Brazilian blowout application instructions

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VIEW ALL PHOTOS VIEW SLIDESHOW VIEW ALL PHOTO VIEW SLIDESHOW GET HOW-TO Show Steps 1 Get hair soaking wet, spray with ion detergent and massage vigorously until foam shaped and then thoroughly rinsed. This detergent replaces Anti-Mor shampoo, the original Brazilian Blowout first step. It's a colorless, sulfate-free and oxide-free spray cleansing system that's ionically charged, so it removes the cation accumulations and unlocks the cuticle in just one wash (compared to the original step, which can take five shampoos!). In other words, the detergent acts as a reverse magnet and pulls the build-up from the hair for a completely clean sheet, prepping the hair for Step 2. Show Steps 2 Lightly towel dry hair, leaving most of the moisture in your hair. This is necessary for the solution to absorb and spread evenly. If the hair dries during use, a water bottle to spray your hair. Show Steps 3 Divide your hair into quadrants, with two panels at the base and two at the top. Start at the base of the head. Show Steps 4 Put on protective goggles, and make sure your client wears goggles, too. Measure the appropriate amount of Brazilian Blowout Professional smoothing solution. Measure using a quarter of an ounce as a guide. The length of the client's hair determines how much solution to use: Short hair: 1/4 to 1/2 ounce. Average hair: 1/2 to 3/4 ounce. Long hair: 3/4 to 1 ounce Show Steps 5 Begin to apply hair solution starting from the back, working in 1/4 to 1/2-inch sections depending on the texture, type and thickness of the hair. Apply a solution from 1/4 to 1/2 inch from the scalp. Use a color applicator brush to lightly dust the solution on your hair, be careful not to oversaturate and then pull the solution through each section with a thin tooth comb. In the front sections, keep the solution from 1/2 to 1 inch from the head. The solution is specially designed with an amino acid-enriched, super-nutritious complex and a patented polymer system that smooths out the conditions, creating a protective protein layer around the hair shaft to eliminate curly and smooth out the cuticle. Show Steps 6 When you have completed the application solution, perform a proper blow dry with a round boar bristles brush to get your hair as smooth as possible with as much tension as possible. Keep the dryer at least 2 inches away from the hair to minimize the release of steam. Show Steps 7 When the hair is 100 percent dry and as smooth as possible, it's time for the most important step - the flat iron process. This seals the solution in the hair and ensures the long-term result is possible. Use a professional flat iron that allows you to control your temperature by working with 380 to 450 degrees (use lower temperature on hairs that are more porous or damaged). Divide the hair into four sections, as before, and start again at the base of the head. Flat iron from the root to finish with the same tension through the shaft and easing tensions at the ends. For the smoothest results, take subsections from 1/8 to 1/4 inch and go through each section seven or more times with higher heat and greater voltage. To maintain a natural wave, work in 1 to 1 1/2 inch subsections and pass over each section four to five times with less heat and less voltage. 8 When you finish flat stroking your hair completely straight, rinse your hair (not shampoo) with warm water for 1 to 2 minutes. 9 Lightly towel dry to remove excess moisture and apply ion spray bond. Shake the bottle thoroughly and generously apply to the hair, combing through. Don't rinse. This step replaces the mask from the original treatment process and acts as a color-safe, double-phase protective system. This reverse Step 1 Ionic cleanser- it has super positive charge to close the cuticle and lock in treatment. Customers take this home (include the cost of the product in your care price) and use it once a week to keep their results for up to 12 weeks, instead of treatment slowly disappearing from your hair every week. Show Steps 10 Apply nickel-sized amount of Brazilian Blowout smoothing serum starting at the end and working. Then dry the hair as desired, using a round or flat brush for the smoothest, smoothest results. Show Steps Show Steps Close Before and After. Smoothing the treatment of money-makers is not an issue. But some hairdressers are hesitant to perform them because of the time they take, or because customers have to go hours or days without touching or washing their hair. Brazilian Blowout has just updated its three-step process to fix these problems, meaning that you can complete the treatment in as little as 80 minutes and your client can immediately put her hair in a ponytail, work and wash your hair. Check out the whole process below and get certified in the Brazilian Blowout 3 Step Professional Smoothing System! 1 Get your hair soaking wet, spray with ion detergent and massage vigorously until foam forms, then rinse thoroughly. This detergent replaces Anti-Mor shampoo, the original Brazilian Blowout first step. It's a colorless, sulfate-free and oxide-free spray cleansing system that's ionically charged, so it removes the cation accumulations and unlocks the cuticle in just one wash (compared to the original step, which can take five shampoos!). In other words, the detergent acts as a reverse magnet and pulls the build-up from the hair for a completely clean sheet, prepping the hair for Step 2. 2 Lightly towel-dry hair, leaving most of the moisture in the hair. This is necessary for the solution to absorb and spread evenly. If the hair dries during the Use a water bottle to spray your hair. 3 Divide the hair into quadrants, with two panels at the base and two on the Start at the base of the head. 4 Get your goggles, and make sure your client wears goggles, too. Measure the appropriate amount of Brazilian Blowout Professional smoothing solution. Measure using a quarter of an ounce as a guide. The length of the client's hair determines how much solution to use: Short hair: 1/4 to 1/2 ounce. Average hair: 1/2 to 3/4 ounce. Long hair: From 3/4 to 1 ounce 5 Begin to apply hair solution starting from the back, working in 1/4 to 1/2-inch sections depending on the texture, type and thickness of the hair. 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This seals the solution in the hair and ensures the long-term result is possible. Use a professional flat iron that allows you to control the temperature by working with a temperature of 380 to 450 degrees (use a lower temperature on the hair that is more porous or damaged). Divide the hair into four sections, as before, and start again at the back of the head. Flat iron from root to finish with the same tension through the shaft and easing tension at the ends. For the smoothest results, take subsections from 1/8 to 1/4 inch and go through each section seven or more times with higher heat and greater voltage. To maintain a natural wave, work in 1 to 1 1/2 inch subsections and pass over each section four to five times with less heat and less voltage. 8 When you finish flat stroking your hair completely straight, rinse your hair (not shampoo) with warm water for 1 to 2 minutes. 9 Lightly towel dry to remove excess moisture and apply ion spray bond. 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Brazilian Keratin Instructions for the Treatment of Glossy, Straight Hair! Anyone who tells you that it is too difficult to make Brazilian keratin treatment (BKT) on their own at home should work in a salon. They want you to fork out anywhere from $300 to $600 for them to do what you are perfectly capable of doing yourself. Now, if you're loaded with money and can afford to do this kind of thing, then by all means, go for it! But most of us would prefer to save that kind of money and just do it ourselves. You might think it's a bit extreme to call it a life-changing treatment, but think about it . . . How many hours do you spend each day battling curly, curly or wavy hair? If it's super curly, you'll probably apply product gobs to combat curly and puffiness. Wouldn't it be amazing to be able to dry your hair and it lay flat on its own, with minimal styling?! Think about all the time and frustration you will save yourself. The dream of having soft, shiny, straight hair that led me to try this treatment. The results last 2-3 months. Brazilian Keratin Treatment Home KitWhere for the purchase and Keratin Treatment! purchased the mine, called Moroccan Keratin Treatment, on eBay for $38. It came with four 4 ounce bottles, which included a refinement shampoo for use in Step 1, Keratin Treatment Step 2, and sulfate-free shampoo and conditioner for postoperative care. When the application process is complete, you cannot wash your hair for 3 full days. This term allows keratin to fully immerse itself in strands of hair. The actual treatment of keratin contains formaldehyde and argan oil, two very effective ingredients for straight, shiny hair. I don't think any retailers in the U.S. sell keratin treatments with formaldehyde, so I would suggest looking for online vendors. I found mine by typing a Moroccan keratin treatment on eBay. There you can view different sizes and types. Formaldehyde is a suspected carcinogen to humans, so foods containing this ingredient should be used with extreme caution. Does Brazilian keratin treatment need formaldehyde to work? Not technically, but if it has It will last longer. Most keratin treatments that are sold in the U.S. do not contain formaldehyde. Although the high concentration of chemical is Found in everything from furniture to window coverings and carpeting, the FDA has banned its use in hair products sold in stores. If you buy a keratin treatment without formaldehyde, the results will last only 2-4 weeks. If you want longer results (2-3 months), order Keratin Treatment online, which contains formaldehyde. Deliveries you will need to apply a Brazilian keratin treatment to a HomeClarifying shampoo to remove debris and styling the product from the hair. This usually comes with a kit, but if not, just buy a clarifying shampoo at the pharmacy. 2-6 ounces of Brazilian keratin treatment depending on the length of the hair. My hair is just below shoulder length, and very thick, so I used about 2.5 ounces of solution. It is always better to have too much than too little. You can always use leftovers for your next treatment. Straighten iron that is heated to at least 400 degrees (preferably 450 degrees Fahrenheit) and between 1 and 4 wide, depending on your personal preference. I used 2 wide iron Babyliss that heated up to 450 degrees Fahrenheit. The mask usually comes with a kit, but if not, just buy an anti-dust mask or surgeon's mask. They can be found in hardware stores near sandpaper/saws. Some vapors are released as you use a straight iron on your hair, so it prevents you from breathing too many chemicals. The hairdryer with both medium and high heat settings. Plastic gloves to protect hands during the use of Keratin. Butterfly clips hold the upper areas of the hair in place until you straighten under the layers. Plastic bowl (optional) pour keratin treatment for easy use. Wide-toothed comb to remove the knots after shampooing, and distribute keratin treatment through the hair and remove excess. A cozy shower cap (for 3 days when you need to take a shower but can't get your hair wet). How to make Brazilian Keratin Treatment on HomeRemember, beauty does not come easy! Get ready for a somewhat lengthy process- I have just below shoulder length hair and the whole event took me about two hours. While thinking about how many hours I spent battling my hair last year (probably a total of about 300 hours!), 2 small hours pales in comparison. Also, after the treatment has been applied, you cannot wash your hair for 3 full days. Before you start, make sure you are comfortable and have plenty of time to complete the whole process without taking shortcuts. The treatment produces some pairs as you straight-iron your hair, so make sure you apply it in a well-ventilated room, or outdoors. In this article, I will walk you through the steps and what the hair looks like at every stage of the process. Step 1: Wash with refinement hair with a clarifying shampoo. Remember that this will be the last time you will wash your hair for 3 days, so make it count! I foamed, rinsed, and then repeated to make do my hair was squeaky clean. Refining shampoos usually remove every bit of product and residue from your hair, so after rinsing, your hair will actually sound squeaky when you rub it, and will probably be a confusing mess. DO NOT use conditioner after shampoo. You want your hair to be porous to absorb keratin treatment. To remove knots and tangles, gently use a wide-toothed comb to gradually separate and untangle the hair. If you have a particularly stubborn knot, rub the center of it with your thumb and index finger to loosen your hair, then gently un-knot using your fingers. Once all the knots are removed, comb through for the last time, so the hair is smooth and tangle free. Tip: For someone with particularly long and/or curly hair, this can help wash in sections. Use a giant butterfly clip to divide the hair into 4 sections and shampoo/comb each section separately. If I had a particularly stubborn knots on my shoulder hair, I can't imagine the problems someone with long hair could face. Step 2: Dry your hair completely Byclry hair completely using a hair dryer set at high temperature. Make sure your hair is thoroughly dry before moving on to the next step. I dried my hair for 8 minutes and then sat around for another 10 minutes just to find that it wasn't completely dry. I went back and dried it for another five minutes until there was any moisture left. Step 3: HairComb hair comb before straightening with a wide-toothed comb, again removing all knots and tangles. Hair will probably be swollen and straw like that, but don't worry that things are about to change! Using large butterfly clips, divide your hair into 3 sections. Attach both sides and most of the back, leaving the lower part of the hair hanging down. Step 4: Apply Keratin TreatmentFirst, apply plastic gloves! Empty Keratin Treatment in a bowl and scoop out a small amount to apply to sections of hair that hang and are not trimmed. Apply keratin to the top middle of each area, then spread it down and up until all the hair is covered. Rake through the strands with your (in gloves!) fingers to make sure all the hair in section is carefully coated. I suggest using a small amount to start so you don't run out. You can always go back and re-coat the strands as soon as your entire head hair is covered if you have the remaining product. Note: You want your hair to be completely covered, but not wet with treatment. If you feel that you have applied too much product, comb through with a wide-toothed comb to remove the excess. Hair should be saturated with product, but not so wet that you see the balls of the product on the strands. Step 5: Dry your hair on a medium heat-free dry Keratin treatment that you have just placed in your hair. Use Set at high speed but medium heat, dry blow with your hands or ventilated brush to rake through and lift your hair as you dry. You don't have to. Head upside down to dry under layers-pairs will be strong, seeing how the hair will fly in the face. If you are having problems drying under the layers, use a butterfly clip to secure the tops of your hair while you dry under it. Once the hair is completely dry, wait 10-15 minutes before moving on to the next step. Tip: Now is a good time to turn on the iron straightening so that it is pre-heated. Set the iron to 450 degrees. I wouldn't go below 400 degrees because lower temperatures wouldn't seal Keratin treatment on strands of hair. After waiting 10-15 minutes, you will often find that the patches of keratin-coated filaises are not as dry as you thought they were, and you will need to move it again with the dryer set on the medium until they dry completely. If you don't dry your hair completely, the next treatment step won't be as effective and you'll be left with wavy strands rather than straight ones. At the end of this step, I was already amazed at how straight and shiny my hair looked and I didn't even straighten up yet! Clip up your hair to prepare for straighteningStep 6: Use Flatiron to straighten your hairNow you're finally ready to start straightening! Brush your hair again, for the last time to make sure that there are no tangles or knots. Your hair will feel very dry, curly and sticky from Keratin.Section hair into large butterfly clips, just like you did in Step 3. For starters, you want only the lowest layers to be hanging for free. Make sure your iron is hotter and that the temperature setting is not below 400 degrees. The actual straightening process is when strongly smelling vapors develop, so make sure you have windows/doors open for ventilation. I prefer to adjust the mirror and straighten the iron outside, so I don't have to worry about pairs at all. Starting with the front parts of the hair that hang down, start straightening in small sections (no more than 2 inches wide). Go through each section with iron at least 5-7 times. It helps to have access to a double mirror so that you can see the results on the back of your head. If you don't have it, just use a portable mirror to look while you stand face to face from your main mirror; This will allow you to view the back of your head and make sure everything is straight. Continue this process (gradually releasing sections of hair down from butterfly clips) until the whole head of hair is straight. Be careful when straightening bangs; When the hair is released from the iron and falls on the forehead! When straightening my bangs, I tilted my head all the way back before freeing myself from the iron. With this method, bangs will fall back on the rest of your hair rather than on your forehead. Congratulations! You've completed the BKT process! Now flop down on the couch and big glass of wine Celebrate your newly straightened hair (And the fact that you haven't paid a beautician 300 bucks to do it for you!). This is how your hair will look for the next 3 or 4 days. It will look a bit dull and waxy, but will be perfectly straight. If you can stand to go 4 days without shampoo, then by all means do it, but never shampoo until 3 days. The natural oils in the hair cause Keratin to settle deep into the cuticle strands, and this is what makes the treatment last. Wear a shower cover to prevent wet hair for 3 days. If the hair should accidentally get wet, dry with a hair dryer, then straighten again. You may also find that your hair is bent or wavy while you sleep. If this happens, just re-straighten these sections when you wake up. Brazilian Keratin Treatment: The final resultsAfter 3 or 4 days, you can wash your hair with any type of sulfate-free shampoo and use your usual conditioner. It will feel so good to finally wash your hair! Although I have done this treatment about 5 times over the past few years, I always wonder how shiny and straight my hair is afterwards. During the 3 months of treatment active in my hair, I use only half the amount of conditioner I need, and hardly any styling products. After drying out, I just spray with a thin mist Dove Flexible Hold Hairspray to keep static down. Before treating BKT, it will take about 15 minutes to get my hair straight and shiny, but now all I have to do is dry it. Brazilian Keratin Treatment drastically reduces styling time! Brazilian Keratin Treatment DOs and DON'Ts DOsDO Hair Color Before (NOT After) with the help of keratin treatment. The color adheres to much better damaged, dry hair than to hair that has been sealed with keratin. Your results will last about 2 weeks before keratin treatment. Do complete this process in a well-ventilated room. Keep the bathroom door and window open, and/or use a fan that blows outside. Alternatively, you can apply Keratin outdoors. Relax and take breaks if your hands get tired of all straightening. There's no time limit to taking as many breaks as you need in order to do a good job! Get ready for your hair to be stick straight and gray looking for 3 days. Once you shampoo, he will return to his lively, fluffy self. DO re-stroke your hair every morning after waking up. Your hair is bent in a strange position while you sleep, you don't want to stay that way! Do dry and re-stroke your hair if it gets wet from rain, shower or sweating over a 3-day period. Don't forget to wear a mask when re stroking your hair for 3 days The pairs are still strong until the mixture is washed out of your hair. Do allow at least 3 full days before washing your hair. Really enjoy your new head silky soft, STRAIGHT Hair! Do it a day or two before a special event! (The product leaves the hair quite swollen and greasy until it can be washed 3 days after application). Don't take shortcuts or rush when stroking your hair. If you've gone through each hair section 4 or 5 times, go once again an extra 3 times or more, even if your hair already looks very straight. This ensures keratin seals on the hair. Do not use a flat iron under 400 degrees. Keratin will not be stamped on the hair, and the results will last less than a month. Do not use shampoo/conditioner/stacking products containing sodium chloride (sulfates) as part of your post-care procedure. Sulfates strip the hair shaft and remove keratin. Brazilian Keratin Aftercare TipsTry wash your hair every day only a day later. The natural oils in your hair make keratin treatment longer. If you shampoo your every day, the treatment will last about 2 months. However, if you shampoo through the day or less, it should last 3 months. Avoid frequent visits to the pools. Chlorine removes keratin from your hair. Swimming is sometimes good, but if you swim daily, wearing a swim cap or treatment won't last longer than 1 month. Don't forget to use only shampoo without sulfate. You probably also need a few new shampoo without sulfate. You probably also need a few new shampoo without sulfate. As if it has never been touched by color, perms, bleach, or elements. It's like having virgin hair again and I can't help but run my fingers through it just to enjoy the fact that it's no longer a confusing mess. STRAIGHT hair that you have to fight with every morning! I can't even tell you how sick and tired I am trying to tame my hair every day. I finally gave up and decided to leave it wavy. It always looked somewhat out of control because I was sick of frying it with hot iron in the morning, only to be left with a semi-straight curly mess. This completely fixed the problem. Now, I only need to switch a couple of out-of-place strands in the morning for the perfect, fast style. How cool is that at all. And I mean NO curly! Immediately after drying with my hair dryer, my hair is silky soft and curly, without having to apply gobs styling products to create soft shiny braids. CONSThe couples were a little strong when I first started straightening, especially since I straightened my hair closest to my face. My nose felt like it was burning inside and my eyes were watering a little. It's gone after a couple of minutes, but if it's too strong for you, take breaks when straightening your hair near your face and keep your head tilted how you straighten. This will cause the fumes to go backwards rather than forward to your face. Some some my hair is still really wavy. However, I think this is largely due to human error rather than defective quality products. I had to stroke the more stubborn wavy parts of my hair a few more times. This content is accurate and correct, as far as the author knows, and is not intended to replace the formal and individual consultations of a qualified professional. The questions and answers: How long after putting on a keratin treatment can we start to blow drying hair? Answer: You can dry your hair immediately after applying the treatment - there is no need to wait a certain amount of time. © 2014 Ashley BerginCommentsYolanda Calderon June 26, 2020: It's not a real Brazilian blowout!!!!!! This app is not for Brazilian blowing. I would suggest going to the salon for proper maintenance. Please first hold a consultation and ask questions before, so you can make sure the results are what you are looking for! Preethi on March 10, 2020: Can I just wash the water after waiting there days after applying the cream of kerken?? it should wash my hair with shamooo after three days.or water plan is also okNicole on January 22, 2020: If I use this and curly hair will my hair stay curly just get rid of the curly? Ashley Bergin (author) from San Francisco December 11, 2019: Yes, exactly! Curly hair is so high maintenance - that's the main reason I straighten as well. It's like a daily battle with an endless amount of product to keep curly and puffy at bay. Thanks for mentioning Uncurly products - I'm going to check them out. Awesome that they offer size samples so people can try it before they buy full size! Bacstigititon on December 1, 2019:I used uncurly from uncurly.com for years. It's perfect and my hair stays straight as much as 5 months. I can also custom how straight I want my hair. I really use it to keep my hair from getting curly. I almost think curly, I just hate curly. I used to feel like almost 3 hours to do my hair and then it would just frizz up as soon as I went outside, I live on the beach. After using uncurly I can even walk on the beach and my hair is not curly at all. Patricia Freitas from October 24, 2019: Can you use this type of product on previously bleached/lightened hair?' By Kavardit Arora on October 05, 2019:I Have long and damaged hair (no glitter, no softness, completely dry and loads of split ends).Please recommend a good brand for keratin treatmentKawaljit Arora October 05, 2019:Awesome blog! Sana Arshad July 27, 2019: I have frizy and curly hair I can make this Brazilian keratin treatment ... And how long it will work, please, on September 22, 2018: Does the hair stay right away (3 days) wash it?? (Without the use of flat iron or dry impact) ??? Sonehws September 22, 2018: Do the hair stay immediately after (3 days) washing (without the use of flat iron)?? Abby on June 23, 2018: Thanks for accepting the adoption time to get the opportunity to post such detailed instructions and tips. I just did it! Excited to see how my hair looks in 3 days. Someone gave me 3 times Brazilian keratin treatment, hopefully found later on eBay or Amazon. Anyway, just want to say: You rock! Mariko Kawauchi June 23, 2018: I have had my Brazilian/keratin treatment done 6 times in 3 years. The only time my hair really got shiny and healthy was after the first time I did them in the Philippines. The rest of the time that was done at CA left my hair still dull. I used to have medium thick strands of Asian hair, but being in my late 50s now, they're thinner than they used to be. Maybe because Asian hair needs more aggressive or longer treatment? Thank you! Lisa December 05, 2017: Thank you very much, I'll try this weekend, how long after applying the treatment again to shampoo again.hannah on September 24, 2017: I got rebonded it was 8 months ago, but I want to try a Brazilian treat because my hair is getting curly again on top while still flat but dry down. it's ok if I did it, even I already had rebond hair?alma 06 April 2017: Thank you so much!! I just made keratin last night and was super worried because my hair feels kinda sticky and tangly, but now I know it's OK the first three days! Thank you!! RealPolishGirl on October 24, 2016:Hello PunkMarkGirl, thank you very much for sharing clear, thorough instructions for DIY Keratin Treatment - you've increased valuable information, Do's and Don'ts, but at every turn. My hair is thick, a little past my shoulders with a small wave (it is painted and highlighted). Do you think the amount you purchased in the kit you use will be enough for me, or you think I should buy a larger size. I thank you enough! Angela October 01, 2016: Hi, I'm so interested in buying a treatment for my hair! Now on eBay I'm looking for it. I would love to know if you have a seller's username that you bought it from this came with a full set to make the hair? Thank you so much! A question from March 23, 2016: Is this a real crystal able only from peptides and proteins? Does it contain any chemicals? Where can I read the ingredients of the product? ThanksArizonaGirl on March 08, 2016: Is there any smell/smell on your hair once you've waited three days and washed it? Ashley Bergin (author) from San Francisco September 14, 2015: Robin - in my experience, it works great on thin hair! After I started doing treatment on my own hair, a few friends followed suit. One has hair so good it almost feels like childish He smoothed it perfectly (and at about half the time he took mine). Its results also lasted longer than mine, so you should have success with the treatment! By Robin on September 10, 2015:I have very curly but thin thin hair. Do you know if this will work on my try Bergin (author) from San Francisco September 03, 2015: Merima - I added an Ebay link at the top of this article. This is the one I bought. Otherwise, just type of Moroccan Brazilian keratin treatment in search of ebay and he has to come up with a few. I don't believe many U.S. people have them, but this one is from Florida so shipping only takes about 6 days. I still don't find this in beauty food stores, so always buy on eBay. Hope it works well for you! Merima from August 19, 2015: Where can you buy this? Ashley Bergin (author) from San Francisco on March 19, 2015: of course the curls are great too! Some women just like to switch between curly and straight several times throughout the year. I have natural waves, but find that my hair is so much easier to style when I use keratin treatment.@Keira ... This process actually sealed my split ends and eradicated them. However, my hair is coarse and strong, so I can't talk from experience about how it will work on weak hair. When I used it, my hair was a little fried from bleaching and highlights... and keratin treatment did not damage it. If you're wondering, just buy a small amount (which you can usually do on ebay) and check on a few small sections of hair to see how it reacts. By Kira on March 18, 2015:I really weak hair, this process causes split ends or fried hair at all? All?