humans, the following table indicates areas of the heart that are usually supplied by different coronary arteries. This anatomical distribution is important because these heart regions are evaluated by 12-lead ECGs to help localize ischemic or heart attack areas that may be loosely correlated with specific coronary vessels; however, due to the heterogeneity of the vessels, the actual participation of vessels in ischemic conditions must be verified by coronary angiograms or other imaging methods. Anatomical area of the coronary artery of the heart (most likely related) Lower right coronary coronary anterior downward anteroaptic anterior anterior anterior anterior descent (distal) antherolateral circumflex rear coronary artery The following summarize important features of coronary blood flow: Flow is tightly associated with demand for oxygen. This is necessary because the heart has a very high basal oxygen intake (8-10 ml O2/min/100g) and the highest difference is the A-VO2 large organ (10-13 ml/100 ml). In unlit coronary vessels, when cardiac activity and oxygen consumption increases, coronary blood flow (active hyperemia) increases, which is almost proportional to the increase in oxygen consumption. Good autoregulation between 60 and 200 mm Hg. The pressure of perfusion helps maintain normal coronary blood flow whenever coronary perfusion pressure changes due to changes in aortic pressure. Adenosine is an important mediator of active hyperemia and autoregulation. It serves as a metabolic pair between oxygen consumption and coronary blood flow. Nitric oxide is also an important regulator of coronary blood flow. Activation of sympathetic nerves, inertial coronary vascular rejuvenation, causes only transient vasoconstrict, mediated by 1-adrenoceptors. This brief (and small) vasodilated response is followed by vasodilation caused by the increased production of vasocles metabolites (active hyperemia) due to increased mechanical and metabolic activity of the heart as a result of myocardial activation. Thus, the sympathetic activation of the heart leads to coronary vasodilation and an increase in coronary flow due to increased metabolic activity (increased heart rate, contraction), direct vasococers with sympathetic activation effects on coronary. This is called functional sympatholysis. sypatolysis. heart stimulation (i.e. activation of the Vagal nerve) causes moderate coronary vasodilation (due to the direct effects of acetylcholine released on coronary). However, if parasympathetic activation of the heart leads to a significant reduction in the demand for myocardial oxygen due to a decrease in heart rate, the internal metabolic mechanisms will increase the resistance of coronary vessels by narrowing the vessels. Progressive ischemic coronary heart disease leads to the growth of new vessels (so-called angiogenesis) and collateralization in myocardium. Concomitant care increases the blood supply to the myocardium by increasing the number of parallel vessels, thereby reducing vascular resistance in the myocardium. Extravascular compression (shown right) in the sysel has a noticeable effect on the coronary flow; therefore, most of the coronary flow occurs during the diastol. Due to extrasoconication, endocardium is more susceptible to ischemia, especially at lower perfusion pressure. In addition, tachycardia has relatively less time for coronary flow during diastole occurs - this is especially important in patients with coronary heart disease, where the reserve of coronary flow (maximum flow capacity) decreases. In the presence of coronary heart disease, coronary blood may be reduced. This will increase oxygen extraction from the coronary blood and reduce the content of venous oxygen. This leads to tissue hypoxia and angina. If the lack of blood flow is associated with fixed stentic lesion in the coronary artery (due to atherosclerosis), blood flow can be improved in this vessel by 1) placing a stent in a vessel to expand the lumen, 2) using an intracoronary angioplasty balloon to stretch the vessel open, or 3) bypassing the patient vessel with vascular transplantation. If the lack of blood flow is caused by a blood clot (thrombosis), a thrombolytic drug can be administered that dissolves blood clots. Anti-drugs and aspirin are commonly used to prevent the recurrence of blood clots. If the decrease in flow is associated with coronary vasospasm, coronary vasodilators can be given (e.g. nitrodilators, calcium channel blockers) to reverse and prevent vasospasm. Revised 12/21/2017 DISCLAIMER: These materials are educational-only, and are not a source of medical advice on decision-making. 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