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Debabrata Mukherjee, MD, FACC Writer: Colette JP, Thiel H, Barbato E, et al. Citation: 2020 ESC Guidelines for Management of Acute Coronary Syndrome in Patients Presenting Consistently ST Segment Without Height: Task Force for Management of Acute Coronary Syndrome in Patients Presenting Without Persistent ST-Section of the European Society of Cardiology (ESC) Presenting without Height. Euro Heart J 2020; August 29: [Ahead of the Epub print]. The following important points are missed by the guidelines in patients presenting the 2020 European Society of Cardiology (ESC) for managing acute coronary syndrome (ACS) without persistent ST segment height: Patients present without persistent ST-segment height (NSTEMI-ACS) at the myocardial level have cardiomyocyte necrosis correlating to ACS, which is measured by troponin release, or at least, myocardial ischemia without cell damage (unstable angina). In general, individuals with unstable angina have a significantly lower risk of death and receive less benefits from an aggressive pharmacological and aggressive approach. High sensitivity troponin (HS-TN) assay measurements are recommended on less vulnerable people, as they offer high clinical accuracy at the same low cost. Note, in addition to myocardial infarction (MI), many cardiac pathologies also result in cardiomyocyte injury and therefore cardiac troponin (CTN) height. Other biomarkers may have clinical relevance in specific diagnostic settings when used in combination with non-HS-CTNT/ creatine kinase-myocardial bands (CK-MB), show a more rapid decline after MI and may provide additional value for early realignment detection. Regular use of copptin as an additional biomarker for MI's early rule-out is recommended in a very unusual setting where HS-CTN assay is not available. The time interval of the second CTN evaluation can be shortened with the use of HS-CTN assay due to high sensitivity and clinical accuracy to detect MI in the presentation. It is recommended to use 0 h/1H algorithms (best option, draw blood on 0 H and 1H) or 0 H/2H algorithms (second best option, 0 h and blood draw in 2 hours). Used in conjunction with clinical and electrocardiography (ECG) findings, the 0 h/1 hour and 0 h/2h algorithm allows early discharge and identification of suitable candidates for outpatient management. The four clinical variables significantly affect HS-CTN concentrations, including age (healthy very young versus 'healthy' differences of up to 300% between very old individuals), renal dysfunction (difference with very low estimated glomerular filtration rate (EGFR) 300%), chest pain (beginner >300%), and sex (~40%). Early CTN levels add prognostic information in case of short and long-term mortality for diagnostic and ECG variables. The higher the level of HS-CTN, the higher the risk of death. Serum creatinine and EGFR should also be prescribed in all patients with NSTEMI-ACS as they affect prognosis and are key elements of the risk score, with evaluation better than a (subjective) physician evaluation for the occurrence of death or MI. In addition, natriotic peptides can provide incremental prognostic information. The use of the Academic Research Consortium for High Bleeding Risk (ARC-HBR) evaluation is a practical approach to bleeding risk assessment which includes the most recent tests conducted in patients with high bleeding risk, who previously under trials of dual antiplatelet therapy (DAPT) period. Was excluded from tests or or Accurate DAPT scores can be used to guide and inform decision-making on the DAPT period with a slight predictive value for major bleeding, but their value in improving patient outcomes remains unclear. Clinical evaluation can indicate alternative non-housing or aggressive imaging even after MI's rule-out. Cardiac computed tomography angiography (CCTA) may be an option in patients with the least minor clinical probability of unstable angina, since a general scan does not include coronary artery disease (CAD). CCTA has a high negative predictive value to exclude ACS (excluding CAD) and predicts an excellent result in patients appearing in the emergency department with low-to-intermediate pretest probability for ACS and a normal CCTA. Stress imaging by cardiac magnetic resonance imaging (CMR), stress echocardiography or nuclear imaging can also be an option based on risk assessment. An initial regular aggressive approach is recommended within 24 hours of entry for NSTEMI based on HS-CTN measurements, risk scores >140, and dynamic new, or possibly new, ST-segment changes, as it improves major adverse heart events and possibly early survival. Highly volatile patients require immediate aggressive angiography according to the urgent condition, arrhythmia, acute heart failure, or persistent chest pain. In all other clinical presentation, a selective aggressive approach can be carried out according to noninvasive testing or clinical risk assessment. The key technical aspects of percutaneous coronary intervention (PCI) in NSTEMI-ACS patients are no different from aggressive evaluation and recombination strategies for other CAD presentations. Radial access is recommended as a complementary approach in NSTEMI-ACS patients who are undergoing aggressive evaluation with or without PCI. Since multivessel disease occurs frequently in NSTEMI-ACS, the time and completion of the recombination should be fixed according to the functional relevance of all stenoses, age, general patient condition, comorbidities and left ventricular function. MI with nonobstructive coronary arteries (MINOCA) includes a heterogeneous group of underlying causes that may include both coronary and non-coronary diseases, including cardiac and cardiac disorders later. By consensus, myocarditis and Takotsubo syndrome are excluded. CMR is one of the leading diagnostic tools, as it identifies >85% of patients and the underlying cause in subsequent proper treatment. Spontaneous coronary artery amputation (SCAD) is a nonatherosclerotic, non-dramatic, or iatrogenic separation of coronary artery tunics secondary to vasa vasorum hemorrhage or internal tear, and accounts for up to 4% of all ACS, but the incidence is much higher (22-35% of ACS). Are reported for regular pre-treatment with a P2Y12 receptor in NSTEMI-ACS An initial aggressive management is planned given the lack of established proof. However, it can be considered in selected cases and according to the patient's bleeding risk. DAPT consisting of a powerful P2Y12 receptor inhibitor in addition to aspirin is generally recommended for 12 months, regardless of the stent type, unless there are differences. However, new scenarios have been implemented. The DAPT period (12 months) can be shortened, or modified by switching DAPT or de-escalation. These decisions depend on individual clinical judgment induced by the occurrence of the patient's ischemic and bleeding risk, adverse events, comorbidities, humor and the availability of related drugs. In at least 6-8% of patients undergoing PCI, long-term oral anticoagulation is indicated and should be continued. In general, novel oral anticoagulants (NOAC) are preferred over anti-vitamin K (VKA) in case of safety when patients are eligible. Dual antithrombotic therapy is recommended with NOAC at recommended doses for stroke prevention and single antiplatelet therapy (preferably in clopidogrel, selected in >90% of cases in available tests), recommended as the default strategy up to 12 months after a short period of up to 1 week of triple antithrombotic therapy (TAT) (with NOAC and DAPT). TAT can be up to 1 month longer when the ischemic risk exceeds the bleeding risk. Clinical Subjects: Acute Coronary Syndrome, Anticoagulation Management, Heart Failure and Cardiomyopathy, Invasive Cardiovascular Angiography and Intervention, Noninvasive Imaging, Prevention, stable ischemic heart disease, anticoagulation management and ACS, acute heart failure, intervention and ACS, intervention and imaging, angiography, computed tomography, echocardiography/ultrasound, magnetic resonance imaging, nuclear imaging, chronic angina Keywords: ESC 20, ESC Con, acute coronary syndrome, angina, stable, anticoagulation coronary angiography, Diagnostic imaging, dissection, echocardiography, electrocardiography, heart failure, hemorrhage, magnetic resonance imaging, myocardial infarction, myocardial ischemia, myocarditis, pericarditis, percutaneous coronary intervention, platelet aggregation inhibitor, primary prevention, kidney insufficiency, risk assessment, stroke, thrombosis, tomography, X-ray computed, troponin, vascular disease listing .

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