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Share on Pinterest By the time I was 15, my mom, sister and I moved home at least 25 times. My father was an alcoholic. I received government-paid school lunches and had a weekend job at a local bakery. I wasn't surrounded by a lot of ambition or inspiration. But I knew the life I was given was special. I craved to do something important with it, but I couldn't find the words to explain it to anyone (and even if I could, I doubted I could find someone who would entertain my very optimistic ideas). Then I came across a book in a used store and it changed my life. The magic of thinking Big David Schwartz, Ph.D., brought my inner word knowledge to life. This book heard me. He understood me. It has given me support, ideas and endless encouragement over the years. Although the author died shortly after I was born, he became my mentor, my inner coach and my closest friend. He taught me to set high goals, to take action every day towards them and to always think positively to achieve them. He told me not to let any small circumstances (or small thinkers around me) make me petty. His book has transformed me from feeling a restless teenager into a formidable force in the world. I still cherish my original (enthusiastic stressed!) copy. The point is that I know the power of a good self-help book. The power I am given to books I have read far outweighs any other source of influence in my life. I've read hundreds since that day and found common themes throughout them all. From the spiritual side to the business advice and from the age-old to the modern authors, the same golden threads bind their words together. Here are the top five. 5 key principles that I learned 1. Take 100 percent responsibility for your life. This is the No.1 Jack Canfield Principle of Success. It encapsulates the importance of owning every part of your life, including your mistakes. There is neither success nor joy to blame others and give up control over other people or your circumstances. To create the life you want, you have to take full responsibility for it. Forget about your parents, your exes, opportunities (or lack thereof) you were given. The direction of your life is entirely up to you. There's zero excuses. Success has no prerequisites, and there is no quality, certification, background or nationality that has a monopoly on success. It's all up to you. 2. You can be anything you want. An integral part of every desire is the mechanics of its execution, writes Deepak Chopra in The Seven Spiritual Laws of Success. It's no coincidence that if you love to sing/write/teach/build a company/fill-in-empty, you've been given talent in the field. And you have to do it! The degree to which you use your gifts and opportunities before you (remember paragraph 1), they exist to be shared and to serve others. You have to be who your heart knows you can be. So you make your highest contribution to the world and live regret free. There are no accidents or unattainable goals that exist in your desires. You are also worthy of blessings (including financial blessings) that cause you to bring value to others.3 Your thoughts are everything. In As a Man Thinketh (Tony Robbins' favorite book and what some call the original text for a secret), James Allen writes that with our thoughts we create our world. He's right. It's beautiful (if not deceptive) simple. Feel like sh-t? This is because of what you think at that moment (probably fear or guilt based on thoughts). Feeling elated? This is because of what you think at that moment (probably gratitude or satisfaction from the world). The best news? Every thought can be changed! You can choose to feel good at every moment. Every day, in every way, always reach for your highest sense of thought. Focus only on what you want. Visualize. The law of attraction works like the law of gravity. It's real. Every area of your life right now is manifested as a result of your thoughts. So guard your thoughts like a pit bull (and lose negative people, pronto). 4. Love yourself. In life loves you, Louise Hay offers to look in the mirror and into the eyes every day and say: I love you. I love you very, very much. You don't have to do, have, be something else to be worthy of love. You are worthy simply because you exist. 35 Body-Positive mantras to say in the mirror every morning when you really love yourself, you allow yourself to be the real you are. When your love for yourself is high, you vibrate with a frequency that deflects fear and which inspires others to be themselves too. It's tempting. It keeps you up now. This allows you to give up self-sabotage behavior. You're not busy with what other people do. You realize that your needs matter and that when you don't sometimes it's normal because life gives you either a lesson or a hook. Which brings us to... 5. There is always higher power at work (and that's on your side). Every biography I've read, from Steve Jobs to Maya Angelou, shares a similar truth: do your best and trust the power that is bigger than you. Here's a little secret: we're all terrified. We all feel insecure about a million things. We're all doing everything we can. But when you apply the above principles of ownership, action, thinking and self-love, you will stop. Why? Because you're not alone here. We're all connected. We're all from the same source. The highest power at work in our lives (call it God, the universe, energy source, it doesn't matter) works right next to you, always. In moments of despondency, do not despair. Remember that you have experienced everything that has happened to you so far and you will continue to do so. The helping hand of the universe is on the call, waiting to lift you back as soon as you center yourself and let the above truths into your life. Taking out the life is special. You don't mind. Your dreams matter. It is up to you to take action towards your dreams, and when you do, you will be fulfilled halfway, I promise. David Schwartz is still talking to me. In moments that I doubt myself (including this morning when I needed to generalize 17 years worth of reading in five simple lessons), I hear his voice saying: Believe it can be done. When you think that something can be done, really believe your mind will find ways to do it. Faith in the solution paves the way for a solution. Susie Moore is a Greatist Life Coach columnist and trust coach in New York. Sign up for her Side Hustle Prep School and check every Tuesday for her latest No Regrets column! (As yet no reviews) Write Review Number Price Applied (No Reviews Yet) Write review Item: #F0101C Weight: 1.00 LBS Author: Eileen Roche Bestseller: FALSE Classic: FALSE Copyright Permian Flag: TRUE Teacher Message Flag: FALSE Exclusive: FALSE Pages: 2 Primary Category: HBR Warning Publication: January 01 2001 Publication Date Range: Older 24 Months Related Topics: Leadership Related Topics: Office of Communication Related Topics: Communication Special Value: FALSE Subcategory: Organizational Development Theme: Organizational Development Subject: Leadership, Communications Management, Communication Type Filter: Hardcover/Hardcopy (BVV) Type Filter: PDF Item: #F0101C Pages: 2 Publish Date: January 01, January 01 2001 Some executives inspire their employees to outstanding performance; others will prompt a yawn from their employees. A new study shows that part of the difference lies in the words they choose to convey their messages. Related topics: Newsletter Promo Summary and excerpts

from recent books, special offers, and more from the Harvard Business Press Review. December 12, 2016 5 min read The Opinions Expressed by Entrepreneur Contributors are their own. Starting a business - or even engaging as a professional - when you're young can be intimidating. You can have knowledge about business from school, books or practical advice from sources online, but there is a big difference between understanding the basics of business on paper and gaining wisdom through actual experience. Related: 10 harsh lessons that will make you more successful At the end of your career, you've amassed a huge amount of knowledge and hundreds of lessons, but there are some lessons you should learn early on - ideally before you turn 30. These lessons are some of the most important to learn until still young enough to use The right people are worth everything. It is almost impossible to build a successful business on your own. Even if you are an individual entrepreneur, there will be mentors, partners, salespeople and peers close to you who help you achieve your long-term vision. Thus, recognizing how valuable other people will open you up more opportunities will help you keep an eye on new contacts no matter where you are, and make you more discerning in decisions like hiring and long-term deals. Learning this lesson early will prevent you from spending time on the wrong people and will give you more time to work with the best people you find. 2 You fail, and that's fine. No matter how much you know or how much you cook, failure will be inevitable for you. Your business can become successful overall, but there will be individual strategies and campaigns that crash and burn, and ideas that run out completely. Faced with failure with the realization that this, in some contexts, inevitably makes it easier to accept. You may see this as a lesson and an opportunity to improve, not as a point of the end or a sign that you should completely give up. 3 Time is your most valuable resource. The saying that time is money is a fitting metaphor for describing the power that time can have in budgeting and use as a resource. This works in several different dimensions. For example, the sooner you start something, the more time you will have to generate benefits for yourself, and the more time you will have to work with this project. Also, you only have so many hours a day, and how you spend them has a direct impact on how much value you are able to produce. The sooner you learn this lesson, the more time you will save. Related: 12 Priceless Lessons Learned In Destructible Difficulties and Stress 4 Communication can prevent or fix almost any problem. The power of communication should not be underestimated. Active communication can prevent the development of almost any problem by clearly explaining things, setting firm expectations and mitigating misunderstandings. Communication can also help you solve any problem, whether it's an apology, coming up with a mutually acceptable solution or an explanation of the circumstances. 5 Perfection is the enemy of progress. Because of the fast-paced business environment we live in, waiting to move forward with a new initiative, because it is not quite ideal can mean the failure of this initiative. Flexible, flexible, adaptive businesses that demonstrate an understanding that things can be tested and optimized while they already produce a return on investment are the ones that succeed. You never get it perfect on the first try. But don't forget to balance the readiness of your initiative with agility and speed. 6 All ideas should be practicality. No matter how good, original or attractive, it's only as valuable as it is practical. For example, if you have a vision for an amazing video but you don't have the resources to produce it in an effective way, you should drop that idea. The same can be said of any business idea; you may have a revolutionary new concept for the enterprise, but if there is no way to make it feasible or profitable, you will not be able to move on to any form of execution. Sometimes the best ideas come from a lack of practicality. 7 There is always more you can do to keep learning. No matter how much you know, or how much you think you know, there is always more information to learn. You will always have a place to be the best leader and the best entrepreneur, and there will always be new skills and abilities to acquire. Maintaining a course of continuous improvement will keep you at your best as soon as possible. The sooner you learn these business lessons, the more time you will have to use them in a practical environment, and the less consequences you will face in neglecting them (whether intentionally or unintentionally). You will never be perfect, so don't worry if you make mistakes or forget things you would take advantage of. Related: 3 ways to turn Unprepared Millennials into Learners There's also the difference between reading about lessons in an online article and actually experiencing them first hand - so be prepared to do your best learning as you go through these challenges. Problems. wordly wise book 7 lesson 6 pdf. wordly wise book 7 lesson 6 answer key. wordly wise book 7 lesson 6a answer key. wordly wise book 7 lesson 6 test answers. wordly wise book 7 lesson 6e answer key. wordly wise book 7 lesson 6 quizlet. wordly wise book 7 lesson 6 answers. wordly wise book 7 lesson 6 answer key part e

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